



VIII KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM

B4SPORT

Organizator: Koszalińskie Towarzystwo Krzewienia Kultury
Fizycznej
Data: 2016-12-31
Miejsce: Koszalin
Dystans: 5.3 km



Klasyfikacja: Wszyscy

Punkt pomiarowy: 3,4 km

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	Start_All 1.7km	Start_All 3.4km
1	BEDNARZ Paweł	31	13-TY FUN CLUB ASI CHMIEL:*	M30-39	00:00:15	00:05:32	00:11:37
2	GUZOWSKI Denis	104	TALEX BORYSŁAW BORZYTUCHOM	M18-29	00:00:15	00:05:53	00:12:04
3	WENT Jakub	342		M30-39	00:00:15	00:06:01	00:12:04
4	RUDNIK Krzysztof	278	NIGHT RUNNERS SŁUPSK	M30-39	00:00:15	00:05:53	00:12:05
5	KURKUL Przemek	189	PAŁÓWKO	M18-29	00:00:16	00:06:08	00:12:24
6	ORZECOWSKI Kamil	240		M18-29	00:00:16	00:06:06	00:12:25
7	BARTKOWIAK Janusz	28	K.B. ZDRÓJ MENTOR	M18-29	00:00:15	00:06:09	00:12:29
8	KULCZYK Jerzy	435		M50-59	00:00:15	00:06:07	00:12:29
9	GOSTKOWSKI Łukasz	95	KB GOCH BYTÓW	M18-29	00:00:18	00:06:17	00:12:32
10	WIERZEJSKI Sławomir	348	KLUB BIEGACZA 'GOCH' BYTÓW	M40-49	00:00:15	00:06:19	00:12:35
11	LEŚNIEWSKI Konrad	193	KB BRYZA POSTOMINO	M18-29	00:00:15	00:06:12	00:12:35
12	GARSKI Kryspin	86	ŚWIAT PŁYTEK U KRYSPIŃA	M40-49	00:00:16	00:06:19	00:12:36
13	EMILIT Grzegorz	76	DZIESIĄTKA BIAŁOGARD	M30-39	00:00:17	00:06:19	00:12:37
14	KURKUL Janek	188	KB BRYZA POSTOMINO	M14-17	00:00:17	00:06:11	00:12:43
15	RUDNIKOWSKI Maciej	279	BIEGUZDROWISKOWY.PL	M40-49	00:00:16	00:06:12	00:12:44
16	PEC Marek	251		M40-49	00:00:15	00:06:19	00:12:58
17	SZEWCZUK Paweł	308		M30-39	00:00:16	00:06:18	00:13:01
18	USTIANOWSKI Wojciech	329	JW 1223 (ROZBIEGANY KOSZALIN)	M18-29	00:00:17	00:06:28	00:13:04
19	JAŻWIŃSKI Dawid	129	TKKF KOSZALIN	M14-17	00:00:16	00:06:12	00:13:05
20	WOJTALIK Łukasz	412	POŁCZYN -ZDRÓJ BIEGA	M30-39	00:00:16	00:06:17	00:13:05
21	KLIMOWICZ Michał	151	NIEZRZESZONY	M18-29	00:00:17	00:06:27	00:13:10
22	WOJCIECHOWICZ Jacek	407	WWW.STUDIOTANCAPASJA.PL	M30-39	00:00:16	00:06:33	00:13:21
23	GRZESIK Eugeniusz	102	TKKF KOSZALIN	M50-59	00:00:15	00:06:33	00:13:22
24	RODZIEWICZ Marcin	273		M30-39	00:00:16	00:06:38	00:13:25
25	WÓJCIK Damian	418	RUNNERSWALDE DARŁOWO	M40-49	00:00:19	00:06:41	00:13:29
26	MOSEK Radosław	220		M30-39	00:00:18	00:06:37	00:13:30
27	RUDZIŃSKI Adam	261		M40-49	00:00:16	00:06:33	00:13:31
28	LUBLEWSKI Dawid	436		M18-29	00:00:18	00:06:32	00:13:31

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	Start_All 1.7km	Start_All 3.4km
29	CZAPLIŃSKI Jacek	60		M30-39	00:00:18	00:06:30	00:13:32
30	SZAMREJ Wojciech	306		M50-59	00:00:18	00:06:37	00:13:34
31	WOJDASIEWICZ Tadeusz	411		M30-39	00:00:19	00:06:47	00:13:38
32	CHUDY Henryk	53	K S OLSZEWSKI I SYNOWIE	M60-69	00:00:18	00:06:44	00:13:45
33	HRYCYK Anna	114		K14-17	00:00:18	00:06:45	00:13:50
34	UZNAŃSKI Ryszard	330	KOŁOBRZEG BIEGA	M40-49	00:00:16	00:06:47	00:13:53
35	ŁUKAWSKI Mariusz	198	JW 1223	M18-29	00:00:19	00:06:47	00:14:00
36	BIEDRZYCKI Krzysztof	32	CW FANZA	M40-49	00:00:17	00:06:50	00:14:02
37	STĘŻAŁA Artur	300	JW1223	M40-49	00:00:17	00:06:49	00:14:02
