



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

VII PÓŁMARATON GLIWICKI
Fundacja Bieg Rzeźnika
2021-10-17
Gliwice
21.1 km

VII PÓŁMARATON GLIWICKI

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K Open

Punkt pomiarowy: 16,6 km

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	2.5km	7.2km	11.9km	16.6km
1	GRIMAN Joanna	149	MOŻYSZ TEAM/ERIGO	K-40	00:00:03	00:10:03	00:28:17	00:47:24	01:06:12
2	SMITH Kelli	635		K-30	00:00:03	00:10:24	00:29:19	00:48:56	01:08:17
3	JANOWSKA Michalina	182	MOŻYSZ TEAM / JEJKOWICE BIEGAJĄ	K-30	00:00:04	00:10:51	00:30:05	00:49:34	01:08:33
4	BROL Dominika	48		K-30	00:00:06	00:11:01	00:30:54	00:51:03	01:10:44
5	BAÑBOR Aleksandra	11	EX TEAM	K-20	00:00:03	00:11:02	00:30:58	00:51:17	01:11:15
6	WYLEŻAŁEK Alina	528		K-30	00:00:10	00:11:19	00:31:24	00:51:53	01:12:07
7	KONIECZNA Anna	236		K-20	00:00:08	00:11:04	00:31:37	00:52:41	01:13:21
8	SZEWczyk Urszula	474	GREEN BELT RUNNER TEAM	K-40	00:00:11	00:11:34	00:33:18	00:55:25	01:17:33
9	BINIENDA Agnieszka	32	KOBIETY WATAHY	K-40	00:00:25	00:11:56	00:33:41	00:55:40	01:17:59
10	LECHOCKA Patrycja	278	INŻYNIERIA BIEGANIA/ EKO-OKNA RUNNERS	K-30	00:00:13	00:11:56	00:33:53	00:56:13	01:18:44
11	NOREK-CISZAK Beata	353	LAKE RUNNERS TYCHY	K-40	00:00:19	00:12:37	00:35:14	00:58:06	01:20:51
12	POWROŻNA Mariola	397	NIGHT RUNNERS ŚLĄSK	K-40	00:00:20	00:12:32	00:34:52	00:57:48	01:20:54
13	BOBROWSKA Małgosia	602	ROZWADZA PŁYWANIE	K-40	00:00:19	00:12:32	00:35:16	00:58:08	01:21:24
14	RUSAKOWICZ Sylwia	415	GARAGEGYM KRAPKOWICE	K-40	00:00:19	00:12:33	00:35:15	00:58:08	01:21:35
15	BUJAK Magdalena	58	NIGHT RUNNERS PYSKOWICE / KP LABS	K-30	00:00:29	00:12:57	00:35:23	00:58:43	01:22:14
16	KOMÓR Kinga	235		K-20	00:00:27	00:12:25	00:35:08	00:58:55	01:23:08
17	KASPRZAK Martyna	214	GREEN BELT RUNNER TEAM	K-30	00:00:37	00:13:50	00:37:46	01:01:37	01:24:41
18	JANOWSKA Karolina	183	KB ORLY Z KNUROW	K-20	00:00:33	00:12:19	00:35:08	01:00:03	01:25:22
19	OLEŚ-ZDECHLIK Beata	365		K-30	00:00:24	00:13:11	00:36:55	01:01:43	01:26:13
20	BROZYNA Magdalena	621	CO JA TU ROBIE?	K-30	00:00:30	00:13:57	00:37:21	01:01:32	01:26:40
21	PIETRZYK Aleksandra	384	LAKE RUNNERS TYCHY	K-40	00:00:32	00:13:19	00:37:11	01:01:55	01:26:54
22	BLASZKE Beata	34	PACEMAKER	K-40	00:00:21	00:13:22	00:37:58	01:02:37	01:27:01
23	WRÓBLEWSKA Ewa	526		K-50	00:00:28	00:13:45	00:37:34	01:02:06	01:27:04
24	GOŹDZIŃSKA Magdalena	143		K-40	00:00:24	00:13:28	00:37:57	01:02:45	01:27:55
25	PISULA Beata	389		K-50	00:00:38	00:13:42	00:37:48	01:02:40	01:28:02
26	GRACH Aleksandra	148		K-40	00:00:23	00:13:23	00:37:56	01:02:56	01:28:09
27	CZARDYBON Laura	84		K-40	00:00:33	00:13:33	00:38:02	01:03:21	01:28:11
28	NIŻNIKIEWICZ Elżbieta	351		K-40	00:00:37	00:13:27	00:38:00	01:03:12	01:28:12
29	CABAŃSKA Dorota	62		K-40	00:00:35	00:13:38	00:37:47	01:03:01	01:28:38

