



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

VII PÓŁMARATON GLIWICKI
Fundacja Bieg Rzeźnika
2021-10-17
Gliwice
21.1 km

VII PÓŁMARATON GLIWICKI

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M Open

Punkt pomiarowy: 11,9 km

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	2.5km	7.2km	11.9km
1	WOLNIK Mateusz	578	AKTYWNI LYSKI	M-30	00:00:02	00:09:11	00:25:38	00:42:33
2	DULINIEC Tomasz	98	GNIOTPOL TEAM	M-40	00:00:02	00:09:16	00:25:46	00:42:43
3	MRACHACZ Piotr	580	STUDIO PROJEKTOWE SPART	M-20	00:00:03	00:09:11	00:25:53	00:43:05
4	TRESKA Piotr	488	RUNHOGS TYCHY / SPLA TYCHY / BIEGNEPO230.PL	M-30	00:00:02	00:09:30	00:26:19	00:43:32
5	FOLTYN Jakub	110	WYTRZYMALI.COACH	M-20	00:00:04	00:09:39	00:27:08	00:44:46
6	ROZMUS Norbert	411		M-30	00:00:03	00:09:40	00:27:10	00:44:47
7	HARĘŻA Marek	628		M-30	00:00:02	00:09:41	00:27:06	00:44:49
8	BARTOSIK Sebastian	13	FORMA WODZISŁAW ŚLĄSKI / MOJŻYSZ TEAM	M-30	00:00:03	00:09:39	00:27:09	00:45:04
9	WIKTORSKI Mieszko	620	TRENUJZNAMI.PL	M-40	00:00:03	00:09:41	00:27:06	00:45:05
10	IWANCA Leszek	174		M-40	00:00:02	00:09:42	00:27:10	00:45:06
11	URBAŃCZYK Karol	496	NON STOP TRAIL	M-30	00:00:03	00:09:39	00:27:14	00:45:35
12	KAMIŃSKI Dominik	203	HARPAGAN SOSNOWIEC - FICOSA	M-40	00:00:20	00:09:46	00:27:42	00:45:43
13	DENICKI Przemek	93	EX TEAM	M-30	00:00:03	00:10:05	00:27:58	00:45:59
14	SIKOŃCZYK Miłosz	437	RUNNING PERFORMANCE	M-20	00:00:02	00:09:30	00:27:26	00:46:04
15	GRYCMAN Marek	153	LOVE THE PAIN	M-40	00:00:03	00:09:57	00:27:53	00:46:17
16	BUJNOWSKI Artur	59	TL ROW RYBNIK	M-30	00:00:02	00:10:04	00:27:59	00:46:18
17	BUCHTA Adam	54		M-40	00:00:03	00:09:58	00:28:05	00:46:39
18	PRZELIORZ Tomasz	400	INŻYNIERIA BIEGANIA	M-30	00:00:02	00:09:59	00:28:06	00:46:41
19	BAGSIK Mateusz	7		M-30	00:00:13	00:10:02	00:27:58	00:47:08
20	JANCEWICZ Marcin	178		M-20	00:00:04	00:10:07	00:28:26	00:47:09
21	MUSKAŁA Mateusz	343	AUGUSTEAM	M-20	00:00:04	00:10:05	00:28:26	00:47:38
22	OSETEK Paweł	369	RADLINIOKI W BIEGU	M-30	00:00:04	00:09:57	00:28:15	00:47:47
23	GRZYWACZ Marcin	162	MKS CZECHOWICE-DZIEDZICE	M-40	00:00:03	00:10:19	00:29:12	00:48:16
24	BIEGUN Marcin	29	AKTYWNA PSZCZYNA	M-40	00:00:03	00:10:22	00:29:14	00:48:17
25	KOZIARSKI Michał	249	LKS SIERAKÓW ŚLĄSKI	M-30	00:00:15	00:10:30	00:29:03	00:48:20
26	BOGATZKI Marek	39		M-30	00:00:05	00:10:05	00:28:35	00:48:47
27	JÓZEFIK Dawid	196	JKLA JAWOR	M-30	00:00:04	00:10:33	00:29:27	00:48:51
28	GORAUS Kamil	141	RUN RUN RUN	M-30	00:00:06	00:10:31	00:29:20	00:48:51
29	CZERNY Tomasz	88	AKTYWNE ZABRZE	M-40	00:00:05	00:10:29	00:29:30	00:48:55

