

VII ZIMOWY MARATON BIESZCZADZKI 2021 - 20KM

B4SPORT

Wydarzenie: Zimowy Maraton Bieszczadzki 2021
Organizator: Fundacja Bieg Rzeźnika
Data: 2021-03-20
Miejsce: Cisna
Dystans: 20 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 23km	Różn	Tempo min/km	Tempo km/h
1	ORZEŁ Michał	1432	ADIDAS RUNNERS WARSAW	M40	1	01:32:47.75		4:02	14.9 (100%)
2	SZMIST Szymon	1280	3 PBOT	M40	2	01:36:11.45	+00:03:23 (3.5%)	4:10	14.3 (96.0%)
3	POLANSKI Tomasz	1107	B4 SPORT	M40	3	01:39:48.15	+00:07:00 (7.0%)	4:20	13.8 (92.6%)
4	WASYŁÓW Jacek	1417	CZR1 ANTEK TEAM LIPOWICA-PRZEMYŚL	M40	4	01:42:51.25	+00:10:03 (9.8%)	4:28	13.4 (89.9%)
5	JARMOLIŃSKI Piotr	1082		M40	5	01:46:56.05	+00:14:08 (13.2%)	4:38	12.9 (86.6%)
6	KRUPA Paweł	1131	STAŁOWOWOLSKI KLUB BIEGACZA	M40	6	01:47:30.55	+00:14:42 (13.7%)	4:40	12.8 (85.9%)
7	HEJNAR Jakub	1070		M40	7	01:49:29.30	+00:16:41 (15.2%)	4:45	12.6 (84.6%)
8	ZIOBROWSKI Łukasz	1335	SZTUKA RUCHU	M40	8	01:51:28.75	+00:18:41 (16.8%)	4:50	12.4 (83.2%)
9	MACH Tomasz	1171	SZYMANOWSKI TRIATHLON TEAM	M40	9	01:52:13.35	+00:19:25 (17.3%)	4:52	12.3 (82.6%)
10	SZPUNAR Marek	1430		M40	10	02:04:25.90	+00:31:38 (25.4%)	5:24	11.1 (74.5%)
11	DZIADOSZ Sławomir	1356	BRZOZOWSKI KLUB BIEGACZA	M40	11	02:06:27.20	+00:33:39 (26.6%)	5:29	10.9 (73.2%)
12	PIWONSKI Adam	1027		M40	12	02:07:38.25	+00:34:50 (27.3%)	5:32	10.8 (72.5%)
13	SKORUPKA Leszek	1258	M3 SIEDLCE	M40	13	02:07:58.35	+00:35:10 (27.5%)	5:33	10.8 (72.5%)
14	JANOWIAK Wojciech	1081	ŻYWCEM ZABIEGANI	M40	14	02:08:33.10	+00:35:45 (27.8%)	5:35	10.7 (71.8%)
15	CHABROWSKI Paweł	1347		M40	15	02:08:42.60	+00:35:54 (27.9%)	5:35	10.7 (71.8%)
16	MOSIO Grzegorz	1387		M40	16	02:10:06.15	+00:37:18 (28.7%)	5:39	10.6 (71.1%)
17	SZCZYPIŃSKI Bartosz	1410	GENTLEMEN	M40	17	02:10:18.70	+00:37:30 (28.8%)	5:39	10.6 (71.1%)
18	MACHNIKOWSKI Tomasz	1379	LUKS LUBARTÓW	M40	18	02:10:18.75	+00:37:31 (28.8%)	5:39	10.6 (71.1%)
19	JAWOROWICZ Tomasz	1366	KS PEGAZ	M40	19	02:12:56.95	+00:40:09 (30.2%)	5:46	10.4 (69.8%)
20	ZAMOJSKI Sebastian	1329	ZDYSZANI.PL	M40	20	02:13:31.65	+00:40:43 (30.5%)	5:48	10.3 (69.1%)
21	KUTA Rafał	1146		M40	21	02:16:03.55	+00:43:15 (31.8%)	5:54	10.1 (67.8%)
22	SUMOREK Sebastian	1275		M40	22	02:17:06.45	+00:44:18 (32.3%)	5:57	10.1 (67.8%)
