



XI MARATON SIERPNIOWY IM. LECHA WAŁĘSY - MARATON MĘŻCZYŹNI

B4SPORT
INTELEKTUALNE SPORTE

Wydarzenie:
Organizator:

XI Maraton Sierpniowy im. Lecha Wałęsy
Stowarzyszenie Kultury Fizycznej Twister
Trójmiasto (SKF Twister Trójmiasto)
2019-08-17
Gdańsk
42.195 km

Data:
Miejsce:
Dystans:



Klasyfikacja: M-40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Laps_All 3.15km	Laps_All 8.4km	Laps_All 13.65km	Laps_All 18.9km	Laps_All 24.15km	Laps_All 29.4km	Laps_All 34.65km	Laps_All 39.9km	Czas netto 42.23km	Różn	Tempo min/km	Tempo km/h
1	SERENA Emanuele	177	ASCO SKATINGCONCOREZZO	M-40	1	00:04:55	00:13:26	00:22:31	00:31:10	00:39:38	00:49:05	00:57:59	01:07:41	01:12:21.17		1:42	35 (100%)
2	ŁABINOWICZ Piotr	111	TWISTER TRÓJMIASTO	M-40	2	00:05:33	00:15:38	00:25:29	00:35:19	00:45:13	00:55:16	01:07:22	01:18:45	01:24:39.36	+00:12:18 (14.5%)	2:00	29.9 (85.4%)
3	FILIPKOWSKI Mariusz	40	JABRA ROLLER TEAM FRIENDS	M-40	3	00:06:29	00:17:36	00:28:20	00:39:09	00:50:11	01:01:10	01:12:17	01:23:29	01:29:37.44	+00:17:16 (19.3%)	2:07	28.3 (80.9%)
4	SULKOWSKI Tomasz	190	SIE JEDZIE	M-40	4	00:07:00	00:17:56	00:28:55	00:40:27	00:51:54	01:03:37	01:14:47	01:26:13	01:32:42.11	+00:20:20 (22.0%)	2:11	27.3 (78.0%)
5	MICHAŁOWSKI Bolesław	129	NIGHT RUNNERS KRAKÓW	M-40	5	00:06:46	00:18:14	00:29:18	00:40:52	00:52:18	01:03:36	01:14:56	01:26:52	01:33:20.71	+00:20:59 (22.5%)	2:12	27.1 (77.4%)
6	ŁUKASIEWICZ Jacek	115		M-40	6	00:06:42	00:17:39	00:28:56	00:40:39	00:52:20	01:03:39	01:14:59	01:26:53	01:33:26.95	+00:21:05 (22.6%)	2:12	27.1 (77.4%)
7	WOJCIECHOWSKI Michał	222		M-40	7	00:06:49	00:18:15	00:29:18	00:40:53	00:52:19	01:03:39	01:15:00	01:26:53	01:33:28.16	+00:21:06 (22.6%)	2:12	27.1 (77.4%)
8	HEINRICH Marcin	62	KLUB SPORTOWY JASTRZĘBIE BYDGOSZCZ	M-40	8	00:06:30	00:18:53	00:31:08	00:42:54	00:54:57	01:06:37	01:18:25	01:30:21	01:36:20.01	+00:23:58 (24.9%)	2:16	26.3 (75.1%)
9	SZYMCZYK Jarosław	206		M-40	9	00:07:03	00:18:53	00:31:07	00:42:54	00:54:58	01:06:41	01:18:27	01:30:21	01:36:42.85	+00:24:21 (25.2%)	2:17	26.2 (74.9%)
10	NOWACZEWSKI Piotr	145		M-40	10	00:06:47	00:18:17	00:29:56	00:41:45	00:54:19	01:06:49	01:20:16	01:34:48	01:42:45.07	+00:30:23 (29.6%)	2:25	24.7 (70.6%)
11	POTRZEBOWSKI Michał	166		M-40	11	00:07:03	00:18:52	00:31:10	00:43:53	00:56:19	01:10:01	01:23:52	01:37:54	01:46:08.17	+00:33:46 (31.8%)	2:30	23.9 (68.3%)
12	CHABERSKI Michał	24	KLUB SPORTOWY JASTRZĘBIE BYDGOSZCZ	M-40	12	00:07:59	00:20:27	00:33:15	00:46:21	00:59:35	01:12:58	01:26:23	01:40:31	01:48:19.59	+00:35:58 (33.2%)	2:33	23.4 (66.9%)
13	WINIARZ Krzysztof	240		M-40	13	00:07:41	00:20:02	00:33:04	00:46:04	00:59:39	01:13:03	01:27:58	01:42:51	01:51:06.63	+00:38:45 (34.9%)	2:37	22.8 (65.1%)
14	SZKARADNIK Paweł	196		M-40	14	00:08:00	00:20:41	00:33:22	00:47:01	01:01:22	01:16:11	01:31:10	01:46:21	01:54:53.09	+00:42:31 (37.0%)	2:43	22.1 (63.1%)
15	GRAJKO Marek	57		M-40	15	00:07:59	00:20:21	00:33:41	00:46:46	01:00:11	01:14:36	01:29:37	01:45:38	01:55:02.38	+00:42:41 (37.1%)	2:43	22 (62.9%)
16	WIATROWSKI Roman	219		M-40	16	00:08:13	00:21:20	00:34:46	00:48:15	01:02:16	01:16:18	01:31:08	01:46:19	01:55:10.23	+00:42:49 (37.2%)	2:43	22 (62.9%)
17	SKRZYPKOWSKI Daniel	180	SPORTFAZA.PL	M-40	17	00:08:04	00:21:32	00:35:47	00:50:03	01:04:16	01:18:52	01:33:37	01:47:53	01:56:04.39	+00:43:43 (37.7%)	2:44	21.8 (62.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Laps_All 3.15km	Laps_All 8.4km	Laps_All 13.65km	Laps_All 18.9km	Laps_All 24.15km	Laps_All 29.4km	Laps_All 34.65km	Laps_All 39.9km	Czas netto 42.23km	Różn	Tempo min/km	Tempo km/h
18	MURAWSKI Krzysztof	136		M-40	18	00:08:47	00:23:12	00:38:21	00:54:07	01:09:11	01:25:15	01:41:55	01:59:19	02:08:54.81	+00:56:33 (43.9%)	3:03	19.7 (56.3%)
19	SZYMSKI Dariusz	208	KKSW KRAK ROLLERBLADE	M-40	19	00:09:10	00:23:37	00:40:32	00:56:36	01:13:14	01:31:04	01:50:04	02:11:37	02:24:38.86	+01:12:17 (50.0%)	3:25	17.5 (50.0%)
20	MAZUR Dariusz	123		M-40	20	00:09:04	00:23:58	00:39:44	00:56:02	01:13:41	01:33:06	01:55:13	02:16:38	02:27:45.84	+01:15:24 (51.0%)	3:29	17.1 (48.9%)

Znaleziono 20 wynik(ów)