



XV BIEG SYLWESTROWY

B4SPORT

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

XV BIEG SYLWESTROWY
Rowerowa Brzoza
2021-12-31
Brzoza
11 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M-40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Drużyna	Klub	Drużyna 1	Drużyna 2	Split 4.9km	Split 9.4km	Czas netto 9.5km	Czas brutto 9.5km	Różn	Tempo min/km	Tempo km/h
1	POLANSKI Tomasz	173		M-40	1	The Rychters	Eliud Kipchoge Team			00:17:11	00:35:01	00:35:15.30	00:35:16.60		3:42	16.2 (100%)
2	ŚWIĄTKOWSKI Paweł	100		M-40	2					00:17:43	00:35:47	00:35:59.25	00:36:01.25	+00:00:44 (2.1%)	3:47	15.8 (97.5%)
3	KOWALCZYK Marek	270		M-40	3	Brzoza Biega	Brzoza Biega			00:18:17	00:36:33	00:36:46.55	00:36:48.80	+00:01:32 (4.2%)	3:52	15.5 (95.7%)
4	RODZEWICZ Piotr	120		M-40	4					00:18:17	00:36:53	00:37:05.85	00:37:07.45	+00:01:50 (5.0%)	3:54	15.4 (95.1%)
5	SOBIERAŁSKI Rafał	153		M-40	5					00:18:33	00:37:59	00:38:14.50	00:38:17.60	+00:03:01 (7.9%)	4:01	14.9 (92.0%)
6	GOŁATA Wojciech	233		M-40	6	Akademia Mistrzów Sportu	Akademia Mistrzów Sportu			00:19:02	00:38:39	00:38:49.25	00:38:52.50	+00:03:35 (9.3%)	4:05	14.7 (90.7%)
7	KUBIAK Tomasz	222		M-40	7	TG SOKÓŁ GNIEWKOWO	TG SOKÓŁ GNIEWKOWO			00:19:39	00:39:34	00:39:47.65	00:39:47.65	+00:04:31 (11.4%)	4:11	14.3 (88.3%)
8	MAGDZIARZ Jakub	87		M-40	8		Kancelaria HMM			00:19:27	00:39:33	00:39:48.20	00:39:52.55	+00:04:35 (11.5%)	4:11	14.3 (88.3%)
9	JASTRZĘBSKI Krzysztof	77		M-40	9					00:20:24	00:40:12	00:40:25.20	00:40:32.90	+00:05:16 (13.0%)	4:15	14.1 (87.0%)
10	LEWANDOWSKI Tomasz	65		M-40	10					00:20:31	00:41:12	00:41:25.90	00:41:36.75	+00:06:20 (15.2%)	4:21	13.8 (85.2%)
11	KWAPIŃSKI Damian	40		M-40	11		TEAMOCHAL			00:20:34	00:41:34	00:41:50.55	00:41:58.25	+00:06:41 (15.9%)	4:24	13.6 (84.0%)
12	STARZYŃSKI Piotr	27		M-40	12					00:20:23	00:41:45	00:41:57.25	00:42:02.25	+00:06:45 (16.1%)	4:24	13.6 (84.0%)
13	WIĘCKOWSKI Dariusz	104		M-40	13	Akademia Mistrzów Sportu	AMS Triathlon Bydgoszcz Akademia Mistrzów Sportu			00:21:18	00:42:05	00:42:20.65	00:42:43.40	+00:07:26 (17.4%)	4:27	13.5 (83.3%)
14	KUNZ Mieczysław	148		M-40	14		AZS UMK Toruń			00:20:55	00:42:26	00:42:40.35	00:42:45.35	+00:07:28 (17.5%)	4:29	13.4 (82.7%)

