XVI MIĘDZYNARODOWY BIEG WENEDÓW - 10 KM

Organizator: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej, Gmina Miasto Koszalin
Data: 2018-05-27
Miejsce: Koszalin
Dystans: 10 km

HERKULES
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Klasyfikacja: M50-59

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Herk_All 0.2km	Herk_All 2.65km	Herk_All 5.1km	Herk_All 7.55km	Czas netto 10km	Różn	Tempo min/km	Tempo km/h
1	**ZWOLIŃSKI Jan**	**400**	TKKF KOSZALIN	M50-59	1	00:00:34	00:10:15	00:20:05	00:30:16	**00:40:18.25**		4:01	14.9 (100%)
2	**OBOLIK Mirosław**	**327**		M50-59	2	00:00:34	00:10:09	00:20:20	00:30:48	**00:41:12.72**	+00:00:54 (2.2%)	4:07	14.6 (98.0%)
3	**KOŚCIELNIAK Robert**	**296**	TKKF KOSZALIN	M50-59	3	00:00:35	00:10:19	00:20:36	00:31:16	**00:41:17.13**	+00:00:58 (2.4%)	4:07	14.5 (97.3%)
4	**HESSEL Lars**	**269**	SV TURBINE NEUBRANDENBURG	M50-59	4	00:00:40	00:10:56	00:21:32	00:32:12	**00:42:53.35**	+00:02:35 (6.0%)	4:17	14 (94.0%)
5	**CHUDZIK Zbigniew**	**237**	TKKF KOSZALIN	M50-59	5	00:00:43	00:12:23	00:24:14	00:36:31	**00:48:37.01**	+00:08:18 (17.1%)	4:51	12.3 (82.6%)
6	**KRUPIŃSKI Krzysztof**	**300**	E-UROLOG.EU	M50-59	6	00:00:42	00:12:04	00:23:56	00:36:24	**00:48:38.68**	+00:08:20 (17.1%)	4:51	12.3 (82.6%)
7	**SZYMCZEWSKI Dariusz**	**372**		M50-59	7	00:00:55	00:12:48	00:24:51	00:37:05	**00:49:06.97**	+00:08:48 (17.9%)	4:54	12.2 (81.9%)
8	**GAŁECKI Jacek**	**258**	KARLINO BIEGAJ	M50-59	8	00:00:36	00:11:22	00:23:22	00:36:48	**00:49:49.63**	+00:09:31 (19.1%)	4:58	12 (80.5%)
9	**ZAWADA Andrzej**	**397**		M50-59	9	00:00:41	00:12:22	00:24:33	00:37:23	**00:50:12.51**	+00:09:54 (19.7%)	5:01	12 (80.5%)
10	**ALABA Jerzy**	**211**		M50-59	10	00:00:51	00:12:24	00:24:28	00:37:19	**00:50:34.63**	+00:10:16 (20.3%)	5:03	11.9 (79.9%)
11	**DZIESZUK Dariusz**	**250**	TKKF KOSZALIN	M50-59	11	00:00:47	00:13:18	00:25:50	00:38:29	**00:51:07.12**	+00:10:48 (21.2%)	5:06	11.7 (78.5%)
12	**BUTOWICZ Adam**	**233**		M50-59	12	00:00:42	00:13:21	00:26:38	00:40:22	**00:53:54.53**	+00:13:36 (25.2%)	5:23	11.1 (74.5%)
13	**BOGACKI Tomasz**	**223**	TKKF KOSZALIN	M50-59	13	00:00:49	00:13:54	00:27:25	00:41:09	**00:54:55.67**	+00:14:37 (26.6%)	5:29	10.9 (73.2%)
14	**JANUSZEWSKI Jacek**	**273**	17 WOG KOSZALIN	M50-59	14	00:00:58	00:14:27	00:28:02	00:41:59	**00:56:07.43**	+00:15:49 (28.2%)	5:36	10.7 (71.8%)
15	**BUGIEL Roman**	**229**	RAN TYCHY	M50-59	15	00:00:50	00:14:20	00:30:02	00:47:16	**01:04:19.49**	+00:24:01 (37.3%)	6:25	9.3 (62.4%)

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	SKOWYRSKI Janusz	**354**	TKKF KOSZALIN	M50-59		00:00:39 DNF	00:12:09 DNF	00:25:20 DNF	DNF	**DNF**		-	- (0.0%)

Znaleziono 16 wynik(ów)