



# XIV RYPIŃSKI BIEG PO ZDROWIE – DOLINĄ RYPIENICY

B4SPORT

**Organizator:** Miejski Ośrodek Sportu i Rekreacji w Rypinie, Urząd Miasta Rypin  
**Data:** 2019-08-31  
**Miejsce:** Rypin  
**Dystans:** 10 km

**B4SPORT**  
INTELEGNTE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	KLAYBOR Dawid	172	GKS FABIANKI	M-1	1	00:33:12.85	00:33:13.70		3:19	18.1
2	TOMASZEWSKI Maciej Emanuel	185		M-2	1	00:35:36.80	00:35:38.00	+00:02:24	3:33	16.8
3	ŚWIDEREK Wojciech	174	T.S. OPATRUNKI TORUŃ	M-2	2	00:35:56.85	00:35:57.85	+00:02:44	3:35	16.7
4	SZPECIŃSKI Przemek	129	RYMAŃ	M-1	2	00:36:09.65	00:36:10.70	+00:02:57	3:36	16.6
5	CHOJNICKI Damian	170	GKS FABIANKI	M-1	3	00:38:22.40	00:38:23.45	+00:05:09	3:50	15.6
6	TREPKOWSKI Mateusz	182	BORN TO RUN	M-1	4	00:38:32.25	00:38:33.45	+00:05:19	3:51	15.6
7	MAĆKOWSKI Maciej	78	PAŁUKI RUNNING TEAM	M-2	3	00:38:43.55	00:38:45.50	+00:05:31	3:52	15.5
8	GAPIŃSKI Łukasz	27	BORN RUNNERS - CHOJNICKI TEAM	M-2	4	00:39:02.90	00:39:05.20	+00:05:51	3:54	15.4
9	MOKRZYCKI Rafał	87	TG SOKÓŁ GNIEWKOWO	M-3	1	00:39:30.55	00:39:32.75	+00:06:19	3:57	15.2
10	TUCZYŃSKI Sylwester Leon	138	BYDGOSKIE OKONIE	M-1	5	00:39:43.65	00:39:45.55	+00:06:31	3:58	15.1
11	JAGIEŁA Jarosław	36	TKKF KOLEJARZ BYDGOSZCZ	M-3	2	00:39:46.40	00:39:49.65	+00:06:35	3:58	15.1
12	DUDEK Mariusz	18		M-4	1	00:39:56.50	00:39:58.70	+00:06:45	3:59	15
13	ARSENIUK Anna	175	T.S. OPATRUNKI TORUŃ	K-2	1	00:40:18.75	00:40:20.50	+00:07:06	4:01	14.9
14	RUCIŃSKI Cezary	203	KB LECH RYPIN	M-2	5	00:40:18.30	00:40:20.80	+00:07:07	4:01	14.9
15	KUŁAKOWSKI Krzysztof	61	RUN PASJA	M-2	6	00:41:02.50	00:41:05.35	+00:07:51	4:06	14.6
16	SZWEDA Mirosława	130	TKKF KOLEJARZ BYDGOSZCZ	K-2	2	00:41:11.75	00:41:13.75	+00:08:00	4:07	14.6
17	HOŁTYN Patryk	34	TKKF KOLEJARZ BYDGOSZCZ	M-2	7	00:41:11.70	00:41:15.45	+00:08:01	4:07	14.6
18	MALINOWSKI Paweł	82		M-2	8	00:41:23.00	00:41:24.60	+00:08:10	4:08	14.5
19	KUCIEJCZYK Henryk	60	TEMPO MLAWA	M-5	1	00:41:28.20	00:41:30.15	+00:08:16	4:08	14.5
20	JAWORSKI Marek	41	NIEZRZESZONY	M-5	2	00:41:27.05	00:41:30.25	+00:08:16	4:08	14.5
21	SZTOLCMAN Piotr	167	GKS FABIANKI	M-1	6	00:41:39.85	00:41:41.60	+00:08:27	4:10	14.4
22	ŁAZ Kamil	74	BYDGOSKIE OKONIE	M-2	9	00:41:51.00	00:41:53.35	+00:08:39	4:11	14.3