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15	CISZEK Łukasz	122		M-40	15					00:21:08	00:42:48	00:43:06.10	00:43:20.85	+00:08:04 (18.6%)	4:32	13.2 (81.5%)
16	NAMIEŚNIK Krzysztof	71		M-40	16		QszysieQeN			00:21:38	00:43:47	00:44:04.15	00:44:16.90	+00:09:00 (20.3%)	4:38	12.9 (79.6%)
17	MARTYNOWICZ Michał	249		M-40	17		TRISPACE/TREK			00:21:04	00:44:05	00:44:21.30	00:44:24.55	+00:09:07 (20.6%)	4:40	12.9 (79.6%)
18	MROTEK Michał	227		M-40	18	Akademia Mistrzów Sportu	Akademia Mistrzów Sportu			00:21:48	00:44:08	00:44:21.25	00:44:27.40	+00:09:10 (20.6%)	4:40	12.9 (79.6%)
19	ANDRZEJEWSKI Paweł	130		M-40	19					00:22:22	00:43:59	00:44:11.50	00:44:27.45	+00:09:10 (20.7%)	4:39	12.9 (79.6%)
20	GILL Daniel	21		M-40	20		LKS Ostromecko			00:22:26	00:44:06	00:44:21.60	00:44:30.80	+00:09:14 (20.8%)	4:40	12.9 (79.6%)
21	BUZALSKI Robert	58		M-40	21		Orange Polska			00:20:47	00:44:18	00:44:37.05	00:44:41.10	+00:09:24 (21.1%)	4:41	12.8 (79.0%)
22	DROCIAK Michał	208		M-40	22		Ogr Osowa Góra Runner			00:22:16	00:44:25	00:44:41.95	00:44:49.65	+00:09:33 (21.3%)	4:42	12.8 (79.0%)
23	WIŚNIEWSKI Maciej	88		M-40	23					00:21:46	00:44:22	00:44:37.25	00:44:52.10	+00:09:35 (21.4%)	4:41	12.8 (79.0%)
24	KŁOSOWSKI Marcin	42		M-40	24		Grupa Bankietowa Specjal			00:22:24	00:45:07	00:45:25.05	00:45:32.15	+00:10:15 (22.5%)	4:46	12.6 (77.8%)
25	BARSZCZEWSKI Sebastian	141		M-40	25					00:21:38	00:45:20	00:45:34.70	00:45:41.05	+00:10:24 (22.8%)	4:47	12.5 (77.2%)
26	MUSS Aleksander	237		M-40	26		ACE OF SPADES			00:20:32	00:45:28	00:45:45.35	00:45:50.75	+00:10:34 (23.1%)	4:48	12.5 (77.2%)
27	STACHOWICZ Wiesław	271		M-40	27	Brzoza Biega	Brzoza Biega			00:24:27	00:45:44	00:46:00.95	00:46:03.50	+00:10:46 (23.4%)	4:50	12.4 (76.5%)
28	WINIARSKI Grzegorz	113		M-40	28		The Runners Świecie			00:22:58	00:45:51	00:46:09.40	00:46:22.00	+00:11:05 (23.9%)	4:51	12.4 (76.5%)
29	DRZEWIECKI Rafał	231		M-40	29	Akademia Mistrzów Sportu	Akademia Mistrzów Sportu			00:22:38	00:46:08	00:46:24.70	00:46:32.75	+00:11:16 (24.2%)	4:53	12.3 (75.9%)
30	MORITZ Rafał	235		M-40	30		# Ślimaki Barcin			00:23:37	00:46:33	00:46:49.75	00:46:49.75	+00:11:33 (24.7%)	4:55	12.2 (75.3%)
31	MICHALEWSKI Bartosz	193		M-40	31		LUCKY LUCK			00:23:20	00:46:31	00:46:48.65	00:46:59.90	+00:11:43 (24.9%)	4:55	12.2 (75.3%)
32	BYRTEK Marcin	159		M-40	32					00:22:21	00:46:35	00:46:58.00	00:47:05.10	+00:11:48 (25.1%)	4:56	12.1 (74.7%)
33	CZARNECKI Piotr	286		M-40	33	Brzoza Biega				00:22:23	00:46:48	00:47:02.25	00:47:11.55	+00:11:54 (25.2%)	4:57	12.1 (74.7%)
34	PAŚ Michał	74		M-40	34		Charty Szelejewo			00:23:39	00:46:45	00:47:00.85	00:47:11.75	+00:11:55 (25.3%)	4:56	12.1 (74.7%)
35	SZYDŁOWSKI Arkadiusz	102		M-40	35		Tims Sport			00:22:54	00:47:06	00:47:22.65	00:47:28.60	+00:12:12 (25.7%)	4:59	12 (74.1%)
36	STĘPIEŃ Tomasz	67		M-40	36		Brzoza Brzoza			00:22:37	00:47:11	00:47:29.20	00:47:38.15	+00:12:21 (25.9%)	4:59	12 (74.1%)

