

VIII HYUNDAI ULTRAMARATON BIESZCZADZKI - 52 KM

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Wydarzenie: VIII HYUNDAI ULTRAMARATON BIESZCZADZKI
Organizator: Fundacja Bieg Rzeźnika
Data: 2020-10-09
Miejsce: Cisna
Dystans: 52 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	P2_Roztoki 12km	P3_Solinka 26km	P2_Roztoki 38km	Czas netto 52km	Czas brutto 52km	Różn	Tempo min/km	Tempo km/h
1	CZERNAK Paweł	1400	KARKONOSZ RUNNING TEAM	M30	1	03:33:46	01:21:35	02:29:36	03:47:13	05:03:02.80	08:36:49.15		5:49	10.3 (100%)
2	ŻUCHOWSKI Daniel	1254		M30	2	03:33:45	01:24:24	02:33:00	03:52:43	05:09:05.85	08:42:51.70	+00:06:03 (2.0%)	5:56	10.1 (98.1%)
3	ŚWIERC Marcin	1506		M30	3	03:04:25	01:23:43	02:36:01	03:55:11	05:10:04.30	08:14:29.65	+00:07:01 (2.3%)	5:57	10.1 (98.1%)
4	CEBERAK Bartek	1022		M30	4	03:33:47	01:27:41	02:38:11	04:02:08	05:23:16.30	08:57:04.00	+00:20:13 (6.3%)	6:13	9.7 (94.2%)
5	GAWLIK Sławek	1508	DYNAFIT TEAM POLAND	M30	5	02:30:30	01:29:43	02:42:48	04:06:26	05:25:30.35	07:56:00.60	+00:22:27 (6.9%)	6:15	9.6 (93.2%)
6	ŻORNIAK Mateusz	1291	MEGA FASON SIENIAWA	M30	6	03:04:26	01:26:34	02:35:59	04:00:35	05:26:27.40	08:30:53.45	+00:23:24 (7.2%)	6:16	9.6 (93.2%)
7	SZAPORÓW Łukasz	1451	INFINITY-GYM ŁUKASZ SZAPORÓW	M30	7	03:33:46	01:33:59	02:48:39	04:19:44	05:45:58.45	09:19:45.20	+00:42:55 (12.4%)	6:39	9 (87.4%)
8	STOŚ Paweł	1495	LUCKY TEAM	M30	8	02:30:35	01:46:25	03:06:38	04:36:49	06:09:40.70	08:40:16.45	+01:06:37 (18.0%)	7:06	8.4 (81.6%)
9	SZYMAŃSKI Paweł	1196	FIZJOBIEGACZE SZCZECIN	M30	9	02:30:32	01:32:10	02:48:42	04:19:30	06:16:09.65	08:46:42.60	+01:13:06 (19.4%)	7:14	8.3 (80.6%)
10	SIUDEK Robert	1498	MARCIN ŚWIERC TEAM	M30	10	03:33:46	01:46:18	03:08:08	04:50:53	06:25:01.45	09:58:48.05	+01:21:58 (21.3%)	7:24	8.1 (78.6%)
11	KAMIŃSKI Marek	1335		M30	11	03:33:47	01:49:29	03:18:44	05:04:42	06:45:05.30	10:18:52.55	+01:42:02 (25.2%)	7:47	7.7 (74.8%)
12	GAZDA Paweł	1054	BALTIC WOOD ACTIVE	M30	12	03:04:42	01:50:09	03:17:26	04:58:43	06:45:52.10	09:50:34.35	+01:42:49 (25.3%)	7:48	7.7 (74.8%)
13	KAŻMIERCZAK Piotr	1260		M30	13	03:33:49	01:47:52	03:14:33	05:05:00	06:49:12.50	10:23:01.60	+01:46:09 (25.9%)	7:52	7.6 (73.8%)
14	OLEKSIŃSKI Dariusz	1322		M30	14	03:33:51	01:52:38	03:26:42	05:11:28	06:52:01.15	10:25:52.40	+01:48:58 (26.4%)	7:55	7.6 (73.8%)