38	WEBER Paweł	339	BAŁTYK KOSZALIN	M30-39	00:00:18	00:06:44	00:14:06
39	HAMER Szymon	433		M30-39	00:00:18	00:06:46	00:14:07
40	KISIELEWICZ Krzysztof	439	KORZYBSKIE REKINY	M18-29	00:00:21	00:07:02	00:14:07
41	WUJTIUK Piotr	417		M40-49	00:00:18	00:06:56	00:14:09
42	WALTER Przemysław	336	10 BIAŁOGARD	M40-49	00:00:18	00:07:03	00:14:14
43	SZYMAŃSKI Piotr	314	POŁCZYN ZDRÓJ BIEGA	M30-39	00:00:34	00:07:13	00:14:19
44	ŻEROMSKI Dawid	426		M18-29	00:00:18	00:06:59	00:14:22
45	WILKOWSKI Krzysztof	401		M30-39	00:00:17	00:07:04	00:14:28
46	ZBOIŃSKI Wojciech	422		M40-49	00:00:19	00:07:11	00:14:28
47	NOWAKOWSKI Rafał	236		M30-39	00:00:25	00:07:15	00:14:29
48	CHOŁUJ Jarek	50	ROZBIEGANY KOSZALIN	M40-49	00:00:29	00:07:16	00:14:29
49	JAMNIAK Bartosz	120	MTS HAMER MIASTKO	M18-29	00:00:16	00:06:54	00:14:30
50	NOWACZYK Christian	235		M18-29	00:00:21	00:07:05	00:14:31
51	FRONTCZAK Izabela	82	TKKF KOSZALIN	K18-29	00:00:19	00:07:00	00:14:32
52	WINKEL Łukasz	403		M40-49	00:00:18	00:07:17	00:14:34
53	ŚNIADECKI Wojciech	317		M18-29	00:00:16	00:06:50	00:14:39
54	ŻYLICZ Paweł	431	STOPA SŁUPSK	M18-29	00:00:17	00:07:13	00:14:40
55	PĘKAŁA Piotr	256	ROZBIEGA KOSZALIN	M40-49	00:00:23	00:07:14	00:14:45
56	CZERSKI Paweł	62		M18-29	00:00:18	00:07:18	00:14:51
57	RUTKOWSKI Ryszard	282	RUTKOWSKI TEAM	M50-59	00:00:20	00:07:18	00:14:55
58	KRACZKOWSKI Przemysław	170		M30-39	00:00:35	00:07:26	00:14:55
59	SZAŁKOWSKI Wojtek	305	TUPOT USTKA	M40-49	00:00:34	00:07:34	00:14:56
60	PERCZYŃSKI Jarek	255		M40-49	00:00:17	00:06:56	00:14:58
61	FILIPEK Damian	80		M18-29	00:00:16	00:06:54	00:14:59
62	CHAJNOWSKI Jarosław	48	TKKF TRIATHLON KOSZALIN	M50-59	00:00:22	00:07:34	00:15:01
63	IWANIEC Dariusz	116	TKKF KOSZALIN	M40-49	00:00:18	00:07:15	00:15:02
64	ADAMCZAK Andrzej	26	TRIATHLON KOSZALIN LABO SPORT	M50-59	00:00:22	00:07:34	00:15:02
65	MICHAŁSKI Jakub	218	TRIATHLON KOSZALIN	M40-49	00:00:21	00:07:35	00:15:03
66	MOSIOŁEK Piotr	221		M40-49	00:00:22	00:07:34	00:15:03
67	KOSIŃSKI Mateusz	164	DRUŻYNA SZPIKU	M18-29	00:00:27	00:07:30	00:15:04
68	KLEMANN Paweł	150		M30-39	00:00:16	00:07:20	00:15:05
69	NIEMCZUK Dariusz	233	JAMNO	M50-59	00:00:21	00:07:36	00:15:05
70	KONIECZNA Anka	156	ROZBIEGANY KOSZALIN	K40-49	00:00:20	00:07:24	00:15:08
71	ROGOŻA Ireneusz	276	BIEGNIJMY.PL	M40-49	00:00:19	00:07:26	00:15:10
72	CHROSTEK Adam	52		M40-49	00:00:24	00:07:32	00:15:11
73	DESZCZ Tomasz	434	RONIN GOLDTEAM	M18-29	00:00:15	00:06:52	00:15:12

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	Start_All 1.7km	Start_All 3.4km
74	PSTRAŃGOWSKI Marcin	442	DZIKI KOSZALIN	M30-39	00:00:20	00:07:19	00:15:12
75	BOBER Jakub	37		M18-29	00:00:21	00:07:12	00:15:12
76	KRAKOWIAK Sławomir	172	COSSG KOSZALIN	M40-49	00:00:24	00:07:37	00:15:12
77	KRAWCZYK Tomasz	177		M30-39	00:00:21	00:07:30	00:15:13
78	JĘDRASZKO Magda	130	MTS HAMER	K30-39	00:00:20	00:07:31	00:15:14
79	GOŁUŃSKA Renata	93		K30-39	00:00:21	00:07:33	00:15:14
80	JARZYNA Roman	126		M40-49	00:00:17	00:07:27	00:15:18