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37	RÓŻYCKI Waldemar	253		M-40	37					00:22:58	00:47:06	00:47:23.35	00:47:45.15	+00:12:28 (26.1%)	4:59	12 (74.1%)
38	GLIWKA Artur	111		M-40	38	1 BLWL				00:21:48	00:47:18	00:47:36.55	00:47:48.55	+00:12:31 (26.2%)	5:00	12 (74.1%)
39	PILARSKI Radosław	184		M-40	39	Brzoza Biega				00:22:49	00:47:26	00:47:44.45	00:47:50.00	+00:12:33 (26.3%)	5:01	11.9 (73.5%)
40	REPKA Marek	139		M-40	40	Lupus Team	Lupus Team			00:23:18	00:47:39	00:47:55.25	00:48:02.70	+00:12:46 (26.6%)	5:02	11.9 (73.5%)
41	GACKOWSKI Krzysztof	196		M-40	41					00:23:24	00:47:39	00:47:55.80	00:48:02.90	+00:12:46 (26.6%)	5:02	11.9 (73.5%)
42	KRUSZYNA Robert	205		M-40	42					00:23:38	00:47:33	00:47:48.35	00:48:05.25	+00:12:48 (26.6%)	5:01	11.9 (73.5%)
43	GROTA Artur	116		M-40	43					00:23:03	00:48:08	00:48:25.30	00:48:34.20	+00:13:17 (27.4%)	5:05	11.8 (72.8%)
44	LEWANDOWSKI Rafał	121		M-40	44		SPC			00:23:20	00:48:15	00:48:31.20	00:48:45.00	+00:13:28 (27.6%)	5:06	11.7 (72.2%)
45	WIDŹGOWSKI Przemysław	232		M-40	45					00:24:07	00:48:18	00:48:32.25	00:48:45.15	+00:13:28 (27.6%)	5:06	11.7 (72.2%)
46	ŚWIĘCICKI Andrzej	64		M-40	46					00:24:12	00:48:23	00:48:40.15	00:48:54.30	+00:13:37 (27.9%)	5:07	11.7 (72.2%)
47	OLSZEWSKI Rafał	200		M-40	47	TG SOKÓŁ GNIEWKOWO				00:24:24	00:49:35	00:49:50.40	00:49:56.95	+00:14:40 (29.4%)	5:14	11.4 (70.4%)
48	SZEWCZYKOWSKI Grzegorz	180		M-40	48	Bydgoskie Żółwie	Bydgoskie Żółwie			00:24:12	00:49:27	00:49:44.85	00:49:58.95	+00:14:42 (29.4%)	5:14	11.5 (71.0%)
49	UGOREK Mirek	204		M-40	49					00:24:44	00:49:38	00:49:53.70	00:50:03.55	+00:14:46 (29.5%)	5:15	11.4 (70.4%)
50	WINKLEWSKI Krzysztof	72		M-40	50					00:24:09	00:50:10	00:50:24.40	00:50:31.20	+00:15:14 (30.2%)	5:18	11.3 (69.8%)
51	ZAPARUCHA Mikołaj	288		M-40	51					00:24:43	00:50:07	00:50:23.25	00:50:38.40	+00:15:21 (30.3%)	5:18	11.3 (69.8%)
52	MROZIK Andrzej	234		M-40	52					00:25:42	00:51:34	00:51:51.95	00:52:19.25	+00:17:02 (32.6%)	5:27	11 (67.9%)
53	ĆWIK Łukasz	259		M-40	53					00:25:07	00:52:11	00:52:28.90	00:52:37.35	+00:17:20 (33.0%)	5:31	10.9 (67.3%)
54	GOLINOWSKI Dariusz	198		M-40	54					00:25:48	00:52:18	00:52:38.95	00:52:57.80	+00:17:41 (33.4%)	5:32	10.8 (66.7%)
55	OSZUBSKI Kazimierz	254		M-40	55					00:26:14	00:52:57	00:53:14.00	00:53:27.20	+00:18:10 (34.0%)	5:36	10.7 (66.0%)
56	CHROBAK Tomasz	291		M-40	56					00:26:30	00:52:58	00:53:14.75	00:53:33.45	+00:18:16 (34.1%)	5:36	10.7 (66.0%)
57	SCHMIDT Marcin	52		M-40	57					00:26:01	00:53:16	00:53:35.00	00:53:45.75	+00:18:29 (34.4%)	5:38	10.6 (65.4%)
58	KRÓL Karol	250		M-40	58	TKKF Kolejarz Bydgoszcz				00:26:04	00:53:25	00:53:41.50	00:53:51.10	+00:18:34 (34.5%)	5:39	10.6 (65.4%)
59	JURSKI Robert	31		M-40	59					00:25:52	00:54:16	00:54:37.30	00:54:47.50	+00:19:30 (35.6%)	5:44	10.4 (64.2%)