15	KOWALCZYK Mateusz	1277	MINUTKA TRAIL / PRZEWORSKA GRUPA BIEGOWA	M30	15	03:33:48	02:02:01	03:34:58	05:18:38	06:53:15.50	10:27:04.25	+01:50:12 (26.7%)	7:56	7.5 (72.8%)
16	DZIRBA Tomasz	1355	STAY INSANE / NIE MA LETKO	M30	16	03:04:38	01:53:36	03:21:39	05:10:43	06:54:49.10	09:59:27.65	+01:51:46 (26.9%)	7:58	7.5 (72.8%)
17	RACZYC Janusz	1252	HIT THE TRAIL	M30	17	00:00:01	01:47:12	03:20:26	04:59:21	06:56:59.05	06:57:00.75	+01:53:56 (27.3%)	8:01	7.5 (72.8%)
18	ZBORUCKI Jan	1157	LATAJĄCY CYRK	M30	18	03:04:46	01:58:35	03:34:55	05:18:51	06:57:40.25	10:02:26.50	+01:54:37 (27.4%)	8:01	7.5 (72.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	P2_Roztoki 12km	P3_Solinka 26km	P2_Roztoki 38km	Czas netto 52km	Czas brutto 52km	Różn	Tempo min/km	Tempo km/h
19	HOŁOWNIA Tomasz	1017	GRUPA BIEGOWA "BEZ GRANIC"	M30	19	03:33:50	01:56:23	03:35:34	05:22:33	06:58:41.85	10:32:32.30	+01:55:39 (27.6%)	8:03	7.5 (72.8%)
20	SZCZEPKOWSKI Przemek	1294		M30	20	03:33:51	01:51:33	03:26:26	05:14:57	07:03:25.75	10:37:17.40	+02:00:22 (28.4%)	8:08	7.4 (71.8%)
21	POŻAROWSZCZYK Adam	1266	MINISTERSTWO GŁUPICH KROKÓW LEGIONOWO	M30	21	03:04:39	01:50:40	03:17:27	05:12:13	07:03:41.45	10:08:21.25	+02:00:38 (28.5%)	8:08	7.4 (71.8%)
22	STACHURSKI Paweł	1572		M30	22	03:33:46	01:52:48	03:34:19	05:32:28	07:16:53.65	10:50:39.85	+02:13:50 (30.6%)	8:24	7.1 (68.9%)
23	SZYDŁOWSKI Bartek	1381	SKAWINA BIEGA	M30	23	02:30:50	01:48:40	03:30:34	05:29:25	07:19:26.55	09:50:16.90	+02:16:23 (31.0%)	8:27	7.1 (68.9%)
24	JANUSZEWSKI Maciej	1051	TEAM KOPEĆ	M30	24	03:33:58	01:55:48	03:41:01	05:37:59	07:22:43.45	10:56:41.65	+02:19:40 (31.5%)	8:30	7 (68.0%)
25	SKWARA Dariusz	1055	SZANSA 21 FUNDACJA NA RZECZ OSÓB Z ZESPOŁEM DOWNA	M30	25	02:30:37	01:55:03	03:22:52	05:21:53	07:22:48.20	09:53:25.25	+02:19:45 (31.6%)	8:30	7 (68.0%)
26	GACEK Michał	1259	THE STRYCHERS	M30	26	03:33:54	01:55:53	03:33:40	05:32:27	07:23:02.40	10:56:57.25	+02:19:59 (31.6%)	8:31	7 (68.0%)
27	SKWARA Marek	1007	SZANSA 21 FUNDACJA NA RZECZ OSÓB Z ZESPOŁEM DOWNA	M30	27	02:30:36	01:57:39	03:49:33	05:46:04	07:26:45.85	09:57:22.80	+02:23:43 (32.2%)	8:35	7 (68.0%)
28	LIPERTOWICZ Sebastian	1267	WIECZORNE BIEGANIE W SZCZECINIE ♥	M30	28	03:33:53	01:55:56	03:39:20	05:34:10	07:26:56.65	11:00:50.15	+02:23:53 (32.2%)	8:35	7 (68.0%)