23	KASPRZY Piotr	208	ANIRO RUN TEAM	M-4	2	00:42:02.00	00:42:06.05	+00:08:52	4:12	14.3
24	KOZŁOWSKI Zbigniew	53	BIEGOHOLICY / MARMEL TORUŃ	M-2	10	00:42:04.10	00:42:08.95	+00:08:55	4:12	14.3
25	DRAPIEWSKI Mirosław	16	BIEGOHOLICY / MARMEL TORUŃ	M-2	11	00:42:06.50	00:42:11.35	+00:08:57	4:12	14.2
26	CHMIELEWSKI Bartosz	10		M-2	12	00:42:28.40	00:42:31.35	+00:09:17	4:14	14.1
27	ZADYLAK Jakub	152		M-1	7	00:42:29.45	00:42:33.50	+00:09:19	4:14	14.1
28	PILARSKI Krzysztof	189	KUJAWSKO-POMORSKIE	M-2	13	00:42:45.70	00:42:50.20	+00:09:36	4:16	14
29	RUMIŃSKI Arkadiusz	207		M-1	8	00:42:54.10	00:42:56.35	+00:09:42	4:17	14

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
30	SENGER Michał	114	PAŁUKI RUNNING TEAM	M-2	14	00:42:54.90	00:42:58.80	+00:09:45	4:17	14
31	KUBIAK Tomasz	58	TG SOKÓŁ GNIEWKOWO	M-3	3	00:43:30.90	00:43:34.55	+00:10:20	4:21	13.8
32	HEJZA Piotr	33	KB LECH RYPIN	M-2	15	00:43:35.60	00:43:37.85	+00:10:24	4:21	13.8
33	RONOWICZ Mateusz	106		M-1	9	00:43:45.30	00:43:48.25	+00:10:34	4:22	13.7
34	PIERZCHAŁA Sławomir	100		M-4	3	00:43:52.10	00:43:53.75	+00:10:40	4:23	13.7
35	NOWAK Grzegorz	205		M-2	16	00:44:07.80	00:44:14.35	+00:11:00	4:24	13.6
36	GÓRALSKI Krzysztof	166	T.S. OPATRUNKI TORUŃ	M-4	4	00:44:14.70	00:44:17.90	+00:11:04	4:25	13.6
37	CZAJKOWSKI Jacek	201		M-1	10	00:44:16.90	00:44:19.80	+00:11:06	4:25	13.5
38	KAMIŃSKA Teresa	204	TERESA BIEGA	K-3	1	00:44:25.20	00:44:27.20	+00:11:13	4:26	13.5
39	WOŹNIAKOWSKA Agata	149	BYDGOSKIE OKONIE	K-2	3	00:44:25.15	00:44:28.60	+00:11:14	4:26	13.5
40	ŻUCHOWSKI Jozef	158		M-3	4	00:44:26.50	00:44:29.40	+00:11:15	4:26	13.5
41	LIPIŃSKI Krzysztof	72		M-3	5	00:44:34.90	00:44:42.05	+00:11:28	4:27	13.5
42	WSZOŁEK Krystian	151		M-1	11	00:44:44.75	00:44:51.55	+00:11:37	4:28	13.4
43	NOWICKI Jarosław	171	GKS FABIANKI	M-2	17	00:44:49.00	00:44:51.85	+00:11:38	4:28	13.4
44	KUBIT Tadeusz	59		M-3	6	00:44:57.55	00:45:00.40	+00:11:46	4:29	13.3
45	NOWAKOWSKI Jerzy	91	ANIRO RUN TEAM	M-3	7	00:44:55.30	00:45:03.65	+00:11:49	4:29	13.4
46	OSIŃSKI Michał	94	PARKRUN TORUŃ	M-2	18	00:45:00.10	00:45:05.75	+00:11:52	4:30	13.3
47	ŻYTOWIECKI Dawid	159	KB LECH RYPIN	M-2	19	00:45:13.45	00:45:16.65	+00:12:02	4:31	13.3