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	2.5km	7.2km	11.9km
30	FURMANEK Łukasz	114		M-40	00:00:04	00:10:44	00:29:46	00:49:08
31	CHYBA Szymon	72	KS KROTOSZ KROTOSZYN	M-40	00:00:05	00:10:34	00:29:25	00:49:12
32	ZIELIŃSKI Ireneusz	544	DKMS JASTRZĘBIE	M-50	00:00:04	00:10:30	00:29:31	00:49:14
33	SPRUTTA Robert	458		M-30	00:00:05	00:10:55	00:29:52	00:49:41
34	KLIMA Adam	229	RUNHOGS TYCHY	M-30	00:00:05	00:10:30	00:29:50	00:49:48
35	WIECHUŁA Marcin	510		M-40	00:00:06	00:10:08	00:29:28	00:50:09
36	FAŁEK Adam	105	ŁAMIGNATY	M-20	00:00:14	00:10:12	00:29:23	00:50:20
37	NOWICKI Szymon	361		M-30	00:00:07	00:11:00	00:30:32	00:50:42
38	WARDZAŁA Michał	501	MARATON TEAM WIELICZKA	M-40	00:00:08	00:10:58	00:30:57	00:51:10
39	GOŁĄBEK Rafał	137	MARATON TEAM WIELICZKA	M-40	00:00:08	00:11:00	00:30:58	00:51:11
40	PSZCZOŁA Marcin	403		M-40	00:00:07	00:11:00	00:31:10	00:51:13
41	HOFFMANN Nikodem	167		M-30	00:00:26	00:11:20	00:31:14	00:51:14
42	OCHMAN Rafał	362	OPEL ACTIVE TEAM	M-40	00:00:04	00:11:01	00:31:03	00:51:19
43	PASTWA Piotr	379	BIEGAJ Z TRENERAMI	M-50	00:00:17	00:11:09	00:30:59	00:51:20
44	SKOCZEK Jakub	443		M-30	00:00:31	00:11:12	00:31:08	00:51:28
45	ŻOŁĄDŹ Piotr	554	TEAM ARTIVENT	M-30	00:00:09	00:11:00	00:31:09	00:51:29
46	ŁOZIŃSKI Wojciech	287	PARKRUN CHRZANÓW	M-20	00:00:07	00:11:01	00:31:13	00:51:30
47	BIAŁY Kamil	28	FAST FOOT TEAM SIEWIERZ	M-30	00:00:09	00:11:01	00:31:09	00:51:30
48	CHOMIK Rafał	70	PACEMAKER	M-40	00:00:06	00:11:00	00:31:10	00:51:31
49	MASŁOŃ Błażej	315		M-50	00:00:07	00:11:02	00:31:10	00:51:31
50	GRZESIKIEWICZ Mariusz	157		M-40	00:00:07	00:11:03	00:31:11	00:51:31
51	BUJAK Marcin	57		M-40	00:00:08	00:11:01	00:31:11	00:51:32
52	STASIKOWSKI Łukasz	463		M-30	00:00:06	00:11:01	00:31:11	00:51:33
53	MIRONOWICZ Bartłomiej	335		M-30	00:00:12	00:10:57	00:31:09	00:51:34
54	STAPOR Sławomir	465	TAURON	M-40	00:00:05	00:11:05	00:31:13	00:51:35
55	PACOŃ Sebastian	593	DAGMA	M-40	00:00:02	00:10:49	00:30:58	00:51:37
56	WRĘCZYCKI Ireneusz	571		M-50	00:00:09	00:11:00	00:31:11	00:51:37
57	KORZUSZNIK Wojciech	241	LUXTORPEDA CZERWIONKA	M-30	00:00:06	00:11:03	00:31:18	00:51:38
58	PILNY Karol	387	AKTYWNI RYDUŁTOWY	M-20	00:00:04	00:10:51	00:30:48	00:51:44
59	DZIDA Dominik	101		M-20	00:00:15	00:11:05	00:31:24	00:51:46
60	TEKLA Krzysztof	484		M-30	00:00:10	00:11:07	00:31:23	00:51:51
61	GARUS Bartłomiej	124	YNO 1	M-30	00:00:14	00:11:14	00:31:16	00:51:56
62	MAJEK Krzysztof	299	AUGUSTEAM	M-50	00:00:08	00:11:09	00:31:31	00:52:33
63	SITEK Krzysztof	439		M-40	00:00:09	00:11:14	00:31:26	00:52:34
64	GALILEJCZYK Mariusz	118		M-20	00:00:36	00:10:57	00:30:43	00:52:37
65	GRZYB Dariusz	158		M-50	00:00:07	00:11:01	00:31:12	00:52:42
66	FRANKIEWICZ Artur	111		M-30	00:00:08	00:11:01	00:31:27	00:52:42
67	WYMYSŁO Andrzej	529	RADA MIASTA	M-60	00:00:04	00:11:14	00:31:34	00:52:46
68	JAWOREK Jacek	190	SPRYTNA BANIA SPONTAN TEAM // JBC365	M-30	00:00:13	00:11:24	00:31:56	00:52:51
69	WACŁAWSKI Jacek	640		M-40	00:00:14	00:11:07	00:31:34	00:52:51
70	KAWELCZYK Robert	219		M-50	00:00:11	00:11:27	00:31:56	00:52:59
71	GORCZYCKI Arkadiusz	142	MIECHOWICKA GRUPA BIEGOWA/RESHAPE RUNNERS	M-30	00:00:08	00:11:18	00:32:04	00:53:03
72	KWIATKOWSKI Grzegorz	271		M-40	00:00:18	00:11:11	00:31:10	00:53:05
73	KAMIŃSKI Jacek	204	ROMET FACTORY TEAM	M-40	00:00:06	00:11:02	00:31:14	00:53:18
74	ZALEWSKI Wojciech	534		M-40	00:00:25	00:11:38	00:32:21	00:53:35
75	GUZY Andrzej	579		M-60	00:00:04	00:11:03	00:31:40	00:53:39

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	2.5km	7.2km	11.9km
76	PUC Paweł	404	TRUCHTACZE GZICHÓW	M-40	00:00:16	00:11:12	00:31:53	00:53:40
77	WIERZCHOWSKI Jędrzej	511		M-30	00:00:09	00:11:21	00:32:05	00:53:42
78	LEPIARCZYK Sławomir	280		M-30	00:00:13	00:11:28	00:32:00	00:53:56
79	CZAJKOWSKI Paweł	82	WIKI&MAKS	M-40	00:00:10	00:11:37	00:32:26	00:54:03
80	STRAMA Adam	467		M-40	00:00:12	00:11:29	00:32:29	00:54:06
81	HOLONA Maciej	647		M-50	00:00:14	00:11:27	00:32:11	00:54:14
82	JAWOREK Adam	189	FORMA WODZISŁAW	M-30	00:00:06	00:11:00	00:31:41	00:54:23
83	RATAJCZAK Aleksander	407		M-50	00:00:12	00:11:40	00:32:55	00:54:26
84	BARAŃSKI Rafał	12		M-40	00:00:13	00:11:39	00:32:55	00:54:26
85	GĄSZCZAK Michał	127	RUNHOGS TYCHY	M-30	00:00:07	00:11:01	00:32:19	00:54:31
86	JASICKI Krzysztof	186		M-40	00:00:07	00:11:00	00:32:19	00:54:33
87	LONKA Michał	574		M-40	00:00:07	00:11:44	00:32:59	00:54:34
88	CIEŚLAK Jacek	74	LECZYMY DURS	M-40	00:00:15	00:12:04	00:33:03	00:54:40
89	SZYMAŃSKI Piotr	479		M-40	00:00:09	00:11:30	00:32:31	00:54:45
90	MIRATYŃSKI Adam	627		M-40	00:00:23	00:12:18	00:33:18	00:54:48
91	MADEJSKI Sylwester	297	SPYROWKA	M-40	00:00:11	00:11:33	00:32:44	00:54:51
92	SPYRA Kamil	459		M-30	00:00:14	00:11:16	00:32:02	00:54:54
93	WARDZYK Damian	502		M-20	00:00:23	00:12:30	00:33:32	00:54:56
94	MARCINIAK Rafał	308	8A.PL	M-30	00:00:39	00:12:16	00:33:46	00:54:58
95	MYNARSKI Sylwester	601		M-40	00:01:23	00:12:35	00:33:37	00:55:00
96	CZYŻ Wojciech	89		M-40	00:00:17	00:11:41	00:33:00	00:55:01
97	MEOSI Alessandro	321	MONAR GRACZE	M-20	00:00:21	00:12:30	00:33:26	00:55:08
98	SIEJA Zbyszek	434		M-50	00:00:16	00:11:54	00:33:10	00:55:30
99	MEKIER Bartek	591		M-30	00:00:25	00:12:11	00:33:48	00:55:34
100	BIELA Grzegorz	31	NIGHT RUNNERS PYSKOWICE	M-30	00:00:07	00:11:26	00:32:50	00:55:37
101	MIECZNIKOWSKI Jacek	329		M-40	00:00:09	00:11:38	00:33:07	00:55:37
102	NOGA Jacek	643		M-40	00:00:15	00:11:47	00:33:24	00:55:41
103	SKLORZ Marcin	442	8A.PL	M-20	00:00:18	00:11:50	00:33:24	00:55:42
104	NIŻNIKIEWICZ Grzegorz	352		M-40	00:00:18	00:11:50	00:33:25	00:55:43
105	SZOŁTYSEK Adrian	556		M-30	00:00:20	00:11:45	00:33:44	00:55:45
106	HYRKIEL Paweł	172	IL GATTO RAMPANTE	M-40	00:00:11	00:11:46	00:33:33	00:55:50
107	MEDES Marcin	319		M-30	00:00:12	00:12:11	00:33:53	00:55:50
108	DREWNIAK Marcin	638		M-20	00:00:22	00:11:55	00:33:42	00:55:52
109	MARKOWSKI Przemysław	311	PACEMAKER / SZLABANOWCY RUNNING TEAM	M-30	00:00:10	00:11:54	00:33:53	00:55:53
110	MACHOWSKI Dariusz	291		M-50	00:00:10	00:11:54	00:33:52	00:55:53
111	PIKUŁA Jacek	386		M-40	00:01:13	00:13:22	00:34:47	00:55:53
112	WILK Dawid	514	PACEMAKER	M-30	00:00:09	00:11:54	00:33:54	00:55:54
113	MACHURA Arkadiusz	292		M-40	00:00:10	00:11:56	00:33:54	00:55:54
114	WILK Piotr	645		M-40	00:00:08	00:11:57	00:33:55	00:55:55
115	TABIŚ Bartosz	611	NIKODON DREAM TEAM	M-30	00:00:20	00:11:47	00:33:46	00:55:55
116	NIKODON Paweł	349		M-40	00:00:12	00:11:41	00:32:56	00:55:56
117	HYRA Robert	171		M-50	00:00:14	00:11:52	00:33:51	00:55:57
118	KRUK Grzegorz	561	PRESS GLASS BIEGAMY I WSPIERAMY	M-50	00:00:14	00:11:52	00:33:51	00:56:06
119	CHOJNA Zygmunt	69		M-60	00:00:11	00:11:32	00:33:23	00:56:07
120	SZCZEPANEK Łukasz	473		M-20	00:00:15	00:12:09	00:33:54	00:56:07
121	DUDA Jacek	97	SIEMIANOWICE I PRZYJACIELE BIEGAJĄ	M-50	00:00:16	00:11:50	00:33:48	00:56:10

