



VII PÓŁMARATON GLIWICKI

B4SPORT

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

VII PÓŁMARATON GLIWICKI
Fundacja Bieg Rzeźnika
2021-10-17
Gliwice
21.1 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M-30

Punkt pomiarowy: 11,9 km

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	2.5km	7.2km	11.9km
1	WOLNIK Mateusz	578	AKTYWNI LYSKI	M-30	00:00:02	00:09:11	00:25:38	00:42:33
2	TRESKA Piotr	488	RUNHOGS TYCHY / SPLA TYCHY / BIEGNEPO230.PL	M-30	00:00:02	00:09:30	00:26:19	00:43:32
3	ROZMUS Norbert	411		M-30	00:00:03	00:09:40	00:27:10	00:44:47
4	HARĘŻA Marek	628		M-30	00:00:02	00:09:41	00:27:06	00:44:49
5	BARTOSIK Sebastian	13	FORMA WODZISŁAW ŚLĄSKI / MOJŻYSZ TEAM	M-30	00:00:03	00:09:39	00:27:09	00:45:04
6	URBAŃCZYK Karol	496	NON STOP TRAIL	M-30	00:00:03	00:09:39	00:27:14	00:45:35
7	DENICKI Przemek	93	EX TEAM	M-30	00:00:03	00:10:05	00:27:58	00:45:59
8	BUJNOWSKI Artur	59	TL ROW RYBNIK	M-30	00:00:02	00:10:04	00:27:59	00:46:18
9	PRZELIORZ Tomasz	400	INŻYNIERIA BIEGANIA	M-30	00:00:02	00:09:59	00:28:06	00:46:41
10	BAGSIK Mateusz	7		M-30	00:00:13	00:10:02	00:27:58	00:47:08
11	OSETEK Paweł	369	RADLINIOKI W BIEGU	M-30	00:00:04	00:09:57	00:28:15	00:47:47
12	KOZIARSKI Michał	249	LKS SIERAKÓW ŚLĄSKI	M-30	00:00:15	00:10:30	00:29:03	00:48:20
13	BOGATZKI Marek	39		M-30	00:00:05	00:10:05	00:28:35	00:48:47
14	JÓZEFIK Dawid	196	JKŁA JAWOR	M-30	00:00:04	00:10:33	00:29:27	00:48:51
15	GORAUS Kamil	141	RUN RUN RUN	M-30	00:00:06	00:10:31	00:29:20	00:48:51
16	SPRUTTA Robert	458		M-30	00:00:05	00:10:55	00:29:52	00:49:41
17	KLIMA Adam	229	RUNHOGS TYCHY	M-30	00:00:05	00:10:30	00:29:50	00:49:48
18	NOWICKI Szymon	361		M-30	00:00:07	00:11:00	00:30:32	00:50:42
19	HOFFMANN Nikodem	167		M-30	00:00:26	00:11:20	00:31:14	00:51:14
20	SKOCZEK Jakub	443		M-30	00:00:31	00:11:12	00:31:08	00:51:28
21	ŻOŁĄDŹ Piotr	554	TEAM ARTIVENT	M-30	00:00:09	00:11:00	00:31:09	00:51:29
22	BIAŁY Kamil	28	FAST FOOT TEAM SIEWIERZ	M-30	00:00:09	00:11:01	00:31:09	00:51:30
23	STASIKOWSKI Łukasz	463		M-30	00:00:06	00:11:01	00:31:11	00:51:33
24	MIRONOWICZ Bartłomiej	335		M-30	00:00:12	00:10:57	00:31:09	00:51:34
25	KORZUSZNIK Wojciech	241	LUXTORPEDA CZERWIONKA	M-30	00:00:06	00:11:03	00:31:18	00:51:38
26	TEKLA Krzysztof	484		M-30	00:00:10	00:11:07	00:31:23	00:51:51
27	GARUS Bartłomiej	124	YNO 1	M-30	00:00:14	00:11:14	00:31:16	00:51:56
28	FRANKIEWICZ Artur	111		M-30	00:00:08	00:11:01	00:31:27	00:52:42
29	JAWOREK Jacek	190	SPRYTNA BANIA SPONTAN TEAM // JBC365	M-30	00:00:13	00:11:24	00:31:56	00:52:51