48	BARTOSZYŃSKI Dominik	3	BASKET RYPIN	M-2	20	00:45:20.55	00:45:23.05	+00:12:09	4:32	13.2
49	KUBARSKI Julian	56		M-3	8	00:45:21.50	00:45:24.85	+00:12:11	4:32	13.2
50	KMIECIAK Robert	176	T.S.OPATRUNKI TORUŃ	M-2	21	00:45:27.45	00:45:29.10	+00:12:15	4:32	13.2
51	ROK-SZPALA Sylwia	105	PARKRUN TORUŃ	K-2	4	00:45:25.15	00:45:31.25	+00:12:17	4:32	13.2
52	STECKIEWICZ Edmund	123	KB LECH RYPIN	M-3	9	00:45:47.85	00:45:49.35	+00:12:35	4:34	13.1
53	SADOWSKI Jarosław	173	T.S. OPATRUNKI TORUŃ	M-3	10	00:45:45.45	00:45:49.80	+00:12:36	4:34	13.1
54	TACZYŃSKI Marek	132		M-2	22	00:45:45.40	00:45:51.45	+00:12:37	4:34	13.1
55	TOMASIK Piotr	133	TG. SOKÓŁ GNIEWKOWO	M-2	23	00:45:37.60	00:45:55.75	+00:12:42	4:33	13.2
56	MARCHEL Tomasz	83		M-2	24	00:45:56.25	00:45:59.85	+00:12:46	4:35	13.1
57	BUTOWSKI Krzysztof	194	STUDIO NIERUCHOMOŚCI TORUŃ	M-2	25	00:46:04.70	00:46:08.75	+00:12:55	4:36	13
58	NADOLNY Piotr	188	KUJAWY POMORZE	M-3	11	00:46:13.55	00:46:21.10	+00:13:07	4:37	13
59	MICHALEWSKI Bartosz	85	LUCKY LUCK	M-3	12	00:46:25.05	00:46:31.60	+00:13:17	4:38	12.9
60	PĘKAŁA Aleksandra	99	RUN PASJA	K-2	5	00:46:30.60	00:46:34.10	+00:13:20	4:39	12.9
61	GAŁUSZKA Dorota	25	WTORKOWY TRENING	K-3	2	00:46:49.95	00:46:57.45	+00:13:43	4:41	12.8
62	WIŚNIEWSKI Damian	192	KUJAWSKO-POMORSKIE	M-2	26	00:46:58.10	00:47:12.75	+00:13:59	4:41	12.8
63	MOTOFA Marcin	88		M-2	27	00:47:06.00	00:47:15.95	+00:14:02	4:42	12.7
64	LEWANDOWSKA Marlena	70	PODGÓRZ TORUŃ	K-3	3	00:47:12.15	00:47:19.05	+00:14:05	4:43	12.7
65	SKRZYŃIECKI Lukasz	186	-	M-1	12	00:47:05.65	00:47:20.40	+00:14:06	4:42	12.7
66	KOWALSKI Paweł	52		M-3	13	00:47:24.20	00:47:27.80	+00:14:14	4:44	12.7
67	OLSZEWSKI Adam	93	KB LECH RYPIN	M-4	5	00:47:31.05	00:47:33.65	+00:14:19	4:45	12.6
68	ROSZAK Zbigniew	107	BIEGAM DLA ZDROWIA	M-2	28	00:47:26.25	00:47:36.45	+00:14:22	4:44	12.6
69	WIĘCZKOWSKI Paweł	143		M-1	13	00:47:36.35	00:47:42.10	+00:14:28	4:45	12.6
70	RYCHTER Wiesław	109	BUCHALTER ELBLĄG	M-5	3	00:47:42.60	00:47:46.65	+00:14:32	4:46	12.6
71	ZIELIŃSKA Iwona	154	WKB MARATOŃCZYK WŁOCŁAWEK	K-4	1	00:47:42.20	00:47:46.75	+00:14:33	4:46	12.6
72	CHORAŹAK Sławer	12		M-3	14	00:47:56.45	00:48:01.25	+00:14:47	4:47	12.5
73	BODNAR Jan	8	JA SAM	M-5	4	00:48:01.70	00:48:04.55	+00:14:50	4:48	12.5

