



VIII EKSTREMALNY DZIKOBIEG, VIII MISTRZOSTWA POLSKI SŁUŻB MUNDUROWYCH

B4SPORT

Wydarzenie:

Organizator:

Data:

Miejsce:

Dystans:

Festiwal Biegowy Dzik Weekend 2022

Stowarzyszenie Klub Biegowy Dzik

2022-08-21

Police

7.5 km

 **HERKULES**
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Klasyfikacja: OPEN -K

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 7.5km	Różn	Tempo min/km	Tempo km/h
1	DYDEK Edyta	38	SKB DZIK	K-16	1	01:09:39.00		9:17	6.5 (100%)
2	MARZEC Karolina	101	DZIKIE DZIKI GORZÓW	K-40	1	01:15:18.60	+00:05:39 (7.5%)	10:02	6 (92.3%)
3	SERKOWSKA Paulina	162		K-16	2	01:16:39.50	+00:07:00 (9.1%)	10:13	5.9 (90.8%)
4	RACZYŃSKA Anna	672	7BOW/1BZ/K	K-40	2	01:19:02.85	+00:09:23 (11.9%)	10:32	5.7 (87.7%)
5	PILARCZYK Katarzyna	129	KSF	K-30	1	01:23:25.15	+00:13:46 (16.5%)	11:07	5.4 (83.1%)
6	DUBIEL Monika	526	HELL'S HEAVEN SZCZECIN	K-40	3	01:23:58.25	+00:14:19 (17.1%)	11:11	5.4 (83.1%)
7	PAŁASZEWSKA Karolina	122	14ZBOT/142BLP	K-30	2	01:25:23.15	+00:15:44 (18.4%)	11:23	5.3 (81.5%)
8	BOROWSKA Karolina	16	VO2MAX RACING TEAM	K-30	3	01:25:58.25	+00:16:19 (19.0%)	11:27	5.2 (80.0%)
9	GRZYBEK Magdalena	673	7BOW/1BZ/K	K-16	3	01:26:47.45	+00:17:08 (19.7%)	11:34	5.2 (80.0%)
10	BRZOZOWSKA Mirela	509		K-30	4	01:27:27.95	+00:17:48 (20.4%)	11:39	5.1 (78.5%)
11	MURAWSKA Wioletta	113	KB DZIK POLICE	K-50	1	01:29:14.15	+00:19:35 (21.9%)	11:53	5 (76.9%)
12	WIERZBICKA Sylwia	193	14 ZBOT	K-50	2	01:30:39.45	+00:21:00 (23.2%)	12:05	5 (76.9%)
13	FILDEBRANDT Basia	41	SEKTOR DOBREJ ZABAWY	K-40	4	01:30:41.85	+00:21:02 (23.2%)	12:05	5 (76.9%)
14	WÓJCICKA Anna	199	HELL'S HEAVEN SZCZECIN	K-40	5	01:31:57.05	+00:22:18 (24.3%)	12:15	4.9 (75.4%)
15	LEWANDOWSKA Anna	95	HELL'S HEAVEN SZCZECIN	K-40	6	01:32:06.30	+00:22:27 (24.4%)	12:16	4.9 (75.4%)
16	MASYS Agnieszka	102	GRUPA MALBORK	K-40	7	01:33:15.75	+00:23:36 (25.3%)	12:26	4.8 (73.8%)
17	LEPPAK Małgorzata	94	CSB DRAWSKO	K-30	5	01:34:59.05	+00:25:20 (26.7%)	12:39	4.7 (72.3%)
18	KOLEJ Monika	79	DZIKIE DZIKI GORZÓW	K-40	8	01:35:10.20	+00:25:31 (26.8%)	12:41	4.7 (72.3%)
19	DORAWA-ZIOMEK Anna	32	DZIKIE ŻÓŁWIE	K-30	6	01:35:56.05	+00:26:17 (27.4%)	12:47	4.7 (72.3%)
20	MAJEWSKA Dorota	98	BIEGOLAS KOSZALIN	K-50	3	01:37:11.25	+00:27:32 (28.3%)	12:57	4.6 (70.8%)
