



WROCŁAW - FINAŁ AKADEMII ZDROWIA SANTANDERA - BIEG - 10 KM

B4SPORT

Wydarzenie: FINAŁ AKADEMII ZDROWIA SANTANDERA
Organizator: PFNW
Data: 2017-09-23
Miejsce: Wrocław
Dystans: 10 km



Klasyfikacja: M40-49

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start_All 2.5km	Start_All 5km	Start_All 7.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	SOBCZYK Tomasz	602	TEAM LUKS ŻÓRAWINA - WROCŁAW	M40-49	1	00:00:03	00:08:52	00:17:56	00:27:05	00:36:01.30	00:36:04.55		3:36	16.7 (100%)
2	RZECZKOWSKI Dariusz	667	#SOBASTEAM/PRO RUN WROCŁAW	M40-49	2	00:00:03	00:09:40	00:19:31	00:29:23	00:39:15.15	00:39:18.90	+00:03:13 (8.2%)	3:55	15.3 (91.6%)
3	MARTOWSKI Maciej	654	EUROPA UBEZPIECZENIA	M40-49	3	00:00:04	00:09:38	00:19:45	00:30:03	00:40:03.35	00:40:07.60	+00:04:02 (10.1%)	4:00	15 (89.8%)
4	PODWÓRNY Jan	664	21K.PL / TRENUJZNAMI.PL	M40-49	4	00:00:05	00:09:49	00:20:05	00:30:51	00:41:44.35	00:41:49.35	+00:05:43 (13.7%)	4:10	14.4 (86.2%)
5	RESPONDEK Dariusz	666		M40-49	5	00:00:07	00:10:47	00:21:39	00:32:22	00:42:43.30	00:42:51.05	+00:06:42 (15.7%)	4:16	14 (83.8%)
6	DĄBROWSKI Mariusz	622		M40-49	6	00:00:03	00:10:28	00:21:40	00:32:50	00:43:45.20	00:43:49.15	+00:07:43 (17.7%)	4:22	13.7 (82.0%)
7	SYNOWIEC Adam	673	KB SUKCES ŻMIGRÓD	M40-49	7	00:00:11	00:11:01	00:22:21	00:34:03	00:45:24.60	00:45:36.00	+00:09:23 (20.7%)	4:32	13.2 (79.0%)
8	ADAMSKI Rafał	603		M40-49	8	00:00:06	00:11:26	00:23:20	00:35:13	00:47:08.20	00:47:15.15	+00:11:06 (23.6%)	4:42	12.7 (76.0%)
9	GAZDULSKI Krzysztof	626		M40-49	9	00:00:08	00:11:26	00:23:42	00:36:04	00:47:29.55	00:47:37.70	+00:11:28 (24.2%)	4:44	12.6 (75.4%)
10	DRELICHOWSKI Daniel	624	MEBLE ITP	M40-49	10	00:00:06	00:11:47	00:24:01	00:36:20	00:48:41.25	00:48:47.65	+00:12:39 (26.0%)	4:52	12.3 (73.7%)
11	CYTAWA Arkadiusz	435		M40-49	11	00:00:07	00:11:11	00:23:15	00:35:53	00:48:55.30	00:49:02.75	+00:12:54 (26.4%)	4:53	12.3 (73.7%)
12	SOKOŁOWSKI Krzysztof	670	KLUB BIEGACZA SANTANDERA	M40-49	12	00:00:12	00:12:04	00:24:43	00:37:13	00:49:25.20	00:49:37.20	+00:13:23 (27.1%)	4:56	12.1 (72.5%)
13	CHMIELEWSKI Paweł	613	RODZINA NA PIĄTKĘ	M40-49	13	00:00:08	00:11:34	00:24:20	00:37:20	00:50:04.85	00:50:13.30	+00:14:03 (28.1%)	5:00	12 (71.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Start_All 2.5km	Start_All 5km	Start_All 7.5km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
14	SIENKIEWICZ Arkadiusz	669		M40-49	14	00:00:09	00:12:35	00:25:24	00:38:16	00:50:45.80	00:50:55.15	+00:14:44 (29.0%)	5:04	11.8 (70.7%)
15	JÓZEFIAK Dariusz	634	SANTANDER CONSUMER BANK	M40-49	15	00:00:12	00:12:31	00:25:18	00:38:37	00:52:19.30	00:52:31.45	+00:16:18 (31.2%)	5:13	11.5 (68.9%)
16	KALISKI Piotr	636		M40-49	16	00:00:09	00:13:41	00:27:26	00:40:55	00:53:32.70	00:53:42.30	+00:17:31 (32.7%)	5:21	11.2 (67.1%)
17	WAWRZYNIAK Sławomir	437		M40-49	17	00:00:11	00:14:33	00:29:55	00:45:03	00:59:40.95	00:59:52.10	+00:23:39 (39.6%)	5:58	10.1 (60.5%)
18	SZYDA Jacek	676		M40-49	18	00:00:12	00:15:35	00:31:51	00:48:12	01:03:59.10	01:04:12.05	+00:27:57 (43.7%)	6:24	9.4 (56.3%)

Znaleziono 18 wynik(ów)