23	LATAWIEC Jakub	1154		M40	23	02:18:59.50	+00:46:11 (33.2%)	6:02	9.9 (66.4%)
24	HUDYCZ Rafał	1074	BRAK	M40	24	02:19:41.20	+00:46:53 (33.6%)	6:04	9.9 (66.4%)
25	BIENIEK Rafal	1016	BUTCHERS BIKE TEAM	M40	25	02:20:59.05	+00:48:11 (34.2%)	6:07	9.8 (65.8%)
26	PELS Daniel	1216	BDTKNM	M40	26	02:22:03.05	+00:49:15 (34.7%)	6:10	9.7 (65.1%)
27	KITOWSKI Bartosz	1101	GŁOGOVIA 1925 GŁOGÓW MAŁOPOLSKI	M40	27	02:22:03.40	+00:49:15 (34.7%)	6:10	9.7 (65.1%)
28	KLAUS Dominik	1370	KS PIASECZNO	M40	28	02:24:25.00	+00:51:37 (35.7%)	6:16	9.6 (64.4%)
29	NOWAK Wojciech	1201	BEFIT24TEAM	M40	29	02:24:27.35	+00:51:39 (35.8%)	6:16	9.6 (64.4%)

						Czas netto		Tempo	Tempo
Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	23km	Różn	min/km	km/h
30	SAWICKI Robert	1253		M40	30	02:25:49.25	+00:53:01 (36.4%)	6:20	9.5 (63.8%)
31	KAWIK Dawid	1095	FELTANK	M40	31	02:26:10.05	+00:53:22 (36.5%)	6:21	9.4 (63.1%)
32	MUMOT Dariusz	1389	RADZYMIN RUN TEAM	M40	32	02:26:49.15	+00:54:01 (36.8%)	6:23	9.4 (63.1%)
33	ZARZECZNY Marcin	1330	OCR TEAM DĘBICA	M40	33	02:27:06.65	+00:54:18 (36.9%)	6:23	9.4 (63.1%)
34	KOMAN Tomasz	1113	CHEŁMSKA GRUPA TRIATHLONU	M40	34	02:27:07.60	+00:54:19 (36.9%)	6:23	9.4 (63.1%)
35	KUC Adam	1136	THE STRYCHERS	M40	35	02:28:23.40	+00:55:35 (37.5%)	6:27	9.3 (62.4%)
36	ZWIERZAŃSKI Paweł	1337	STAY INSANE/SZYMANOWSKI TRIATHLON TEAM	M40	36	02:28:32.20	+00:55:44 (37.5%)	6:27	9.3 (62.4%)
37	SKIBIŃSKI Mariusz	1257	MIĘDZYLESIAKI	M40	37	02:28:45.40	+00:55:57 (37.6%)	6:28	9.3 (62.4%)
38	KOZAK Marcin	1375	LUKSUS LUBARTÓW	M40	38	02:29:32.15	+00:56:44 (37.9%)	6:30	9.2 (61.7%)
39	SZAJEWSKI Arkadiusz	1278	O TAK ŁO	M40	39	02:30:30.35	+00:57:42 (38.3%)	6:32	9.2 (61.7%)
40	ŻUROWSKI Łukasz	1425	BBKS ŁAWECZKA WILANÓW	M40	40	02:31:08.90	+00:58:21 (38.6%)	6:34	9.1 (61.1%)
41	MORYŃ Piotr	1386	WARIATKI HISTERYCZKI	M40	41	02:31:09.95	+00:58:22 (38.6%)	6:34	9.1 (61.1%)
42	ŁUSZCZYC Krzysztof	1169		M40	42	02:32:30.70	+00:59:42 (39.2%)	6:37	9 (60.4%)
43	BIEDROŃ Artur	1014	ERP HEART TEAM	M40	43	02:33:27.50	+01:00:39 (39.5%)	6:40	9 (60.4%)
44	KRUPA Jacek	1132	ATS WHEELS	M40	44	02:33:31.40	+01:00:43 (39.6%)	6:40	9 (60.4%)