21	DYDEK Dorota	39	SKB DZIK	K-50	4	01:40:28.20	+00:30:49 (30.7%)	13:23	4.5 (69.2%)
22	KOWAL-ROHDE Agnieszka	559	GPTW	K-30	7	01:41:36.90	+00:31:57 (31.5%)	13:32	4.4 (67.7%)
23	ROMANOWICZ Monika	143	DZIKIE ŻÓŁWIE	K-30	8	01:43:01.80	+00:33:22 (32.4%)	13:44	4.4 (67.7%)
24	BIESSEK Katarzyna	8	GO2TRI	K-30	9	01:43:25.20	+00:33:46 (32.7%)	13:47	4.4 (67.7%)
25	MADRAK Anna	578	HULK TEAM POLICE	K-40	9	01:43:47.35	+00:34:08 (32.9%)	13:50	4.3 (66.2%)
26	RÓZYCKA Hanna	677		K-40	10	01:44:10.20	+00:34:31 (33.1%)	13:53	4.3 (66.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 7.5km	Różn	Tempo min/km	Tempo km/h
27	KULIŃSKA Justyna	674	7BOW/1BZ/K	K-16	4	01:46:36.50	+00:36:57 (34.7%)	14:12	4.2 (64.6%)
28	KOWALCZYK Agata	558		K-16	5	01:48:30.55	+00:38:51 (35.8%)	14:28	4.1 (63.1%)
29	WIERZBICKA Agnieszka	192	14 ZBOT	K-16	6	01:50:15.65	+00:40:36 (36.8%)	14:42	4.1 (63.1%)
30	SEREDA Halyna	626		K-16	7	01:50:18.70	+00:40:39 (36.9%)	14:42	4.1 (63.1%)
31	BIENIAS Emilia	7	RAGNAROK SZCZECIN	K-16	8	01:50:35.95	+00:40:56 (37.0%)	14:44	4.1 (63.1%)
32	POGORZELSKA Aleksandra	133		K-16	9	01:51:16.15	+00:41:37 (37.4%)	14:50	4 (61.5%)
33	POŹNIAK Aleksandra	135	DZIKIE DZIKI GORZÓW	K-30	10	01:53:35.55	+00:43:56 (38.7%)	15:08	4 (61.5%)
34	POSZUMSKA Gabriela	134		K-16	10	01:53:41.75	+00:44:02 (38.7%)	15:09	4 (61.5%)
35	JAKSIMA Anna	243	RAZ	K-40	11	01:53:43.30	+00:44:04 (38.8%)	15:09	4 (61.5%)
36	ROSSA-MALCZYŃSKA Katarzyna	619		K-30	11	01:58:09.35	+00:48:30 (41.1%)	15:45	3.8 (58.5%)
37	URBANIAK Anna	185	GRUPA AZOTY	K-30	12	01:58:09.55	+00:48:30 (41.1%)	15:45	3.8 (58.5%)
38	HOŁOWCZYC Agnieszka Marta	64	FREE AND WILD	K-30	13	01:58:59.30	+00:49:20 (41.5%)	15:51	3.8 (58.5%)
39	HOŁOWCZYC Julia Anna	65	FREE AND WILD	K-30	14	01:58:59.95	+00:49:20 (41.5%)	15:51	3.8 (58.5%)
40	CHUDZIŃSKA Dorota	515		K-50	5	02:00:11.20	+00:50:32 (42.0%)	16:01	3.7 (56.9%)
40	WORONKO Małgorzata	658		K-40	12	02:00:11.20	+00:50:32 (42.0%)	16:01	3.7 (56.9%)
42	PACZKOWSKA Laura	606	KSF	K-16	11	02:00:33.65	+00:50:54 (42.2%)	16:04	3.7 (56.9%)
43	BURDELAK Agnieszka	24	ŻANDARMERIA WOJSKOWA	K-30	15	02:01:16.35	+00:51:37 (42.6%)	16:10	3.7 (56.9%)
44	BADURA Ewelina	4	ŻANDARMERIA WOJSKOWA	K-30	16	02:01:16.45	+00:51:37 (42.6%)	16:10	3.7 (56.9%)