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	2.5km	7.2km	11.9km	16.6km
30	ZACHARIASZ Agnieszka	530	GAMBAZ TEAM	K-30	00:00:14	00:13:28	00:38:05	01:02:57	01:28:49
31	KAMSKA Małgorzata	206		K-30	00:00:45	00:13:49	00:37:54	01:03:20	01:28:49
32	RYZIŃSKA Aneta	422		K-40	00:00:36	00:13:51	00:38:30	01:04:09	01:29:44
33	MARCINIAK Paulina	309		K-30	00:00:39	00:14:21	00:39:26	01:04:56	01:30:28
34	NOWAK Katarzyna	356	ALBATROSY	K-20	00:00:47	00:14:29	00:39:11	01:04:43	01:30:46
35	CHROBASIK Monika	71		K-40	00:00:30	00:13:58	00:39:09	01:04:57	01:31:10
36	MUSIAŁ Bożena	340		K-40	00:00:13	00:14:06	00:39:28	01:05:20	01:31:14
37	LEDWOŃ Aneta	279		K-40	00:00:23	00:13:29	00:38:43	01:05:16	01:31:17
38	CIOK Anna	76	PHD RUNNERS	K-40	00:00:50	00:14:12	00:39:22	01:05:06	01:31:35
39	KWIATKOWSKA Katarzyna	270		K-40	00:00:25	00:13:48	00:38:57	01:05:19	01:31:56
40	MUSIOŁ Helena	342		K-40	00:00:35	00:13:55	00:39:26	01:06:05	01:32:02
41	KOZIELSKA Magdalena	250		K-20	00:00:32	00:14:12	00:40:07	01:06:26	01:32:21
42	SIEKIERKA Karolina	436	TKKF SATURN CZELADZ	K-40	00:00:45	00:14:18	00:39:53	01:06:20	01:32:21
43	REWIUK-KOCUR Anna	409		K-40	00:01:22	00:14:28	00:39:28	01:05:57	01:32:21
44	SZELĄG Monika	632		K-20	00:00:56	00:15:34	00:42:05	01:07:56	01:32:40
45	SKUPIEŃ Iza	449		K-40	00:00:34	00:14:57	00:42:09	01:08:21	01:32:56
46	PALMOWSKA Agnieszka	378	PACEMAKER	K-30	00:00:42	00:14:16	00:40:02	01:06:52	01:32:57
47	ROWINSKA Ewa	410		K-30	00:00:41	00:14:32	00:39:53	01:06:35	01:33:07
48	STRZELCZYK Grażyna	469		K-40	00:00:50	00:14:21	00:39:24	01:06:16	01:33:14
49	BASIAGA Anita	609		K-20	00:00:40	00:14:53	00:41:15	01:07:49	01:33:22
50	KULCZYK Anna	263	MIRAZ RACE TEAM	K-30	00:00:36	00:13:57	00:39:22	01:06:07	01:33:23
51	RYNIO Jessica	418		K-20	00:00:23	00:13:59	00:40:05	01:07:05	01:34:00
52	MIECZNIKOWSKA Agnieszka	328		K-40	00:00:43	00:14:08	00:40:00	01:07:08	01:34:12
53	KASPEREK Magdalena	211		K-40	00:00:35	00:14:04	00:40:06	01:07:10	01:34:24
54	KRZYSZKOWSKA Agnieszka	258	NRP	K-40	00:00:29	00:14:22	00:40:27	01:07:18	01:34:29
55	POPIEL-KRUK Aleksandra	396		K-40	00:00:34	00:14:56	00:42:09	01:08:57	01:34:43
56	ŚCIBISZ Marta	480		K-40	00:00:24	00:14:19	00:40:17	01:07:40	01:34:47
57	SKOREK-BILCZYŃSKA Patrycja	446		K-40	00:00:40	00:14:32	00:40:16	01:07:27	01:34:52
58	JURETKO Agata	198	DALEKO JESZCZE?	K-20	00:00:50	00:14:25	00:40:27	01:07:07	01:35:26
59	LASKOWSKA Katarzyna	273		K-40	00:00:35	00:14:56	00:42:09	01:08:56	01:35:40
60	JĘDRZEJEWSKA Beata	193		K-40	00:00:24	00:14:07	00:40:19	01:07:49	01:35:55
61	MAJEWSKA Gizela	577		K-50	00:00:50	00:14:45	00:41:11	01:08:44	01:37:02
62	WYCISK Dagmara	527	TAURON TEAM	K-30	00:00:49	00:14:47	00:41:52	01:09:11	01:37:09
63	ZAWISZA Beata	540		K-50	00:00:41	00:14:55	00:41:58	01:09:27	01:37:16
64	MYNARSKA Ligia	600		K-40	00:00:52	00:15:24	00:42:05	01:09:21	01:37:19
65	SAWICKA Anna	589		K-20	00:01:01	00:15:31	00:42:06	01:09:37	01:37:29
66	JANUSZ Agnieszka	583	LAKE RUNNERS	K-40	00:00:26	00:15:01	00:41:58	01:09:23	01:37:56
67	MICHALSKA Bogna	325		K-30	00:00:54	00:15:39	00:42:36	01:10:18	01:37:57
68	SZYMAŃSKA Magdalena	599		K-30	00:00:58	00:14:58	00:41:54	01:10:00	01:37:57
69	KRAŃSKA Sandra	253		K-30	00:00:51	00:14:45	00:42:12	01:10:04	01:38:27
70	BRZozowska Katarzyna	592		K-40	00:01:01	00:16:47	00:44:32	01:12:00	01:38:38
71	BARWICKA-BŁASZCZYK Joanna	14		K-40	00:00:39	00:15:10	00:42:40	01:10:52	01:38:44
72	MERDA Wiktoria	322		K-20	00:00:47	00:14:58	00:42:31	01:10:51	01:38:49
73	KIDABIONEK Olga	222		K-30	00:00:42	00:15:04	00:42:09	01:10:34	01:39:15
74	TYRKA Anna	490		K-40	00:01:00	00:15:37	00:43:58	01:12:19	01:40:08
75	BUGAJ Katarzyna	56		K-40	00:00:47	00:15:36	00:42:56	01:11:35	01:40:18