81	WASYLÓW Mateusz	337	DROZDOWO	M18-29	00:00:18	00:07:10	00:15:19
82	SIENICKI Piotr	286	OPIUM	M40-49	00:00:23	00:07:31	00:15:21
83	SHTEFAN Yuliia	285	KU AZS PWSZ KOSZALIN	K30-39	00:00:17	00:07:19	00:15:22
84	GLISZCZYŃSKI Łukasz	89	SPRINT SŁAWNO	M14-17	00:00:16	00:07:19	00:15:23
85	KUBIŃSKI Rafał	184	NIGHT RUNNERS SŁUPSK	M50-59	00:00:19	00:07:34	00:15:23
86	KILAR Tomasz	148		M40-49	00:00:25	00:07:32	00:15:25
87	KOWALCZYK Mariusz	167	WZAJEMNEJ ADORACJI:-)	M40-49	00:00:21	00:07:35	00:15:27
88	HOC Dariusz	110		M40-49	00:00:24	00:07:38	00:15:28
89	CHWALEBA Jan	55		M50-59	00:00:28	00:07:38	00:15:28
90	STRUMIŃSKI Rafał	302	DZIKI KOSZALIN	M30-39	00:00:20	00:07:35	00:15:29
91	PARDEJ Liliana	246		K18-29	00:00:20	00:07:40	00:15:30
92	KOSECKA Katarzyna	159	KB WYGAN	K30-39	00:00:38	00:07:36	00:15:31
93	MICERSKI Tomasz	216	TKKF KOSZALIN	M40-49	00:00:34	00:07:44	00:15:33
94	GOTOWAŁA Rafał	96		M30-39	00:00:21	00:07:40	00:15:34
95	KUŁAKOWSKI Dawid	185	TKKF KOSZALIN	M30-39	00:00:32	00:07:46	00:15:35
96	WICHER Krzysztof	345	ADWOKATURA	M30-39	00:00:19	00:07:34	00:15:38
97	SZABLA Ewelina	304		K30-39	00:00:19	00:07:35	00:15:38
98	ŚNIEŻKO Marcin	318	TKKF KOSZALIN	M30-39	00:00:21	00:07:37	00:15:38
99	MUCHA Krzysztof	224		M30-39	00:00:19	00:07:47	00:15:39
100	GOŃKA Krzysztof	94	DECATHLON KOSZALIN	M18-29	00:00:20	00:07:39	00:15:39
101	JAROSZEWSKI Daniel	125	ROZBIEGANY KOSZALIN	M30-39	00:00:22	00:07:40	00:15:39
102	GARSKA Joanna	85	ŚWIAT PŁYTEK U KRYSPIŃA	K40-49	00:00:20	00:07:37	00:15:40
103	RUTKOWSKI Artur	283		M18-29	00:00:21	00:07:26	00:15:41
104	CYBULSKI Robert	57	MTS HAMER MIASTKO	M40-49	00:00:26	00:07:51	00:15:41
105	WIATRZYK Krzysztof	344	DARŁOWO	M40-49	00:00:22	00:07:50	00:15:42
106	TESKA Bartosz	322	TKKF KOSZALIN	M30-39	00:00:20	00:07:36	00:15:43
107	KRASIŃSKI Witold	174		M40-49	00:00:23	00:07:45	00:15:43
108	KISIELIŃSKI Igor	149		M50-59	00:00:25	00:07:47	00:15:44
109	DOMASZK Zbigniew	70		M40-49	00:00:16	00:07:42	00:15:45
110	KRUPIŃSKI Krzysztof	178	E-UROLOG	M50-59	00:00:22	00:07:59	00:15:47
111	ZACHCIAŁ-PEC Joanna	419		K40-49	00:00:11	00:07:44	00:15:48
112	NIECKARZ Monika	231		K30-39	00:00:17	00:07:48	00:15:48
113	NIECKARZ Krzysztof	232		M30-39	00:00:17	00:07:48	00:15:48
114	MATYSIUK Grzegorz	210	7BOW	M40-49	00:00:19	00:07:50	00:15:49
115	GOŁDYN Marek	92	TKKF KOSZALIN	M30-39	00:00:24	00:07:48	00:15:49
116	SZYMAŃSKI Piotr	315		M40-49	00:00:36	00:07:49	00:15:50
117	PUŚCIAN Krzysztof	263	GIMNAZJUM W MANOWIE	M40-49	00:00:25	00:07:47	00:15:51
118	KUBIAK Andrzej	182		M60-69	00:00:21	00:07:52	00:15:54

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	Start_All 1.7km	Start_All 3.4km
119	WACHOLC Michał	333		M18-29	00:00:21	00:07:52	00:15:55
120	KAZIMIEROWICZ Radosław	144	VTT KOSZALIN	M30-39	00:00:22	00:07:45	00:15:58
121	STAWISZYNSKI Jarosław	298	FORUM ROZWOJU KOSZALINA	M30-39	00:00:41	00:07:53	00:15:59
122	KRZEWIŃSKA Małgorzata	180	TKKF KOSZALIN	K50-59	00:00:20	00:07:56	00:16:00
123	NACHYŁA Paweł	227	DZIKI KOSZALIN	M18-29	00:00:29	00:08:03	00:16:02