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	2.5km	7.2km	11.9km
122	CZAJKA Tomasz	80		M-40	00:00:10	00:11:55	00:33:54	00:56:15
123	STAŃCZYK Przemek	462		M-30	00:00:09	00:12:03	00:34:04	00:56:16
124	ZAKRZOWSKI Krzysztof	532		M-30	00:00:16	00:11:49	00:33:50	00:56:19
125	WOJTUKIEWICZ Artur	518	DHL RUN CLUB	M-40	00:00:35	00:11:58	00:33:50	00:56:22
126	JAGIEŁA Michał	177		M-30	00:00:45	00:12:11	00:33:56	00:56:22
127	KOWOLIK Łukasz	247	TAURON TEAM	M-30	00:00:20	00:12:26	00:34:37	00:56:23
128	MARCZAK Krzysztof	570		M-50	00:00:13	00:12:11	00:34:00	00:56:25
129	STANISZ Marcin	460	NIGHT RUNNERS PYSKOWICE	M-30	00:00:26	00:12:10	00:34:14	00:56:46
130	ADAMCZYK Daniel	2	NIGHT RUNNERS PYSKOWICE	M-20	00:00:26	00:12:10	00:34:13	00:56:47
131	WILK Mirosław	515		M-40	00:00:22	00:12:16	00:33:55	00:56:48
132	RAWŁUSZEWICZ Waldemar	408		M-50	00:00:21	00:12:16	00:34:10	00:56:49
133	RÓŻAŃSKI Michał	413		M-30	00:00:18	00:12:18	00:34:22	00:56:55
134	ZAJĄC Mateusz	531		M-40	00:00:20	00:12:18	00:34:21	00:56:56
135	UJMA Michał	494	SII RUNNING TEAM	M-30	00:00:00	00:12:17	00:34:09	00:56:58
136	SCHAB Bartłomiej	430		M-30	00:00:00	00:12:55	00:34:37	00:56:59
137	GIESE Michał	132		M-40	00:00:12	00:12:10	00:34:21	00:57:00
138	TOCZYDŁOWSKI Łukasz	486	ROZBIEGANA LIGOTA	M-40	00:01:10	00:13:07	00:34:37	00:57:00
139	ŻMIJEWSKI Dariusz	551		M-50	00:00:43	00:12:20	00:34:18	00:57:03
140	PAWLACZYK Lesław	380	SII RUNNING TEAM	M-40	00:00:26	00:12:28	00:34:00	00:57:04
141	KRZANOWSKI Marcin	257	OASIS SPORT TEAM	M-30	00:00:20	00:12:17	00:34:26	00:57:12
142	BOHM Mariusz	40		M-50	00:00:22	00:12:30	00:34:50	00:57:17
143	NOWAKOWSKI Arek	358		M-30	00:00:20	00:12:24	00:34:17	00:57:18
144	KURCZEK Tomasz	265	RUN FOREST RIUM!	M-40	00:00:16	00:12:34	00:35:06	00:57:29
145	NAJWER Tomasz	613		M-40	00:00:18	00:12:14	00:34:41	00:57:30
146	ŻAAK Michał	549		M-30	00:00:12	00:12:04	00:34:26	00:57:33
147	ODOSZEWSKI Roman	363	OASIS SORT TEAM	M-40	00:00:14	00:11:55	00:34:06	00:57:33
148	MACYSZYN Waldemar	293	GLIWICE	M-50	00:00:15	00:12:16	00:34:35	00:57:37
149	CIEŚLIK Jarosław	75		M-30	00:00:28	00:12:19	00:35:02	00:57:38
150	KAWA Mariusz	217		M-40	00:00:11	00:11:55	00:34:03	00:57:41
151	CZAJKA Roman	79		M-40	00:00:13	00:12:02	00:34:23	00:57:42
152	KOWALCZYK Jordan	245		M-30	00:00:28	00:12:39	00:35:04	00:57:43
153	PŁONKA Krzysztof	392	DKMS JASTRZĘBIE	M-50	00:00:21	00:12:30	00:35:02	00:57:47
154	SARNECKI Adam	429		M-30	00:00:26	00:12:27	00:35:10	00:57:47
155	KUBIŚ Mateusz	261	JÓZEFINKA	M-20	00:00:16	00:12:18	00:35:10	00:57:48
156	BABIUCH Karol	6		M-30	00:00:23	00:12:16	00:34:51	00:57:48
157	KIDA Marek	221		M-30	00:00:20	00:12:30	00:35:13	00:57:49
158	KOŚCIELNY Sebastian	242	WATAHA	M-40	00:00:29	00:12:39	00:34:59	00:57:49
159	BRODAKCI Paweł	45		M-30	00:00:19	00:12:32	00:35:14	00:57:50
160	GALL Kacper	119		M-20	00:00:11	00:11:55	00:34:04	00:57:51
161	ŁATKA Łukasz	285	PACEMAKER	M-30	00:00:17	00:12:32	00:35:15	00:57:51
162	TYSZKIEWICZ Cuma	492		M-40	00:00:19	00:12:31	00:35:12	00:57:51
163	GAJDA Patryk	116		M-20	00:00:20	00:12:29	00:35:13	00:57:51
164	KUŹMA Andrzej	269	TEAM ARTIVENT	M-20	00:00:22	00:12:29	00:35:14	00:57:51
165	NOWACKI Wojciech	354	PACEMAKER // WOJTAS BIEGACZ STOPOWICZ	M-30	00:00:17	00:12:33	00:35:16	00:57:52
166	BUŁAWA Grzegorz	60	GB-ARCH	M-40	00:00:18	00:12:31	00:35:16	00:57:52
167	MERES Jarek	323		M-40	00:00:14	00:12:14	00:34:33	00:57:53

