

VII ZIMOWY MARATON BIESZCZADZKI 2021 - 20KM

B4SPORT

Wydarzenie: Zimowy Maraton Bieszczadzki 2021
Organizator: Fundacja Bieg Rzeźnika
Data: 2021-03-20
Miejsce: Cisna
Dystans: 20 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 23km	Różn	Tempo min/km	Tempo km/h
1	GŁUSZKO Przemysław	1033	SOLINA TEAM / RUNONLINE.PL TEAM	M30	1	01:44:26.25		4:32	13.2 (100%)
2	WOLSKI Marcin	1421	WOLSCY BROTHERS DESTRUCTION TEAM	M30	2	01:46:57.00	+00:02:30 (2.3%)	4:39	12.9 (97.7%)
3	KOWAL Amadeusz	1122	NAPRZÓD MŁOCINY	M30	3	01:50:03.75	+00:05:37 (5.1%)	4:47	12.5 (94.7%)
4	PUCHYRSKI Piotr	1238		M30	4	01:58:16.65	+00:13:50 (11.7%)	5:08	11.7 (88.6%)
5	KAMIŃSKI Wojciech	1090		M30	5	01:58:40.35	+00:14:14 (12.0%)	5:09	11.6 (87.9%)
6	SZYDŁAK Dariusz	1286		M30	6	02:02:34.10	+00:18:07 (14.8%)	5:19	11.3 (85.6%)
7	BARANSKI Jarosław	1440		M30	7	02:03:59.50	+00:19:33 (15.8%)	5:23	11.1 (84.1%)
8	BARAN Kamil	1010		M30	8	02:06:01.05	+00:21:34 (17.1%)	5:28	11 (83.3%)
9	CHLIPAŁA Marek	1024		M30	9	02:06:23.35	+00:21:57 (17.4%)	5:29	10.9 (82.6%)
10	SOŁTYS Michał	1260		M30	10	02:09:16.00	+00:24:49 (19.2%)	5:37	10.7 (81.1%)
11	ŚLĘCZKA Sebastian	1412		M30	11	02:11:40.85	+00:27:14 (20.7%)	5:43	10.5 (79.5%)
12	GLEBA Mariusz	1054	PSZCZÓŁKOWSKI TEAM	M30	12	02:11:50.75	+00:27:24 (20.8%)	5:43	10.5 (79.5%)
13	KNAP Tomasz	1104	THE STRYCHERS	M30	13	02:13:11.85	+00:28:45 (21.6%)	5:47	10.4 (78.8%)
14	STASZCZYK Michał	1066		M30	14	02:14:49.25	+00:30:23 (22.5%)	5:51	10.2 (77.3%)
15	LATAWIEC Bartosz	1155		M30	15	02:15:17.15	+00:30:50 (22.8%)	5:52	10.2 (77.3%)
16	PINDEL Piotr	1225	ŁOWCY PIEROŻKÓW	M30	16	02:17:02.65	+00:32:36 (23.8%)	5:57	10.1 (76.5%)
17	WIDERA Tomasz	1316	KOKOSZKA36TEAM	M30	17	02:19:36.60	+00:35:10 (25.2%)	6:04	9.9 (75.0%)
18	MAZUREK Łukasz	1185		M30	18	02:19:43.85	+00:35:17 (25.3%)	6:04	9.9 (75.0%)
19	STRZELCZYK Wiktor	1271	CARPATHIAN RUNNERS	M30	19	02:20:28.20	+00:36:01 (25.7%)	6:06	9.8 (74.2%)
20	PORĘBSKI Michał	1234		M30	20	02:22:20.35	+00:37:54 (26.6%)	6:11	9.7 (73.5%)
21	SURMAN Mariusz	1276	DZIKIE MUSTANGI	M30	21	02:22:31.90	+00:38:05 (26.7%)	6:11	9.7 (73.5%)
22	STASIŃSKI Paweł	1268	SOKÓLSKA GRUPA BIEGOWA	M30	22	02:24:33.05	+00:40:06 (27.8%)	6:17	9.5 (72.0%)
23	CHOROMAŃSKI Paweł	1026		M30	23	02:24:45.45	+00:40:19 (27.9%)	6:17	9.5 (72.0%)
24	BARANSKI Piotr	1342		M30	24	02:24:52.75	+00:40:26 (27.9%)	6:17	9.5 (72.0%)
25	KOSIERADZKI Łukasz	1119		M30	25	02:24:58.20	+00:40:31 (28.0%)	6:18	9.5 (72.0%)
26	FORNAL Jacek	1051		M30	26	02:25:02.80	+00:40:36 (28.0%)	6:18	9.5 (72.0%)
27	PRZYBYŁA Krzysztof	1069	ADIDAS RUNNERS WARSAW	M30	27	02:27:21.10	+00:42:54 (29.1%)	6:24	9.4 (71.2%)
28	KOWALCZUK Paweł	1374		M30	28	02:27:57.40	+00:43:31 (29.4%)	6:25	9.3 (70.5%)
29	LORYŚ Adam	1161		M30	29	02:28:28.70	+00:44:02 (29.7%)	6:27	9.3 (70.5%)