45	SADŁOWSKA Agnieszka	623		K-30	17	02:01:17.40	+00:51:38 (42.6%)	16:10	3.7 (56.9%)
46	STACHOWICZ Małgorzata	171		K-40	13	02:02:24.20	+00:52:45 (43.1%)	16:19	3.7 (56.9%)
47	ADAMSKA Anna	502	ANIA&KASIA	K-50	6	02:02:41.35	+00:53:02 (43.2%)	16:21	3.7 (56.9%)
48	MORDAS Martyna	592		K-16	12	02:03:26.80	+00:53:47 (43.6%)	16:27	3.6 (55.4%)
49	MARGULA-JAŚKOWSKA Dorota	100		K-30	18	02:03:46.90	+00:54:07 (43.7%)	16:30	3.6 (55.4%)
50	LUTOBORSKA Alicja	573	ALUHAK	K-30	19	02:05:05.55	+00:55:26 (44.3%)	16:40	3.6 (55.4%)
51	BURDZIK Eliza	511		K-30	20	02:05:24.40	+00:55:45 (44.5%)	16:43	3.6 (55.4%)
52	BEDNARZ Katarzyna	6		K-40	14	02:05:33.25	+00:55:54 (44.5%)	16:44	3.6 (55.4%)
53	SAWICKA -WERS Urszula	152		K-30	21	02:05:33.40	+00:55:54 (44.5%)	16:44	3.6 (55.4%)
54	DUDENKO Monika	527	DZIKIEDUDKI	K-40	15	02:06:06.25	+00:56:27 (44.8%)	16:48	3.6 (55.4%)
55	BYCZKOWSKA Agnieszka	512	DZIKIE DUDKI	K-40	16	02:06:06.60	+00:56:27 (44.8%)	16:48	3.6 (55.4%)
56	NOWACZYK Ewa	594		K-40	17	02:06:11.10	+00:56:32 (44.8%)	16:49	3.6 (55.4%)
57	KARLIN-GRAŻEWICZ Katarzyna	544	ANIA&KASIA	K-40	18	02:06:14.10	+00:56:35 (44.8%)	16:49	3.6 (55.4%)
58	MAKAREWICZ Martyna	579		K-30	22	02:06:28.10	+00:56:49 (44.9%)	16:51	3.6 (55.4%)
59	WIŚNIEWSKA Marta	195	IHUHU TEAM	K-16	13	02:06:45.45	+00:57:06 (45.1%)	16:54	3.6 (55.4%)
60	NOWAK-PIASECKA Dorota	601		K-30	23	02:06:52.60	+00:57:13 (45.1%)	16:54	3.5 (53.8%)
61	SUSZA Małgorzata	177		K-40	19	02:06:52.70	+00:57:13 (45.1%)	16:54	3.5 (53.8%)
62	SZAJEK Marta	634	HULK TEAM POLICE	K-40	20	02:07:37.70	+00:57:58 (45.4%)	17:00	3.5 (53.8%)
63	SZAŁKOWSKA Agnieszka	635	FAMILY TEAM	K-40	21	02:07:42.60	+00:58:03 (45.5%)	17:01	3.5 (53.8%)
64	CIEŚLA Agnieszka	518		K-30	24	02:08:02.10	+00:58:23 (45.6%)	17:04	3.5 (53.8%)
65	BIJACZYK Monika	505		K-30	25	02:08:02.95	+00:58:23 (45.6%)	17:04	3.5 (53.8%)
66	KOPYRA Izabela	81		K-16	14	02:08:53.35	+00:59:14 (46.0%)	17:11	3.5 (53.8%)
67	MARZEC Klaudia	584		K-16	15	02:08:56.20	+00:59:17 (46.0%)	17:11	3.5 (53.8%)
68	PUCHALSKA Emilia	616		K-30	26	02:10:34.05	+01:00:55 (46.7%)	17:24	3.4 (52.3%)
69	WOŹNIAK MACIEJEWSKA Edyta	660	GPTW	K-40	22	02:10:47.00	+01:01:08 (46.7%)	17:26	3.4 (52.3%)
70	ORLON Barbara	119	BIEG KORCZAKA	K-50	7	02:11:01.35	+01:01:22 (46.8%)	17:28	3.4 (52.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto	Różn	Tempo min/km	Tempo km/h