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	2.5km	7.2km	11.9km
168	DZWINCZYK Zbigniew	103		M-40	00:00:20	00:13:04	00:35:31	00:58:00
169	WOŁOWSKI Lech	633		M-40	00:00:17	00:12:34	00:35:17	00:58:01
170	SALAMON Emil	426	OPEL ACTIVE TEAM	M-30	00:00:14	00:12:36	00:35:18	00:58:02
171	NITARSKI Patryk	350		M-40	00:00:12	00:12:11	00:34:21	00:58:04
172	MAZUR Kamil	567	PKO BANK POLSKI	M-30	00:00:18	00:12:33	00:35:17	00:58:15
173	MICHALAK Wojciech	576	KTW TEAM	M-30	00:00:23	00:12:33	00:35:06	00:58:18
174	IWASZKOWSKI Dawid	175		M-30	00:00:27	00:13:18	00:35:55	00:58:19
175	DABROWSKI Bartosz	90		M-30	00:00:58	00:13:07	00:35:34	00:58:21
176	RYCHLIK Sebastian	417	LISY PUSTYNI	M-40	00:00:11	00:12:24	00:35:33	00:58:28
177	JANECZEK Marek	179		M-40	00:00:18	00:12:48	00:35:40	00:58:28
178	TISZBIEREK Marek	485		M-40	00:00:20	00:12:38	00:35:39	00:58:32
179	SZKLORZ Sylwester	581	ROZBIEGANA LIGOTA	M-50	00:01:11	00:13:16	00:35:20	00:58:38
180	DZIABOR Andrzej	100	#BYLEDOMETY	M-40	00:00:27	00:12:52	00:35:38	00:58:48
181	SALASOWICZ Jerzy	427	BIEGAM Z ENDO	M-60	00:00:16	00:12:49	00:35:42	00:58:54
182	JAROS Marcin	184	OPP KATOWICE	M-30	00:00:29	00:13:47	00:35:58	00:58:56
183	GRZELCZAK Sławek	156		M-40	00:00:11	00:11:54	00:34:00	00:58:58
184	NIESZWIC Terencjusz	348		M-20	00:00:29	00:12:52	00:35:33	00:59:00
185	NAWROCKI Paweł	344		M-50	00:00:16	00:12:15	00:34:41	00:59:02
186	BRODEK Andrzej	46	CERTUM	M-50	00:00:31	00:12:53	00:35:33	00:59:03
187	KANIA Michał	208		M-40	00:00:18	00:12:32	00:35:16	00:59:05
188	GAWLIK Tomasz	126		M-40	00:00:36	00:12:57	00:35:43	00:59:07
189	RÓWNICKI Marcin	412	#BYLEDOMETY	M-30	00:00:23	00:12:35	00:35:36	00:59:13
190	PIZNAL Kamil	391		M-30	00:00:36	00:12:34	00:35:21	00:59:18
191	MAZUR Grzegorz	318		M-50	00:00:25	00:12:47	00:35:35	00:59:19
192	WIETRZYCKI Mariusz	512		M-30	00:00:24	00:13:03	00:35:19	00:59:21
193	ORDOŃ Bartłomiej	367		M-30	00:00:17	00:12:33	00:35:28	00:59:26
194	KLAPETEK Jacek	227	HURAGAN LIGOTA	M-50	00:00:00	00:13:15	00:35:58	00:59:37
195	MOSZ Tomasz	338	W POGONI ZA DUCHEM	M-40	00:00:23	00:12:55	00:35:51	00:59:37
196	BIELAK Michał	566	PKO BANK POLSKI	M-30	00:00:38	00:12:47	00:35:32	00:59:38
197	SKOCZEK Michał	573	HARD BOX OTWOCK	M-30	00:00:36	00:13:18	00:35:52	00:59:41
198	CHLISTAŁA Jarosław	68	RYBNICKA GRUPA BIEGOWA - PĘDZIMY RAZEM	M-30	00:00:21	00:12:56	00:36:04	00:59:47
199	WÓJCIK Rafał	525		M-40	00:00:20	00:12:52	00:36:01	00:59:48
200	NOWALIŃSKI Grzegorz	360	HOLBOX RUNNERS	M-30	00:00:25	00:12:57	00:36:12	00:59:48
201	MICHALSKI Łukasz	327		M-30	00:00:24	00:12:53	00:36:00	00:59:51
202	KŁYSZ Bartek	231	SEGIECKI NINJA	M-30	00:01:04	00:13:10	00:35:36	00:59:51
203	DZIWAK Dariusz	102	TIMOTHY	M-30	00:00:27	00:12:39	00:35:40	00:59:54
204	BROJA Rafał	47		M-30	00:00:06	00:10:49	00:34:47	00:59:56
205	SIDORSKI Robert	433	OPEL ACTIVE TEAM	M-40	00:00:17	00:12:46	00:35:49	00:59:56
206	DALGIEWICZ Dariusz	91		M-60	00:00:35	00:13:04	00:36:20	01:00:12
207	KRAJEWSKI Radosław	251		M-30	00:00:21	00:12:57	00:36:04	01:00:17
208	JANIKOWSKI Michał	181		M-40	00:00:40	00:12:55	00:36:08	01:00:19
209	SACHNIK Marek	425	DYNAMIK SILESIA	M-20	00:00:24	00:12:41	00:35:40	01:00:21
210	GROCHOT Arkadiusz	150		M-20	00:00:24	00:12:29	00:35:32	01:00:26
211	KULCZYK Adam	264	SG SQUAD	M-40	00:00:37	00:13:18	00:36:41	01:00:26
212	SKOTNICKI Paweł	447		M-30	00:00:17	00:12:24	00:35:15	01:00:31
213	ŁOZIŃSKI Jerzy	288	PARKRUN CHRZANÓW	M-40	00:00:25	00:12:51	00:36:06	01:00:45