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	2.5km	7.2km	11.9km
30	GORCZYCKI Arkadiusz	142	MIECHOWICKA GRUPA BIEGOWA/RESHAPE RUNNERS	M-30	00:00:08	00:11:18	00:32:04	00:53:03
31	WIERZCHOWSKI Jędrzej	511		M-30	00:00:09	00:11:21	00:32:05	00:53:42
32	LEPIARCZYK Sławomir	280		M-30	00:00:13	00:11:28	00:32:00	00:53:56
33	JAWOREK Adam	189		M-30	00:00:06	00:11:00	00:31:41	00:54:23
34	GĄSZCZAK Michał	127	RUNHOGS TYCHY	M-30	00:00:07	00:11:01	00:32:19	00:54:31
35	SPYRA Kamil	459	SPYROWKA	M-30	00:00:14	00:11:16	00:32:02	00:54:54
36	MARCINIAK Rafał	308	8A.PL	M-30	00:00:39	00:12:16	00:33:46	00:54:58
37	MEKIER Bartek	591		M-30	00:00:25	00:12:11	00:33:48	00:55:34
38	BIELA Grzegorz	31	NIGHT RUNNERS PYSKOWICE	M-30	00:00:07	00:11:26	00:32:50	00:55:37
39	SZOŁTYSEK Adrian	556		M-30	00:00:20	00:11:45	00:33:44	00:55:45
40	MEDES Marcin	319		M-30	00:00:12	00:12:11	00:33:53	00:55:50
41	MARKOWSKI Przemysław	311	PACEMAKER / SZLABANOWCY RUNNING TEAM	M-30	00:00:10	00:11:54	00:33:53	00:55:53
42	WILK Dawid	514	PACEMAKER	M-30	00:00:09	00:11:54	00:33:54	00:55:54
43	TABIŚ Bartosz	611		M-30	00:00:20	00:11:47	00:33:46	00:55:55
44	STAŃCZYK Przemek	462		M-30	00:00:09	00:12:03	00:34:04	00:56:16
45	ZAKRZOWSKI Krzysztof	532		M-30	00:00:16	00:11:49	00:33:50	00:56:19
46	JAGIEŁA Michał	177		M-30	00:00:45	00:12:11	00:33:56	00:56:22
47	KOWOLIK Łukasz	247	TAURON TEAM	M-30	00:00:20	00:12:26	00:34:37	00:56:23
48	STANISZ Marcin	460	NIGHT RUNNERS PYSKOWICE	M-30	00:00:26	00:12:10	00:34:14	00:56:46
49	RÓŻAŃSKI Michał	413		M-30	00:00:18	00:12:18	00:34:22	00:56:55
50	UJMA Michał	494	SII RUNNING TEAM	M-30	00:00:00	00:12:17	00:34:09	00:56:58
51	SCHAB Bartłomiej	430		M-30	00:00:00	00:12:55	00:34:37	00:56:59
