



Event:
Organiser:

Date:
Place:
Distance:

XI SYLWESTROWY NORDIC WALKING - 3 KM

XI Koszaliński Bieg Sylwestrowy
Koszalińskie Towarzystwo Krzewienia Kultury
Fizycznej
2019-12-28
Koszalin
3 km

B4SPORT



Classification: M-OPEN

Place	Participant	Number	Club	Category	MCat	Lap 1.7km	Net time 3km	Gap	Pace min/km	Pace km/h
1	ROMANOWICZ Piotr	341		M-OPEN	1	00:10:23	00:20:04.48		6:41	9 (100%)
2	FRĄCKOWIAK Roman	74		M-OPEN	2	00:09:58	00:20:21.74	+00:01:05 (5.1%)	6:47	8.8 (97.8%)
3	KOPCZEWSKI Dariusz	558		M-OPEN	3	00:11:40	00:22:47.19	+00:02:42 (11.8%)	7:35	7.9 (87.8%)
4	POTRZEBOWSKI Marek	324		M-OPEN	4	00:11:05	00:22:13.87	+00:02:56 (12.6%)	7:24	8.1 (90.0%)
5	SZUDARSKI Edward	383		M-OPEN	5	00:11:28	00:22:37.85	+00:03:21 (14.2%)	7:32	8 (88.9%)
6	WICHER Krzysztof	412		M-OPEN	6	00:11:23	00:22:38.78	+00:03:22 (14.2%)	7:33	7.9 (87.8%)
7	SZUDARSKI Marek	384		M-OPEN	7	00:11:50	00:23:35.78	+00:04:23 (17.8%)	7:52	7.6 (84.4%)
8	KUBIK Krystian	207		M-OPEN	8	00:12:40	00:24:24.70	+00:04:23 (17.8%)	8:08	7.4 (82.2%)
9	MACIEJEWSKI Tomasz	234		M-OPEN	9	00:12:57	00:24:44.00	+00:05:30 (21.4%)	8:14	7.3 (81.1%)
10	LEDZION Robert	218		M-OPEN	10	00:13:06	00:25:37.64	+00:06:21 (23.9%)	8:32	7 (77.8%)
11	TURSKI Bogdan	398		M-OPEN	11	00:13:24	00:25:39.56	+00:06:24 (24.0%)	8:33	7 (77.8%)
12	DYWELSKI Marek	67		M-OPEN	12	00:13:55	00:28:19.72	+00:09:05 (30.9%)	9:26	6.4 (71.1%)
13	JANEK Arkadiusz	126		M-OPEN	13	00:14:39	00:29:29.69	+00:10:16 (33.6%)	9:50	6.1 (67.8%)
14	BARTNIK Marian	13		M-OPEN	14	00:16:23	00:31:59.89	+00:11:47 (36.7%)	10:40	5.6 (62.2%)
15	CAŁA Dawid	35		M-OPEN	15	00:16:27	00:31:04.97	+00:11:53 (36.9%)	10:21	5.8 (64.4%)

Total 15 results.