



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

VII PÓŁMARATON GLIWICKI
Fundacja Bieg Rzeźnika
2021-10-17
Gliwice
21.1 km

VII PÓŁMARATON GLIWICKI

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M-30

Punkt pomiarowy: 16,6 km

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	2.5km	7.2km	11.9km	16.6km
1	WOLNIK Mateusz	578	AKTYWNI LYSKI	M-30	00:00:02	00:09:11	00:25:38	00:42:33	00:59:11
2	TRESKA Piotr	488	RUNHOGS TYCHY / SPLA TYCHY / BIEGNEPO230.PL	M-30	00:00:02	00:09:30	00:26:19	00:43:32	01:00:17
3	ROZMUS Norbert	411		M-30	00:00:03	00:09:40	00:27:10	00:44:47	01:01:58
4	HAREŻA Marek	628		M-30	00:00:02	00:09:41	00:27:06	00:44:49	01:02:32
5	BARTOSIK Sebastian	13	FORMA WODZISŁAW ŚLĄSKI / MOJŻYSZ TEAM	M-30	00:00:03	00:09:39	00:27:09	00:45:04	01:02:50
6	DENICKI Przemek	93	EX TEAM	M-30	00:00:03	00:10:05	00:27:58	00:45:59	01:03:52
7	URBAŃCZYK Karol	496	NON STOP TRAIL	M-30	00:00:03	00:09:39	00:27:14	00:45:35	01:03:55
8	BUJNOWSKI Artur	59	TL ROW RYBNIK	M-30	00:00:02	00:10:04	00:27:59	00:46:18	01:04:33
9	PRZELIORZ Tomasz	400	INŻYNIERIA BIEGANIA	M-30	00:00:02	00:09:59	00:28:06	00:46:41	01:04:49
10	BAGSIK Mateusz	7		M-30	00:00:13	00:10:02	00:27:58	00:47:08	01:05:52
11	OSETEK Paweł	369	RADLINIOKI W BIEGU	M-30	00:00:04	00:09:57	00:28:15	00:47:47	01:06:47
12	KOZIARSKI Michał	249	LKS SIERAKÓW ŚLĄSKI	M-30	00:00:15	00:10:30	00:29:03	00:48:20	01:07:30
13	JÓZEFIK Dawid	196	JKLA JAWOR	M-30	00:00:04	00:10:33	00:29:27	00:48:51	01:07:42
14	GORAUS Kamil	141	RUN RUN RUN	M-30	00:00:06	00:10:31	00:29:20	00:48:51	01:07:50
15	BOGATZKI Marek	39		M-30	00:00:05	00:10:05	00:28:35	00:48:47	01:08:28
16	SPRUTTA Robert	458		M-30	00:00:05	00:10:55	00:29:52	00:49:41	01:09:11
17	KLIMA Adam	229	RUNHOGS TYCHY	M-30	00:00:05	00:10:30	00:29:50	00:49:48	01:09:40
18	NOWICKI Szymon	361		M-30	00:00:07	00:11:00	00:30:32	00:50:42	01:10:31
19	HOFFMANN Nikodem	167		M-30	00:00:26	00:11:20	00:31:14	00:51:14	01:10:44
20	ŻOŁĄDŹ Piotr	554	TEAM ARTIVENT	M-30	00:00:09	00:11:00	00:31:09	00:51:29	01:11:11
21	BIAŁY Kamil	28	FAST FOOT TEAM SIEWIERZ	M-30	00:00:09	00:11:01	00:31:09	00:51:30	01:11:12
22	STASIKOWSKI Łukasz	463		M-30	00:00:06	00:11:01	00:31:11	00:51:33	01:11:14
23	SKOCZEK Jakub	443		M-30	00:00:31	00:11:12	00:31:08	00:51:28	01:11:15
24	KORZUSZNIK Wojciech	241	LUXTORPEDA CZERWIONKA	M-30	00:00:06	00:11:03	00:31:18	00:51:38	01:11:16
25	TEKLA Krzysztof	484		M-30	00:00:10	00:11:07	00:31:23	00:51:51	01:12:26
26	GARUS Bartłomiej	124	YNO 1	M-30	00:00:14	00:11:14	00:31:16	00:51:56	01:12:27
27	MIRONOWICZ Bartłomiej	335		M-30	00:00:12	00:10:57	00:31:09	00:51:34	01:12:42
28	GORCZYCKI Arkadiusz	142	MIECHOWICKA GRUPA BIEGOWA/RESHAPE RUNNERS	M-30	00:00:08	00:11:18	00:32:04	00:53:03	01:13:17
29	JAWOREK Jacek	190	SPRYTNA BANIA SPONTAN TEAM // JBC365	M-30	00:00:13	00:11:24	00:31:56	00:52:51	01:13:24