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74	JANOWSKI Adam	184	TKKF CHEŁMNO	M-4	6	00:47:56.95	00:48:06.85	+00:14:53	4:47	12.5
75	GURNA Jolanta	31	TKKF KOLEJARZ BYDGOSZCZ	K-4	2	00:48:09.50	00:48:14.20	+00:15:00	4:49	12.5
76	GABRYELSKI Marcin	199	WKB MARATOŃCZYK	M-2	29	00:48:12.05	00:48:14.25	+00:15:00	4:49	12.4
77	RZĘSIEWICZ Jolanta	110		K-4	3	00:48:22.10	00:48:25.95	+00:15:12	4:50	12.4
78	OLSZEWSKI Paweł	92		M-2	30	00:48:34.90	00:48:41.10	+00:15:27	4:51	12.3
79	WIŚNIEWSKI Krzysztof	147		M-3	15	00:48:36.90	00:48:42.50	+00:15:28	4:51	12.3
80	MACIEJEWSKA Kamila	76	ŚLIMAKI BARCIN	K-2	6	00:48:39.40	00:48:43.55	+00:15:29	4:51	12.3
81	MILEWSKI Benedykt	86	SAMINDRUK BRODNICA	M-4	7	00:48:40.80	00:48:50.15	+00:15:36	4:52	12.3
82	PAPROCKI Artur	215	DYNAMO SIERPC	M-1	14	00:48:46.40	00:48:54.25	+00:15:40	4:52	12.3
83	TRYCZAK Andrzej	134		M-3	16	00:48:54.35	00:48:54.35	+00:15:40	4:53	12.3
84	SEKULSKI Kamil	213	DYNAMO	M-1	15	00:48:50.45	00:48:58.20	+00:15:44	4:53	12.3
85	SCHWEDA Justyna	197	BRAK	K-3	4	00:48:55.60	00:48:59.55	+00:15:45	4:53	12.3
86	PODBIELSKA Alina	102	KM UMK TORUŃ	K-4	4	00:49:05.85	00:49:12.95	+00:15:59	4:54	12.2
87	JONATOWSKI Grzegorz	46	GREGORTECH	M-2	31	00:49:21.60	00:49:26.60	+00:16:12	4:56	12.2
88	DWORECKI Rafał	19	KS FUTGOL	M-2	32	00:49:30.00	00:49:39.15	+00:16:25	4:57	12.1
89	SANKIEWICZ Karolina	113		K-1	1	00:49:35.15	00:49:44.50	+00:16:30	4:57	12.1
90	KOŃPA Krzysztof	50	NIEZRZESZONY	M-3	17	00:49:41.50	00:49:45.35	+00:16:31	4:58	12.1
91	NOWAK Jarosław	90	SPC	M-4	8	00:49:40.10	00:49:46.80	+00:16:33	4:58	12.1
92	JANOWSKI Piotr	40	TKKF CHEŁMNO	M-4	9	00:49:47.00	00:49:58.45	+00:16:44	4:58	12.1
93	NADOLSKI Michał	212		M-1	16	00:49:53.00	00:50:05.95	+00:16:52	4:59	12
94	POPEK Maciej	103	WŁOCŁAWEK TRIATHLON TEAM - ANETA TEAM	M-3	18	00:50:04.30	00:50:10.95	+00:16:57	5:00	12
95	KELER Krzysztof	49	BBL INOWROCŁAW	M-1	17	00:50:11.20	00:50:20.25	+00:17:06	5:01	12
96	WRÓBLEWSKA Dagmara	150	TKKF KOLEJARZ BYDGOSZCZ	K-2	7	00:50:18.95	00:50:25.45	+00:17:11	5:01	11.9
97	PODLASZEWSKI Jacek	178	SPC	M-3	19	00:50:24.60	00:50:31.10	+00:17:17	5:02	11.9
98	JASKULSKA Mirela	206		K-4	5	00:50:25.40	00:50:35.40	+00:17:21	5:02	11.9
