



VIII BIEG OLIWSKI - 5 KM

B4SPORT

Wydarzenie:
Organizator:

Data:
Miejsce:
Dystans:

VIII BIEG OLIWSKI
Fundacja Silni Ciałem Niezłomni Duchem, Rada
Dzielnicy Oliwa, Sportevo Triathlon Team
2020-10-18
Gdańsk
5 km



Klasyfikacja: M-OPEN

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	GÓRALSKI Marcin	26		M40-49	1	00:18:49.25		3:45	15.9 (100%)
2	TRACZYŃSKI Daniel	86	BIEGOWA ŚWIDNICA	M18-29	1	00:18:56.05	+00:00:06 (0.6%)	3:47	15.8 (99.4%)
3	MIELEWCZYK Łukasz	57	BIEGAJĄCY DIETETYK TEAM/LKB BRACI PETK LĘBORK	M30-39	1	00:18:59.80	+00:00:10 (0.9%)	3:47	15.8 (99.4%)
4	KRUPIŃSKI Bogumił	45	4 WARMIŃSKO-MAZURSKA BRYGADA OBRONY TERYTORIALNEJ	M40-49	2	00:19:16.05	+00:00:26 (2.3%)	3:51	15.6 (98.1%)
5	DZIWOŚ Paweł	19	BEZTLENOWI/ GRUPA KOLARSKA MALBORK	M30-39	2	00:19:23.00	+00:00:33 (2.9%)	3:52	15.5 (97.5%)
6	NAWROCKI Dariusz	61		M30-39	3	00:19:28.00	+00:00:38 (3.3%)	3:53	15.4 (96.9%)
7	BLOCH Szymon	5		M30-39	4	00:19:29.50	+00:00:40 (3.4%)	3:53	15.4 (96.9%)
8	LUBIŃSKI Kamil	52	GDYŃSKI DYWIZJON OKRĘTÓW BOJOWYCH	M18-29	2	00:19:48.65	+00:00:59 (5.0%)	3:57	15.2 (95.6%)
9	DEKA Przemysław	17	RUNPASSION.PL TEAM	M18-29	3	00:20:26.05	+00:01:36 (7.9%)	4:05	14.7 (92.5%)
10	GARSKI Kryspin	21	ŚWIAT PŁYTEK U KRYSPINA	M40-49	3	00:20:26.55	+00:01:37 (7.9%)	4:05	14.7 (92.5%)
11	KARPIŃSKI Łukasz	37		M40-49	4	00:20:32.85	+00:01:43 (8.4%)	4:06	14.6 (91.8%)
12	HOLK-ŁEBIŃSKI Mateusz	30	KUJAWSKY RUNNERS	M30-39	5	00:20:41.60	+00:01:52 (9.0%)	4:08	14.5 (91.2%)
13	CZERWIONKA Jakub	16	GMINA WICKO	M18-29	4	00:20:43.85	+00:01:54 (9.2%)	4:08	14.5 (91.2%)
14	JANCZAK Sławomir	34	DREAM TRI TEAM	M30-39	6	00:21:38.50	+00:02:49 (13.0%)	4:19	13.9 (87.4%)
15	HAWRYLUK Ireneusz	28	KRASNYSTAW BIEGA	M50-59	1	00:21:44.35	+00:02:55 (13.4%)	4:20	13.8 (86.8%)
16	KUJDA Arkadiusz	46	1 BRYGADA LOGISTYCZNA	M40-49	5	00:21:48.35	+00:02:59 (13.7%)	4:21	13.8 (86.8%)
17	WILLMA Jarosław	217	BRZOZA BIEGA	M50-59	2	00:21:53.30	+00:03:04 (14.0%)	4:22	13.7 (86.2%)
18	ZAKRZEWSKI Jakub	99		M30-39	7	00:22:00.55	+00:03:11 (14.5%)	4:24	13.6 (85.5%)
19	CHMIELOWSKI Michał	10		M40-49	6	00:22:06.60	+00:03:17 (14.9%)	4:25	13.6 (85.5%)
20	LEWANDOWSKI Daniel	51	AKTYWNE LISEWO	M30-39	8	00:22:13.80	+00:03:24 (15.3%)	4:26	13.5 (84.9%)
21	KOPCZYŃSKI Piotr	41		M18-29	5	00:22:14.05	+00:03:24 (15.4%)	4:26	13.5 (84.9%)
22	VASYLEVSKYI Oleksii	88		M30-39	9	00:22:18.30	+00:03:29 (15.6%)	4:27	13.5 (84.9%)
23	CZARNOWSKI Krzysztof	15	FABRYKA DOBREJ ZABAWY.PL	M40-49	7	00:22:25.85	+00:03:36 (16.1%)	4:29	13.4 (84.3%)
24	RZEPECKI Radek	74		M40-49	8	00:22:36.40	+00:03:47 (16.7%)	4:31	13.3 (83.6%)
25	CHROBAK Tomasz	12		M40-49	9	00:23:23.70	+00:04:34 (19.6%)	4:40	12.8 (80.5%)