29	SUDOMIR Paweł	1473	JACEKBIEGA RUNNING TEAM	M30	29	03:04:35	01:59:54	03:45:20	05:35:10	07:28:04.65	10:32:40.55	+02:25:01 (32.4%)	8:37	7 (68.0%)
30	MILEWSKI Mateusz	1093	TEAM KAŁDUN / BĘDZIE DOBRZE ALBO NIEDOBRZE	M30	30	03:33:46	02:04:47	03:44:45	05:41:02	07:33:42.05	11:07:28.50	+02:30:39 (33.2%)	8:43	6.9 (67.0%)
31	SOBASZEK Marcin	1048		M30	31	03:33:48	01:58:22	03:36:00	05:35:10	07:35:26.45	11:09:14.75	+02:32:23 (33.5%)	8:45	6.9 (67.0%)
32	LELITO Piotr	1412		M30	32	03:04:42	02:07:17	03:55:38	05:51:22	07:35:41.70	10:40:23.90	+02:32:38 (33.5%)	8:45	6.8 (66.0%)
33	SZEWCZUK Krzysztof	1012	ZADYSZKA	M30	33	03:33:57	02:03:00	03:42:04	05:40:17	07:36:19.40	11:10:16.70	+02:33:16 (33.6%)	8:46	6.8 (66.0%)
34	WRÓBLEWSKI Jacek	1513	MAZOVIA PROACTIV	M30	34	03:34:03	01:57:22	03:34:23	05:36:48	07:38:47.25	11:12:50.25	+02:35:44 (33.9%)	8:49	6.8 (66.0%)
35	KWAŚNIEWSKI Maciej	1155		M30	35	03:04:37	02:22:06	04:36:39		07:40:54.90	10:45:32.00	+02:37:52 (34.3%)	8:51	6.8 (66.0%)
36	TADEJA Jakub	1184		M30	36	03:33:59	02:01:11	03:46:03	05:42:40	07:41:13.05	11:15:12.65	+02:38:10 (34.3%)	8:52	6.8 (66.0%)
37	ŚWIERCZYŃSKI Kacper	1216	NIGHT RUNNERS	M30	37	03:33:47	02:01:12	03:46:11	05:47:08	07:42:23.50	11:16:11.30	+02:39:20 (34.5%)	8:53	6.7 (65.0%)
38	MIKOŁAJCZYK Łukasz	1370		M30	38	02:32:06	02:04:07	03:49:04	05:46:39	07:43:07.20	10:15:13.45	+02:40:04 (34.6%)	8:54	6.7 (65.0%)
39	ŻOŁNACZ Maciej	1286		M30	39	02:30:39	02:11:20	03:51:10	05:46:18	07:45:25.55	10:16:05.40	+02:42:22 (34.9%)	8:57	6.7 (65.0%)
40	DERLAGA Wojciech	1263	STG TARNÓW	M30	40	01:00:25	02:08:48	03:57:39	05:58:36	07:46:18.10	08:46:44.00	+02:43:15 (35.0%)	8:58	6.7 (65.0%)
41	GESSLER Łukasz	1127	BIESY	M30	41	03:04:31	02:06:01	03:46:51	05:51:25	07:47:38.35	10:52:10.15	+02:44:35 (35.2%)	8:59	6.7 (65.0%)
42	NOWAK Piotr	1173		M30	42	03:04:40	02:00:47	03:46:12	05:53:27	07:49:07.50	10:53:48.00	+02:46:04 (35.4%)	9:01	6.7 (65.0%)
43	KURCEWICZ Paweł	1354		M30	43	01:00:23	02:08:53	03:57:58	05:48:05	07:49:26.75	08:49:50.20	+02:46:23 (35.4%)	9:01	6.6 (64.1%)
44	KRZYŻANOWSKI Łukasz	1241	NOWA HUTA TEAM	M30	44	01:00:28	02:12:45	03:59:41	05:56:43	07:49:41.75	08:50:09.85	+02:46:38 (35.5%)	9:01	6.6 (64.1%)

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45	FIRAZA Tomasz	1403	DELOITTE ADVENTURE TEAM	M30	45	02:30:40	02:05:38	03:51:35	05:51:40	07:50:05.00	10:20:45.60	+02:47:02 (35.5%)	9:02	6.6 (64.1%)