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	2.5km	7.2km	11.9km	16.6km
30	FRANKIEWICZ Artur	111		M-30	00:00:08	00:11:01	00:31:27	00:52:42	01:13:55
31	WIERZCHOWSKI Jędrzej	511		M-30	00:00:09	00:11:21	00:32:05	00:53:42	01:14:57
32	LEPIARCZYK Sławomir	280		M-30	00:00:13	00:11:28	00:32:00	00:53:56	01:15:38
33	MARCINIAK Rafał	308	8A.PL	M-30	00:00:39	00:12:16	00:33:46	00:54:58	01:16:00
34	GAŚCZAK Michał	127	RUNHOGS TYCHY	M-30	00:00:07	00:11:01	00:32:19	00:54:31	01:16:15
35	MEKIER Bartek	591		M-30	00:00:25	00:12:11	00:33:48	00:55:34	01:16:51
36	KOWOLIK Łukasz	247	TAURON TEAM	M-30	00:00:20	00:12:26	00:34:37	00:56:23	01:17:00
37	MARKOWSKI Przemysław	311	PACEMAKER / SZLABANOWCY RUNNING TEAM	M-30	00:00:10	00:11:54	00:33:53	00:55:53	01:17:06
38	MEDES Marcin	319		M-30	00:00:12	00:12:11	00:33:53	00:55:50	01:17:10
39	BIELA Grzegorz	31	NIGHT RUNNERS PYSKOWICE	M-30	00:00:07	00:11:26	00:32:50	00:55:37	01:17:49
40	SZOŁTYSEK Adrian	556		M-30	00:00:20	00:11:45	00:33:44	00:55:45	01:17:49
41	JAWOREK Adam	189		M-30	00:00:06	00:11:00	00:31:41	00:54:23	01:17:52
42	SPYRA Kamil	459	SPYROWKA	M-30	00:00:14	00:11:16	00:32:02	00:54:54	01:17:53
43	TABIŚ Bartosz	611		M-30	00:00:20	00:11:47	00:33:46	00:55:55	01:17:55
44	WILK Dawid	514	PACEMAKER	M-30	00:00:09	00:11:54	00:33:54	00:55:54	01:17:59
45	STAŃCZYK Przemek	462		M-30	00:00:09	00:12:03	00:34:04	00:56:16	01:18:17
46	ZAKRZOWSKI Krzysztof	532		M-30	00:00:16	00:11:49	00:33:50	00:56:19	01:18:49
47	JAGIEŁA Michał	177		M-30	00:00:45	00:12:11	00:33:56	00:56:22	01:19:08
48	RÓŻAŃSKI Michał	413		M-30	00:00:18	00:12:18	00:34:22	00:56:55	01:19:14
49	SCHAB Bartłomiej	430		M-30	00:00:00	00:12:55	00:34:37	00:56:59	01:19:33
50	STANISZ Marcin	460	NIGHT RUNNERS PYSKOWICE	M-30	00:00:26	00:12:10	00:34:14	00:56:46	01:19:35
51	KRZANOWSKI Marcin	257	OASIS SPORT TEAM	M-30	00:00:20	00:12:17	00:34:26	00:57:12	01:19:56
52	DABROWSKI Bartosz	90		M-30	00:00:58	00:13:07	00:35:34	00:58:21	01:20:03