26	GAWRYLCZYK Paweł	22		M30-39	10	00:23:53.85	+00:05:04 (21.2%)	4:46	12.6 (79.2%)
27	WYSOCKI Dariusz	98	WOJSKO POLSKIE	M30-39	11	00:24:12.65	+00:05:23 (22.3%)	4:50	12.4 (78.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas		Tempo	Tempo
						netto	Różn		
						5km		min/km	km/h
28	ŚLUSARCZYK Andrzej	80	PRUSZCZ BIEGA SHOW MUST GO ON	M40-49	10	00:24:23.10	+00:05:33 (22.8%)	4:52	12.3 (77.4%)
29	BRAŃKA Mateusz	160		M18-29	6	00:24:33.75	+00:05:44 (23.4%)	4:54	12.2 (76.7%)
30	PIÓRKOWSKI Mariusz	70	TAKA RYBA	M30-39	12	00:24:42.30	+00:05:53 (23.8%)	4:56	12.1 (76.1%)
31	ZEMKE Stefan	223		M40-49	11	00:25:06.65	+00:06:17 (25.0%)	5:01	12 (75.5%)
32	PIECHOWICZ Waldemar	68		M50-59	3	00:25:25.80	+00:06:36 (26.0%)	5:05	11.8 (74.2%)
33	HINC Stanisław	29	ŻARTA WATAHA	M40-49	12	00:25:30.90	+00:06:41 (26.2%)	5:06	11.8 (74.2%)
34	ROCZYŃSKI Krzysztof	73	ROCZYŃSKI TEAM	M50-59	4	00:25:38.40	+00:06:49 (26.6%)	5:07	11.7 (73.6%)
35	KISIELEWSKI Michał	40		M16-17	1	00:25:46.25	+00:06:57 (27.0%)	5:09	11.6 (73.0%)
36	PAWŁOWSKI Zbigniew	67	SENIOR51TEAM	M60-69	1	00:25:49.85	+00:07:00 (27.1%)	5:09	11.6 (73.0%)
37	SKWIOT Stanisław	76	TAKA RYBA	M50-59	5	00:26:23.85	+00:07:34 (28.7%)	5:16	11.4 (71.7%)
38	GAWRYLCZYK Maciej	23		M60-69	2	00:26:54.95	+00:08:05 (30.1%)	5:22	11.2 (70.4%)
39	AMBROZIAK Adam	2	TAKA RYBA	M40-49	13	00:27:01.05	+00:08:11 (30.3%)	5:24	11.1 (69.8%)
40	ŁĘCKI Krzysztof	54	K(R)OPKA TEAM	M18-29	7	00:27:01.85	+00:08:12 (30.4%)	5:24	11.1 (69.8%)
41	GOŚLIŃSKI Maciej	24		M40-49	14	00:27:12.65	+00:08:23 (30.8%)	5:26	11 (69.2%)
42	BOGALECKI Marek	6	SAFE SPORT TEAM	M60-69	3	00:27:25.80	+00:08:36 (31.4%)	5:29	10.9 (68.6%)
43	BEGINSKI Sławomir	4	ŻARTA WATAHA	M40-49	15	00:27:48.80	+00:08:59 (32.3%)	5:33	10.8 (67.9%)
44	JELNICKI Łukasz	127	ASE GDAŃSK	M40-49	16	00:28:06.05	+00:09:16 (33.0%)	5:37	10.7 (67.3%)
45	KUKLIS Tomasz	130	OLIVIA HOCKEY TEAM	M30-39	13	00:29:57.15	+00:11:07 (37.2%)	5:59	10 (62.9%)
46	WYSOCKI Mieczysław	97		M50-59	6	00:30:21.85	+00:11:32 (38.0%)	6:04	9.9 (62.3%)
47	SKÓRA Marcin	75	SNOŁSZOŁ	M40-49	17	00:31:19.65	+00:12:30 (39.9%)	6:15	9.6 (60.4%)
48	ŚMIRSKI Jakub	83		M30-39	14	00:31:59.25	+00:13:10 (41.2%)	6:23	9.4 (59.1%)
49	NASTAŁY Tomasz	60	NETWARS	M30-39	15	00:32:25.20	+00:13:35 (41.9%)	6:29	9.3 (58.5%)
50	ŚMIGAJ Mirosław	81	MIŚ BIEGA	M60-69	4	00:33:19.80	+00:14:30 (43.5%)	6:39	9 (56.6%)
51	ADAMOWSKI Andrzej	1	UNICORN TEAM	M40-49	18	00:35:56.70	+00:17:07 (47.6%)	7:11	8.3 (52.2%)
52	BAKOWSKI Zbigniew	129	AKADEMIA BIEGANIA	M70+	1	00:37:43.15	+00:18:53 (50.1%)	7:32	8 (50.3%)
53	WOSZCZYNA Daniel	94		M18-29	8	00:42:53.75	+00:24:04 (56.1%)	8:34	7 (44.0%)
54	PAŁASZ Edmund	63		M70+	2	00:47:35.25	+00:28:46 (60.5%)	9:31	6.3 (39.6%)

Znaleziono 54 wynik(ów)