



XI MARATON SIERPNIOWY IM. LECHA WAŁĘSY - MARATON KOBIETY

B4SPORT
INTEGRACYJNE SPORTOWE WYDARZENIE

Wydarzenie:
Organizator:

XI Maraton Sierpniowy im. Lecha Wałęsy
Stowarzyszenie Kultury Fizycznej Twister
Trójmiasto (SKF Twister Trójmiasto)
2019-08-17
Gdańsk
42.23 km



Klasyfikacja: K-40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Laps_All 3.15km	Laps_All 8.4km	Laps_All 13.65km	Laps_All 18.9km	Laps_All 24.15km	Laps_All 29.4km	Laps_All 34.65km	Laps_All 39.9km	Czas netto 42.23km	Różn	Tempo min/km	Tempo km/h
1	PECHSTEIN Claudia	160	SCC BERLIN/ O.B.F.S.T	K-40	1	00:05:50	00:15:39	00:25:17	00:34:53	00:44:29	00:54:00	01:03:08	01:12:39	01:17:53.36		1:50	32.5 (100%)
2	ŁAKOMA Małgorzata	113	SIE JEDZIE	K-40	2	00:07:23	00:19:42	00:33:01	00:46:00	00:59:34	01:13:12	01:27:14	01:41:26	01:48:57.72	+00:31:04 (28.5%)	2:34	23.3 (71.7%)
3	KOZŁOWSKA Ewa	97	FUNDACJA ZAROLOWANI	K-40	3	00:07:43	00:21:17	00:35:59	00:50:22	01:04:10	01:18:14	01:32:05	01:46:14	01:54:30.38	+00:36:37 (32.0%)	2:42	22.1 (68.0%)
4	PASŁAWSKA Joanna	157		K-40	4	00:08:49	00:22:41	00:36:30	00:50:19	01:04:55	01:20:10	01:36:18	01:52:54	02:01:33.70	+00:43:40 (35.9%)	2:52	20.8 (64.0%)
5	ROGIEWICZ Sylwia	169	GIRLS ON WHEELS	K-40	5	00:08:10	00:22:54	00:37:00	00:52:21	01:08:11	01:23:24	01:38:59	01:53:52	02:02:28.36	+00:44:35 (36.4%)	2:53	20.7 (63.7%)
6	STACHOWSKA Monika	185		K-40	6	00:08:27	00:22:55	00:38:20	00:53:37	01:09:22	01:25:56	01:43:09	02:00:14	02:08:54.31	+00:51:00 (39.6%)	3:03	19.7 (60.6%)
7	SZTURO Dorota	200		K-40	7	00:09:20	00:24:38	00:40:11	00:55:44	01:11:42	01:28:35	01:45:45	02:04:34	02:14:57.61	+00:57:04 (42.3%)	3:11	18.8 (57.8%)
8	KAJTANOWSKA Magdalena	77		K-40	8	00:09:56	00:26:13	00:43:05	01:00:02	01:17:20	01:34:22	01:51:07	02:08:49	02:17:15.08	+00:59:21 (43.3%)	3:15	18.5 (56.9%)
9	ZGORZELSKA Ewa	230		K-40	9	00:09:26	00:25:55	00:42:35	00:59:15	01:16:20	01:34:04	01:52:16	02:10:55	02:21:19.91	+01:03:26 (44.9%)	3:20	17.9 (55.1%)
10	SZYMCZYK Angelika	205		K-40	10	00:09:55	00:26:15	00:43:06	01:00:03	01:17:22	01:35:15	01:54:49	02:14:31	02:25:30.28	+01:07:36 (46.5%)	3:26	17.4 (53.5%)
11	CZACZYK Joanna	31		K-40	11	00:09:55	00:26:15	00:43:07	01:00:03	01:17:22	01:35:16	01:54:50	02:14:32	02:25:30.48	+01:07:37 (46.5%)	3:26	17.4 (53.5%)
12	MURAWSKA Ewa	135		K-40	12	00:08:46	00:24:44	00:41:29	00:58:46	01:16:50	01:35:35	01:55:59	02:16:46	02:27:11.65	+01:09:18 (47.1%)	3:29	17.2 (52.9%)
13	JANUSZ Monika	69		K-40	13	00:11:13	00:29:40	00:47:27	01:05:21	01:24:32	01:43:28	02:03:05	02:22:07	02:32:28.46	+01:14:35 (48.9%)	3:36	16.6 (51.1%)
DNC	JUNKA Małgorzata	75	KLUB SPORTOWY JASTRZĘBIE BYDGOSZCZ	K-40		00:07:30	00:21:19	00:37:04	00:54:24	01:12:42	01:31:58	01:51:10		02:03:48.55		0:00	20.5 (63.1%)

Znaleziono 14 wynik(ów)