						7.5km			
71	ZAKRZEWSKA Sylwia	204	GRUPA AZOTY	K-30	27	02:11:01.40	+01:01:22 (46.8%)	17:28	3.4 (52.3%)
72	NOWAK Marta	598		K-40	23	02:11:09.10	+01:01:30 (46.9%)	17:29	3.4 (52.3%)
73	RUMOWSKA Agnieszka	147		K-30	28	02:11:31.15	+01:01:52 (47.0%)	17:32	3.4 (52.3%)
73	WIĘCKOWSKA Joanna	194	FAMILY TEAM	K-30	28	02:11:31.15	+01:01:52 (47.0%)	17:32	3.4 (52.3%)
75	SZYMAŃSKA Monika	642		K-16	16	02:13:36.55	+01:03:57 (47.9%)	17:48	3.4 (52.3%)
76	STANISZEWSKA-KUŚ Magdalena	630		K-30	30	02:14:15.70	+01:04:36 (48.1%)	17:54	3.4 (52.3%)
77	LIPERTOWICZ Adrianna	571	CRAZY FISH	K-40	24	02:14:33.30	+01:04:54 (48.2%)	17:56	3.3 (50.8%)
78	KISIEL Kamila	551	BRIDGESTONE RUNNERS	K-16	17	02:15:16.90	+01:05:37 (48.5%)	18:02	3.3 (50.8%)
79	ABRANTOWICZ Maria	501	DĄB DĘBNO	K-30	31	02:15:29.60	+01:05:50 (48.6%)	18:03	3.3 (50.8%)
79	MORAWSKA Joanna	591		K-30	31	02:15:29.60	+01:05:50 (48.6%)	18:03	3.3 (50.8%)
81	NOWAK Marta	597		K-30	33	02:15:29.90	+01:05:50 (48.6%)	18:03	3.3 (50.8%)
82	KIESZKOWSKA Barbara	550	ALUHAK	K-30	34	02:15:30.75	+01:05:51 (48.6%)	18:04	3.3 (50.8%)
83	ŁAWNICZAK Sylwia	575		K-40	25	02:15:47.80	+01:06:08 (48.7%)	18:06	3.3 (50.8%)
84	WALCZAK Dominika	650		K-16	18	02:16:34.95	+01:06:55 (49.0%)	18:12	3.3 (50.8%)
85	CHARKOT Magda	513	PDC LOGISTICS	K-30	35	02:16:35.35	+01:06:56 (49.0%)	18:12	3.3 (50.8%)
86	MATAJ Justyna	585		K-16	19	02:16:35.80	+01:06:56 (49.0%)	18:12	3.3 (50.8%)
87	WIECZOREK Magdalena	189		K-40	26	02:16:53.80	+01:07:14 (49.1%)	18:15	3.3 (50.8%)
88	KOWALSKA Kamila	560	PDC LOGISTICS	K-16	20	02:19:20.55	+01:09:41 (50.0%)	18:34	3.2 (49.2%)
89	MILEWSKA Marta	109		K-30	36	02:21:11.05	+01:11:32 (50.7%)	18:49	3.2 (49.2%)
90	TOKAREK Justyna	184		K-30	37	02:21:11.30	+01:11:32 (50.7%)	18:49	3.2 (49.2%)
91	KAŻMIERCZAK Marlena	546	PDC LOGISTICS	K-16	21	02:21:21.55	+01:11:42 (50.7%)	18:50	3.2 (49.2%)
92	TYPEK Iwona	648		K-40	27	02:21:23.45	+01:11:44 (50.7%)	18:51	3.2 (49.2%)
93	SZPINDA Magda	640		K-30	38	02:21:36.45	+01:11:57 (50.8%)	18:52	3.2 (49.2%)
94	OSTROWSKA Ina	121	GRUPA AZOTY	K-40	28	02:22:28.45	+01:12:49 (51.1%)	18:59	3.2 (49.2%)
95	RADCZUK Karolina	139		K-40	29	02:22:59.80	+01:13:20 (51.3%)	19:03	3.1 (47.7%)