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	2.5km	7.2km	11.9km	16.6km
76	STAWSKA Joanna	464	BIEGAJ Z TRENERAMI	K-50	00:00:48	00:15:23	00:43:04	01:11:57	01:40:22
77	DYGOŃ Małgorzata	99	BIEGAJ Z TRENERAMI	K-40	00:00:49	00:15:23	00:43:02	01:11:55	01:40:22
78	LATA Monika	275		K-40	00:01:02	00:16:22	00:44:11	01:12:28	01:40:50
79	WOSIAK Katarzyna	521		K-30	00:00:18	00:14:45	00:41:34	01:10:17	01:40:51
80	MARYNIAK- KOLINSKI Mariola	314		K-40	00:16:52	00:14:59	00:43:02	01:12:07	01:40:52
81	WÓJCIK Józefa	524	GCE GLIWICE	K-50	00:00:51	00:15:03	00:42:15	01:11:19	01:40:57
82	BIAŁASIK Monika	27		K-30	00:01:03	00:15:36	00:44:03	01:12:34	01:41:08
83	KILAR-HOSZOWSKA Sabina	225	MEDUZY	K-30	00:00:53	00:15:32	00:43:25	01:12:14	01:41:10
84	ZWOLIŃSKA Katarzyna	642	HURAGAN LIGOTA	K-40	00:00:48	00:16:46	00:43:57	01:12:43	01:41:19
85	ŁATAK - SKRABUT Basia	284	PACEMAKER	K-40	00:00:43	00:15:49	00:44:23	01:12:54	01:41:29
86	MAŃKA Zofia	305		K-20	00:01:04	00:15:53	00:44:31	01:14:16	01:41:53
87	ONOPIUK Natalia	366		K-30	00:01:03	00:15:35	00:44:04	01:12:35	01:42:03
88	CETERA Kamila	65		K-40	00:00:44	00:15:49	00:44:24	01:13:08	01:42:04
89	BAJOR Agnieszka	10		K-30	00:01:03	00:15:41	00:43:56	01:12:49	01:42:19
90	WHITE Ashley	508	KLUB BIEGACZA FARTLEK	K-40	00:00:59	00:15:42	00:44:23	01:13:49	01:42:41
91	GLADKOWSKA Malgorzata	134		K-30	00:00:30	00:14:54	00:42:30	01:12:10	01:43:07
92	ŻYGLOWICZ Sylwia	555		K-30	00:01:01	00:15:47	00:44:11	01:13:04	01:43:13
93	MENDLA Anna	320		K-30	00:00:44	00:15:12	00:43:26	01:13:12	01:43:43
94	GROMADZKA Justyna	151	KOBIETY WATAHY	K-30	00:00:41	00:14:55	00:42:59	01:12:54	01:44:08
95	WILCZEK Małgorzata	513		K-30	00:00:51	00:15:57	00:44:30	01:14:24	01:44:16
96	OGAZA Małgorzata	364		K-40	00:01:03	00:15:38	00:44:05	01:13:49	01:44:20
97	SKOPOWSKA Klaudia	445	SREBRNI BIEGACZE TARNOWSKIE GÓRY	K-50	00:01:03	00:16:04	00:44:55	01:14:42	01:44:21
98	HEINRICH Żaneta	165		K-20	00:01:03	00:15:36	00:44:06	01:13:19	01:44:22
99	BUCHAL Katarzyna	53		K-50	00:00:27	00:15:44	00:44:23	01:14:30	01:44:28
100	ZAWIŁA Agnieszka	539		K-30	00:01:08	00:16:14	00:44:30	01:14:16	01:44:28
101	BATEJKO Beata	16	SPORT WSPIERAMY NAUKOWO	K-40	00:00:54	00:15:46	00:44:48	01:14:28	01:44:32