46	RYBKA Sławek	1052	PĘDZĄCE ŚLIMAKI	M30	46	03:33:49	02:00:14	03:48:33	05:57:15	07:53:47.10	11:27:36.30	+02:50:44 (36.0%)	9:06	6.6 (64.1%)
47	WENARSKI Grzegorz	1235	STAY INSANE	M30	47	03:04:33	02:05:47	03:55:45	06:01:45	07:56:18.10	11:00:51.50	+02:53:15 (36.4%)	9:09	6.6 (64.1%)
48	NOWAK Rafał	1300	NIEPOŁOMICE BIEGAJĄ	M30	48	03:04:41	02:03:52	03:52:18	06:01:34	07:56:23.70	11:01:04.80	+02:53:20 (36.4%)	9:09	6.5 (63.1%)
49	KUŚPIT Przemek	1409		M30	49	03:33:54	02:11:15	04:00:23	06:02:02	07:58:47.95	11:32:42.65	+02:55:45 (36.7%)	9:12	6.5 (63.1%)
50	CHILIŃSKI Karol	1480		M30	50	02:30:55	02:02:28	03:51:07	05:58:30	07:59:23.60	10:30:18.70	+02:56:20 (36.8%)	9:13	6.5 (63.1%)
51	PISAREK Karol	1486	JB WARSZAWA	M30	51	01:00:28	02:16:54	04:03:50	06:03:13	08:00:00.85	09:00:29.60	+02:56:58 (36.9%)	9:13	6.5 (63.1%)
52	DUCH Emil	1487	JB WARSAW	M30	52	01:00:28	02:16:54	04:03:49		08:00:00.90	09:00:29.45	+02:56:58 (36.9%)	9:13	6.5 (63.1%)
53	JACHIMOWSKI Jarosław	1338	POZYTYWNIIE ZABIEGANI SANOK	M30	53	01:00:34	02:11:25	04:16:15	06:13:37	08:02:12.10	09:02:46.55	+02:59:09 (37.2%)	9:16	6.5 (63.1%)
54	KUZIMSKI Aleksander	1124	JEPPESEN	M30	54	02:30:45	02:10:56	03:58:58	06:02:41	08:03:18.25	10:34:04.10	+03:00:15 (37.3%)	9:17	6.5 (63.1%)
55	BANDEL Adam	1521		M30	55	03:33:50	02:11:49	04:05:25	06:13:19	08:05:27.95	11:39:18.25	+03:02:25 (37.6%)	9:20	6.4 (62.1%)
56	LEWAK Dominik	1292	BRAVEHEARTS LEGIONOWO	M30	56	03:34:01	02:04:17	03:49:44	05:52:59	08:06:37.55	11:40:38.55	+03:03:34 (37.7%)	9:21	6.4 (62.1%)
57	WAŃKOWICZ Adrian	1036		M30	57	03:33:57	02:01:56	03:59:13	06:06:58	08:07:06.60	11:41:04.35	+03:04:03 (37.8%)	9:22	6.4 (62.1%)
58	BEZULSKI Łukasz	1434	KTS DONKI	M30	58	03:04:48	02:02:51	03:52:38	06:03:44	08:09:08.45	11:13:57.15	+03:06:05 (38.0%)	9:24	6.4 (62.1%)
59	WOLIŃSKI Ryszard	1083	NOWY STYL RUNINNG TEAM	M30	59	03:33:58	02:03:58	03:53:00	06:06:56	08:11:48.10	11:45:46.50	+03:08:45 (38.4%)	9:27	6.3 (61.2%)
60	GLEBA Mariusz	1089		M30	60	03:04:38	02:01:47	03:41:33	05:56:03	08:12:09.45	11:16:47.50	+03:09:06 (38.4%)	9:27	6.3 (61.2%)
61	GUT Mateusz	1225	LEGIA WARSZAWA RUN CLUB	M30	61	03:04:37	02:15:24	04:02:35	06:10:20	08:12:17.10	11:16:54.65	+03:09:14 (38.4%)	9:28	6.3 (61.2%)