99	KUBERSKI Krzysztof	57	BIEGAM BO LUBIĘ	M-2	33	00:50:34.75	00:50:37.90	+00:17:24	5:03	11.9
100	SZAWŁOWSKI Radosław	128		M-1	18	00:50:40.70	00:50:48.00	+00:17:34	5:04	11.8
101	SEKULSKI Paweł	214	DYNAMO	M-3	20	00:50:52.40	00:51:00.55	+00:17:46	5:05	11.8
102	ANZEL Jerzy	2	BRODNICA BIEGA	M-4	10	00:51:14.35	00:51:23.20	+00:18:09	5:07	11.7
103	BORKOWSKI Mateusz	187	SPAMERZY SPORTOWI	M-1	19	00:51:35.70	00:51:41.10	+00:18:27	5:09	11.6
104	SZAŁKOWSKI Tomasz	216		M-1	20	00:51:43.05	00:51:43.05	+00:18:29	5:10	11.6
105	JETTER Piotr	43	UKS 'CYPRIANKA'	M-3	21	00:51:45.15	00:51:50.75	+00:18:37	5:10	11.6
106	LADA Przemysław	64	STALE BIEGAM NOVA TRADING	M-2	34	00:51:44.10	00:51:56.40	+00:18:42	5:10	11.6
107	SAJEWSKI Łukasz	112		M-3	22	00:51:43.25	00:51:57.00	+00:18:43	5:10	11.6
108	GRZYBOWSKI Maciej	200	TEAM RYPIN	M-3	23	00:51:49.80	00:51:59.05	+00:18:45	5:11	11.6
109	OLSZEWSKI Rafał	162	T. G. SOKÓŁ GNIEWKOWO	M-2	35	00:51:52.75	00:51:59.90	+00:18:46	5:11	11.6
110	JABŁOŃSKA Sylwia	35	TKKF KOLEJARZ BYDGOSZCZ	K-2	8	00:51:55.05	00:52:01.90	+00:18:48	5:11	11.6
111	TOMASZEWSKI Wojciech	180		M-4	11	00:52:02.80	00:52:08.10	+00:18:54	5:12	11.5
112	SIMSON Ireneusz	115		M-3	24	00:52:09.75	00:52:20.75	+00:19:07	5:12	11.5
113	BUKOWSKI Paweł	9		M-2	36	00:52:07.60	00:52:21.75	+00:19:08	5:12	11.5
114	SŁUNIECKI Tomasz	118	PARKRUN TORUŃ	M-3	25	00:52:15.45	00:52:24.55	+00:19:10	5:13	11.5
115	PALMA Mirosław	96	PODGÓRZ TORUŃ	M-5	5	00:52:26.45	00:52:34.00	+00:19:20	5:14	11.4
116	ŁUKIEWSKI Dariusz	75		M-4	12	00:52:29.45	00:52:34.75	+00:19:21	5:14	11.4
117	PASZKOWSKI Janusz	97		M-5	6	00:52:30.15	00:52:41.00	+00:19:27	5:15	11.4

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118	MACIASZEK Krzysztof	190	KUJAWSKO-POMORSKIE	M-2	37	00:52:41.00	00:52:52.40	+00:19:38	5:16	11.4
119	ŚLÓSAREK Piotr	131	STUDIO NIERUCHOMOŚCI TORUŃ	M-5	7	00:52:39.35	00:52:52.40	+00:19:38	5:15	11.4
120	KALINOWSKA Justyna	47		K-2	9	00:52:52.65	00:52:52.65	+00:19:38	5:17	11.3
121	BEREBECKI Roman	4	KB LECH RYPIN	M-5	8	00:52:48.75	00:52:55.25	+00:19:41	5:16	11.4
122	KAMIŃSKI Stefan	48	REKREACJA TORUŃ	M-6	1	00:52:53.05	00:52:55.90	+00:19:42	5:17	11.3
123	SAJNÓG Piotr	211		M-1	21	00:53:03.00	00:53:16.55	+00:20:02	5:18	11.3