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30	CZARNECKI Konrad	1351		M30	30	02:29:07.40	+00:44:41 (30.0%)	6:29	9.3 (70.5%)
31	ŁUCHNIAK Kuba	154	DROGA DO ULTRA	M30	31	02:29:34.20	+00:45:07 (30.2%)	6:30	9.2 (69.7%)
32	ŚWIERAD Paweł	1413	KOWALEWO BIEGA	M30	32	02:29:55.40	+00:45:29 (30.3%)	6:31	9.2 (69.7%)
33	ZASKURSKI Marcin	1423		M30	33	02:30:19.30	+00:45:53 (30.5%)	6:32	9.2 (69.7%)
34	KĘDZIOR Michał	1097	DRUŻYNA SZPIKU	M30	34	02:33:11.75	+00:48:45 (31.8%)	6:39	9 (68.2%)
35	TOKARZ Adrian	1294	DZIKIE MUSTANGI	M30	35	02:33:23.10	+00:48:56 (31.9%)	6:40	9 (68.2%)
36	MADETKO Arkadiusz	1173		M30	36	02:34:11.40	+00:49:45 (32.3%)	6:42	9 (68.2%)
37	FILIP Adam	1357		M30	37	02:34:46.85	+00:50:20 (32.5%)	6:43	8.9 (67.4%)
38	STRZYŻEWSKI Michał	1273		M30	38	02:36:35.95	+00:52:09 (33.3%)	6:48	8.8 (66.7%)
39	SZCZURKOWSKI Sebastian	1409		M30	39	02:37:07.85	+00:52:41 (33.5%)	6:49	8.8 (66.7%)
40	SALAK Krzysztof	1399		M30	40	02:37:45.80	+00:53:19 (33.8%)	6:51	8.7 (65.9%)
41	NAKONIECZNY Jacek	1197	SII RUNNING TEAM	M30	41	02:38:19.25	+00:53:53 (34.0%)	6:53	8.7 (65.9%)
42	WAJDA Andrzej	1416		M30	42	02:38:27.00	+00:54:00 (34.1%)	6:53	8.7 (65.9%)
43	KOPER Tomasz	1115		M30	43	02:40:04.55	+00:55:38 (34.8%)	6:57	8.6 (65.2%)
44	KRZYSZTOF Sarad	1123	SPARTAŃSKA DZICZ	M30	44	02:40:11.20	+00:55:44 (34.8%)	6:57	8.6 (65.2%)
45	BREWCZAK Maciej	1021	SAVE LIFE	M30	45	02:40:44.65	+00:56:18 (35.0%)	6:59	8.6 (65.2%)
46	BUK Kamil	1023		M30	46	02:40:45.85	+00:56:19 (35.0%)	6:59	8.6 (65.2%)
47	SOBOTA Rafał	1401		M30	47	02:41:00.10	+00:56:33 (35.1%)	7:00	8.6 (65.2%)
48	BIGAS Grzegorz	1345	ARENAMED	M30	48	02:41:09.20	+00:56:42 (35.2%)	7:00	8.6 (65.2%)
49	PODKUL Konrad	1229		M30	49	02:43:32.45	+00:59:06 (36.1%)	7:06	8.4 (63.6%)