102	WLACH Anna	516	PACEMAKER	K-40	00:00:51	00:15:48	00:44:50	01:14:39	01:44:33
103	LISZKA Ela	282	PACEMAKER	K-40	00:00:51	00:15:49	00:44:50	01:14:40	01:44:41
104	KLEPCZYŃSKA Sabina	228		K-40	00:00:53	00:15:48	00:44:50	01:14:39	01:45:28
105	BLAUT-KUBANEK Anna	35		K-40	00:00:46	00:15:46	00:44:25	01:14:44	01:46:13
106	KUZMYNSKA Kateryna	619		K-30	00:00:24	00:15:11	00:43:31	01:14:22	01:46:19
107	FRUK Natalia	113		K-30	00:00:47	00:16:19	00:46:24	01:16:34	01:46:37
108	KOKOT Justyna	572		K-40	00:01:06	00:15:46	00:44:42	01:15:36	01:47:05
109	WOJDANOWSKA Małgorzata	517	LECZYMY DURŚ	K-30	00:01:04	00:15:38	00:43:33	01:14:53	01:47:39
110	GARBACZ Asia	123		K-30	00:00:54	00:15:50	00:45:13	01:16:32	01:48:29
111	NIEDBALSKA Sandra	345		K-30	00:00:52	00:15:50	00:45:25	01:17:04	01:49:02
112	SKRZĄTEK Katarzyna	448		K-20	00:00:52	00:16:02	00:45:28	01:17:45	01:51:36
113	ŚWIDEREK Aleksandra	481		K-30	00:00:55	00:17:28	00:48:44	01:21:29	01:53:24
114	KARNIA Agnieszka	209		K-30	00:00:55	00:17:28	00:48:44	01:21:29	01:53:24
115	PIECHOWICZ-KUROWSKA Agata	382		K-30	00:00:55	00:17:28	00:48:45	01:21:30	01:53:24
116	JASIŃSKA Klaudia	187	AKTYWNI SUCHA GÓRA	K-40	00:01:10	00:16:48	00:47:24	01:20:24	01:54:17
117	MIGDAŁ Iwona	330	SLOW JOGGING GLIWICE	K-40	00:01:00	00:16:36	00:47:30	01:20:33	01:54:27
118	CIUK Iwona	618	BIEGAJ Z TRENERAMI!	K-50	00:00:50	00:16:41	00:47:57	01:21:19	01:55:00
119	SITKO Dagmara	440		K-30	00:01:13	00:17:24	00:49:48	01:22:54	01:56:19
120	POGORZELSKA-KLIKS Agata	394		K-40	00:01:08	00:17:28	00:49:53	01:23:13	01:56:32
121	JUNGA Joanna	629		K-20	00:01:15	00:17:47	00:50:27	01:23:09	01:57:10

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	2.5km	7.2km	11.9km	16.6km
122	KRUKOWSKA Monika	256		K-30	00:00:33	00:16:47	00:49:08	01:24:33	01:58:12
123	BRODA Zuzanna	43		K-20	00:01:09	00:18:46	00:50:49	01:28:05	02:01:35
124	BRODA Hanna	44	#FLOWBEZBARIER	K-30	00:01:24	00:21:04	00:53:48	01:29:54	02:06:09
125	KASPRZYK Agnieszka	215		K-30	00:00:31	00:17:37	00:52:58	01:28:11	02:06:26
126	GŁĄB Mariola	136		K-30	00:00:57	00:17:46	00:52:47	01:31:03	02:10:47
127	GRABA Katarzyna	146	TURBORÓWKA	K-20	00:00:00	01:17:01			
128	KOŁODZIEJCZYK Monika	234	JURA TEAM	K-30	00:00:32	00:13:57	00:38:13		

Znaleziono 128 wynik(ów)