124	KUTKOWSKI Marcin	190		M30-39	00:00:18	00:07:53	00:16:04
125	KALISZUK Damian	138		M30-39	00:00:27	00:07:57	00:16:04
126	ZDROWIECKI Artur	423		M30-39	00:00:17	00:07:25	00:16:06
127	TURCZYN Grzegorz	326	NIGHT RUNNERS SŁUPSK	M40-49	00:00:24	00:07:41	00:16:06
128	KLOSKOWSKI Dariusz	152	NIGHT RUNNERS SŁUPSK	M40-49	00:00:19	00:07:50	00:16:11
129	WOJCIECHOWSKA-HRYCYK Agata	409		K40-49	00:00:20	00:07:56	00:16:13
130	PIECHOTA Robert	257		M40-49	00:00:18	00:07:34	00:16:16
131	ŁABEJSZA Łukasz	195	WOJOWNICY WODY	M30-39	00:00:32	00:08:13	00:16:16
132	ŚWIETLIK Tomasz	320		M50-59	00:00:27	00:08:04	00:16:17
133	MALINOWSKI Mariusz	203		M30-39	00:00:22	00:07:59	00:16:18
134	SABISZ Krzysztof	284		M18-29	00:00:28	00:08:17	00:16:18
135	CYBULSKI Robert	58	MTS HAMER MIASTKO	M14-17	00:00:27	00:08:18	00:16:19
136	BŁANK Krystian	35		M18-29	00:00:27	00:08:19	00:16:19
137	DUDZIAK Piotr	72	KOSZALIN	M40-49	00:00:24	00:07:52	00:16:20
138	PRUS Mikołaj	441		M18-29	00:00:25	00:08:19	00:16:20
139	TUKAJSKI Tomasz	325	BIKE U UP	M30-39	00:00:23	00:07:59	00:16:21
140	CAŁA Bartosz	47	KARATE KLUB BYTÓW	M30-39	00:00:37	00:08:14	00:16:21
141	KAŻMIERCZAK Robert	145		M40-49	00:00:22	00:07:51	00:16:22
142	MARKOWSKA Natalia	205	MTS HAMER MIASTKO	K14-17	00:00:27	00:08:17	00:16:22
143	PEŁKA Janusz	254		M50-59	00:00:20	00:07:47	00:16:23
144	LASKOWSKI Grzegorz	192		M18-29	00:00:23	00:07:58	00:16:23
145	JANUSZEWSKI Jacek	124	17 WOG KOSZALIN	M50-59	00:00:28	00:08:07	00:16:23
146	CYBULSKI Szymon	59	MTS HAMER MIASTKO	M14-17	00:00:26	00:08:16	00:16:24
147	WYGANOWSKI Andrzej	427	WYGAN KOŁOBRZEG	M70+	00:00:23	00:08:07	00:16:26
148	WALTER Joanna	335	10 BIAŁOGARD	K40-49	00:00:25	00:08:19	00:16:28
149	DĄBROWSKI Grzegorz	69		M40-49	00:00:30	00:08:07	00:16:28
150	NAGRABECKI Hubert	229	HUBCIO TEAM :)	M30-39	00:00:35	00:08:14	00:16:28
151	HRYCIÓW Paweł	113	BIAŁOGARD	M30-39	00:00:28	00:08:11	00:16:29
152	ROGAŁSKI Roberto	275	TKKF KOSZALIN	M30-39	00:00:35	00:07:56	00:16:30
153	JUSZCZAK Krzysztof	132		M60-69	00:00:35	00:08:22	00:16:33
154	SKOWYRSKI Janusz	289	TKKF KOSZALIN	M50-59	00:00:19	00:08:01	00:16:34
155	BORKOWSKA-KOWALCZYK Daria	40	WOMEN'S FIGHT CLUB KOSZALIN	K30-39	00:00:21	00:08:10	00:16:34
156	FIGURA Arkadiusz	79	KONIKOWO	M40-49	00:00:18	00:08:00	00:16:35
157	PEC Daniel	252		M14-17	00:00:15	00:08:08	00:16:36
158	ŻANDARSKI Paweł	425		M18-29	00:00:17	00:08:01	00:16:36
159	OTTO Michał	243		M30-39	00:00:19	00:08:01	00:16:36
160	DZIESZUK Dariusz	75	TKKF KOSZALIN	M40-49	00:00:24	00:08:19	00:16:38
161	CHUDZIK Zbigniew	54	TKKF KOSZALIN	M50-59	00:00:23	00:08:20	00:16:39
162	CHWALEBA Maciej	56		M18-29	00:00:28	00:08:18	00:16:39
163	NADSTAWNY Marek	228		M30-39	00:00:22	00:08:10	00:16:40

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	Start_All 1.7km	Start_All 3.4km
164	GROCHOWSKI Rafał	101		M40-49	00:00:26	00:08:09	00:16:40
165	RUDZIŃSKI Bronisław	281		M60-69	00:00:26	00:08:13	00:16:41
166	KALOCIŃSKI Krzysztof	139	ROZBIEGANY KOSZALIN	M30-39	00:00:26	00:08:30	00:16:41