45	SAMUŚ Dariusz	1030		M40	45	02:33:34.25	+01:00:46 (39.6%)	6:40	9 (60.4%)
46	WYBRANIEC Wojciech	1326	OFIARY JEDZENIA KOTLETÓW	M40	46	02:33:49.70	+01:01:01 (39.7%)	6:41	9 (60.4%)
47	BOROWIEC Mariusz	1019		M40	47	02:34:59.95	+01:02:12 (40.1%)	6:44	8.9 (59.7%)
48	GÓRSKI Marcin	1363	CHEŁMSKA GRUPA TRIATHLONU	M40	48	02:35:01.20	+01:02:13 (40.1%)	6:44	8.9 (59.7%)
49	BANDOSZ Bartłomiej	1008	BBKS ŁAWECZKA WILANÓW	M40	49	02:35:04.20	+01:02:16 (40.2%)	6:44	8.9 (59.7%)
50	WAŁCZYK Wojciech	1308		M40	50	02:35:52.45	+01:03:04 (40.5%)	6:46	8.9 (59.7%)
51	BIELECKI Mirmił	1015	SZYMANOWSKI TRIATHLON TEAM	M40	51	02:36:07.60	+01:03:19 (40.6%)	6:47	8.8 (59.1%)
52	POREMBSKI Dariusz	1436		M40	52	02:36:21.75	+01:03:34 (40.7%)	6:47	8.8 (59.1%)
53	BAJOREK Norbert	1438	FITNESS FREAKS	M40	53	02:37:29.50	+01:04:41 (41.1%)	6:50	8.8 (59.1%)
54	BILIŃSKI Tomasz	1346	PKB	M40	54	02:38:26.40	+01:05:38 (41.4%)	6:53	8.7 (58.4%)
55	ZDEB Piotr	1424		M40	55	02:39:16.80	+01:06:29 (41.7%)	6:55	8.7 (58.4%)
56	RUCIŃSKI Adam	1249		M40	56	02:39:59.35	+01:07:11 (42.0%)	6:57	8.6 (57.7%)
57	NOSAL Michał	1121	SPARTAŃSKA DZICZ	M40	57	02:40:52.25	+01:08:04 (42.3%)	6:59	8.6 (57.7%)
58	MARCIŃSKI Kuba	1178	PROJEKT AIK	M40	58	02:41:00.15	+01:08:12 (42.4%)	7:00	8.6 (57.7%)
59	ŚCIESZKA Mateusz	1289		M40	59	02:41:23.40	+01:08:35 (42.5%)	7:01	8.6 (57.7%)
60	WALUSIAK Kamil	1307		M40	60	02:42:00.20	+01:09:12 (42.7%)	7:02	8.5 (57.0%)
61	NOWOSADZKI Wojciech	1202	FF	M40	61	02:45:35.45	+01:12:47 (44.0%)	7:11	8.3 (55.7%)
62	ŁOAZA Krzysztof	1164	NIGHT RUNNERS PYSKOWICE	M40	62	02:46:23.05	+01:13:35 (44.2%)	7:14	8.3 (55.7%)
63	CHODZIŃSKI Daniel	1025		M40	63	02:47:03.65	+01:14:15 (44.5%)	7:15	8.3 (55.7%)
64	KOŁODZIEJCZYK Maciej	1112	FIZJO SPORT	M40	64	02:47:14.00	+01:14:26 (44.5%)	7:16	8.3 (55.7%)
65	NAJDER Sebastian	1196		M40	65	02:47:23.35	+01:14:35 (44.6%)	7:16	8.2 (55.0%)
66	DUCZMAL Wojciech	1041		M40	66	02:48:06.05	+01:15:18 (44.8%)	7:18	8.2 (55.0%)
67	BARAN Andrzej	1011	WILKI JODŁOWA	M40	67	02:48:09.05	+01:15:21 (44.8%)	7:18	8.2 (55.0%)
68	POLAŃSKI Robert	1231		M40	68	02:48:50.50	+01:16:02 (45.0%)	7:20	8.2 (55.0%)
69	MAJEWSKI Wiesław	1175	GRZMOT KOMORNIKI	M40	69	02:48:55.45	+01:16:07 (45.1%)	7:20	8.2 (55.0%)