96	RÓŻYCKA Karina	146		K-30	39	02:23:00.10	+01:13:21 (51.3%)	19:04	3.1 (47.7%)
97	MAKOWSKA Marzena	582	BRAUNSCHWEIG HASH HOUSE HARRIERS	K-30	40	02:25:58.90	+01:16:19 (52.3%)	19:27	3.1 (47.7%)
98	MAKAŚ Paulina	581		K-30	41	02:26:12.10	+01:16:33 (52.4%)	19:29	3.1 (47.7%)
99	HARTWIGER Julia	60		K-30	42	02:26:55.40	+01:17:16 (52.6%)	19:35	3.1 (47.7%)
100	PATZKE Petra	125	BRAUNSCHWEIG HASH HOUSE HARRIERS	K-50	8	02:26:56.95	+01:17:17 (52.6%)	19:35	3.1 (47.7%)
101	ŻUCHOWSKA Izabela	668	STARGARD JA SIĘ NIE ŚCIGAM	K-40	30	02:27:27.85	+01:17:48 (52.8%)	19:39	3.1 (47.7%)
102	KUNIKOWSKA Patrycja	89		K-30	43	02:27:31.65	+01:17:52 (52.8%)	19:40	3.1 (47.7%)
103	POKRZYWIŃSKA Celina	614		K-30	44	02:27:35.25	+01:17:56 (52.8%)	19:40	3 (46.2%)
104	ŻUKOWSKA Joanna	670	KSF	K-30	45	02:27:35.70	+01:17:56 (52.8%)	19:40	3 (46.2%)
105	DZIEDZINA Roksana	530		K-30	46	02:27:49.50	+01:18:10 (52.9%)	19:42	3 (46.2%)
106	DĘBSKA Kamila	524		K-30	47	02:27:49.75	+01:18:10 (52.9%)	19:42	3 (46.2%)
107	MÜLLER Kathrin	112	BRAUNSCHWEIG HASH HOUSE HARRIERS	K-50	9	02:27:55.35	+01:18:16 (52.9%)	19:43	3 (46.2%)
108	SUCHODOLSKA Aleksandra	176	DZIKIE ŻÓŁWIE	K-30	48	02:29:12.20	+01:19:33 (53.3%)	19:53	3 (46.2%)
109	KRYSZEWSKA Magdalena	85	DZIKIE ŻÓŁWIE	K-30	49	02:29:12.40	+01:19:33 (53.3%)	19:53	3 (46.2%)
110	ZAKOŚCIELNA Katarzyna	203	DZIKIE ŻÓŁWIE	K-30	50	02:30:11.75	+01:20:32 (53.6%)	20:01	3 (46.2%)
111	PRABUCKA Karolina	136	BRIDGESTONE RUNNERS	K-40	31	02:35:04.35	+01:25:25 (55.1%)	20:40	2.9 (44.6%)
112	ROSIŃSKA Kamila	680		K-30	51	02:35:22.60	+01:25:43 (55.2%)	20:42	2.9 (44.6%)
113	KOZŁOWSKA-BANIAK Paulina	561		K-40	32	02:36:24.75	+01:26:45 (55.5%)	20:51	2.9 (44.6%)
114	KWIATKOWSKA Laura	567	BRIDGESTONE STARGARD RUNNERS	K-30	52	02:36:24.95	+01:26:45 (55.5%)	20:51	2.9 (44.6%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 7.5km	Różn	Tempo min/km	Tempo km/h
115	WIEŻEL Hanna	653		K-30	53	02:36:34.45	+01:26:55 (55.5%)	20:52	2.9 (44.6%)
116	ZIELIŃSKA Beata	666		K-40	33	02:36:38.35	+01:26:59 (55.5%)	20:53	2.9 (44.6%)
117	ZIELIŃSKA-RYŻ Katarzyna	209		K-40	34	02:37:27.00	+01:27:48 (55.8%)	20:59	2.9 (44.6%)
118	LICAU Agnieszka	569		K-40	35	02:38:08.95	+01:28:29 (56.0%)	21:05	2.8 (43.1%)