124	BARTOSZ Mariola	161		K-3	5	00:53:07.45	00:53:19.45	+00:20:05	5:18	11.3
125	DERĘGOWSKI Szymon	14	PAN	M-2	38	00:53:17.70	00:53:24.80	+00:20:11	5:19	11.3
126	RUTKOWSKI Robert	108	UNDERARTWĄBRZEŻNO	M-3	26	00:53:42.50	00:53:53.80	+00:20:40	5:22	11.2
127	LEWANDOSKI Władysław	69	DECATHLON TEAM INOWROCŁAW	M-5	9	00:53:46.95	00:53:55.35	+00:20:41	5:22	11.2
128	KRYSZTOFIAK Michał	54	ULUNG TEAM	M-3	27	00:54:03.80	00:54:15.90	+00:21:02	5:24	11.1
129	MAZERSKI Jarosław	84		M-2	39	00:54:17.25	00:54:21.60	+00:21:07	5:25	11.1
130	PIWOŃSKI Robert	101	PARAFIALNY KLUB BIEGACZA TORUŃ - KASZCZOREK	M-3	28	00:54:15.95	00:54:23.75	+00:21:10	5:25	11.1
131	DYCZKO Adam	20		M-4	13	00:54:14.45	00:54:26.65	+00:21:12	5:25	11.1
132	MAJER Janusz	79		M-2	40	00:54:26.25	00:54:30.45	+00:21:16	5:26	11
133	URBAŃSKI Krzysztof	139	ZŁOTE NOGI SIERPC	M-1	22	00:54:41.10	00:54:49.45	+00:21:35	5:28	11
134	NIEDBALSKI Maciej	196		M-2	41	00:54:44.00	00:54:54.30	+00:21:40	5:28	11
135	LEŚNIEWSKI Jan	67	EL AKTYWNI	M-6	2	00:55:04.65	00:55:10.85	+00:21:57	5:30	10.9
136	GAPINSKI Krzysztof	26		M-3	29	00:55:02.45	00:55:13.00	+00:21:59	5:30	10.9
137	WILCZEWSKI Robert	144	1.WSZP	M-3	30	00:55:14.80	00:55:22.20	+00:22:08	5:31	10.9
138	WIŚNIEWSKI Dariusz	148		M-4	14	00:55:27.75	00:55:27.75	+00:22:14	5:32	10.8
139	SITKOWSKI Andrzej	116		M-5	10	00:55:35.55	00:55:38.90	+00:22:25	5:33	10.8
140	DĄBROWSKA Karolina	193	KUJAWSKO-POMORSKIE	K-2	10	00:55:31.20	00:55:42.65	+00:22:28	5:33	10.8
141	MAJEWSKI Zdzisław	81	PARKRUN TORUŃ	M-5	11	00:55:34.50	00:55:44.20	+00:22:30	5:33	10.8
142	ŻABIŃSKI Radosław	156	WKB MARATOŃCZYK	M-2	42	00:55:38.60	00:55:47.35	+00:22:33	5:33	10.8
143	LEMPARTY Paweł	66		M-3	31	00:55:38.70	00:55:52.45	+00:22:38	5:33	10.8
144	NOWACKA Anna	169	GKS FABIANKI	K-2	11	00:55:53.75	00:55:58.85	+00:22:45	5:35	10.7
145	DOBRZAŃSKA Anna	217	DYNAMO	K-2	12	00:55:51.60	00:55:59.10	+00:22:45	5:35	10.7
146	WITCZAK Ola	168	GKS FABIANKI	K-3	6	00:55:56.35	00:56:07.15	+00:22:53	5:35	10.7
147	DZIEŁAK Andrzej	22	PARKRUN TORUŃ	M-4	15	00:55:51.50	00:56:07.25	+00:22:53	5:35	10.7
148	DYCZKO Alicja	21	-	K-1	2	00:56:19.10	00:56:30.10	+00:23:16	5:37	10.7
149	ZALEWWSKI Józef	153	TKKF WIŚLANIE LSLUPNO	M-6	3	00:56:44.15	00:56:48.60	+00:23:34	5:40	10.6