52	KRZANOWSKI Marcin	257	OASIS SPORT TEAM	M-30	00:00:20	00:12:17	00:34:26	00:57:12
53	NOWAKOWSKI Arek	358		M-30	00:00:20	00:12:24	00:34:17	00:57:18
54	ŻAAK Michał	549		M-30	00:00:12	00:12:04	00:34:26	00:57:33
55	CIEŚLIK Jarosław	75		M-30	00:00:28	00:12:19	00:35:02	00:57:38
56	KOWALCZYK Jordan	245		M-30	00:00:28	00:12:39	00:35:04	00:57:43
57	SARNECKI Adam	429		M-30	00:00:26	00:12:27	00:35:10	00:57:47
58	BABIUCH Karol	6		M-30	00:00:23	00:12:16	00:34:51	00:57:48
59	KIDA Marek	221		M-30	00:00:20	00:12:30	00:35:13	00:57:49
60	BRODACKI Paweł	45		M-30	00:00:19	00:12:32	00:35:14	00:57:50
61	ŁATKA Łukasz	285	PACEMAKER	M-30	00:00:17	00:12:32	00:35:15	00:57:51
62	NOWACKI Wojciech	354	PACEMAKER // WOJTAS BIEGACZ STOPOWICZ	M-30	00:00:17	00:12:33	00:35:16	00:57:52
63	SALAMON Emil	426	OPEL ACTIVE TEAM	M-30	00:00:14	00:12:36	00:35:18	00:58:02
64	MAZUR Kamil	567	PKO BANK POLSKI	M-30	00:00:18	00:12:33	00:35:17	00:58:15
65	MICHALAK Wojciech	576	KTW TEAM	M-30	00:00:23	00:12:33	00:35:06	00:58:18
66	IWASZKOWSKI Dawid	175		M-30	00:00:27	00:13:18	00:35:55	00:58:19
67	DABROWSKI Bartosz	90		M-30	00:00:58	00:13:07	00:35:34	00:58:21
68	JAROS Marcin	184	OPP KATOWICE	M-30	00:00:29	00:13:47	00:35:58	00:58:56
69	RÓWNICKI Marcin	412	#BYLEDOMETY	M-30	00:00:23	00:12:35	00:35:36	00:59:13
70	PIZNAL Kamil	391		M-30	00:00:36	00:12:34	00:35:21	00:59:18
71	WIETRZYCKI Mariusz	512		M-30	00:00:24	00:13:03	00:35:19	00:59:21
72	ORDOŃ Bartłomiej	367		M-30	00:00:17	00:12:33	00:35:28	00:59:26
73	BIELAK Michał	566	PKO BANK POLSKI	M-30	00:00:38	00:12:47	00:35:32	00:59:38
74	SKOCZEK Michał	573	HARD BOX OTWOCK	M-30	00:00:36	00:13:18	00:35:52	00:59:41
75	CHLISTAŁA Jarosław	68	RYBNICKA GRUPA BIEGOWA - PĘDZIMY RAZEM	M-30	00:00:21	00:12:56	00:36:04	00:59:47