167	DĄBROWSKA Anna	68		K30-39	00:00:22	00:08:13	00:16:42
168	BIL Adrian	34		M30-39	00:00:22	00:08:13	00:16:42
169	KAMIŃSKI Tomasz	140	JEDNOSTKA WOJSKOWA 1223	M30-39	00:00:17	00:07:59	00:16:43
170	BOGACKA Lucyna	38	TKKF KOSZALIN	K50-59	00:00:19	00:08:14	00:16:44
171	FELSKI Łukasz	78		M30-39	00:00:43	00:08:11	00:16:47
172	MADEJ Krzysztof	200		M30-39	00:00:29	00:08:15	00:16:48
173	GRABOWSKA-LESISZ Aneta	98		K30-39	00:00:19	00:08:01	00:16:50
174	REMPŁAKOWSKI Krzysztof	270	WE RUN	M40-49	00:00:35	00:08:30	00:16:52
175	PRZYMORSKI Waldemar	259	W.P.K. SŁOŃ TEAM USTKA	M40-49	00:00:36	00:08:28	00:16:55
176	ROMBALSKA Julia	277	AWFIS GDAŃSK	K18-29	00:00:25	00:08:28	00:16:58
177	DRABKOWSKA Agnieszka	71		K30-39	00:00:16	00:08:08	00:16:59
178	JASIŃSKI Cezary	128	UBUDUBU	M40-49	00:00:18	00:08:14	00:16:59
179	OSOBNIAK Ryszard	241	ROZBIEGANY KOSZALIN	M60-69	00:00:33	00:08:25	00:17:01
180	STOKROCKI Wojciech	301		M30-39	00:00:41	00:08:42	00:17:01
181	KOZŁOWIECKI Waldemar	169	TKKF KOSZALIN	M60-69	00:00:16	00:08:29	00:17:02
182	GRZYBOWSKI Piotr	103	KB RUN 42	M40-49	00:00:26	00:08:23	00:17:02
183	STASIAK Grzegorz	296		M30-39	00:00:40	00:08:43	00:17:02
184	JANKOWSKI Grzegorz	123	ŚWIAT PŁYTEK U KRYSPIŃ	M40-49	00:00:23	00:08:09	00:17:03
185	KOWALCZYK Piotr	166		M30-39	00:00:29	00:08:21	00:17:04
186	MEGIER Wojtek	212		M50-59	00:00:26	00:08:25	00:17:07
186	KUBIŃSKA Beata	183	NIGHT RUNNERS SŁUPSK	K40-49	00:00:20	00:08:32	00:17:08
188	GŁUCH Katarzyna	91		K30-39	00:00:25	00:08:27	00:17:08
189	SZULC Marek	313		M50-59	00:00:32	00:08:42	00:17:08
190	JABŁOŃSKI Tomasz	117	AR SPOKO SŁAWNO	M30-39	00:00:36	00:08:44	00:17:09
191	MĘDEL Cezary	214		M40-49	00:00:29	00:08:34	00:17:17
192	JASIENIECKI Piotr	127		M40-49	00:00:23	00:08:37	00:17:18
193	MĘDEL Marta	215		K40-49	00:00:29	00:08:34	00:17:18
194	MAJCHRZAK Paweł	201	SUNDAYBIKERS KARLINO TEAM	M40-49	00:00:23	00:08:34	00:17:21
195	WENCLAWSKI Michał	341	ARAGORTEAM\ NIGHT RUNNERS SŁUPSK	M18-29	00:00:24	00:08:34	00:17:21
196	MEJER Aleksandra	213		K14-17	00:00:28	00:08:37	00:17:23
197	RADECKA Katarzyna	266		K30-39	00:00:26	00:08:39	00:17:26
198	OSOWSKI Andrzej	242	OSATEAM	M40-49	00:00:23	00:08:07	00:17:28
199	MARZEC Łukasz	207		M30-39	00:00:27	00:08:30	00:17:28
200	GREBIENIK Andrzej	100		M40-49	00:00:32	00:08:50	00:17:29
201	ATALSKI Damian	27		M30-39	00:00:33	00:08:37	00:17:30
202	RUDZIK Grzegorz	280	KL 'ISKRA' BIAŁOGARD	M30-39	00:00:27	00:08:29	00:17:33
203	RABKA Monika	265		K30-39	00:00:29	00:08:44	00:17:35
204	FAJGIER Tomasz	77		M40-49	00:00:20	00:08:23	00:17:39
205	PUCHAŁSKI Marcin	262		M30-39	00:00:38	00:08:35	00:17:42
206	NIWIŃSKI Grzegorz	234	K.B. TUPOT USTKA	M50-59	00:00:42	00:08:52	00:17:42
207	GŁOWACKI Włodzimierz	90		M70+	00:00:16	00:08:29	00:17:44
208	KACZMAREK Łukasz	136	1984	M30-39	00:00:35	00:08:39	00:17:45

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	Start_All 1.7km	Start_All 3.4km
209	WOJCIECHOWSKI Andrzej	410		M40-49	00:00:24	00:08:48	00:17:48