70	CIEMNY Wojciech	1029	NIGHT RUNNERS PYSKOWICE	M40	70	02:49:41.45	+01:16:53 (45.3%)	7:22	8.1 (54.4%)
71	MAZUREK Grzegorz	1383	AKADEMIA LEONA KOŹMIŃSKIEGO	M40	71	02:49:50.50	+01:17:02 (45.4%)	7:23	8.1 (54.4%)
72	JAGIEŁŁO Jarosław	1077		M40	72	02:51:57.90	+01:19:10 (46.0%)	7:28	8 (53.7%)
73	KOSTRZON Maciej	1120	SFORA-BMK	M40	73	02:54:45.80	+01:21:58 (46.9%)	7:35	7.9 (53.0%)

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74	MASZKOWSKI Rafał	1182		M40	74	02:55:54.55	+01:23:06 (47.2%)	7:38	7.8 (52.3%)
75	DOMAŃSKI Łukasz	1354	LUKS LUBARTÓW	M40	75	03:01:14.95	+01:28:27 (48.8%)	7:52	7.6 (51.0%)
76	PENKALA Marcin	1218	STRANGERS	M40	76	03:08:10.25	+01:35:22 (50.7%)	8:10	7.3 (49.0%)
77	ADAMSKI Bartłomiej	1002		M40	77	03:08:40.50	+01:35:52 (50.8%)	8:12	7.3 (49.0%)
78	IWASZEK Pawel	1075	BUTCHERS BIKE TEAM	M40	78	03:10:45.30	+01:37:57 (51.4%)	8:17	7.2 (48.3%)
79	KURYŁO Tomasz	1145		M40	79	03:11:28.30	+01:38:40 (51.5%)	8:19	7.2 (48.3%)
80	MAŁEK Bartłomiej	1177		M40	80	03:11:43.35	+01:38:55 (51.6%)	8:20	7.2 (48.3%)
81	MAŁEK Michał	1176	EVERPROF	M40	81	03:11:43.55	+01:38:55 (51.6%)	8:20	7.2 (48.3%)
82	KIELASIŃSKI Krzysztof	1099	GANG ŚWIETLIKÓW	M40	82	03:12:27.95	+01:39:40 (51.8%)	8:22	7.2 (48.3%)
83	OGONOWSKI Michał	1203	CB163	M40	83	03:12:53.50	+01:40:05 (51.9%)	8:23	7.2 (48.3%)
84	PIĄSTKA Daniel	1223		M40	84	03:12:58.15	+01:40:10 (51.9%)	8:23	7.2 (48.3%)
85	KADYK Łukasz	1079	CEZAR	M40	85	03:14:45.25	+01:41:57 (52.4%)	8:28	7.1 (47.7%)
86	OPOLSKI Piotr	1391	LUKS LUBARTÓW - SEKCJA BIEGOWA	M40	86	03:17:51.85	+01:45:04 (53.1%)	8:36	7 (47.0%)
87	UNIOWSKI Tomasz	1301	ĆMY BAROWE	M40	87	03:20:59.40	+01:48:11 (53.8%)	8:44	6.9 (46.3%)
88	JANIK Pawel	1080	PRASKIE ULTRAŁOSIE	M40	88	03:32:19.10	+01:59:31 (56.3%)	9:13	6.5 (43.6%)
89	JUSZCZYK Jarosław	1088		M40	89	03:33:16.15	+02:00:28 (56.5%)	9:16	6.5 (43.6%)
90	BAREŁA Andrzej	1013	FIFARAFA	M40	90	03:36:43.80	+02:03:56 (57.2%)	9:25	6.4 (43.0%)
91	MAKOSA Konrad	1187		M40	91	03:38:59.30	+02:06:11 (57.6%)	9:31	6.3 (42.3%)
92	FARBISZEWSKI Marek	1439	ORANGE POLSKA	M40	92	04:06:17.20	+02:33:29 (62.3%)	10:42	5.6 (37.6%)
93	REY Andrzej	1245	REY RUNNING TEAM	M40	93	04:29:38.25	+02:56:50 (65.6%)	11:43	5.1 (34.2%)

Znaleziono 93 wynik(ów)