62	SAINTEMARIE Arnaud	1402	MARCINSWIERCTEAM	M30	62	02:30:38	02:10:16	03:46:39	05:38:30	08:13:48.65	10:44:26.90	+03:10:45 (38.6%)	9:29	6.3 (61.2%)
63	BUCZKOWSKI Krzysztof	1459	BUCZI TEAM	M30	63	03:04:41	02:00:13	03:51:03	06:13:51	08:16:50.00	11:21:31.05	+03:13:47 (39.0%)	9:33	6.3 (61.2%)
64	CHAŁADYN Sławek	1079	INŻYNIERIA BIEGANIA TEAM	M30	64	03:33:58	02:00:52	03:46:54	06:03:09	08:17:05.75	11:51:04.45	+03:14:02 (39.0%)	9:33	6.3 (61.2%)
65	KĘPARA Marcin	1140	ADVA OPTICAL NETWORKING	M30	65	03:04:28	02:17:05	04:09:52	06:15:01	08:20:19.90	11:24:48.15	+03:17:17 (39.4%)	9:37	6.2 (60.2%)
66	KĘPA Piotr	1230		M30	66	03:34:00	02:02:58	03:49:37	06:17:22	08:20:39.05	11:54:39.05	+03:17:36 (39.5%)	9:37	6.2 (60.2%)
67	MAZUR Mateusz	1417	ORANGE POLSKA	M30	67	03:04:39	02:13:48	04:00:24	06:11:00	08:22:55.45	11:27:34.75	+03:19:52 (39.7%)	9:40	6.2 (60.2%)
68	WOJTUNIK Grzegorz	1122	CZOPEK W DUP.. I DO PRZODU	M30	68	03:34:01	02:12:26	04:04:27	06:21:07	08:25:04.05	11:59:05.55	+03:22:01 (40.0%)	9:42	6.2 (60.2%)
69	STEC Damian	1265	EXMSA	M30	69	03:04:39	02:13:48	04:08:27	06:22:11	08:30:36.15	11:35:15.20	+03:27:33 (40.6%)	9:49	6.1 (59.2%)
70	MAJKOWSKI Grzegorz	1505		M30	70	03:33:53	02:10:44	04:08:24	06:22:14	08:33:32.95	12:07:26.75	+03:30:30 (41.0%)	9:52	6.1 (59.2%)

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71	ŻARNICKI Kamil	1169	STAY INSANE / Z16	M30	71	03:34:04	02:22:26	04:20:12	06:32:24	08:34:47.50	12:08:51.70	+03:31:44 (41.1%)	9:53	6.1 (59.2%)
72	SIEŃKO Łukasz	1470	AKTYWNY DYNÓW	M30	72	02:33:41	02:22:22	04:16:22	06:30:40	08:37:08.90	11:10:50.75	+03:34:06 (41.4%)	9:56	6 (58.3%)
73	DĄBROWSKI Artur	1359		M30	73	03:34:06	02:13:28	04:12:02	06:24:17	08:37:16.50	12:11:23.30	+03:34:13 (41.4%)	9:56	6 (58.3%)
74	MICHAŁSKI Jarosław	1039	HETMAN TARNOWSKIE GÓRY	M30	74	03:34:02	02:13:52	04:07:33	06:19:22	08:39:19.40	12:13:21.60	+03:36:16 (41.6%)	9:59	6 (58.3%)
75	STANIKOWSKI Mariusz	1200		M30	75	03:33:57	02:21:46	04:29:51	06:42:58	08:42:38.75	12:16:35.95	+03:39:35 (42.0%)	10:03	6 (58.3%)
76	HABA Konrad	1476		M30	76	03:33:51	02:12:32	04:19:52	06:36:11	08:44:42.80	12:18:34.75	+03:41:40 (42.2%)	10:05	5.9 (57.3%)
77	KACZMAREK Łukasz	1275	DZIK KOMANDO	M30	77	03:04:39	02:06:45	04:06:47	06:26:30	08:49:27.45	11:54:06.60	+03:46:24 (42.8%)	10:10	5.9 (57.3%)
