



Wydarzenie:
Organizator:

Data:
Miejsce:
Dystans:

XI KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM

XI Koszaliński Bieg Sylwestrowy
Koszalińskie Towarzystwo Krzewienia Kultury
Fizycznej
2019-12-28
Koszalin
5 km

B4SPORT



Klasyfikacja: K50-59

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lap 1.7km	Lap 3.4km	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	RELUGA Małgorzata	334		K50-59	1	00:07:49	00:15:56	00:23:38.03		4:43	12.7 (100%)
2	KOŁODZIEJCZYK Danuta	172		K50-59	2	00:08:21	00:16:59	00:25:06.46	+00:01:28 (5.9%)	5:01	12 (94.5%)
3	MUERAU-NOWICKA Hanna	272		K50-59	3	00:08:39	00:17:21	00:25:10.24	+00:01:32 (6.1%)	5:02	11.9 (93.7%)
4	BARTON Krystyna	14		K50-59	4	00:08:26	00:17:25	00:25:57.79	+00:02:19 (9.0%)	5:11	11.6 (91.3%)
5	MARCZAK Małgorzata	245		K50-59	5	00:08:54	00:18:00	00:26:48.18	+00:03:10 (11.8%)	5:21	11.2 (88.2%)
6	MITUNIEWICZ Renata	264		K50-59	6	00:09:07	00:18:47	00:27:46.26	+00:04:08 (14.9%)	5:33	10.8 (85.0%)
7	LAL Monika	216		K50-59	7	00:09:14	00:19:08	00:28:37.73	+00:04:59 (17.4%)	5:43	10.5 (82.7%)
8	BUDZYŃSKA Elżbieta	30		K50-59	8	00:09:58	00:20:30	00:30:16.99	+00:06:38 (22.0%)	6:03	9.9 (78.0%)
9	PEŁKA Iwona	303		K50-59	9	00:10:46	00:21:28	00:31:02.96	+00:07:24 (23.9%)	6:12	9.7 (76.4%)
10	KOZŁOWIECKA Małgorzata	192		K50-59	10	00:10:25	00:21:31	00:32:00.28	+00:08:22 (26.2%)	6:24	9.4 (74.0%)
11	SZUDOBAJ Hanna	385		K50-59	11	00:10:18	00:20:32	00:32:03.95	+00:08:25 (26.3%)	6:24	9.4 (74.0%)
12	BENEWIAT Aleksandra	17		K50-59	12	00:11:38	00:23:58	00:35:26.91	+00:11:48 (33.3%)	7:05	8.5 (66.9%)
13	ZUBEL Beata	449		K50-59	13	00:11:38	00:23:58	00:35:26.94	+00:11:48 (33.3%)	7:05	8.5 (66.9%)
14	JEZIOWSKA Danuta	87		K50-59	14	00:11:47	00:24:18	00:36:11.22	+00:12:33 (34.7%)	7:14	8.3 (65.4%)
15	SIENKIEWICZ Monika	89		K50-59	15	00:11:48	00:24:18	00:36:11.60	+00:12:33 (34.7%)	7:14	8.3 (65.4%)

Znaleziono 15 wynik(ów)