210	CHROSTEK Dorota	51		K40-49	00:00:24	00:08:52	00:17:48
211	HOC Agnieszka	111		K30-39	00:00:24	00:08:48	00:17:48
212	JANKOWSKA Justyna	122		K30-39	00:00:30	00:08:39	00:17:48
213	JURA Kazimierz	131	MTS HAMER	M60-69	00:00:38	00:08:49	00:17:48
214	WĘGIEL Aleksandra	343		K18-29	00:00:26	00:08:39	00:17:50
215	KĘPKA Mirosław	147	K.B.SPRINT ŚWIDWIN	M40-49	00:00:29	00:08:54	00:17:50
216	KOŁAKOWSKI Dariusz	154	K.B.SPRINT ŚWIDWIN	M40-49	00:00:29	00:08:54	00:17:50
217	HRYCAJ Tomasz	112		M30-39	00:00:25	00:08:46	00:17:51
218	WILIŃSKI Marek	349	K. B SPRINT ŚWIDWIN	M50-59	00:00:28	00:08:55	00:17:51
219	SZULC Szymon	437		M30-39	00:00:32	00:08:54	00:17:52
220	KARNICKI Zygmunt	142	TKKF KOSZALIN	M60-69	00:00:25	00:08:37	00:17:53
221	WALCZAK Agnieszka	334	TKKF KOSZALIN	K40-49	00:00:29	00:08:47	00:17:53
222	RETERSKI Damian	272		M14-17	00:00:30	00:08:49	00:17:56
223	RETERSKI Przemysław	271		M30-39	00:00:30	00:08:49	00:17:58
224	KONKEL Joanna	157	MKS 'ŚWIĘC SŁAWNO'	K50-59	00:00:23	00:09:03	00:17:59
225	KRYGIER Ireneusz	179	W.P.K SŁOŃ TEAM USTKA	M30-39	00:00:36	00:08:55	00:17:59
226	JAKÓBCZAK Dariusz	118		M40-49	00:00:26	00:08:49	00:18:02
227	HELLER Zdzisław	108	NIEZRZESZONY	M60-69	00:00:36	00:08:56	00:18:02
228	DĄBROWSKA Alicja	67	TKKF KOSZALIN	K50-59	00:00:33	00:09:01	00:18:03
229	PUZYREWSKI Wojciech	264	FORREST GUMP	M30-39	00:00:33	00:09:36	00:18:05
230	KOWALSKA Magdalena	247		K18-29	00:00:25	00:08:44	00:18:09
231	KACAŁA Olga	133		K30-39	00:00:24	00:08:45	00:18:11
232	NOWIŃSKA Wiktoria	237	AML SŁUPSK	K14-17	00:00:22	00:09:01	00:18:16
233	WACHHOLZ Beata	332	KB BRYZA POSTOMINO	K40-49	00:00:22	00:09:10	00:18:17
234	KLENIEWICZ Piotr	440		M50-59	00:00:17	00:08:52	00:18:20
235	DANOWSKI Maciej	65	FITNESS CLUB FORMA	M40-49	00:00:25	00:08:57	00:18:20
236	GRAJ Joanna	99		K18-29	00:00:36	00:09:03	00:18:22
237	MRUGALSKI Stanisław	223		M50-59	00:00:43	00:09:11	00:18:27
238	FRUBA Karina	83	STOPA SŁUPSK	K30-39	00:00:24	00:09:01	00:18:29
239	BASIAK Krystian	30	KOSZALIN	M30-39	00:00:17	00:09:05	00:18:30
240	WIERZBICKI Kacper	347		M18-29	00:00:16	00:09:06	00:18:32
241	HAŁKA Ola	106		K18-29	00:00:24	00:09:01	00:18:36
242	KOTULSKI Piotr	165	KLUB BIEGACZY JYSK	M30-39	00:00:28	00:09:05	00:18:36
243	MICHALAK Kamila	217		K30-39	00:00:28	00:09:05	00:18:36
244	SPICA Łukasz	294		M18-29	00:00:30	00:09:13	00:18:39
245	ORYSZCZYN Arkadiusz	239		M30-39	00:00:30	00:09:13	00:18:40
246	SIKORSKI Witold	287	KB RUN 42	M50-59	00:00:29	00:09:25	00:18:48
247	HNATOWSKI Artur	109	DM FC KOSZALIN	M40-49	00:00:37	00:09:08	00:18:48
248	ŻUREK Daniel	430		M30-39	00:00:16	00:09:35	00:18:51
249	WOLAŃSKI Maciej	415		M14-17	00:00:30	00:09:26	00:18:54
250	PAULIŃSKI Jan	249	JAMNO	M60-69	00:00:21	00:09:06	00:18:57
251	KOMOROWSKA Beata	155	ROZBIEGANY KOSZALIN	K30-39	00:00:29	00:09:29	00:18:58
252	KOSECKI Tomasz	162		M30-39	00:00:39	00:09:49	00:18:59
253	ŻYWOT Norbert	432	PARKRUN KOŁOBRZEG	M40-49	00:00:27	00:09:25	00:19:03

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	Start_All 1.7km	Start_All 3.4km