53	UJMA Michał	494	SII RUNNING TEAM	M-30	00:00:00	00:12:17	00:34:09	00:56:58	01:20:07
54	KOWALCZYK Jordan	245		M-30	00:00:28	00:12:39	00:35:04	00:57:43	01:20:23
55	CIEŚLIK Jarosław	75		M-30	00:00:28	00:12:19	00:35:02	00:57:38	01:20:28
56	BRODAKCI Paweł	45		M-30	00:00:19	00:12:32	00:35:14	00:57:50	01:20:41
57	NOWAKOWSKI Arek	358		M-30	00:00:20	00:12:24	00:34:17	00:57:18	01:20:42
58	ŻAAK Michał	549		M-30	00:00:12	00:12:04	00:34:26	00:57:33	01:20:56
59	IWASZKOWSKI Dawid	175		M-30	00:00:27	00:13:18	00:35:55	00:58:19	01:20:56
60	JAROS Marcin	184	OPP KATOWICE	M-30	00:00:29	00:13:47	00:35:58	00:58:56	01:21:01
61	SARNECKI Adam	429		M-30	00:00:26	00:12:27	00:35:10	00:57:47	01:21:04
62	BABIUCH Karol	6		M-30	00:00:23	00:12:16	00:34:51	00:57:48	01:21:07
63	KIDA Marek	221		M-30	00:00:20	00:12:30	00:35:13	00:57:49	01:21:08
64	NOWACKI Wojciech	354	PACEMAKER // WOJTAS BIEGACZ STOPOWICZ	M-30	00:00:17	00:12:33	00:35:16	00:57:52	01:21:12
65	SALAMON Emil	426	OPEL ACTIVE TEAM	M-30	00:00:14	00:12:36	00:35:18	00:58:02	01:21:34
66	MAZUR Kamil	567	PKO BANK POLSKI	M-30	00:00:18	00:12:33	00:35:17	00:58:15	01:21:34
67	MICHALAK Wojciech	576	KTW TEAM	M-30	00:00:23	00:12:33	00:35:06	00:58:18	01:22:25
68	NOWALIŃSKI Grzegorz	360	HOLBOX RUNNERS	M-30	00:00:25	00:12:57	00:36:12	00:59:48	01:22:51
69	RÓWNICKI Marcin	412	#BYLEDOMETY	M-30	00:00:23	00:12:35	00:35:36	00:59:13	01:23:10
70	WIETRZYCKI Mariusz	512		M-30	00:00:24	00:13:03	00:35:19	00:59:21	01:23:13
71	CHLISTAŁA Jarosław	68	RYBNICKA GRUPA BIEGOWA - PĘDZIMY RAZEM	M-30	00:00:21	00:12:56	00:36:04	00:59:47	01:23:23
72	PIZNAL Kamil	391		M-30	00:00:36	00:12:34	00:35:21	00:59:18	01:23:24
73	BIELAK Michał	566	PKO BANK POLSKI	M-30	00:00:38	00:12:47	00:35:32	00:59:38	01:23:27
74	SKOCZEK Michał	573	HARD BOX OTWOCK	M-30	00:00:36	00:13:18	00:35:52	00:59:41	01:23:48
75	ORDOŃ Bartłomiej	367		M-30	00:00:17	00:12:33	00:35:28	00:59:26	01:23:53