78	KWIATKOWSKI Kajetan	1419	BUDUJEMY CISZĘ?	M30	78	03:33:55	02:22:18	04:27:30	06:41:28	08:53:30.35	12:27:26.00	+03:50:27 (43.2%)	10:15	5.8 (56.3%)
79	GRZYWIŃSKI Wojtek	1092		M30	79	03:04:27	02:17:06	04:11:43	06:32:33	08:54:51.85	11:59:19.75	+03:51:49 (43.3%)	10:17	5.8 (56.3%)
80	ŁADNO Paweł	1341	MIASTECZKO BIEGACZY	M30	80	01:00:25	02:17:44	04:19:30	06:38:49	08:57:21.75	09:57:46.75	+03:54:18 (43.6%)	10:20	5.8 (56.3%)
81	FORTUNA Michał	1071		M30	81	03:04:43	02:18:50	04:24:47	06:48:36	08:59:19.20	12:04:02.25	+03:56:16 (43.8%)	10:22	5.8 (56.3%)
82	MALETA Marcin	1407	LPP TEAM	M30	82	01:00:26	02:34:25	04:32:27	06:52:02	08:59:34.10	10:00:00.15	+03:56:31 (43.8%)	10:22	5.8 (56.3%)
83	OLIŃSKI Paweł	1099		M30	83	03:33:53	02:15:17	04:13:56	06:45:20	09:04:19.65	12:38:13.35	+04:01:16 (44.3%)	10:28	5.7 (55.3%)
84	OPALA Krzysztof	1108	AUTISM FATHER	M30	84	02:30:46	02:22:53	04:24:25	06:45:59	09:04:48.05	11:35:34.75	+04:01:45 (44.4%)	10:28	5.7 (55.3%)
85	JAROSZ Marcin	1488		M30	85	03:33:55	02:20:01	04:22:57	06:49:24	09:07:21.35	12:41:17.20	+04:04:18 (44.6%)	10:31	5.7 (55.3%)
86	BOJAROWSKI Krzysztof	1164		M30	86	01:00:27	02:25:53	04:19:55	06:48:04	09:08:14.80	10:08:42.60	+04:05:12 (44.7%)	10:32	5.7 (55.3%)
87	GÓRKA Patryk	1270	MONAR GRACZE	M30	87	02:30:50	02:28:15	04:21:27	06:34:06	09:08:19.35	11:39:09.70	+04:05:16 (44.7%)	10:32	5.7 (55.3%)
88	KOWALIK Marcin	1049		M30	88	01:00:25	02:25:46	04:37:58	06:51:25	09:13:24.75	10:13:50.20	+04:10:21 (45.2%)	10:38	5.6 (54.4%)
89	ZAJĄC Paweł	1101	ULTRAZAJONC	M30	89	02:30:39	02:28:53	04:31:31	06:51:22	09:13:29.60	11:44:08.75	+04:10:26 (45.2%)	10:38	5.6 (54.4%)
90	STASIŃSKI Paweł	1342		M30	90	03:04:54	02:23:29	04:33:59	06:55:38	09:15:49.10	12:20:43.35	+04:12:46 (45.5%)	10:41	5.6 (54.4%)
91	BUJAK Krzysztof	1168		M30	91	02:30:42	02:25:59	04:23:14	06:44:20	09:20:16.50	11:50:59.30	+04:17:13 (45.9%)	10:46	5.6 (54.4%)
92	OSICA Łukasz	1339		M30	92	03:04:41	02:28:31	04:42:21	07:06:37	09:23:21.25	12:28:02.85	+04:20:18 (46.2%)	10:50	5.5 (53.4%)
93	PODGÓRNIAK Artur	1025	ZADYSZKA	M30	93	03:33:56	02:21:49	04:46:19	07:25:39	09:27:11.75	13:01:08.30	+04:24:08 (46.6%)	10:54	5.5 (53.4%)
94	KAWA Michał	1250		M30	94	03:04:25	02:18:53	04:29:30	06:59:42	09:28:01.40	12:32:27.10	+04:24:58 (46.6%)	10:55	5.5 (53.4%)