254	KOLASA Tomasz	153	KĄPIELE NA SPONTANIE	M40-49	00:00:27	00:09:25	00:19:03
255	NAPIERAŁA Marcin	230		M30-39	00:00:36	00:09:43	00:19:05
256	MALINOWSKA-BURDA Aleksandra	202		K18-29	00:00:33	00:09:29	00:19:06
257	WOLAŃSKI Mariusz	414		M50-59	00:00:17	00:09:39	00:19:07
258	ŚRODA Wojciech	319		M40-49	00:00:34	00:09:36	00:19:07
259	IMIOŁEK Jacek	115	BIEGNIJMY.PL	M40-49	00:00:37	00:09:30	00:19:08
260	SZPAKOWSKA Paulina	311		K18-29	00:00:40	00:09:44	00:19:10
261	PSTRĄGOWSKA Marlena	260		K30-39	00:00:32	00:09:33	00:19:11
262	SKIERKA Grzegorz	288		M30-39	00:00:34	00:09:36	00:19:12
263	FRASZKIEWICZ Jarosław	81		M40-49	00:00:37	00:09:34	00:19:13
264	TRZEŚNIEWSKI Zbigniew	324	NIEZRZESZONA	M40-49	00:00:37	00:09:35	00:19:13
265	KOSECKA Sylwia	160		K18-29	00:00:39	00:09:49	00:19:13
266	STRZELECKA-DRAGUN Halina	303		K60+	00:00:34	00:09:40	00:19:15
267	WAWRZYNIAK Karolina	338		K18-29	00:00:34	00:09:28	00:19:15
268	KACAŁA Jacek	134		M30-39	00:00:36	00:09:38	00:19:15
269	WIERZBICKI Sylwester	346	DARŁOWO	M30-39	00:00:32	00:09:31	00:19:16
270	SZKATULSKI Tomasz	309		M18-29	00:00:33	00:09:30	00:19:16
271	BRESZKA Paweł	43		M40-49	00:00:32	00:09:31	00:19:17
272	DYRCZ Marika	74		K30-39	00:00:34	00:09:56	00:19:18
273	BONISŁAWSKI Jarosław	39		M30-39	00:00:29	00:09:36	00:19:19
274	URBAŃSKA Anetta	328	BIEGNIJMY.PL	K30-39	00:00:25	00:09:21	00:19:20
275	BROMIŃSKA Wiesława	44		K50-59	00:00:31	00:09:42	00:19:26
276	PAWŁOWSKA Urszula	250		K30-39	00:00:35	00:09:49	00:19:27
277	KUPREWICZ Grzegorz	186		M30-39	00:00:34	00:09:42	00:19:29
278	KRAWCZYK Bohdan	176		M50-59	00:00:47	00:10:09	00:19:30
279	MAZUREK Barbara	211	BABECZKI KOSZALIN	K30-39	00:00:40	00:10:07	00:19:35
280	SZULC Adam	312		M18-29	00:00:38	00:09:29	00:19:37
281	CAŁA Małgorzata	46		K30-39	00:00:36	00:09:48	00:19:39
282	SKRZYPEK Marcin	290		M30-39	00:00:42	00:09:38	00:19:40
283	HAŁAJKO Magdalena	105		K30-39	00:00:33	00:09:35	00:19:41
284	WOLF Beata	66	TKKF KOSZALIN	K30-39	00:00:33	00:09:36	00:19:41
285	WOLF Weronika	416		K40-49	00:00:32	00:09:36	00:19:42
286	CZERSKI Piotr	61		M50-59	00:00:38	00:10:07	00:19:43
287	BUDZYŃSKA Elżbieta	438		K50-59	00:00:23	00:09:38	00:19:51
288	CHODNICZAK Joanna	49		K30-39	00:00:38	00:09:56	00:19:51
289	KOSIŃSKA Małgorzata	163	RAMS	K50-59	00:00:28	00:10:00	00:20:02
290	BIEŁĘDA Karolina	33		K30-39	00:00:19	00:09:35	00:20:08
291	KACZKOWSKA Justyna	135		K30-39	00:00:19	00:09:30	00:20:08
292	MYSZKOWSKA Grażyna	225		K50-59	00:00:22	00:09:36	00:20:13
293	KUBIAK Maria	181		K60+	00:00:36	00:10:04	00:20:14
294	TELEGA Michał	321	NIGHT RUNNERSŚLUPSK	M30-39	00:00:32	00:10:01	00:20:20
295	MARCHEWKA Katarzyna	204		K18-29	00:00:24	00:09:49	00:20:21
296	ZIELIŃSKI Jarosław	424		M30-39	00:00:38	00:09:54	00:20:21
297	WENCLAW-JUSZCZAK Marta	340		K40-49	00:00:39	00:10:18	00:20:21
298	LEWEK Maciej	194		M50-59	00:00:17	00:09:25	00:20:24

Msc	Zawodnik	Numer	Klub	Kategoria	Czas startu	Start_All 1.7km	Start_All 3.4km