119	KACHNOWICZ-BUKAŁA Izabela	71	BRAUNSCHWEIG HASH HOUSE HARRIERS	K-40	36	02:39:14.45	+01:29:35 (56.3%)	21:13	2.8 (43.1%)
120	ŚWIRTA Beata	646		K-16	22	02:43:45.05	+01:34:06 (57.5%)	21:50	2.7 (41.5%)
121	JABŁOŃSKA Aleksandra	539		K-16	23	02:43:45.35	+01:34:06 (57.5%)	21:50	2.7 (41.5%)
122	KIEREPKA Paulina	549		K-16	24	02:43:45.60	+01:34:06 (57.5%)	21:50	2.7 (41.5%)
123	WIKA Marta	654		K-30	54	02:44:28.45	+01:34:49 (57.7%)	21:55	2.7 (41.5%)
123	KOMOROWSKA Anna	555		K-30	54	02:44:28.45	+01:34:49 (57.7%)	21:55	2.7 (41.5%)
125	MIKLEWICZ Agata	588	CMENTARNE HIENY	K-30	56	02:50:30.85	+01:40:51 (59.2%)	22:44	2.6 (40.0%)
126	JEŻ Maja	541	ŻABKI	K-30	57	02:50:31.40	+01:40:52 (59.2%)	22:44	2.6 (40.0%)
127	KOŁACZYŃSKA Monika	80		K-50	10	02:52:50.20	+01:43:11 (59.7%)	23:02	2.6 (40.0%)
128	BLACHOWSKA Agnieszka	9		K-30	58	02:52:58.00	+01:43:19 (59.7%)	23:03	2.6 (40.0%)
129	KOSIANOWSKA Monika	82	GRUPA MALBORK	K-50	11	02:53:26.75	+01:43:47 (59.8%)	23:07	2.6 (40.0%)
130	BOŚKO Paulina	17	CMENTARNE HIENY	K-30	59	02:53:32.20	+01:43:53 (59.9%)	23:08	2.6 (40.0%)
131	WALUKIEWICZ Magdalena	186	NZ	K-40	37	02:53:47.90	+01:44:08 (59.9%)	23:10	2.6 (40.0%)
132	LEBIODA Alicja	92		K-40	38	02:54:51.35	+01:45:12 (60.2%)	23:18	2.6 (40.0%)
133	JADCZAK Danuta	68		K-60+	1	02:59:45.55	+01:50:06 (61.3%)	23:58	2.5 (38.5%)
134	KIELISZEK Karolina	548	FAMILY TEAM	K-30	60	03:03:22.75	+01:53:43 (62.0%)	24:26	2.5 (38.5%)
135	PŁOSA Monika	613		K-40	39	03:04:19.30	+01:54:40 (62.2%)	24:34	2.4 (36.9%)
136	WASIELEWSKA Katarzyna	651		K-30	61	03:04:21.30	+01:54:42 (62.2%)	24:34	2.4 (36.9%)
137	GAIK Karolina	531	PDC LOGISTICS	K-16	25	03:20:59.35	+02:11:20 (65.3%)	26:47	2.2 (33.8%)
138	SZŁAPAK Marta	637	PDC LOGISTICS	K-16	26	03:20:59.80	+02:11:20 (65.3%)	26:47	2.2 (33.8%)
139	KNAPIK Justyna	77		K-30	62	03:32:02.55	+02:22:23 (67.2%)	28:16	2.1 (32.3%)
140	JĘDRYKA Anna	70	MACARENA WARRIORS	K-30	63	03:32:06.50	+02:22:27 (67.2%)	28:16	2.1 (32.3%)
141	BOCK Agnieszka	11	BRAUNSCHWEIG HASH HOUSE HARRIERS	K-40	40				(0.0%)
142	LOBA Wiktoria	318	SKB DZIK	K-16	27				(0.0%)
143	KRUSZEWSKA Sylwia	303	SKB DZIK	K-16	28				(0.0%)
144	LOBA Zuzanna	379	SKB DZIK	K-16	29				(0.0%)
145	BOHANOS Aleksandra	279	SKB DZIK	K-16	30				(0.0%)
146	BOBROWSKA Maja	314	SKB DZIK	K-16	31				(0.0%)

Znaleziono 146 wynik(ów)