



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

XI RZEŹNICZEK, CZYLI MAŁY BIEG RZEŹNIKA

VIII FESTIWAL BIEGU RZEŹNIKA
Fundacja Bieg Rzeźnika
2022-06-18
Cisna
28 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M50

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Szlem	Roztoki 16.2km	Czas netto 28km	Czas brutto 28km	Różn	Tempo min/km	Tempo km/h
1	BROK Jacek	3338		M50	1		01:39:38	03:02:55.65	03:03:05.45		6:31	9.2 (100%)
2	KORNAK Dariusz	3670	SAMURAJ	M50	2		01:39:11	03:05:30.80	03:05:34.00	+00:02:28 (1.3%)	6:37	9.1 (98.9%)
3	RYCHTER Marcin	3875	THE RYCHTERS	M50	3		01:40:33	03:13:48.70	03:13:54.50	+00:10:49 (5.6%)	6:55	8.7 (94.6%)
4	RABCZEWSKI Andrzej	3526	MKS MECHANIK WŁODAWA	M50	4		01:49:15	03:20:49.45	03:21:04.65	+00:17:59 (8.9%)	7:10	8.4 (91.3%)
5	WIEWIÓRKA Piotr	3284		M50	5		01:41:17	03:21:06.60	03:21:48.25	+00:18:42 (9.3%)	7:10	8.4 (91.3%)
6	KWAŚNY Janusz	3009		M50	6		01:45:25	03:26:05.40	03:26:36.00	+00:23:30 (11.4%)	7:21	8.2 (89.1%)
7	TCHÓRZ Zbigniew	3632	FORTACO TEAM	M50	7		01:44:27	03:26:24.60	03:26:36.10	+00:23:30 (11.4%)	7:22	8.1 (88.0%)
8	WOJCIECHOWSKI Paweł	3853		M50	8		01:50:15	03:26:06.10	03:26:38.70	+00:23:33 (11.4%)	7:21	8.2 (89.1%)
9	SZYMKIEWICZ Robert	3460	MIEDZYRZECKIE GAZELE	M50	9		01:48:49	03:29:28.20	03:29:34.20	+00:26:28 (12.6%)	7:28	8 (87.0%)
10	WOJTKIEWICZ Jarosław	3889		M50	10		01:55:11	03:32:07.35	03:32:38.00	+00:29:32 (13.9%)	7:34	7.9 (85.9%)
11	MROWIEC Michał	3795	LECH FREE	M50	11		01:55:10	03:32:42.60	03:33:05.60	+00:30:00 (14.1%)	7:35	7.9 (85.9%)
12	WIECZOREK Tomasz	3629	KB BIAŁA BIEGA	M50	12		01:52:20	03:34:25.60	03:34:38.80	+00:31:33 (14.7%)	7:39	7.8 (84.8%)
13	KŁOS Adam	3776	NIEPOŁOMICE BIEGAJĄ	M50	13		01:56:30	03:36:46.40	03:36:57.20	+00:33:51 (15.6%)	7:44	7.8 (84.8%)
14	UCHEREK Kazimierz	3351		M50	14		01:52:05	03:37:23.80	03:37:32.65	+00:34:27 (15.8%)	7:45	7.7 (83.7%)
15	KŁODZIŃSKI Klaudiusz	3364	ULTRAMĘKI	M50	15		02:04:34	03:39:15.20	03:41:10.40	+00:38:04 (17.2%)	7:49	7.7 (83.7%)
16	WOŹNIAK Janusz	3170	PORMAT JEDLICZE BIEGA	M50	16		01:58:24	03:45:17.25	03:45:33.55	+00:42:28 (18.8%)	8:02	7.5 (81.5%)
17	OCHYRA Krzysztof	3821		M50	17		01:59:14	03:49:37.95	03:49:37.95	+00:46:32 (20.3%)	8:12	7.3 (79.3%)
18	STAWIARZ Paweł	3886	GERIATRIA TEAM	M50	18		02:04:28	03:50:26.60	03:51:37.85	+00:48:32 (21.0%)	8:13	7.3 (79.3%)
19	ROMAŃSKI Maciej	3378		M50	19		02:00:33	03:54:02.80	03:54:30.75	+00:51:25 (21.9%)	8:21	7.2 (78.3%)
20	KWAŚNIEWSKI Krzysztof	3152	TRENER FOREST	M50	20		02:00:46	03:54:59.55	03:56:01.00	+00:52:55 (22.4%)	8:23	7.1 (77.2%)
21	STANIASZEK Michał	3365		M50	21		02:06:31	03:58:03.35	03:58:26.45	+00:55:21 (23.2%)	8:30	7.1 (77.2%)
22	LEŃCZUK Andrzej	3843		M50	22		02:06:51	04:02:06.75	04:03:00.95	+00:59:55 (24.7%)	8:38	6.9 (75.0%)