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	2.5km	7.2km	11.9km
214	URBASIK Mariusz	497	AKTYWNI RYDUŁTOWY	M-50	00:00:20	00:12:41	00:36:13	01:00:46
215	KĘDZIORA Łukasz	220		M-40	00:00:46	00:13:38	00:36:54	01:00:48
216	CETERA Łukasz	64		M-30	00:01:12	00:13:26	00:37:16	01:00:51
217	BERGER Jurek	25	OPEL ACTIVE TEAM	M-50	00:00:07	00:12:40	00:36:03	01:00:52
218	PISZCZ Marek	390		M-40	00:00:17	00:12:47	00:36:10	01:00:52
219	KOPEL Tomasz	562		M-40	00:00:46	00:13:38	00:36:53	01:00:52
220	PANZ Krzysztof	623	ZATYRANI GMINA PILCHOWICE	M-30	00:00:20	00:12:35	00:36:09	01:00:54
221	GRONDYS Andrzej	152		M-40	00:00:22	00:12:45	00:36:10	01:00:58
222	KIEŁBASA Artur	223		M-40	00:00:33	00:14:00	00:37:13	01:01:00
223	CZAPLA Arkadiusz	83	FAT MAMAS SPORT	M-50	00:00:44	00:14:02	00:37:18	01:01:00
224	WAWRZYNIAK Mariusz	505		M-40	00:00:33	00:13:59	00:37:13	01:01:01
225	MARCELA Marcin	307		M-40	00:00:43	00:14:03	00:37:18	01:01:01
226	MACHEJ Marius	290	KMP ZABRZE	M-50	00:00:45	00:13:43	00:37:13	01:01:02
227	OZYP Mariusz	372		M-30	00:00:05	00:13:10	00:36:58	01:01:06
228	SPIECHOWICZ Andrzej	457		M-30	00:00:30	00:12:37	00:35:33	01:01:08
229	PACZKA Michał	374	GLIWICE	M-50	00:01:06	00:13:53	00:37:16	01:01:12
230	KANDEFER Michał	207		M-30	00:00:27	00:13:09	00:36:54	01:01:32
231	STELMASZCZYK Konrad	616		M-20	00:00:50	00:14:02	00:37:19	01:01:44
232	PYKA Marek	639	CHOP ZE ŻELAZA TRI TEAM	M-40	00:00:06	00:11:01	00:31:18	01:01:46
233	BEDNARZ Krzysztof	22		M-30	00:00:19	00:12:35	00:36:05	01:01:47
234	MAJEWSKI Antoni	300		M-20	00:00:15	00:12:49	00:36:48	01:01:53
235	ŻABICKI Mariusz	550	X-REHAB GLIWICKIE CENTRUM REHABILITACJI	M-40	00:00:23	00:12:58	00:36:59	01:01:53
236	PRENZENA Paweł	398		M-30	00:00:19	00:12:35	00:35:58	01:01:56
237	ZALESKI Arkadiusz	533		M-50	00:00:29	00:13:00	00:37:01	01:01:56
238	BORYCZKA Szymon	595	KS PEREŁECZKI	M-40	00:00:54	00:13:42	00:37:32	01:01:56
239	MARCINIAK Krzysztof	310		M-30	00:00:33	00:13:30	00:37:50	01:01:59
240	SZCZABEL Krystian	472		M-30	00:00:12	00:11:53	00:36:09	01:02:05
241	SULKOWSKI Arkadiusz	559		M-40	00:01:08	00:14:19	00:37:31	01:02:07
242	BATKO Janusz	17		M-40	00:00:53	00:13:07	00:37:27	01:02:10
243	KASZUBSKI Andrzej	216		M-40	00:00:22	00:13:26	00:37:40	01:02:13
244	MOCEK Roman	337	EMPI	M-60	00:01:11	00:14:06	00:38:01	01:02:14
245	KOBIERSKI Szymon	610		M-40	00:00:30	00:13:17	00:37:50	01:02:17
246	CIUMAN Piotr	78		M-30	00:00:41	00:13:22	00:37:38	01:02:19
247	SEKIENDA Grzegorz	431	PHD RUNNERS	M-40	00:00:46	00:13:03	00:37:31	01:02:19
248	NOWAKOWSKI Dominik	359		M-20	00:00:39	00:13:00	00:36:26	01:02:21
249	ZARZYCKI Robert	537		M-30	00:00:47	00:12:46	00:36:35	01:02:23
250	SZKLARSKI Przemysław	641	LET'S WOD	M-40	00:00:19	00:12:46	00:37:15	01:02:24
251	PURCZYŃSKI Jan	405		M-50	00:00:35	00:13:40	00:37:40	01:02:24
252	FILIPCZYK Przemysław	109		M-40	00:00:28	00:13:39	00:37:54	01:02:29
253	LEWANDOWSKI Henryk	281		M-40	00:00:38	00:13:06	00:37:45	01:02:29
254	RUTKOWSKI Michał	416		M-30	00:00:24	00:13:29	00:38:04	01:02:32
255	DOBOSZ Krzysztof	95		M-50	00:00:27	00:13:21	00:37:51	01:02:32
256	DREWUSZEWSKI Maciej	615	4M	M-40	00:00:23	00:13:17	00:37:36	01:02:34
257	ROSADA Zdzisław	594		M-60	00:00:26	00:13:27	00:37:55	01:02:34
258	KLUBA Łukasz	230		M-30	00:00:31	00:13:22	00:37:49	01:02:34
259	KACZOR Rafał	568	PKO BANK POLSKI	M-40	00:00:28	00:13:21	00:37:53	01:02:36

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	2.5km	7.2km	11.9km
260	STAROSTKA Jacek	564	PKO BANK POLSKI BIEGAJMY RAZEM	M-40	00:00:30	00:13:46	00:38:04	01:02:36
261	RAKOWSKI Michał	406		M-20	00:00:32	00:13:16	00:36:55	01:02:36
262	KARWOT Piotr	210	TEAM REDYNA	M-30	00:00:30	00:13:20	00:37:52	01:02:37
263	BURY Andrzej	61	TEAM BLACHOWNIA	M-60	00:00:30	00:13:15	00:37:49	01:02:37
264	PIKOŃ Krzysztof	644	JAISALMER	M-50	00:00:21	00:12:39	00:36:42	01:02:39
265	LUBICKI Wojciech	283	DBS	M-50	00:00:22	00:13:23	00:37:58	01:02:39
266	ANTOSZ Wojciech	5		M-30	00:00:22	00:13:23	00:37:56	01:02:39
267	GĘBCZYŃSKI Paweł	128	GO4IT	M-40	00:00:22	00:13:19	00:37:37	01:02:40
268	WAWRZAK Ryszard	504	PACEMAKER	M-40	00:00:21	00:13:27	00:37:58	01:02:42
269	RYŚ Kamil	421	HUTATEAM	M-30	00:00:34	00:13:58	00:38:03	01:02:42
270	SEMIK Jakub	432		M-30	00:00:37	00:13:25	00:37:43	01:02:42
271	MUSIL Mike	341	ENDURANCE TEAM	M-50	00:00:22	00:13:24	00:37:43	01:02:43
272	RYŚ Dariusz	420	HUTATEAM	M-40	00:00:24	00:13:13	00:37:30	01:02:47
273	BRZOZOWSKI Jan	51	NIE ZRZESZONY	M-60	00:00:24	00:13:22	00:37:49	01:02:50
274	BELICA Daniel	23		M-30	00:01:08	00:13:59	00:38:05	01:02:54
275	GOŁKOWSKI Radosław	139		M-30	00:00:17	00:12:52	00:37:28	01:02:55
276	ZAMORA Marek	535		M-50	00:01:28	00:13:50	00:38:14	01:02:58
277	MICHALAK Grzegorz	324	TOTALNY AMATOR	M-40	00:00:33	00:13:32	00:37:52	01:02:59
278	SKOP Michał	637		M-50	00:01:15	00:14:54	00:38:39	01:03:08
279	KUTRZYK Przemysław	267		M-40	00:00:35	00:13:35	00:38:16	01:03:25
280	PALKA Dominik	377		M-40	00:01:01	00:14:23	00:38:57	01:03:26
281	RYSZCZYK Adam	419	RUN2BFREE	M-40	00:00:50	00:14:20	00:38:19	01:03:30
282	CISZEWSKI Krzysztof	77		M-30	00:00:30	00:13:20	00:38:03	01:03:35
283	SMUDA Andrzej	451	AKMB PĘDZIWIATR GLIWICE	M-40	00:00:53	00:14:09	00:38:54	01:03:35
284	GARBACZ Damian	122		M-30	00:00:30	00:13:20	00:37:52	01:03:36
285	HRYNISZYN Mariusz	170		M-30	00:00:36	00:14:26	00:38:39	01:03:38
286	PACUŁA Piotr	373	AKMB PĘDZIWIATR GLIWICE/OPEL ACTIVE TEAM	M-60	00:00:05	00:13:43	00:38:13	01:03:39
287	GAŁECZKA Michał	120		M-30	00:00:31	00:13:37	00:38:28	01:03:39
288	MICHALSKI Marek	326		M-40	00:00:18	00:13:14	00:38:14	01:03:46
289	RYZIŃSKI Wojciech	423	CLONMEL AC	M-40	00:00:36	00:13:50	00:38:29	01:03:47
290	KOCUR Robert	232		M-50	00:00:38	00:13:42	00:38:17	01:03:49
291	KUBICA Gerard	607		M-50	00:00:40	00:13:00	00:37:50	01:03:54
292	MATYSZCZAK Krzysztof	604	TEAM WĄSACZA	M-20	00:00:32	00:13:17	00:37:49	01:03:59
293	SNACHOWSKI Kamil	452	NEXTEER RUNNERS GLIWICE	M-30	00:01:18	00:15:05	00:39:29	01:04:03
294	RYBACKI Marcin	617		M-30	00:01:16	00:15:06	00:39:30	01:04:04
295	MIKOS Wojciech	331		M-20	00:00:16	00:12:41	00:37:46	01:04:09
296	KASPRZAK Michał	213		M-20	00:00:16	00:12:42	00:37:47	01:04:09
297	DOMAŃSKI Marcin	96	RUNNINGFISH74	M-40	00:00:44	00:14:33	00:39:06	01:04:17
298	PIĘTA Krzysztof	385	BIEG BIELAWA	M-60	00:00:35	00:13:32	00:38:10	01:04:18
299	CIEŚLA Arkadiusz	73	BIEGAMY Z SERCEM	M-40	00:00:37	00:13:45	00:37:44	01:04:18
300	KOSIŃSKI Marcin	596		M-30	00:00:31	00:13:08	00:37:45	01:04:19
301	STALICA Wojciech	569		M-50	00:00:38	00:13:47	00:38:41	01:04:21
302	POKRYSZKA Bartosz	395		M-30	00:00:27	00:13:21	00:38:22	01:04:26
303	KONIORCZYK Maciej	237		M-30	00:00:44	00:14:14	00:39:22	01:04:27
304	WOLIŃSKI Piotr	520	JSB	M-40	00:00:32	00:13:50	00:38:49	01:04:30
305	MRZYGŁÓD Robert	339		M-30	00:00:39	00:13:40	00:38:47	01:04:34

