



XI BIEG SYLWESTROWY

B4SPORT

Organizator/
Organizer: Hotel Brzoza
Data/ Date: 2017-12-31
Miejsce/ Place: Brzoza
Dystans/ Distance: 10 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja/ Classification: K-50

Msc/ Rnk	Zawodnik/ Name	Numer/ Bib	Klub/ Team	Kategoria/ Category	Mkat/ CatRnk	Czas startu/Start time				Czas netto 10km	Czas brutto 10km	Różn/ Gap	Tempo min/km	Tempo km/h	
						2.5km	4.85km	7.2km	9.55km						
1	GURNA Jolanta	384		K-50	1	00:00:04	00:10:58	00:21:03	00:31:28	00:41:55	00:43:42.50	00:43:47.45		4:22	13.7
2	DĄBKOWSKA Dorota	603		K-50	2	00:00:06	00:11:36	00:22:29	00:33:13	00:44:15	00:46:10.35	00:46:16.85	+00:02:27	4:37	13
3	STASZKIEWICZ Lucyna	356		K-50	3	00:00:09	00:11:44	00:22:56	00:34:30	00:46:10	00:48:13.30	00:48:22.90	+00:04:30	4:49	12.4
4	KOLANOWSKA Grażyna	62		K-50	4	00:00:13	00:12:26	00:24:10	00:36:06	00:48:07	00:50:11.65	00:50:24.75	+00:06:29	5:01	12
5	SOKOŁOWSKA Hanna	564		K-50	5	00:00:21	00:12:56	00:25:04	00:37:04	00:48:33	00:50:39.05	00:51:00.65	+00:06:56	5:03	11.8
6	LEWANDOWSKA Małgorzata	70		K-50	6	00:00:20	00:12:59	00:25:33	00:38:17	00:51:08	00:53:21.05	00:53:41.50	+00:09:38	5:20	11.2
7	BRACICHOWICZ Bogumiła	557		K-50	7	00:00:34	00:13:31	00:26:19	00:39:20	00:52:06	00:54:13.05	00:54:47.05	+00:10:30	5:25	11.1
8	KOSAKOWSKA Barbara	16		K-50	8	00:00:17	00:13:50	00:27:10	00:40:30	00:53:49	00:56:09.60	00:56:27.25	+00:12:27	5:37	10.7
9	KUBIAK Małgorzata	203		K-50	9	00:00:31	00:14:27	00:27:58	00:41:36	00:55:01	00:57:14.60	00:57:46.15	+00:13:32	5:43	10.5
10	PRZYBYLSKA Grażyna	308		K-50	10	00:00:28	00:14:22	00:27:52	00:41:37	00:55:36	00:57:57.80	00:58:26.20	+00:14:15	5:47	10.4
11	JĘDRZEJCZYK Marzenna	335		K-50	11	00:00:24	00:14:37	00:28:23	00:42:16	00:56:06	00:58:29.55	00:58:54.00	+00:14:47	5:51	10.3
12	BĄKOWSKA Jolanta	247		K-50	12	00:00:25	00:14:34	00:28:30	00:42:38	00:57:02	00:59:29.90	00:59:55.45	+00:15:47	5:57	10.1

Msc/ Rnk	Zawodnik/ Name	Numer/ Bib	Klub/ Team	Kategoria/ Category	Mkat/ CatRnk	Czas				Czas netto 10km	Czas brutto 10km	Różn/ Gap	Tempo min/km	Tempo km/h	
						startu/Start time	2.5km	4.85km	7.2km						9.55km
13	OKOŃSKA Małgorzata	320		K-50	13	00:00:28	00:14:36	00:28:44	00:43:31	00:58:07	01:00:38.20	01:01:06.45	+00:16:55	6:03	9.9
14	ZIELIŃSKA Elżbieta	496		K-50	14	00:00:21	00:15:15	00:29:49	00:44:36	00:59:09	01:01:38.40	01:01:59.80	+00:17:55	6:09	9.7
15	DUDEK Marzena	475		K-50	15	00:00:26	00:15:20	00:30:01	00:44:50	01:00:19	01:02:52.90	01:03:19.80	+00:19:10	6:17	9.5
16	GRABOWSKA Lucyna	493		K-50	16	00:00:34	00:15:54	00:30:47	00:46:12	01:01:51	01:04:34.80	01:05:09.40	+00:20:52	6:27	9.3

Znaleziono 16 wynik(ów)