



XIII KOSZALIŃSKI BIEG SYLWESTROWY - 5.1 KM

B4SPORT

Wydarzenie:
Organizator:

XIII Koszaliński Bieg Sylwestrowy
Koszalińskie Towarzystwo Krzewienia Kultury
Fizycznej
2022-12-31
Koszalin
5.1 km

Data:
Miejsce:
Dystans:



Klasyfikacja: M50

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Lap 1.6km	Lap 3.35km	Czas netto 5.1km	Różn	Tempo min/km	Tempo km/h
1	RYBARCZYK Jan	168	ŻYJ Z ENERGIA	M50	1	00:05:26	00:11:22	00:17:21.60		3:24	17.6 (100%)
2	KOZAK Arkadiusz	98	TKKF KOSZALIN	M50	2	00:05:28	00:11:37	00:17:52.25	+00:00:30 (2.9%)	3:30	17.1 (97.2%)
3	GUZOWSKI Dariusz	59	TALEX BORZYTUCHOM	M50	3	00:05:40	00:11:58	00:18:08.85	+00:00:47 (4.3%)	3:33	16.9 (96.0%)
4	PICK Tomasz	152	BIEGOLAS / KORONA	M50	4	00:06:00	00:12:33	00:18:51.35	+00:01:29 (7.9%)	3:41	16.2 (92.0%)
5	CYRULEWSKI Rafał	32		M50	5	00:06:00	00:12:27	00:18:56.05	+00:01:34 (8.3%)	3:42	16.2 (92.0%)
6	ZWOLIŃSKI Jan	228	TKKF KOSZALIN	M50	6	00:06:08	00:13:08	00:20:05.00	+00:02:43 (13.6%)	3:56	15.2 (86.4%)
7	WILK Daniel	212	WILK I ZAJĄC	M50	7	00:06:05	00:13:06	00:20:08.00	+00:02:46 (13.8%)	3:56	15.2 (86.4%)
8	MOSZYŃSKI Jacek	132	TKKF KOSZALIN	M50	8	00:06:35	00:13:57	00:21:10.95	+00:03:49 (18.0%)	4:09	14.5 (82.4%)
9	KRUPIŃSKI Krzysztof	104	E-UROLOG.EU	M50	9	00:07:01	00:14:46	00:22:28.90	+00:05:07 (22.8%)	4:24	13.6 (77.3%)
10	PEKAŁA Piotr	150	SOSW KOSZALIN	M50	10	00:07:22	00:15:26	00:23:16.65	+00:05:55 (25.4%)	4:33	13.2 (75.0%)
11	ADASZYŃSKI Wiesław	2	BIEGOLAS KOSZALIN	M50	11	00:06:59	00:15:10	00:23:27.45	+00:06:05 (26.0%)	4:35	13 (73.9%)
12	MAZUR Mirosław	238	TKKF KOSZALIN	M50	12	00:07:34	00:15:50	00:23:56.80	+00:06:35 (27.5%)	4:41	12.8 (72.7%)
13	KISIELIŃSKI Igor	91		M50	13	00:07:37	00:15:55	00:24:04.95	+00:06:43 (27.9%)	4:43	12.7 (72.2%)
14	SCHWARZ Ludwik	233		M50	14	00:07:36	00:15:57	00:24:16.05	+00:06:54 (28.5%)	4:45	12.6 (71.6%)
15	JASIENIECKI Piotr	75		M50	15	00:08:17	00:16:59	00:25:14.50	+00:07:52 (31.2%)	4:56	12.1 (68.8%)
16	JĘDRZEJCZYK Franciszek	77		M50	16	00:08:34	00:17:36	00:26:35.00	+00:09:13 (34.7%)	5:12	11.5 (65.3%)
17	PIECHOTA Robert	153		M50	17	00:08:16	00:17:33	00:26:42.05	+00:09:20 (35.0%)	5:14	11.5 (65.3%)
18	ROGAŁA Jacek	163	FUNDACJA ZASTOPIJ	M50	18	00:08:18	00:17:26	00:26:48.60	+00:09:27 (35.2%)	5:15	11.4 (64.8%)
19	PLESIEWICZ Tomasz	155	TKKF KOSZALIN	M50	19	00:08:35	00:17:46	00:26:55.00	+00:09:33 (35.5%)	5:16	11.4 (64.8%)
20	SOBKÓ Krzysztof	180		M50	20	00:08:42	00:18:40	00:28:38.60	+00:11:17 (39.4%)	5:36	10.7 (60.8%)
21	KOS Janek	97	FUNDACJA ZASTOPIJ	M50	21	00:08:59	00:19:11	00:28:53.75	+00:11:32 (39.9%)	5:39	10.6 (60.2%)
22	DZIESZUK Dariusz	44		M50	22	00:09:34	00:19:51	00:29:35.55	+00:12:13 (41.3%)	5:48	10.3 (58.5%)
23	KEPKA Mirosław	87		M50	23	00:09:11	00:19:41	00:30:45.80	+00:13:24 (43.6%)	6:01	10 (56.8%)
24	KOŁAKOWSKI Dariusz	96		M50	24	00:09:11	00:19:41	00:30:45.85	+00:13:24 (43.6%)	6:01	10 (56.8%)
25	PUDEŁKO Dariusz	159	STELLANTIS ACTIVE TEAM	M50	25	00:10:14	00:20:34	00:31:02.05	+00:13:40 (44.1%)	6:05	9.9 (56.3%)