299	RADOSZ Katarzyna	267		K40-49	00:00:30	00:10:03	00:20:33
300	GAWLIK Artur	88	BIEGNIJMY.PL	M30-39	00:00:31	00:09:48	00:20:33
301	PACAN Bartosz	245		M30-39	00:00:31	00:09:59	00:20:35
302	PACAN Mira	244	ŚWIAT PŁYTEK U KRYSPINA	K18-29	00:00:31	00:09:59	00:20:35
303	GAWĘŁ Michał	87		M18-29	00:00:35	00:10:09	00:20:41
304	MARSCHAŁKOWSKA Dorota	206	TKKF KOSZALIN	K50-59	00:00:27	00:10:12	00:20:44
305	BORSUK Dorota	42		K40-49	00:00:26	00:10:13	00:20:45
306	STASZYŃSKA Marianna	297	BTC'ORZEŁ,,	K60+	00:00:26	00:10:14	00:20:51
307	SZYSZKOWSKI Tomasz	316		M30-39	00:00:24	00:10:11	00:21:00
308	RATAJCZYK Grażyna	269		K60+	00:00:35	00:10:35	00:21:07
309	WILKOWSKI Piotr	402		M30-39	00:00:31	00:10:22	00:21:17
310	WILKOWSKA Beata	350		K30-39	00:00:31	00:10:22	00:21:17
311	KOSECKI Mariusz	161		M30-39	00:00:37	00:10:16	00:21:38
312	PASEK Jan	248		M60-69	00:00:26	00:10:18	00:21:49
313	PANKOWIECKI Roman	226		M60-69	00:00:23	00:10:05	00:21:57
314	WOJCIECHOWSKA Małgorzata	408		K40-49	00:00:42	00:10:57	00:22:03
315	STANCZEWSKA Karolina	295		K30-39	00:00:38	00:10:42	00:22:05
316	ŻURAŃSKI Dariusz	428	WIKING KOSZALIN	M40-49	00:00:42	00:10:58	00:22:07
317	KOZŁOWIECKA Małgorzata	168	TKKF KOSZALIN	K50-59	00:00:27	00:10:44	00:22:17
318	KASPRZAK Małgorzata	143		K30-39	00:00:39	00:10:41	00:22:20
319	ŁUBNIEWSKA Natalia	197	ROZBIEGANY KOSZALIN	K30-39	00:00:31	00:10:42	00:22:38
320	BŁOŃSKA Agnieszka	36	BABECZKI KOSZALIN	K40-49	00:00:41	00:11:17	00:22:38
321	VON BARDELEBEN Agnieszka	331	BABECZKI KOSZALIN	K40-49	00:00:41	00:11:16	00:22:38
322	STEC Edyta	299	BABECZKI KOSZALIN	K30-39	00:00:40	00:11:17	00:22:39
323	MOŻEJKO Anna	222	BABECZKI KOSZALIN	K30-39	00:00:39	00:11:18	00:22:40
324	KOROL Elżbieta	158	BABECZKI KOSZALIN	K40-49	00:00:39	00:11:19	00:22:40
325	KURCZ Barbara	187	BABECZKI KOSZALIN	K40-49	00:00:40	00:11:18	00:22:40
326	MACIEJEWSKA Agnieszka	199		K14-17	00:00:28	00:10:18	00:22:47
327	HAUSMAN Andrzej	107	KSR ROWERIA	M60-69	00:00:28	00:10:24	00:22:48
328	MAŚLACH Julia	208		K14-17	00:00:28	00:10:20	00:22:48
329	RAMA Ewa	268		K50-59	00:00:39	00:11:35	00:22:50
330	DAMPS Julita	63	NIGHT RUNNERS SŁUPSK	K30-39	00:00:23	00:11:18	00:22:53
331	DAMPS Natalia	64	NIGHT RUNNERS SŁUPSK	K14-17	00:00:23	00:11:18	00:22:53
332	JAKUBOWSKA Anna	119		K18-29	00:00:37	00:11:39	00:23:15
333	WOJTKIEWICZ-BAKOWSKA Dorota	413	BABECZKI KOSZALIN	K30-39	00:00:40	00:11:19	00:23:24
334	JANDURA Patrycja	121		K18-29	00:00:35	00:11:52	00:24:01
335	KRAWCZUK-KIEŁB Anna	175	ŻYJ Z ENERGIA	K40-49	00:00:35	00:11:51	00:24:01
336	ZATORSKI Zbigniew	421	KOŁOBRZEG BIEGA	M30-39	00:00:40	00:11:44	00:24:43
337	GARBACZ-ZATORSKA Milena	84	KOŁOBRZEG BIEGA	K30-39	00:00:39	00:11:45	00:24:44
338	SOLAK Halina	292	ŚWIAT PŁYTEK U KRYSPINA	K60+	00:00:36	00:12:37	00:26:00
339	KĘPIŃSKI Jan	146		M50-59	00:00:22	00:12:00	00:26:14
340	BARTNIK Marian	29	TKKF KOSZALIN	M70+	00:00:14	00:13:07	00:27:06
341	PEŁKA Iwona	253		K40-49	00:00:34	00:11:43	00:34:26
342	WALENTOWICZ Ireneusz	443		M60-69	00:00:38	00:16:21	00:34:35