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60	AUGUSTYNOWICZ Andrzej	262		M-40	60					00:27:01	00:54:50	00:55:09.10	00:55:20.55	+00:20:03 (36.3%)	5:48	10.3 (63.6%)
61	RATAJ Maciej	8		M-40	61					00:25:37	00:55:06	00:55:26.00	00:55:40.55	+00:20:23 (36.6%)	5:50	10.3 (63.6%)
62	TOCZKIEWICZ Piotr	68		M-40	62					00:27:27	00:55:06	00:55:24.35	00:55:41.30	+00:20:24 (36.7%)	5:49	10.3 (63.6%)
63	BASIŃSKI Paweł	178		M-40	63					00:27:20	00:55:23	00:55:42.65	00:56:07.35	+00:20:50 (37.1%)	5:51	10.2 (63.0%)
64	RUDOL Sebastian	261		M-40	64		Rudolki			00:29:14	00:57:09	00:57:27.90	00:57:40.05	+00:22:23 (38.8%)	6:02	9.9 (61.1%)
65	KRYSZTOFIAK Robert	152		M-40	65					00:27:52	00:57:13	00:57:31.30	00:57:47.75	+00:22:31 (39.0%)	6:03	9.9 (61.1%)
66	FABROWSKI Dawid	12		M-40	66		TriTata/OCHALteam			00:28:13	00:58:02	00:58:19.60	00:58:45.50	+00:23:28 (40.0%)	6:08	9.8 (60.5%)
67	KOLMAJER Rafał	245		M-40	67	TEAMOCHAL	TEAMOCHAL			00:27:42	00:58:17	00:58:36.35	00:58:51.30	+00:23:34 (40.1%)	6:10	9.7 (59.9%)
68	PÓŁGĘSEK Rafał	14		M-40	68					00:28:51	00:58:23	00:58:45.70	00:59:08.25	+00:23:51 (40.3%)	6:11	9.7 (59.9%)
69	BUTOWSKI Michał	258		M-40	69					00:29:25	01:00:32	01:00:54.25	01:01:12.35	+00:25:55 (42.4%)	6:24	9.4 (58.0%)
70	BARTOSZYŃSKI Marcin	219		M-40	70		RAW-studio reklamy			00:31:27	01:00:33	01:00:53.75	01:01:16.45	+00:25:59 (42.4%)	6:24	9.4 (58.0%)
71	JULLY Arkadiusz	146		M-40	71					00:29:25	01:00:38	01:01:01.20	01:01:21.80	+00:26:05 (42.5%)	6:25	9.3 (57.4%)
72	FERENS Paweł	89		M-40	72	Solankowi Biegacze	Solankowi Biegacze			00:30:00	01:00:36	01:00:59.05	01:01:24.10	+00:26:07 (42.5%)	6:25	9.3 (57.4%)
73	SZCZĘSNY Arkadiusz	85		M-40	73		Dynamo Skarpa			00:29:30	01:01:01	01:01:23.45	01:01:40.65	+00:26:24 (42.8%)	6:27	9.3 (57.4%)
74	GUŻDZIOŁ Jarek	10		M-40	74		TBKM WILK Solec Kujawski			00:31:28	01:08:04	01:08:26.50	01:08:52.15	+00:33:35 (48.8%)	7:12	8.3 (51.2%)

Znaleziono 74 wynik(ów)