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	2.5km	7.2km	11.9km
306	MAJOR Stefan	301		M-60	00:00:47	00:14:28	00:39:03	01:04:41
307	JOŃSKI Tomasz	194		M-20	00:00:56	00:13:59	00:39:23	01:04:42
308	JAWORSKI Jakub	191		M-20	00:00:31	00:14:05	00:39:13	01:04:43
309	GÓRECKI Janusz	144		M-50	00:00:55	00:14:02	00:39:06	01:04:48
310	BIAŁAS Krzysztof	26	ŁAMIGNATY	M-40	00:00:27	00:14:07	00:39:19	01:04:50
311	GOMOLA Zbigniew	140	ŁAMIGNATY	M-50	00:00:28	00:14:07	00:39:18	01:04:50
312	FAŁEK Krzysztof	106	ŁAMIGNATY	M-40	00:00:27	00:14:08	00:39:19	01:04:51
313	CADER Wojciech	63	LATAJĄCY KLIMZOWIEC	M-50	00:00:47	00:14:23	00:39:19	01:04:51
314	ZBYTNIIEWSKI Paweł	541	MORSY	M-40	00:00:52	00:14:28	00:39:03	01:04:52
315	BELUCH Witold	24		M-50	00:00:43	00:14:09	00:39:09	01:04:53
316	BUCHAL Grzegorz	52	TRIDIVISION	M-50	00:00:26	00:14:04	00:39:23	01:04:59
317	GRZYBOWSKI Damian	159		M-30	00:00:41	00:13:20	00:38:27	01:05:00
318	BAK-CESARZ Damian	19		M-40	00:00:33	00:14:19	00:39:57	01:05:01
319	KORDYŚ Adam	240	KLUB BIEGOWY SZUSZARNIA	M-30	00:00:12	00:14:08	00:39:29	01:05:21
320	OZDARSKI Krzysztof	371	OPEL ACTIVE TEAM	M-50	00:00:12	00:14:07	00:39:29	01:05:21
321	MIKUŁA Leszek	333		M-40	00:00:30	00:13:44	00:38:50	01:05:23
322	MICHAŁOWSKI Rafał	626		M-30	00:00:38	00:14:20	00:39:42	01:05:23
323	HOLECZEK Marcin	168	BORN TU BI LOTĄĆ	M-40	00:00:42	00:14:09	00:40:00	01:05:28
324	TYROL Tomasz	491		M-40	00:00:42	00:14:47	00:40:18	01:05:28
325	KRZYWICKI Jan	260		M-60	00:00:34	00:14:08	00:39:23	01:05:33
326	KOC Daniel	560		M-20	00:00:49	00:14:46	00:39:55	01:05:34
327	GAJEWSKI Jacek	117	KURCZAK I AGATKA	M-50	00:00:38	00:14:03	00:39:21	01:05:39
328	ŁAZARZ Grzegorz	622		M-40	00:00:28	00:13:42	00:39:18	01:05:47
329	GRZEGORCZYK Wojciech	154	#HUTATEAM	M-40	00:01:12	00:15:18	00:40:23	01:05:54
330	JURASZCZYK Jan	197	#HUTATEAM	M-30	00:01:11	00:15:18	00:40:24	01:05:57
331	GÓRECKI Ryszard	558	NIEZRZESZONY	M-50	00:00:53	00:14:28	00:39:35	01:05:59
332	KOCUR Aleksander	233		M-40	00:01:31	00:14:22	00:40:17	01:06:05
333	SIEKIERKA Janusz	435		M-40	00:00:45	00:14:18	00:39:52	01:06:18
334	KREMPA Sławomir	254		M-30	00:00:34	00:14:14	00:40:00	01:06:22
335	ORLIK Jerzy	368		M-60	00:00:52	00:14:17	00:39:51	01:06:22
336	DROZD Krystian	584		M-40	00:00:44	00:14:25	00:39:56	01:06:32
337	KISIEL Tomasz	226		M-50	00:00:31	00:14:14	00:39:51	01:06:33
338	KĄŁAMARZ Mariusz	201		M-40	00:01:07	00:14:35	00:40:29	01:06:34
339	CZERNEK Marek	87	BIEGAJ Z TRENERAMI	M-40	00:00:32	00:14:11	00:39:54	01:06:42
340	MALCZYK Radosław	302		M-30	00:01:07	00:14:47	00:39:41	01:06:42
341	KIERA Szymon	224	TS RUNNERS	M-40	00:00:40	00:14:30	00:40:09	01:06:53
342	RZESZOWSKI Arkadiusz	424		M-40	00:00:37	00:14:35	00:40:20	01:06:55
343	PATEROK Marcin	634		M-40	00:01:04	00:14:56	00:39:53	01:06:55
344	MAGNER Bartłomiej	298	BB	M-40	00:01:05	00:14:56	00:39:54	01:06:55
345	IGNACZAK Robert	173		M-40	00:00:41	00:14:19	00:40:00	01:06:56
346	KWAPIEŃ Paweł	588		M-40	00:00:53	00:15:06	00:41:16	01:07:01
347	KWAPIEŃ Aleksander	598		M-30	00:00:54	00:15:06	00:41:16	01:07:01
348	ZASIEK Amadeusz	538		M-30	00:00:33	00:14:34	00:41:04	01:07:04
349	JABŁOŃSKI Łukasz	176		M-30	00:00:37	00:14:02	00:40:03	01:07:08
350	SMARUJ Piotr	450		M-30	00:01:10	00:14:59	00:40:37	01:07:08
351	MIKULA Wojciech	332		M-30	00:00:15	00:13:54	00:39:56	01:07:16

