



Organizator: Hotel Brzoza
Data: 2019-12-31
Miejsce: Brzoza
Dystans: 10 km

XIII BIEG SYLWESTROWY

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K-40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klub	Czas startu	Split 2.5km	Split 4.85km	Split 7.2km	Split 9.55km	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	CZAJKOWSKA Sylwia	181		K-40	1	Bydgoskie Okonie	Bydgoskie Okonie	00:00:04	00:10:42	00:21:01	00:31:30	00:42:00	00:43:58.95	00:44:03.40		4:23	13.6 (100%)
2	PASTWA Donata	384		K-40	2		TRISPACE/TREK	00:00:04	00:11:49	00:22:45	00:33:37	00:44:25	00:46:28.15	00:46:32.65	+00:02:29 (5.4%)	4:38	12.9 (94.9%)
3	BŁAŻEJAK Krzysztofa	155		K-40	3	RUN BYDGOSZCZ	RUN BYDGOSZCZ	00:00:04	00:11:48	00:22:42	00:33:36	00:44:38	00:46:43.95	00:46:48.10	+00:02:45 (5.9%)	4:40	12.8 (94.1%)
4	BEDNAREK Marta	121		K-40	4	Czarne Stopy	Czarne Stopy	00:00:18	00:12:22	00:23:42	00:35:09	00:46:48	00:49:03.80	00:49:22.10	+00:05:04 (10.4%)	4:54	12.2 (89.7%)
5	SZYMCZAK Monika	261		K-40	5		Króliki w plecaku	00:00:09	00:12:06	00:23:36	00:35:40	00:47:14	00:49:25.65	00:49:34.65	+00:05:26 (11.0%)	4:56	12.1 (89.0%)
6	WALIGÓRA Karolina	424		K-40	6			00:00:22	00:12:35	00:24:24	00:36:26	00:48:39	00:50:53.45	00:51:16.10	+00:06:54 (13.6%)	5:05	11.8 (86.8%)
7	POLSAŃSKA Beata	190		K-40	7	The Rychters		00:00:15	00:12:29	00:24:17	00:36:18	00:48:41	00:50:58.35	00:51:14.05	+00:06:59 (13.7%)	5:05	11.8 (86.8%)
8	KOMISARCZYK Iwona	145		K-40	8			00:00:02	00:12:27	00:24:42	00:37:14	00:49:40	00:51:57.05	00:51:59.20	+00:07:58 (15.3%)	5:11	11.5 (84.6%)
9	KUŹMA Anna	268		K-40	9	The Runners Świecie	The Runners Świecie	00:00:18	00:12:56	00:25:08	00:37:23	00:49:41	00:51:57.65	00:52:16.20	+00:07:58 (15.4%)	5:11	11.5 (84.6%)
10	DROŹDŹ Małgorzata	116		K-40	10	AMS Triathlon	AMS Triathlon	00:00:17	00:12:25	00:25:07	00:37:54	00:50:37	00:52:57.15	00:53:14.30	+00:08:58 (16.9%)	5:17	11.3 (83.1%)
11	ĆWIKLIŃSKA Anna	182		K-40	11	AMS Triathlon	AMS Triathlon	00:00:17	00:12:27	00:25:08	00:37:54	00:50:38	00:52:58.20	00:53:15.20	+00:08:59 (17.0%)	5:17	11.3 (83.1%)
12	KAMIŃSKA Agnieszka	296		K-40	12		7SI OWB rowertour.com	00:00:34	00:13:08	00:25:23	00:38:02	00:50:59	00:53:28.40	00:54:02.75	+00:09:29 (17.7%)	5:20	11.2 (82.4%)
13	WOJCIECHOWSKA Emilia	286		K-40	13			00:00:28	00:13:26	00:25:58	00:38:25	00:51:04	00:53:29.65	00:53:57.85	+00:09:30 (17.8%)	5:20	11.2 (82.4%)
14	ANASZEWICZ Marzena	259		K-40	14			00:00:06	00:13:00	00:25:48	00:38:41	00:51:37	00:53:59.05	00:54:05.35	+00:10:00 (18.5%)	5:23	11.1 (81.6%)
15	FARBICKA-ŻYWICA Paulina	382		K-40	15		Brzoza Biega	00:00:22	00:13:11	00:25:52	00:38:41	00:51:40	00:54:04.30	00:54:26.65	+00:10:05 (18.7%)	5:24	11.1 (81.6%)
16	REPKA Anna	316		K-40	16		Lupus Team	00:00:17	00:13:47	00:26:43	00:39:31	00:52:07	00:54:23.05	00:54:40.65	+00:10:24 (19.1%)	5:26	11 (80.9%)