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	2.5km	7.2km	11.9km	16.6km
76	MICHALSKI Łukasz	327		M-30	00:00:24	00:12:53	00:36:00	00:59:51	01:23:58
77	BROJA Rafał	47		M-30	00:00:06	00:10:49	00:34:47	00:59:56	01:24:28
78	KŁYSZ Bartek	231	SEGIECKI NINJA	M-30	00:01:04	00:13:10	00:35:36	00:59:51	01:24:30
79	DZIWAK Dariusz	102	TIMOTHY	M-30	00:00:27	00:12:39	00:35:40	00:59:54	01:24:34
80	CETERA Łukasz	64	#HUTATEAM	M-30	00:01:12	00:13:26	00:37:16	01:00:51	01:24:44
81	OZYP Mariusz	372		M-30	00:00:05	00:13:10	00:36:58	01:01:06	01:25:01
82	KRAJEWSKI Radosław	251		M-30	00:00:21	00:12:57	00:36:04	01:00:17	01:25:09
83	KANDEFER Michał	207		M-30	00:00:27	00:13:09	00:36:54	01:01:32	01:25:26
84	MARCINIAK Krzysztof	310	KS PERELE CZKI	M-30	00:00:33	00:13:30	00:37:50	01:01:59	01:25:40
85	PANZ Krzysztof	623		M-30	00:00:20	00:12:35	00:36:09	01:00:54	01:26:16
86	RUTKOWSKI Michał	416		M-30	00:00:24	00:13:29	00:38:04	01:02:32	01:26:21
87	RYŚ Kamil	421	HUTATEAM	M-30	00:00:34	00:13:58	00:38:03	01:02:42	01:26:58
88	KARWOT Piotr	210	TEAM REDYNA	M-30	00:00:30	00:13:20	00:37:52	01:02:37	01:27:01
89	ANTOSZ Wojciech	5		M-30	00:00:22	00:13:23	00:37:56	01:02:39	01:27:02
90	SKOTNICKI Paweł	447		M-30	00:00:17	00:12:24	00:35:15	01:00:31	01:27:03
91	SEMIK Jakub	432		M-30	00:00:37	00:13:25	00:37:43	01:02:42	01:27:11
92	SZCZABEL Krystian	472		M-30	00:00:12	00:11:53	00:36:09	01:02:05	01:27:14
93	SPIECHOWICZ Andrzej	457	KMP ZABRZE	M-30	00:00:30	00:12:37	00:35:33	01:01:08	01:27:36
94	BELICA Daniel	23		M-30	00:01:08	00:13:59	00:38:05	01:02:54	01:27:42
95	PRENZENA Paweł	398		M-30	00:00:19	00:12:35	00:35:58	01:01:56	01:27:51
96	CIUMAN Piotr	78	PHD RUNNERS	M-30	00:00:41	00:13:22	00:37:38	01:02:19	01:27:54
97	KLUBA Łukasz	230	NGB KŁOBUCK	M-30	00:00:31	00:13:22	00:37:49	01:02:34	01:27:59
98	HRYNISZYN Mariusz	170		M-30	00:00:36	00:14:26	00:38:39	01:03:38	01:28:15
99	BEDNARZ Krzysztof	22		M-30	00:00:19	00:12:35	00:36:05	01:01:47	01:28:18
100	GAŁECZKA Michał	120		M-30	00:00:31	00:13:37	00:38:28	01:03:39	01:28:37
101	GOŁKOWSKI Radosław	139		M-30	00:00:17	00:12:52	00:37:28	01:02:55	01:29:03
102	KONIORCZYK Maciej	237		M-30	00:00:44	00:14:14	00:39:22	01:04:27	01:29:09
103	CISZEWSKI Krzysztof	77		M-30	00:00:30	00:13:20	00:38:03	01:03:35	01:29:20
104	GARBACZ Damian	122		M-30	00:00:30	00:13:20	00:37:52	01:03:36	01:29:36
105	RYBACKI Marcin	617		M-30	00:01:16	00:15:06	00:39:30	01:04:04	01:30:18
106	SNACHOWSKI Kamil	452	NEXTEER RUNNERS GLIWICE	M-30	00:01:18	00:15:05	00:39:29	01:04:03	01:30:18
107	MRZYGLÓD Robert	339		M-30	00:00:39	00:13:40	00:38:47	01:04:34	01:30:58
108	MICHAŁOWSKI Rafał	626		M-30	00:00:38	00:14:20	00:39:42	01:05:23	01:31:01
109	KORDYŚ Adam	240	KLUB BIEGOWY SZUSZARNIA	M-30	00:00:12	00:14:08	00:39:29	01:05:21	01:31:16
110	POKRYSZKA Bartosz	395		M-30	00:00:27	00:13:21	00:38:22	01:04:26	01:31:23
111	KOSIŃSKI Marcin	596		M-30	00:00:31	00:13:08	00:37:45	01:04:19	01:31:25
112	ZARZYCKI Robert	537		M-30	00:00:47	00:12:46	00:36:35	01:02:23	01:32:00
113	ZASIEK Amadeusz	538		M-30	00:00:33	00:14:34	00:41:04	01:07:04	01:32:10
114	JURASZCZYK Jan	197	#HUTATEAM	M-30	00:01:11	00:15:18	00:40:24	01:05:57	01:32:12
115	KWAPIEŃ Aleksander	598		M-30	00:00:54	00:15:06	00:41:16	01:07:01	01:32:38
116	BAJKACZ Krzysztof	9		M-30	00:00:28	00:14:31	00:40:50	01:07:18	01:33:14
117	KOPRUCKI Łukasz	239		M-30	00:00:52	00:15:06	00:42:02	01:08:36	01:33:27
118	GRZYBOWSKI Damian	159		M-30	00:00:41	00:13:20	00:38:27	01:05:00	01:33:28
119	SMARUJ Piotr	450		M-30	00:01:10	00:14:59	00:40:37	01:07:08	01:33:43
120	KREMPA Sławomir	254		M-30	00:00:34	00:14:14	00:40:00	01:06:22	01:33:51
121	JARUGA Damian	185		M-30	00:00:33	00:14:01	00:39:43	01:07:19	01:33:57