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	2.5km	7.2km	11.9km
76	NOWALIŃSKI Grzegorz	360	HOLBOX RUNNERS	M-30	00:00:25	00:12:57	00:36:12	00:59:48
77	MICHALSKI Łukasz	327		M-30	00:00:24	00:12:53	00:36:00	00:59:51
78	KŁYSZ Bartek	231	SEGIECKI NINJA	M-30	00:01:04	00:13:10	00:35:36	00:59:51
79	DZIWAK Dariusz	102	TIMOTHY	M-30	00:00:27	00:12:39	00:35:40	00:59:54
80	BROJA Rafał	47		M-30	00:00:06	00:10:49	00:34:47	00:59:56
81	KRAJEWSKI Radosław	251		M-30	00:00:21	00:12:57	00:36:04	01:00:17
82	SKOTNICKI Paweł	447		M-30	00:00:17	00:12:24	00:35:15	01:00:31
83	CETERA Łukasz	64	#HUTATEAM	M-30	00:01:12	00:13:26	00:37:16	01:00:51
84	PANZ Krzysztof	623		M-30	00:00:20	00:12:35	00:36:09	01:00:54
85	OZYP Mariusz	372		M-30	00:00:05	00:13:10	00:36:58	01:01:06
86	SPIECHOWICZ Andrzej	457	KMP ZABRZE	M-30	00:00:30	00:12:37	00:35:33	01:01:08
87	KANDEFER Michał	207		M-30	00:00:27	00:13:09	00:36:54	01:01:32
88	BEDNARZ Krzysztof	22		M-30	00:00:19	00:12:35	00:36:05	01:01:47
89	PRENZENA Paweł	398		M-30	00:00:19	00:12:35	00:35:58	01:01:56
90	MARCINIAK Krzysztof	310	KS PEREŁECZKI	M-30	00:00:33	00:13:30	00:37:50	01:01:59
91	SZCZABEL Krystian	472		M-30	00:00:12	00:11:53	00:36:09	01:02:05
92	CIUMAN Piotr	78	PHD RUNNERS	M-30	00:00:41	00:13:22	00:37:38	01:02:19
93	ZARZYCKI Robert	537		M-30	00:00:47	00:12:46	00:36:35	01:02:23
94	RUTKOWSKI Michał	416		M-30	00:00:24	00:13:29	00:38:04	01:02:32
95	KLUBA Łukasz	230	NGB KŁOBUCK	M-30	00:00:31	00:13:22	00:37:49	01:02:34
96	KARWOT Piotr	210	TEAM REDYNA	M-30	00:00:30	00:13:20	00:37:52	01:02:37
97	ANTOSZ Wojciech	5		M-30	00:00:22	00:13:23	00:37:56	01:02:39
98	RYŚ Kamil	421	HUTATEAM	M-30	00:00:34	00:13:58	00:38:03	01:02:42
99	SEMIK Jakub	432		M-30	00:00:37	00:13:25	00:37:43	01:02:42
100	BELICA Daniel	23		M-30	00:01:08	00:13:59	00:38:05	01:02:54
101	GOŁKOWSKI Radosław	139		M-30	00:00:17	00:12:52	00:37:28	01:02:55
102	CISZEWSKI Krzysztof	77		M-30	00:00:30	00:13:20	00:38:03	01:03:35
103	GARBACZ Damian	122		M-30	00:00:30	00:13:20	00:37:52	01:03:36
104	HRYNISZYN Mariusz	170		M-30	00:00:36	00:14:26	00:38:39	01:03:38
105	GAŁECZKA Michał	120		M-30	00:00:31	00:13:37	00:38:28	01:03:39
106	SNACHOWSKI Kamil	452	NEXTEER RUNNERS GLIWICE	M-30	00:01:18	00:15:05	00:39:29	01:04:03
107	RYBACKI Marcin	617		M-30	00:01:16	00:15:06	00:39:30	01:04:04
108	KOSIŃSKI Marcin	596		M-30	00:00:31	00:13:08	00:37:45	01:04:19
109	POKRYSZKA Bartosz	395		M-30	00:00:27	00:13:21	00:38:22	01:04:26
110	KONIORCZYK Maciej	237		M-30	00:00:44	00:14:14	00:39:22	01:04:27
111	MRZYGŁÓD Robert	339		M-30	00:00:39	00:13:40	00:38:47	01:04:34
112	GRZYBOWSKI Damian	159		M-30	00:00:41	00:13:20	00:38:27	01:05:00
113	KORDYŚ Adam	240	KLUB BIEGOWY SZUSZARNIA	M-30	00:00:12	00:14:08	00:39:29	01:05:21
114	MICHAŁOWSKI Rafał	626		M-30	00:00:38	00:14:20	00:39:42	01:05:23
115	JURASZCZYK Jan	197	#HUTATEAM	M-30	00:01:11	00:15:18	00:40:24	01:05:57
116	KREMPA Sławomir	254		M-30	00:00:34	00:14:14	00:40:00	01:06:22
117	MALCZYK Radosław	302		M-30	00:01:07	00:14:47	00:39:41	01:06:42
118	KWAPIEŃ Aleksander	598		M-30	00:00:54	00:15:06	00:41:16	01:07:01
119	ZASIEK Amadeusz	538		M-30	00:00:33	00:14:34	00:41:04	01:07:04
120	JABŁOŃSKI Łukasz	176		M-30	00:00:37	00:14:02	00:40:03	01:07:08
121	SMARUJ Piotr	450		M-30	00:01:10	00:14:59	00:40:37	01:07:08