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	2.5km	7.2km	11.9km
352	BAJKACZ Krzysztof	9		M-30	00:00:28	00:14:31	00:40:50	01:07:18
353	BAJKACZ Tomasz	8		M-20	00:00:28	00:14:32	00:40:51	01:07:19
354	JARUGA Damian	185		M-30	00:00:33	00:14:01	00:39:43	01:07:19
355	JANIEC Witold	180		M-50	00:00:46	00:14:52	00:40:58	01:07:22
356	ZWIERZYŃSKI Piotr	547	UNATCO	M-50	00:00:46	00:14:51	00:40:59	01:07:22
357	OSIŃSKI Paweł	370	BIEGAJ Z TRENERAMI	M-40	00:00:52	00:14:12	00:40:17	01:07:29
358	MATULICZ Damian	316		M-40	00:00:41	00:14:34	00:40:45	01:07:33
359	WÓJCIK Rafał	523		M-40	00:00:38	00:14:30	00:40:45	01:07:39
360	PODSTUFKA Szymon	393		M-20	00:00:21	00:14:42	00:41:00	01:07:42
361	AKSAMIT Witold	3	BLEES	M-30	00:00:43	00:14:18	00:40:45	01:07:44
362	SIKORA Michał	438		M-40	00:00:55	00:14:30	00:40:54	01:07:49
363	SOBIECH Sebastian	608		M-20	00:00:40	00:14:53	00:41:14	01:07:50
364	PIKUL Przemysław	67		M-30	00:00:54	00:14:40	00:41:34	01:07:56
365	WIEKIERA Adam	624		M-30	00:00:25	00:14:54	00:41:29	01:08:02
366	GRZYWACZ Sebastian	161		M-40	00:00:43	00:14:53	00:41:15	01:08:04
367	SZYMURA Jacek	590		M-40	00:00:44	00:14:28	00:40:23	01:08:09
368	KAIM Rafał	199		M-20	00:01:12	00:15:15	00:41:23	01:08:13
369	ŁOSEK Adam	286		M-30	00:00:41	00:14:32	00:41:05	01:08:23
370	TROCHIMCZYK Marcin	489		M-30	00:00:41	00:14:32	00:41:05	01:08:23
371	MADEJSKI Sebastian	296	BORN TU BI LOTĄĆ	M-40	00:00:42	00:14:50	00:41:38	01:08:24
372	TEICHMANN Norbert	483		M-60	00:00:58	00:14:59	00:40:58	01:08:24
373	ZIAJKA Kamil	631		M-20	00:00:57	00:15:34	00:42:05	01:08:26
374	GABOR Robert	115		M-30	00:00:48	00:14:46	00:40:51	01:08:36
375	KOPRUCKI Łukasz	239		M-30	00:00:52	00:15:06	00:42:02	01:08:36
376	KOPPEL Bartłomiej	238		M-30	00:00:54	00:15:01	00:41:51	01:08:39
377	BASZUN Michał	15		M-40	00:00:47	00:14:46	00:41:57	01:08:45
378	GUZGAN Wojciech	164		M-40	00:00:58	00:15:04	00:41:33	01:08:54
379	KOSIAK Maciej	612		M-40	00:01:02	00:15:04	00:41:13	01:08:54
380	PIETRZAK Marcin	383		M-40	00:00:36	00:14:56	00:42:09	01:08:56
381	KRAJEWSKI Michał	252		M-40	00:00:37	00:14:57	00:42:10	01:08:56
382	MARKOWSKI Kamil	312		M-40	00:00:34	00:14:57	00:42:11	01:08:57
383	GAPIŃSKI Robert	121		M-20	00:00:38	00:14:44	00:41:29	01:08:58
384	STAŃCO Jakub	614		M-20	00:00:51	00:15:30	00:42:19	01:08:59
385	GLIŃSKI Michał	135		M-30	00:00:50	00:15:22	00:42:13	01:09:03
386	STRZODKA Adam	471		M-30	00:00:50	00:15:23	00:42:13	01:09:05
387	JORDANEK Marcin	195		M-30	00:00:49	00:15:02	00:41:58	01:09:12
388	URBANEK Martin	495	ISTA BIEGAMY	M-30	00:00:40	00:14:17	00:41:05	01:09:13
389	WACHOWSKI Damian	499		M-40	00:00:56	00:15:18	00:41:52	01:09:14
390	STRZELECKI Rafał	470	SOCIOS SILESIA	M-30	00:01:03	00:15:23	00:41:46	01:09:15
391	KROTOS Krzysztof	255	OQS	M-40	00:00:42	00:14:29	00:41:13	01:09:16
392	KUCHARCZYK Tomasz	582		M-50	00:00:26	00:15:01	00:41:58	01:09:24
393	DĄBROWSKI Marcin	92	TEAM KORNEL	M-40	00:01:07	00:15:38	00:42:00	01:09:31
394	MARMURA Marek	313	SILESIA MARATON CLUB	M-40	00:00:51	00:15:33	00:42:02	01:09:34
395	FEDEROWICZ Piotr	107		M-50	00:01:07	00:15:06	00:42:11	01:09:41
396	PIĄTY Kamil	381		M-40	00:00:42	00:14:52	00:42:06	01:09:45
397	NIESPOREK Marian	347	LECYMY DURŚ	M-60	00:01:05	00:15:36	00:41:59	01:09:45