50	KĄLDON Sławomir	1089		M30	50	02:44:00.10	+00:59:33 (36.3%)	7:07	8.4 (63.6%)
51	STAFIŃSKI Paweł	1265		M30	51	02:44:11.15	+00:59:44 (36.4%)	7:08	8.4 (63.6%)
52	KWAŚNIOK Rafał	1148	NIGHT RUNNERS PYSKOWICE	M30	52	02:44:30.05	+01:00:03 (36.5%)	7:09	8.4 (63.6%)
53	RÓŻAŃSKI Michał	1248		M30	53	02:47:34.05	+01:03:07 (37.7%)	7:17	8.2 (62.1%)
54	ŁUSZCZ Paweł	1168		M30	54	02:48:24.60	+01:03:58 (38.0%)	7:19	8.2 (62.1%)
55	GŁAZ Marek	1055		M30	55	02:48:28.80	+01:04:02 (38.0%)	7:19	8.2 (62.1%)
56	ZYSKOWSKI Michał	1338	TRONIK TRIATHLON TEAM	M30	56	02:50:35.90	+01:06:09 (38.8%)	7:25	8.1 (61.4%)
57	KUFEL Grzegorz	1137	STAY INSANE	M30	57	02:52:37.00	+01:08:10 (39.5%)	7:30	8 (60.6%)
58	PECIO Kamil	1437	PIASECZNO RUNNING	M30	58	02:53:44.20	+01:09:17 (39.9%)	7:33	7.9 (59.8%)
59	POŻNIAK Marcin	1236	NIGHT RUNNERS PYSKOWICE	M30	59	02:54:25.75	+01:09:59 (40.1%)	7:35	7.9 (59.8%)
60	PANASIUK Paweł	1211	PAWKO RUNNER TEAM	M30	60	02:55:14.25	+01:10:48 (40.4%)	7:37	7.9 (59.8%)
61	WASIEWICZ Michał	1310		M30	61	02:55:41.55	+01:11:15 (40.6%)	7:38	7.9 (59.8%)
62	MROZEK Marcin	1195	MAZOVIA PROACTIV	M30	62	02:58:28.65	+01:14:02 (41.5%)	7:45	7.7 (58.3%)
63	MERESTA Konrad	1189	LW BOGDANKA	M30	63	03:02:08.55	+01:17:42 (42.7%)	7:55	7.6 (57.6%)
64	SZYMCZYŃSKI Błażej	1288	BIG TEAM	M30	64	03:07:11.50	+01:22:45 (44.2%)	8:08	7.4 (56.1%)
65	WĘGRZYN Emil	1315	WARBUD RUNNING TEAM	M30	65	03:07:36.70	+01:23:10 (44.3%)	8:09	7.4 (56.1%)
66	SĘK Tomasz	1254	ČMY BAROWE	M30	66	03:21:02.20	+01:36:35 (48.1%)	8:44	6.9 (52.3%)
67	GROCHOWSKI Karol	1064	ČMY BAROWE	M30	67	03:21:05.40	+01:36:39 (48.1%)	8:44	6.9 (52.3%)
68	KĘPA Piotr	1098		M30	68	03:39:09.45	+01:54:43 (52.3%)	9:31	6.3 (47.7%)

Znaleziono 68 wynik(ów)