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	2.5km	7.2km	11.9km
122	MIKULA Wojciech	332		M-30	00:00:15	00:13:54	00:39:56	01:07:16
123	BAJKACZ Krzysztof	9		M-30	00:00:28	00:14:31	00:40:50	01:07:18
124	JARUGA Damian	185		M-30	00:00:33	00:14:01	00:39:43	01:07:19
125	AKSAMIT Witold	3	BLEES	M-30	00:00:43	00:14:18	00:40:45	01:07:44
126	PIKUL Przemysław	67		M-30	00:00:54	00:14:40	00:41:34	01:07:56
127	WIEKIERA Adam	624		M-30	00:00:25	00:14:54	00:41:29	01:08:02
128	ŁOSEK Adam	286		M-30	00:00:41	00:14:32	00:41:05	01:08:23
129	TROCHIMCZYK Marcin	489		M-30	00:00:41	00:14:32	00:41:05	01:08:23
130	GABOR Robert	115		M-30	00:00:48	00:14:46	00:40:51	01:08:36
131	KOPRUCKI Łukasz	239		M-30	00:00:52	00:15:06	00:42:02	01:08:36
132	KOPPEL Bartłomiej	238		M-30	00:00:54	00:15:01	00:41:51	01:08:39
133	GLIŃSKI Michał	135		M-30	00:00:50	00:15:22	00:42:13	01:09:03
134	STRZODKA Adam	471		M-30	00:00:50	00:15:23	00:42:13	01:09:05
135	JORDANEK Marcin	195		M-30	00:00:49	00:15:02	00:41:58	01:09:12
136	URBANEK Martin	495	ISTA BIEGAMY	M-30	00:00:40	00:14:17	00:41:05	01:09:13
137	STRZELECKI Rafał	470	SOCIOS SILESIA	M-30	00:01:03	00:15:23	00:41:46	01:09:15
138	KOWALCZYK Tomasz	244	AKMB PĘDZIWIATR GLIWICE	M-30	00:01:04	00:15:24	00:42:23	01:09:52
139	JEZIOR Bartosz	192		M-30	00:01:08	00:14:31	00:41:37	01:10:14
140	LAUBACH Anna	276	RAAN	M-30	00:01:02	00:15:54	00:43:29	01:10:53
141	LAUBACH Radosław	277	RAAN	M-30	00:01:02	00:15:54	00:43:29	01:10:54
142	METERA Kamil	586	SPARTAN KNURÓW	M-30	00:01:01	00:15:33	00:42:08	01:11:02
143	DESZCZYŃSKI Łukasz	94		M-30	00:00:33	00:14:39	00:41:21	01:11:06
144	BRUDKOWSKI Tomasz	49	MOKA	M-30	00:01:00	00:15:38	00:44:28	01:12:11
145	SZPYRKA Tomasz	476		M-30	00:00:57	00:15:46	00:44:14	01:12:36
146	LINDENBERG Jarosław	587		M-30	00:00:59	00:15:36	00:44:10	01:12:40
147	MACZUGA Bartłomiej	294	PACEMAKER	M-30	00:00:44	00:15:48	00:44:23	01:12:54
148	CIEŚLIK Jakub	603		M-30	00:00:44	00:15:49	00:44:07	01:14:01
149	UH Kuba	493		M-30	00:01:06	00:15:51	00:44:28	01:14:34
150	SUSEL Alek	646		M-30	00:00:02	00:17:09	00:42:55	01:15:17
151	FRUK Kamil	585		M-30	00:00:47	00:16:19	00:46:25	01:16:35
152	WACŁAWIK Leszek	500		M-30	00:00:47	00:16:02	00:45:34	01:16:47
153	BEDNAREK Krzysztof	20		M-30	00:00:59	00:16:25	00:46:14	01:17:52
154	SZEWCZYK Zbigniew	475		M-30	00:00:57	00:16:03	00:45:58	01:18:26
155	MAŁOTA Bartłomiej	304		M-30	00:00:34	00:16:47	00:49:07	01:24:34
156	WÓJCIK Tomasz	563	FDG SA	M-30	00:00:00	01:05:34	01:30:37	
157	SITKO Grzegorz	441		M-30	00:00:34	00:15:23	00:44:08	
158	PALAK Rafał	375		M-30	00:01:13	01:21:53	01:54:29	

Znaleziono 158 wynik(ów)