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	2.5km	7.2km	11.9km
398	KOWALCZYK Tomasz	244	AKMB PĘDZIWIATR GLIWICE	M-30	00:01:04	00:15:24	00:42:23	01:09:52
399	CZAJKA Edward	81	SREBRNI BIEGACZE TARNOWSKIE GÓRY	M-50	00:01:05	00:15:37	00:42:07	01:10:04
400	JEZIOR Bartosz	192		M-30	00:01:08	00:14:31	00:41:37	01:10:14
401	BRZEZINA Arkadiusz	50	SREBRNI BIEGACZE TARNOWSKIE GÓRY	M-40	00:00:50	00:15:25	00:42:23	01:10:18
402	KALINOWSKI Krzysztof	200	SREBRNI BIEGACZE TARNOWSKIE GÓRY	M-40	00:00:45	00:15:05	00:42:15	01:10:25
403	BUFNAL Krzysztof	55		M-40	00:01:09	00:15:11	00:42:14	01:10:32
404	OSTROWSKI Zygmunt	557		M-60	00:00:57	00:15:08	00:42:51	01:10:37
405	GĘBCZYŃSKI Oliwier	129	GO4IT	M-20	00:00:48	00:15:20	00:42:41	01:10:44
406	MISZTAL Rafał	336	LOS PANTALONES ROJOS	M-50	00:00:46	00:14:59	00:42:31	01:10:50
407	LAUBACH Anna	276	RAAN	M-30	00:01:02	00:15:54	00:43:29	01:10:53
408	LAUBACH Radosław	277	RAAN	M-30	00:01:02	00:15:54	00:43:29	01:10:54
409	BAK Krzysztof	18	SILESIA MARATHON CLUB	M-40	00:00:42	00:14:39	00:42:09	01:10:58
410	METERA Kamil	586	SPARTAN KNURÓW	M-30	00:01:01	00:15:33	00:42:08	01:11:02
411	ZARYCHTA Łukasz	536	FAT MAMA'S SPORT KLUB	M-40	00:00:41	00:14:53	00:42:07	01:11:03
412	DESZCZYŃSKI Łukasz	94		M-30	00:00:33	00:14:39	00:41:21	01:11:06
413	CHAFFARI Messaoud	66		M-20	00:00:47	00:15:12	00:42:13	01:11:10
414	BOBKOWSKI Maciej	37	NIGHT RUNNERS PYSKOWICE	M-40	00:00:56	00:15:52	00:43:20	01:11:14
415	SAPA Lucjan	428		M-50	00:00:50	00:15:15	00:42:53	01:11:43
416	BRUDKOWSKI Tomasz	49	MOKA	M-30	00:01:00	00:15:38	00:44:28	01:12:11
417	ŻMUDA Marcin	552		M-20	00:01:08	00:15:51	00:44:00	01:12:27
418	ŻMUDA Krzysztof	553		M-20	00:01:08	00:15:51	00:44:01	01:12:27
419	SZPYRKA Tomasz	476		M-30	00:00:57	00:15:46	00:44:14	01:12:36
420	GOŁĘBIEWSKI Kazimierz	138	KEMPER TEAM	M-40	00:01:04	00:15:35	00:43:11	01:12:36
421	LINDENBERG Jarosław	587		M-30	00:00:59	00:15:36	00:44:10	01:12:40
422	PIŁAT Jarosław	388	PACEMAKER	M-40	00:00:44	00:15:47	00:44:22	01:12:53
423	GIERAS Mirosław	131		M-40	00:00:49	00:15:37	00:44:03	01:12:53
424	MACZUGA Bartłomiej	294	PACEMAKER	M-30	00:00:44	00:15:48	00:44:23	01:12:54
425	ZMARZLY Wiktor	546		M-40	00:00:42	00:15:12	00:42:46	01:13:02
426	MAĆKOWIAK Mirosław	295	NIEZRZESZONY	M-60	00:00:59	00:15:35	00:43:50	01:13:06
427	ZIAJA Robert	543	ROBERT ALKOHOLIK	M-40	00:00:49	00:15:45	00:44:22	01:13:09
428	KRZYWDA Tomasz	259		M-50	00:00:48	00:15:45	00:44:23	01:13:10
429	SEREDA Maciej	575		M-20	00:00:53	00:15:48	00:44:17	01:13:21
430	GIBAS Dawid	130	SOCIOS SILESIA	M-40	00:00:18	00:14:48	00:42:56	01:13:38
431	SZYMALA Piotr	478		M-20	00:00:58	00:15:37	00:44:12	01:13:50
432	CIEŚLIK Jakub	603		M-30	00:00:44	00:15:49	00:44:07	01:14:01
433	NOWAK Sebastian	357	MIECHOWICKA GRUPA BIEGOWA	M-40	00:01:05	00:16:30	00:45:25	01:14:06
434	GUŚCIORA Maciej	163		M-20	00:00:45	00:14:53	00:43:57	01:14:08
435	WOŹNIAK Paweł	522	W POGONI ZA DUCHEM	M-40	00:01:06	00:15:51	00:44:27	01:14:13
436	WDZIĘKOŃSKI Rafał	506		M-40	00:00:48	00:15:33	00:44:17	01:14:23
437	KACZKIEWICZ Damian	630	NIGHT RUNNERS GLIWICE	M-40	00:00:59	00:15:36	00:44:30	01:14:23
438	KOZACZKA Włodzimierz	248		M-40	00:01:02	00:16:09	00:44:47	01:14:24
439	BŁAUT Jerzy	36	IX LO	M-50	00:00:58	00:15:24	00:43:40	01:14:25
440	TLON Marcin	597		M-20	00:00:54	00:16:38	00:45:34	01:14:29
441	UH Kuba	493		M-30	00:01:06	00:15:51	00:44:28	01:14:34
442	SOBIERAJ Wojciech	454	VIASAT MONITORING	M-40	00:00:46	00:15:47	00:44:26	01:14:38
443	ANTCZAK Krzysztof	4		M-40	00:00:36	00:15:58	00:44:50	01:14:57

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	2.5km	7.2km	11.9km
444	SUSEL Alek	646	WOLNOBIEGACZE	M-30	00:00:02	00:17:09	00:42:55	01:15:17
445	SKOCZYLAS Tomasz	444		M-50	00:00:52	00:15:50	00:44:52	01:15:53
446	LATA Piotr	274		M-40	00:01:02	00:16:22	00:45:41	01:16:05
447	FRUK Kamil	585		M-30	00:00:47	00:16:19	00:46:25	01:16:35
448	WACŁAWIK Leszek	500		M-30	00:00:47	00:16:02	00:45:34	01:16:47
449	WOLIŃSKI Józef	519	TEAM TOMSON	M-50	00:00:55	00:16:43	00:46:21	01:17:09
450	BEDNAREK Krzysztof	20		M-30	00:00:59	00:16:25	00:46:14	01:17:52
451	WACŁAWEK Tomek	399		M-20	00:00:27	00:15:52	00:46:01	01:18:21
452	STANKIEWICZ Jakub	461		M-20	00:01:09	00:17:22	00:47:57	01:18:24
453	SZEWczyk Zbigniew	475		M-30	00:00:57	00:16:03	00:45:58	01:18:26
454	BIEGUN Krzysztof	30	PKO BANK POLSKI	M-50	00:01:06	00:16:40	00:47:04	01:20:25
455	ZEMŁA Piotr	542		M-50	00:00:58	00:16:23	00:47:36	01:20:43
456	KASPEREK Ireneusz	212		M-40	00:01:08	00:17:30	00:49:54	01:22:59
457	FABRY Rafał	104		M-40	00:01:06	00:16:53	00:49:26	01:23:50
458	HEINE Andrzej	565		M-40	00:00:13	00:13:05	00:46:37	01:24:23
459	MAŁOTA Bartłomiej	304	KB ORŁY Z KNUROWA	M-30	00:00:34	00:16:47	00:49:07	01:24:34
460	KUZIA Bogusław	268		M-50	00:01:02	00:17:28	00:50:06	01:24:35
461	WĘGIEL Kacper	507		M-20	00:01:10	00:18:30	00:54:07	01:34:20
462	GAWĘŁ Krzysztof	125		M-50	00:00:00	01:05:12		
463	WÓJCIK Tomasz	563		M-30	00:00:00	01:05:34	01:30:37	
464	KAMIŃSKI Marcin	205	STARY HANGAR	M-20	00:00:00			
465	BEDNAREK Martin	21		M-20	00:00:03	00:10:34	00:32:01	
466	SITKO Grzegorz	441		M-30	00:00:34	00:15:23	00:44:08	
467	GÓRKA Grzegorz	145		M-50	00:00:52	00:18:48	00:56:33	
468	PALAK Rafał	375		M-30	00:01:13	01:21:53	01:54:29	

Znalaziono 468 wynik(ów)