150	WIECZOREK Justyna	141	BBL INOWROCŁAW	K-3	7	00:56:40.20	00:56:48.60	+00:23:34	5:40	10.6
151	GOMULAK Jan	30	MARATONCZYK WŁOCŁAWEK	M-6	4	00:56:59.30	00:57:07.95	+00:23:54	5:41	10.5
152	WIŚNIEWSKA Daniela	146	PARKRUN TORUŃ	K-2	13	00:57:10.40	00:57:20.45	+00:24:06	5:43	10.5
153	KOMOROWSKI Maciej	179		M-2	43	00:57:05.70	00:57:20.45	+00:24:06	5:42	10.5
154	SUDZIŃSKI Marcin	126		M-3	32	00:57:20.55	00:57:30.00	+00:24:16	5:44	10.5
155	SOWIŃSKI Edmund	164	TKKF PŁOCK	M-6	5	00:57:29.65	00:57:36.00	+00:24:22	5:45	10.4
156	TRZCIŃSKI Radosław	135	TRAKTOR TEAM GMINA KWIDZYN	M-2	44	00:57:41.85	00:57:52.10	+00:24:38	5:46	10.4
157	ALEKSANDROWICZ Marek	1		M-2	45	00:58:01.85	00:58:01.85	+00:24:48	5:48	10.3
158	KUNICKI Tomasz	62	PARKRUN TORUŃ	M-2	46	00:57:59.30	00:58:08.85	+00:24:55	5:47	10.3
159	DŁONIAK Edmund	15	T.G SOKÓŁ GNIEWKOWO	M-6	6	00:57:56.15	00:58:09.00	+00:24:55	5:47	10.4
160	OLBORSKI Jakub	209		M-2	47	00:58:21.50	00:58:26.85	+00:25:13	5:50	10.3
161	TUCHALSKI Marek	137	KB LECH RYPIN	M-5	12	00:58:27.95	00:58:34.15	+00:25:20	5:50	10.3

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
162	TRZCIŃSKI Grzegorz	136		M-4	16	00:58:29.10	00:58:39.40	+00:25:25	5:50	10.3
163	HACHAJ Dawid	32	HACHAJ TEAM	M-2	48	00:59:14.50	00:59:21.20	+00:26:07	5:55	10.1
164	STAWICKI Roman	181	BIEGAM BO LUBIĘ	M-5	13	00:59:35.95	00:59:41.90	+00:26:28	5:57	10.1
165	KOPIENIAK Agnieszka	51	BIEGNĘ, ŻEBY BARTEK MÓGŁ BIEGAĆ	K-2	14	00:59:39.15	00:59:55.45	+00:26:41	5:57	10.1
166	WASZAK Agnieszka	140		K-3	8	00:59:51.85	00:59:56.90	+00:26:43	5:59	10
167	LEŚNIEWSKI Kazimierz	68		M-6	7	01:00:06.90	01:00:11.75	+00:26:58	6:00	10
168	SZADKOWSKA Anna	127	BBLINOWROCLAW	K-5	1	01:00:33.50	01:00:45.20	+00:27:31	6:03	9.9
169	WIERSKI Jarosław	191	KUJAWSKO-POMORSKIE	M-3	33	01:00:38.25	01:00:52.10	+00:27:38	6:03	9.9
170	KASZUBSKI Marcin	195	KLUB BIEGACZA RYPIN	M-3	34	01:01:05.95	01:01:21.65	+00:28:07	6:06	9.8
171	OLSZEWSKA Ewa	37	T. G. SOKÓŁ GNIEWKOWO	K-3	9	01:02:12.00	01:02:17.00	+00:29:03	6:13	9.6
172	LEWANDOWSKI Wojciech	71		M-5	14	01:02:40.05	01:02:47.85	+00:29:34	6:16	9.6
173	SKORUPKA Radek	117	ULUNG TEAM	M-3	35	01:02:45.10	01:02:57.85	+00:29:44	6:16	9.6