23	LALEWICZ Wojciech	3720	ASSECO ACTIVE TEAM	M50	23		02:10:34	04:02:14.40	04:03:18.20	+01:00:12 (24.7%)	8:39	6.9 (75.0%)
24	KUBACZYŃSKI Dariusz	3702		M50	24		02:04:35	04:03:34.00	04:03:53.30	+01:00:47 (24.9%)	8:41	6.9 (75.0%)
25	LEJMAN Adam	3706		M50	25		02:02:37	04:05:21.85	04:05:31.15	+01:02:25 (25.4%)	8:45	6.8 (73.9%)
26	GAWRYSZEWSKI Michał	3064		M50	26		02:14:51	04:07:12.95	04:08:06.80	+01:05:01 (26.2%)	8:49	6.8 (73.9%)
27	STASZEWSKI Piotr	3832		M50	27		02:15:54	04:07:28.30	04:08:07.15	+01:05:01 (26.2%)	8:50	6.8 (73.9%)
28	SZURYGA Hubert	3623	AZS UMCS LUBLIN_BNO TEAM	M50	28		02:09:54	04:14:19.85	04:14:29.65	+01:11:24 (28.1%)	9:04	6.6 (71.7%)
29	KAMIŃSKI Paweł	3638		M50	29		02:11:13	04:13:45.85	04:14:33.45	+01:11:28 (28.1%)	9:03	6.6 (71.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Szlem	Roztoki 16.2km	Czas netto 28km	Czas brutto 28km	Różn	Tempo min/km	Tempo km/h
30	PAWLIKOWSKI Adam	3439		M50	30		02:18:01	04:15:21.10	04:17:03.55	+01:13:58 (28.8%)	9:07	6.6 (71.7%)
31	SZTANDAR Jack	3115	MAJATEAM	M50	31		02:20:29	04:20:36.00	04:22:34.95	+01:19:29 (30.3%)	9:18	6.4 (69.6%)
32	PALCZYŃSKI Andrzej	3505	FABRYKA DZIKA	M50	32		02:20:28	04:20:54.90	04:22:36.20	+01:19:30 (30.3%)	9:19	6.4 (69.6%)
33	STĘPIEŃ Robert	3813	DZIK KOMANDO	M50	33		02:21:03	04:21:54.25	04:23:44.80	+01:20:39 (30.6%)	9:21	6.4 (69.6%)
34	ZAŃKO Marek	3584	PINGWINTTEAM SHOW MUST GO ON	M50	34		02:14:35	04:22:36.90	04:23:51.35	+01:20:45 (30.6%)	9:22	6.4 (69.6%)
35	KARPIŃSKI Robert	3	SPARTANIE DZIECIOM	M50	35	Tak	02:17:49	04:23:18.05	04:24:01.50	+01:20:56 (30.7%)	9:24	6.4 (69.6%)
36	DOMIN Michał	3373		M50	36		02:20:54	04:25:36.25	04:25:59.80	+01:22:54 (31.2%)	9:29	6.3 (68.5%)
37	LIK Marek	12	CHEŁM BIEGA	M50	37	Tak	02:23:44	04:26:58.80	04:28:39.20	+01:25:33 (31.8%)	9:32	6.3 (68.5%)
38	KOŁODZIEJCZYK Marek	3386		M50	38		02:20:47	04:28:38.15	04:30:01.05	+01:26:55 (32.2%)	9:35	6.3 (68.5%)
39	ABRAMCZUK Paweł	3879		M50	39		02:20:51	04:31:04.40	04:33:10.45	+01:30:05 (33.0%)	9:40	6.2 (67.4%)
40	JUSZCZAK Marcin	3127		M50	40		02:30:06	04:33:41.55	04:33:59.60	+01:30:54 (33.2%)	9:46	6.1 (66.3%)
41	WYSOKIŃSKI Jerzy	3835	ORANGE POLSKA	M50	41		02:30:01	04:33:43.15	04:34:00.15	+01:30:54 (33.2%)	9:46	6.1 (66.3%)
42	PALTIAN Piotr	3228	SAŁ WOLNIEJSI	M50	42		02:17:46	04:34:22.05	04:35:10.70	+01:32:05 (33.5%)	9:47	6.1 (66.3%)
43	GUCWA Jarosław	3773		M50	43		02:15:44	04:35:30.90	04:35:45.55	+01:32:40 (33.6%)	9:50	6.1 (66.3%)
44	KOS Paweł	3845	EAZYMUT.PL	M50	44		02:22:32	04:35:22.40	04:36:45.25	+01:33:39 (33.8%)	9:50	6.1 (66.3%)
45	SROCZYŃSKI Andrzej	3470		M50	45		02:22:18	04:38:26.30	04:38:53.70	+01:35:48 (34.4%)	9:56	6 (65.2%)
46	DOBROWOLSKI Piotr	3374	ORANGE POLSKA	M50	46		02:22:28	04:41:22.80	04:41:48.55	+01:38:43 (35.0%)	10:02	6 (65.2%)