95	AUGUSTYN Mariusz	1256	BRZYSKITRITEAM	M30	95	01:00:28	02:39:27	04:51:11	07:17:48	09:36:21.65	10:36:49.70	+04:33:18 (47.4%)	11:05	5.4 (52.4%)
96	BIELSKI Dawid	1167		M30	96	01:00:27	02:25:53	04:39:30	07:13:52	09:36:56.20	10:37:23.65	+04:33:53 (47.5%)	11:05	5.4 (52.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	P2_Roztoki 12km	P3_Solinka 26km	P2_Roztoki 38km	Czas netto 52km	Czas brutto 52km	Różn	Tempo min/km	Tempo km/h
97	STRUSKI Robert	1035	ZADYSZKA	M30	97	03:33:58	02:18:59	04:34:31	07:09:05	09:40:52.45	13:14:50.45	+04:37:49 (47.8%)	11:10	5.4 (52.4%)
98	BORKOWSKI Michał	1420	CB163	M30	98	03:04:35	02:38:30	04:57:51	07:16:57	09:41:03.90	12:45:39.50	+04:38:01 (47.8%)	11:10	5.4 (52.4%)
99	WRÓBLEWSKI Lech	1000	WTORKOWY TRENING	M30	99	01:00:26	02:42:45	04:55:09	07:23:11	09:45:46.30	10:46:12.80	+04:42:43 (48.3%)	11:15	5.3 (51.5%)
100	ANDRZEJEWSKI Maciej	1516		M30	100	02:30:38	02:36:51	05:02:08	07:39:34	10:13:23.35	12:44:02.30	+05:10:20 (50.6%)	11:47	5.1 (49.5%)
101	GODLEWSKI Paweł	1503		M30	101	02:30:50	02:25:37	04:40:02	07:20:20	10:20:51.10	12:51:41.15	+05:17:48 (51.2%)	11:56	5 (48.5%)
102	ABOU NADER Toufic	1326		M30	102	03:04:45	02:44:56	05:16:03	08:02:29	10:25:33.05	13:30:18.30	+05:22:30 (51.6%)	12:01	5 (48.5%)
103	MARKOWSKI Krystian	1517	SOKÓLSKA GRUPA BIEGOWA	M30	103	03:04:52	02:38:19	05:01:40	07:47:27	10:30:41.00	13:35:33.10	+05:27:38 (51.9%)	12:07	4.9 (47.6%)
104	BARANOWSKI Łukasz	1176		M30	104	02:32:07	02:37:54	05:06:12	07:55:52	10:34:47.50	13:06:54.90	+05:31:44 (52.3%)	12:12	4.9 (47.6%)
105	KĄDZIOŁKA Łukasz	1425	K2	M30	105	02:30:34	02:38:26	05:54:06	08:46:04	10:41:49.30	13:12:23.45	+05:38:46 (52.8%)	12:20	4.9 (47.6%)
106	HOŁODY Grzegorz	1019	OPATOWSCY BIEGACZE	M30	106	01:00:25	02:38:17	05:31:53	08:12:19	10:52:47.35	11:53:12.70	+05:49:44 (53.6%)	12:33	4.8 (46.6%)
107	KORNAK Michał	1309		M30	107	00:00:04	03:27:59	06:30:53	09:58:24	14:50:47.35	14:50:52.00	+09:47:44 (66.0%)	17:07	3.5 (34.0%)
	OCHYRA Konrad	1336	SOLINA TEAM	M30		DNF	02:08:02 DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	MAJONEK Artur	1201	ZMORDOWANI ŻYCIEM	M30		DNF	02:52:14 DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	WÓJCIK Michał	1043	STAY INSANE	M30		DNF	DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)
	LUBECKI Miłosz	1219		M30		DNF	DNF	DNF	DNF	DNF	DNF	-	-	- (0.0%)

Znaleziono 111 wynik(ów)