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17	CZYŻAK Joanna	186		K-40	17	AMS Triathlon	AMS Triathlon	00:00:25	00:13:36	00:26:31	00:39:34	00:52:20	00:54:43.65	00:55:08.80	+00:10:44 (19.6%)	5:28	11 (80.9%)
18	JAROSZEWSKA Anna	335		K-40	18			00:00:12	00:13:16	00:26:03	00:39:12	00:52:18	00:54:47.55	00:54:59.85	+00:10:48 (19.7%)	5:28	11 (80.9%)
19	CABAŃSKA Kayarzyna	34		K-40	19		#slimakibarcin	00:00:18	00:13:27	00:26:27	00:39:23	00:52:28	00:54:50.00	00:55:08.00	+00:10:51 (19.8%)	5:29	10.9 (80.1%)
20	PORAZINSKA Viktoria	215		K-40	20	Bydgoszcz na start	Bydgoszcz na start.	00:00:25	00:13:51	00:26:40	00:39:30	00:52:36	00:54:59.35	00:55:25.15	+00:11:00 (20.0%)	5:30	10.9 (80.1%)
21	NOWAK Ewa	303		K-40	21		Diabelskie Pioruny	00:00:10	00:13:45	00:26:49	00:40:00	00:53:22	00:55:51.50	00:56:02.35	+00:11:52 (21.3%)	5:35	10.7 (78.7%)
22	TRUSZCZYŃSKA Joanna	412		K-40	22			00:00:26	00:14:24	00:27:22	00:40:21	00:53:34	00:56:08.70	00:56:35.20	+00:12:09 (21.7%)	5:36	10.7 (78.7%)
23	MAKUCH-DOBOSZ Urszula	162		K-40	23			00:00:25	00:13:59	00:27:37	00:41:35	00:55:47	00:58:28.60	00:58:54.35	+00:14:29 (24.8%)	5:50	10.3 (75.7%)
24	SZNAJDROWSKA-KNASINSKA Ewa	117		K-40	24			00:00:04	00:13:40	00:27:45	00:42:13	00:56:40	00:59:19.95	00:59:24.15	+00:15:21 (25.9%)	5:56	10.1 (74.3%)
25	SKRZĄTEK Anna	352		K-40	25			00:00:31	00:14:48	00:29:04	00:43:23	00:57:32	01:00:04.15	01:00:35.65	+00:16:05 (26.8%)	6:00	10 (73.5%)
26	MALATYŃSKA Barbara	219		K-40	26			00:00:27	00:15:00	00:29:08	00:43:27	00:57:36	01:00:10.00	01:00:37.25	+00:16:11 (26.9%)	6:01	10 (73.5%)
27	WESOŁOWSKA Aleksandra Ewa	407		K-40	27			00:00:15	00:14:06	00:28:15	00:43:00	00:57:37	01:00:14.70	01:00:30.00	+00:16:15 (27.0%)	6:01	10 (73.5%)
28	GROBELNA Angelika	226		K-40	28		Bydgoszcz na start.	00:00:30	00:15:33	00:29:49	00:44:15	00:58:35	01:01:11.05	01:01:41.25	+00:17:12 (28.1%)	6:07	9.8 (72.1%)
29	LEWANDOWSKA Sylwia	125		K-40	29			00:00:13	00:15:18	00:29:40	00:44:14	00:58:40	01:01:22.55	01:01:36.40	+00:17:23 (28.3%)	6:08	9.8 (72.1%)
30	BRYWCZYŃSKA Justyna	19		K-40	30		#slimakibarcin	00:00:19	00:15:19	00:29:55	00:44:33	00:59:18	01:02:04.00	01:02:23.70	+00:18:05 (29.1%)	6:12	9.7 (71.3%)
31	NOWICKA Tatiana	313		K-40	31			00:00:14	00:15:25	00:30:16	00:45:32	01:00:48	01:03:35.60	01:03:50.15	+00:19:36 (30.8%)	6:21	9.4 (69.1%)
32	CHUDECKA Beata	232		K-40	32		Diabelskie Pioruny	00:00:14	00:15:26	00:30:16	00:45:33	01:01:02	01:03:57.05	01:04:11.75	+00:19:58 (31.2%)	6:23	9.4 (69.1%)
33	ŚLESIŃSKA Ewa	157		K-40	33			00:00:10	00:15:06	00:30:22	00:45:58	01:02:11	01:05:19.15	01:05:30.10	+00:21:20 (32.7%)	6:32	9.2 (67.6%)
34	MARĆ Agnieszka	420		K-40	34			00:00:13	00:16:05	00:31:17	00:46:50	01:02:50	01:05:57.50	01:06:11.00	+00:21:58 (33.3%)	6:35	9.1 (66.9%)
35	CENTKOWSKA Ewelina	163		K-40	35		SPC	00:00:16	00:17:00	00:33:11	00:49:24	01:05:47	01:08:50.35	01:09:06.85	+00:24:51 (36.1%)	6:53	8.7 (64.0%)
36	BŁASZKIEWICZ Marzena	196		K-40	36			00:00:24	00:16:31	00:32:17	00:49:31	01:07:16	01:10:18.15	01:10:42.75	+00:26:19 (37.4%)	7:01	8.5 (62.5%)
37	NOSKOWIAK-BAJNO Alicja	348		K-40	37		ChołeKłóliki	00:00:24	00:16:30	00:32:17	00:49:29	01:07:14	01:10:18.75	01:10:43.10	+00:26:19 (37.4%)	7:01	8.5 (62.5%)
38	SZULC-MIKOŁAJCZAK Lidia	277		K-40	38			00:00:25	00:17:12	00:34:01	00:50:43	01:07:47	01:10:51.40	01:11:16.55	+00:26:52 (37.9%)	7:05	8.5 (62.5%)
39	PAŚ Katarzyna	318		K-40	39		CHARTY SZELEJEWO	00:00:31	00:17:29	00:34:14	00:51:23	01:09:00	01:12:12.05	01:12:43.75	+00:28:13 (39.1%)	7:13	8.3 (61.0%)

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40	KUBIAK Małgorzata	118		K-40	40			00:00:30	00:18:06	00:35:10	00:52:42	01:10:13	01:13:30.20	01:14:01.15	+00:29:31 (40.2%)	7:21	8.2 (60.3%)
41	PASZKOWSKA Katarzyna	345		K-40	41		CB 163	00:00:30	00:19:55	00:38:11	00:56:56	01:15:25	01:18:50.30	01:19:20.55	+00:34:51 (44.2%)	7:53	7.6 (55.9%)

Znaleziono 41 wynik(ów)