174	BOROWSKI Kamil	163		M-1	23	01:03:15.05	01:03:26.75	+00:30:13	6:19	9.5
175	DRAWERT Ewa	17		K-3	10	01:04:00.65	01:04:13.25	+00:30:59	6:24	9.4
176	TYBUSZEWSKI Janusz	177	TS OPATRUNKI TORUŃ	M-5	15	01:04:13.50	01:04:20.75	+00:31:07	6:25	9.3
177	BŁASZCZAK Stanisław	7	MARATONCZYK WŁOCLAWEK	M-6	8	01:04:46.10	01:04:52.90	+00:31:39	6:28	9.3
178	CHOJNACKA Krystyna	11	TKKF KUBUS SIERPC	K-5	2	01:05:12.35	01:05:21.20	+00:32:07	6:31	9.2
179	SADOWSKA-CHORAŻAK Aneta	111		K-3	11	01:05:18.50	01:05:32.85	+00:32:19	6:31	9.2
180	DOMAGALSKA Aneta	210		K-2	15	01:06:01.15	01:06:17.05	+00:33:03	6:36	9.1
181	NOWAKOWSKI Czesław	160	KLUB BIEGACZA GOCH	M-6	9	01:06:07.85	01:06:18.20	+00:33:04	6:36	9.1
182	ŻOŁNOWSKA Anna	157		K-2	16	01:06:12.80	01:06:28.35	+00:33:14	6:37	9.1
183	JANKOWSKI Adrian	39		M-1	24	01:06:41.70	01:06:46.70	+00:33:33	6:40	9
184	WISNIEWSKI Ryszard	145	TKKF KUBUS SIERPC	M-6	10	01:06:59.95	01:07:09.10	+00:33:55	6:42	9
185	KSIENIEWICZ-KOWALSKA Izabela	55		K-4	6	01:07:14.90	01:07:24.30	+00:34:10	6:43	8.9
186	PACZKOWSKI Andrzej	95		M-6	11	01:08:04.05	01:08:15.45	+00:35:01	6:48	8.8
187	SONTOWSKI Maciej	120		M-2	49	01:09:47.30	01:10:03.75	+00:36:50	6:58	8.6
188	JANKOWSKA Katarzyna	38	I-SPORT	K-4	7	01:09:50.70	01:10:06.40	+00:36:52	6:59	8.6
189	SONTOWSKA Magdalena	119		K-2	17	01:11:15.70	01:11:31.70	+00:38:18	7:07	8.4
190	BIAŁOBLÓCKA Ewa	5	KB LECH RYPIN	K-4	8	01:11:36.25	01:11:50.20	+00:38:36	7:09	8.4
191	BIAŁOBLÓCKI Jacek	6	KB LECH RYPIN	M-4	17	01:11:35.40	01:11:51.45	+00:38:37	7:09	8.4
192	PAWLICKI Piotr	98		M-4	18	01:11:44.15	01:11:58.90	+00:38:45	7:10	8.4
193	GERKA Kszysztof	28	KB LECH RYPIN	M-5	16	01:13:13.95	01:13:27.10	+00:40:13	7:19	8.2
194	KALISZEWSKA Dorota	202		K-3	12	01:15:20.05	01:15:25.95	+00:42:12	7:32	8
195	ZIÓŁKOWSKI Mieczysław	155	DECATHLON TEAM INOWROCLAW	M-4	19	01:19:04.30	01:19:24.10	+00:46:10	7:54	7.6
196	GOLA Grzegorz	29	TG SOKÓŁ GNIEWKOWO	M-3	36	01:19:07.10	01:19:24.60	+00:46:10	7:54	7.6
197	JEZIÓRSKI Zbigniew	165	KB LECH RYPIN	M-6	12	01:25:49.55	01:26:06.20	+00:52:52	8:35	7
198	MAJEWSKI Jan	80	TOWARZYSTWO MIAST PARTNERSKICH TORUŃ	M-6	13	01:30:03.80	01:30:19.05	+00:57:05	9:00	6.7
199	LAMPARSKA Mariola	65		K-5	3	01:30:03.75	01:30:19.15	+00:57:05	9:00	6.7