47	KROSZKA Krzysztof	3465	STEPSTONE RUNNING TEAM	M50	47		02:18:01	04:42:04.10	04:43:07.80	+01:40:02 (35.3%)	10:04	6 (65.2%)
48	NIECKARZ Dariusz	3410	ADRIAN! BŁAGAM WOLNIEJ	M50	48		02:15:50	04:41:43.30	04:43:40.80	+01:40:35 (35.5%)	10:03	6 (65.2%)
49	SUCHORA Jerzy	3143		M50	49		02:24:32	04:43:27.10	04:43:50.65	+01:40:45 (35.5%)	10:07	5.9 (64.1%)
50	BUKAŁA Jacek	3385		M50	50		02:31:43	04:43:24.30	04:45:20.20	+01:42:14 (35.8%)	10:07	5.9 (64.1%)
51	BAZYDŁO Dariusz	3336		M50	51		02:23:43	04:44:47.75	04:45:53.85	+01:42:48 (36.0%)	10:10	5.9 (64.1%)
52	SZAJ Jarek	3508	SŁYNNI KENIJCZYCY	M50	52		02:30:38	04:46:32.60	04:47:45.90	+01:44:40 (36.4%)	10:14	5.9 (64.1%)
53	KRYSZKIEWICZ Tomasz	3747		M50	53		02:24:04	04:54:16.80	04:55:09.80	+01:52:04 (38.0%)	10:30	5.7 (62.0%)
54	DERCZYŃSKI Marcin	3785		M50	54		02:33:17	04:56:05.70	04:58:01.00	+01:54:55 (38.6%)	10:34	5.7 (62.0%)
55	SIUCIAK Robert	3563		M50	55		02:22:53	04:57:21.15	04:58:34.65	+01:55:29 (38.7%)	10:37	5.6 (60.9%)
56	MYRCIK Dariusz	3311	MAFIA TEAM LUBLINIEC	M50	56		02:28:19	04:58:18.20	04:59:13.55	+01:56:08 (38.8%)	10:39	5.6 (60.9%)
57	PIONTEK Andrzej	3408	CIDRY LOTAJOM	M50	57		02:28:48	05:03:06.10	05:03:42.80	+02:00:37 (39.7%)	10:49	5.5 (59.8%)
58	SOJA Tomasz	3820		M50	58		02:38:06	05:03:08.80	05:04:17.05	+02:01:11 (39.8%)	10:49	5.5 (59.8%)
59	ROSTEK Andrzej	3690		M50	59		02:43:56	05:12:33.20	05:14:19.70	+02:11:14 (41.8%)	11:09	5.4 (58.7%)
60	GREDKE Robert	3707	TEAM ZABIEGANEDNI	M50	60		02:36:22	05:16:41.95	05:18:42.85	+02:15:37 (42.6%)	11:18	5.3 (57.6%)
61	RZECZKOWSKI Maciej	3286	WKG	M50	61		02:36:12	05:19:07.45	05:21:07.45	+02:18:02 (43.0%)	11:23	5.3 (57.6%)
62	KUŚMIERSKI Krzysztof	3283		M50	62		02:36:16	05:19:35.30	05:21:35.30	+02:18:29 (43.1%)	11:24	5.3 (57.6%)
63	SREBRO Michał	3255		M50	63		02:34:23	05:21:17.20	05:22:14.30	+02:19:08 (43.2%)	11:28	5.2 (56.5%)
64	KUBACKI Andrzej	3250		M50	64		02:31:19	05:23:09.40	05:23:53.95	+02:20:48 (43.5%)	11:32	5.2 (56.5%)
65	SKACZYŃSKI Marcin	3481	ENERGOKONTRAKT GLIWICE	M50	65		02:45:39	05:22:53.55	05:24:28.95	+02:21:23 (43.6%)	11:31	5.2 (56.5%)
66	JĘDRO Tomasz	2	FC EIRE DIVISION	M50	66	Tak	02:45:24	05:34:17.40	05:34:52.90	+02:31:47 (45.3%)	11:56	5 (54.3%)
67	DENKOWSKI Wojciech	3169	BP RUNNING TEAM GLIWICE	M50	67		02:56:51	05:37:31.20	05:39:03.00	+02:35:57 (46.0%)	12:03	5 (54.3%)
68	LICA Roman	3453		M50	68		02:39:02	05:45:05.35	05:46:10.80	+02:43:05 (47.1%)	12:19	4.9 (53.3%)
69	KORWEK Michał	3870		M50	69		02:47:31	06:03:40.10	06:05:25.75	+03:02:20 (49.9%)	12:59	4.6 (50.0%)
70	PEPLIŃSKI Piotr	3176		M50	70		02:59:21	06:06:05.45	06:07:21.60	+03:04:16 (50.2%)	13:04	4.6 (50.0%)
71	ZUGAJ Cezary	3324	WHITE BEARS TEAM BIAŁYSTOK	M50	71		04:01:43	07:40:48.95	07:43:01.70	+04:39:56 (60.5%)	16:27	3.6 (39.1%)
	WĘGLICKI Dariusz	3298	DAWEG	M50			DNF	DNF	DNF		-	- (0.0%)

