

X BIEG OLIWSKI - 10KM BIEG

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Wydarzenie:

Organizator:

Data:

Miejsce:

Dystans:

X Bieg Oliwski

Fundacja Silni Ciałem Niezlomni Duchem

2022-10-29

Gdańsk

10 km



Klasyfikacja: M-40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	CZAPIŃSKI Michał	216	LION BROKERS-BIKE U UP	M-40	1	00:37:01.85		3:42	16.2 (100%)
2	WENT Jakub	303		M-40	2	00:37:55.60	+00:00:53 (2.4%)	3:47	15.8 (97.5%)
3	GUŻ Andrzej	232		M-40	3	00:40:10.75	+00:03:08 (7.8%)	4:01	14.9 (92.0%)
4	KANKOWSKI Paweł	243	KASZUBY LUZINO	M-40	4	00:41:29.40	+00:04:27 (10.7%)	4:08	14.5 (89.5%)
5	SOBCZAK Marcin	285	SMASHING PAPKINS	M-40	5	00:41:49.10	+00:04:47 (11.4%)	4:10	14.3 (88.3%)
6	RÓŻAK Marcin	279	FUNDACJA JEPPESENA	M-40	6	00:41:57.00	+00:04:55 (11.7%)	4:11	14.3 (88.3%)
7	PEPLIŃSKI Grzegorz	266		M-40	7	00:42:33.85	+00:05:32 (13.0%)	4:15	14.1 (87.0%)
8	FRĄCKOWIAK Bartłomiej	222		M-40	8	00:43:06.45	+00:06:04 (14.1%)	4:18	13.9 (85.8%)
9	POMIERSKI Karol	271		M-40	9	00:43:48.70	+00:06:46 (15.5%)	4:22	13.7 (84.6%)
10	CIESIELSKI Witold	215		M-40	10	00:44:36.05	+00:07:34 (17.0%)	4:27	13.5 (83.3%)
11	POTYRAŁA Bartosz	273		M-40	11	00:45:09.25	+00:08:07 (18.0%)	4:30	13.3 (82.1%)
12	NOWOPOLSKI Leszek	342		M-40	12	00:45:24.30	+00:08:22 (18.4%)	4:32	13.2 (81.5%)
13	KRAĆ Janusz	249	CZITOS	M-40	13	00:46:05.55	+00:09:03 (19.7%)	4:36	13 (80.2%)
14	MUCOWSKI Jaromir	259	EMERYCI I RENCISCI	M-40	14	00:47:06.40	+00:10:04 (21.4%)	4:42	12.7 (78.4%)
15	KLEWEK Andrzej	247	FIGHTING RUNNERS	M-40	15	00:47:48.45	+00:10:46 (22.5%)	4:46	12.6 (77.8%)
16	URBANIAK Marek	296	SP 35 W GDAŃSKU OLIWIE	M-40	16	00:48:11.15	+00:11:09 (23.1%)	4:49	12.5 (77.2%)
17	ŻYDOK Bartosz	302	LAMUSY	M-40	17	00:48:23.65	+00:11:21 (23.5%)	4:50	12.4 (76.5%)
18	CHMIELEWSKI Andrzej	214	JAK DZIK W KARTOFLE	M-40	18	00:48:34.80	+00:11:32 (23.8%)	4:51	12.4 (76.5%)
19	JABŁOŃSKI Marcin	237		M-40	19	00:48:43.70	+00:11:41 (24.0%)	4:52	12.3 (75.9%)
20	PRZEGENDZA Artur	274		M-40	20	00:49:43.05	+00:12:41 (25.5%)	4:58	12.1 (74.7%)
21	HIBNER Kamil	235	KLUB ZIAJA	M-40	21	00:50:45.45	+00:13:43 (27.0%)	5:04	11.8 (72.8%)
22	MALANOWSKI Dawid	257		M-40	22	00:52:34.85	+00:15:33 (29.6%)	5:15	11.4 (70.4%)
23	SADOWSKI Piotr	281	MŁODE DZIKI RUNEDA	M-40	23	00:52:43.50	+00:15:41 (29.8%)	5:16	11.4 (70.4%)
24	GRUBICH Marcin	229	APATOR METRIX S.A.	M-40	24	00:52:51.15	+00:15:49 (29.9%)	5:17	11.4 (70.4%)
25	POTRYKUS Paweł	272		M-40	25	00:52:51.20	+00:15:49 (29.9%)	5:17	11.4 (70.4%)
26	GUMIELA Piotr	230	STW BAŁTYK GDYNIA	M-40	26	00:52:51.30	+00:15:49 (29.9%)	5:17	11.4 (70.4%)

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27	PĘŚKO Michał	268		M-40	27	00:52:57.85	+00:15:56 (30.1%)	5:17	11.3 (69.8%)
28	BUSZMANN Tomasz	213	RUNEDA MŁODE DZIKI	M-40	28	00:53:03.25	+00:16:01 (30.2%)	5:18	11.3 (69.8%)
29	FRYCZKE Maciej	223		M-40	29	00:55:22.80	+00:18:20 (33.1%)	5:32	10.8 (66.7%)
30	TOMCZYK Marcin	305		M-40	30	00:56:10.70	+00:19:08 (34.1%)	5:37	10.7 (66.0%)
31	KROPLEWSKI Blazej	250	TRIPLE SIXX	M-40	31	00:57:22.65	+00:20:20 (35.5%)	5:44	10.5 (64.8%)
32	ANTONOWICZ Paweł	203	SANBAO CROSSFIGHTING TEAM	M-40	32	01:04:45.50	+00:27:43 (42.8%)	6:28	9.3 (57.4%)

Znaleziono 32 wynik(ów)