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	2.5km	7.2km	11.9km	16.6km
122	PIKUL Przemysław	67		M-30	00:00:54	00:14:40	00:41:34	01:07:56	01:34:06
123	JABŁOŃSKI Łukasz	176		M-30	00:00:37	00:14:02	00:40:03	01:07:08	01:34:22
124	AKSAMIT Witold	3	BLEES	M-30	00:00:43	00:14:18	00:40:45	01:07:44	01:34:27
125	WIEKIERA Adam	624		M-30	00:00:25	00:14:54	00:41:29	01:08:02	01:34:44
126	MALCZYK Radosław	302		M-30	00:01:07	00:14:47	00:39:41	01:06:42	01:34:53
127	MIKULA Wojciech	332		M-30	00:00:15	00:13:54	00:39:56	01:07:16	01:35:02
128	KOPPEL Bartłomiej	238		M-30	00:00:54	00:15:01	00:41:51	01:08:39	01:35:24
129	ŁOSEK Adam	286		M-30	00:00:41	00:14:32	00:41:05	01:08:23	01:35:39
130	TROCHIMCZYK Marcin	489		M-30	00:00:41	00:14:32	00:41:05	01:08:23	01:35:39
131	STRZODKA Adam	471		M-30	00:00:50	00:15:23	00:42:13	01:09:05	01:36:01
132	GLIŃSKI Michał	135		M-30	00:00:50	00:15:22	00:42:13	01:09:03	01:36:01
133	GABOR Robert	115		M-30	00:00:48	00:14:46	00:40:51	01:08:36	01:36:07
134	LAUBACH Anna	276	RAAN	M-30	00:01:02	00:15:54	00:43:29	01:10:53	01:36:43
135	LAUBACH Radosław	277	RAAN	M-30	00:01:02	00:15:54	00:43:29	01:10:54	01:36:44
136	JORDANEK Marcin	195		M-30	00:00:49	00:15:02	00:41:58	01:09:12	01:37:38
137	KOWALCZYK Tomasz	244	AKMB PĘDZIWIATR GLIWICE	M-30	00:01:04	00:15:24	00:42:23	01:09:52	01:37:48
138	URBANEK Martin	495	ISTA BIEGAMY	M-30	00:00:40	00:14:17	00:41:05	01:09:13	01:38:06
139	JEZIOR Bartosz	192		M-30	00:01:08	00:14:31	00:41:37	01:10:14	01:38:55
140	STRZELECKI Rafał	470	SOCIOS SILESIA	M-30	00:01:03	00:15:23	00:41:46	01:09:15	01:39:48
141	SZPYRKA Tomasz	476		M-30	00:00:57	00:15:46	00:44:14	01:12:36	01:40:16
142	BRUDKOWSKI Tomasz	49	MOKA	M-30	00:01:00	00:15:38	00:44:28	01:12:11	01:40:17
143	LINDENBERG Jarosław	587		M-30	00:00:59	00:15:36	00:44:10	01:12:40	01:41:14
144	MACZUGA Bartłomiej	294	PACEMAKER	M-30	00:00:44	00:15:48	00:44:23	01:12:54	01:41:30
145	DESZCZYŃSKI Łukasz	94		M-30	00:00:33	00:14:39	00:41:21	01:11:06	01:41:59
146	METERA Kamil	586	SPARTAN KNURÓW	M-30	00:01:01	00:15:33	00:42:08	01:11:02	01:42:09
147	SUSEL Alek	646		M-30	00:00:02	00:17:09	00:42:55	01:15:17	01:42:35
148	FRUK Kamil	585		M-30	00:00:47	00:16:19	00:46:25	01:16:35	01:44:06
149	CIEŚLIK Jakub	603		M-30	00:00:44	00:15:49	00:44:07	01:14:01	01:47:36
150	UH Kuba	493		M-30	00:01:06	00:15:51	00:44:28	01:14:34	01:48:02
151	WACŁAWIK Leszek	500		M-30	00:00:47	00:16:02	00:45:34	01:16:47	01:48:49
152	BEDNAREK Krzysztof	20		M-30	00:00:59	00:16:25	00:46:14	01:17:52	01:52:32
153	SZEWCHYK Zbigniew	475		M-30	00:00:57	00:16:03	00:45:58	01:18:26	01:52:35
154	WÓJCIK Tomasz	563	FDG SA	M-30	00:00:00	01:05:34	01:30:37		
155	ŁATKA Łukasz	285	PACEMAKER	M-30	00:00:17	00:12:32	00:35:15	00:57:51	
156	SITKO Grzegorz	441		M-30	00:00:34	00:15:23	00:44:08		
157	MAŁOTA Bartłomiej	304		M-30	00:00:34	00:16:47	00:49:07	01:24:34	
158	PALAK Rafał	375		M-30	00:01:13	01:21:53	01:54:29		

Znaleziono 158 wynik(ów)