



Wydarzenie:
Organizator:

Data:
Miejsce:
Dystans:

XI KOSZALIŃSKI BIEG SYLWESTROWY - 5 KM

XI Koszaliński Bieg Sylwestrowy
Koszalińskie Towarzystwo Krzewienia Kultury
Fizycznej
2019-12-28
Koszalin
5 km

B4SPORT



Klasyfikacja: M60-69

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lap 1.7km	Lap 3.4km	Czas netto 5km	Różn	Tempo min/km	Tempo km/h
1	BIEDRZYCKI Andrzej	20		M60-69	1	00:06:38	00:13:14	00:19:27.41		3:53	15.4 (100%)
2	GAWĘŁ Zbigniew	79		M60-69	2	00:07:25	00:15:05	00:22:19.76	+00:02:52 (12.9%)	4:28	13.4 (87.0%)
3	OPALIŃSKI Stanisław	289		M60-69	3	00:07:33	00:15:40	00:23:01.55	+00:03:34 (15.5%)	4:36	13 (84.4%)
4	BOGACKI Tomasz	23		M60-69	4	00:08:24	00:16:49	00:24:41.65	+00:05:14 (21.2%)	4:56	12.2 (79.2%)
5	JUSZCZAK Krzysztof	136		M60-69	5	00:08:42	00:17:57	00:27:06.31	+00:07:38 (28.2%)	5:25	11.1 (72.1%)
6	KOZŁOWIECKI Waldemar	193		M60-69	6	00:09:21	00:18:24	00:27:06.54	+00:07:39 (28.2%)	5:25	11.1 (72.1%)
7	KARNICKI Zygmunt	150		M60-69	7	00:08:49	00:18:16	00:27:27.45	+00:08:00 (29.1%)	5:29	10.9 (70.8%)
8	OSTROWSKI Marian	293		M60-69	8	00:07:11	00:14:38	00:27:51.15	+00:08:23 (30.1%)	5:34	10.8 (70.1%)
9	MARCZAK Andrzej	244		M60-69	9	00:09:55	00:19:36	00:28:37.77	+00:09:10 (32.0%)	5:43	10.5 (68.2%)
10	WOJANOWSKI Zbigniew	424		M60-69	10	00:09:46	00:20:09	00:30:10.12	+00:10:42 (35.5%)	6:02	9.9 (64.3%)
11	WOJTYNA Jerzy	426		M60-69	11	00:11:43	00:24:45	00:36:40.70	+00:17:13 (47.0%)	7:20	8.2 (53.2%)
12	PASEK Jan	299		M60-69	12	00:12:17	00:25:42	00:38:19.48	+00:18:52 (49.2%)	7:39	7.8 (50.6%)
DNC	KACZYŃSKI Henryk	142		M60-69		00:11:07		00:22:47.29		0:00	13.2 (85.7%)

Znaleziono 13 wynik(ów)