

# XXIII BIEG NIEPODLEGŁOŚCI - BIAŁOŁĘKA 2020 EDYCJA WIRTUALNA

B4SPORT

**Organizator:** Urząd Dzielnicy Warszawa – Białołęka  
**Data:** 2020-11-11  
**Miejsce:** Polska  
**Dystans:** 5.0 km

**B4SPORT**  
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M40-49

| Msc | Zawodnik             | Numer | Klub                                                         | Kategoria | Mkat | Dystans | Różn      | Tempo min/km | Tempo km/h   |
|-----|----------------------|-------|--------------------------------------------------------------|-----------|------|---------|-----------|--------------|--------------|
| 1   | OCZKOWSKI Mateusz    | 71    | GRUPA BIEGOWA CHTMO                                          | M40-49    | 1    | 5,0 KM  | +00:00:00 | 3:40         | 16.3 (100%)  |
| 2   | PLUSZKA Adam         | 192   | VEGE RUNNERS                                                 | M40-49    | 2    | 5,0 KM  | +00:01:18 | 3:56         | 15.3 (93.9%) |
| 3   | DOMIN Andrzej        | 66    |                                                              | M40-49    | 3    | 5,0 KM  | +00:01:24 | 3:57         | 15.2 (93.3%) |
| 4   | MARYSZCZAK Maciej    | 62    | SBRT WARSZAWA                                                | M40-49    | 4    | 5,0 KM  | +00:01:31 | 3:58         | 15.1 (92.6%) |
| 5   | CHRAPEK Janusz       | 194   | ROSSBIEGANI                                                  | M40-49    | 5    | 5,0 KM  | +00:01:43 | 4:01         | 14.9 (91.4%) |
| 6   | MICHNOWSKI Sebastian | 169   | TRUCHT TARCHOMIN TEAM                                        | M40-49    | 6    | 5,0 KM  | +00:02:21 | 4:08         | 14.5 (89.0%) |
| 7   | ROSŁON Piotr         | 24    |                                                              | M40-49    | 7    | 5,0 KM  | +00:02:27 | 4:09         | 14.4 (88.3%) |
| 8   | PRĘDOTA Krzysztof    | 128   | TARCHOMIN TRIATHLON TEAM                                     | M40-49    | 8    | 5,0 KM  | +00:02:56 | 4:15         | 14.1 (86.5%) |
| 9   | RUSZTECKI Rafał      | 239   |                                                              | M40-49    | 9    | 5,0 KM  | +00:03:55 | 4:27         | 13.5 (82.8%) |
| 10  | CHMIEL Przemysław    | 183   | ALBATROSY                                                    | M40-49    | 10   | 5,0 KM  | +00:05:41 | 4:48         | 12.5 (76.7%) |
| 11  | PAZIEWSKI Andrzej    | 156   | BIEGAM NA TARCHOMINIE                                        | M40-49    | 11   | 5,0 KM  | +00:05:55 | 4:51         | 12.4 (76.1%) |
| 12  | KUBISZER Krzysztof   | 220   |                                                              | M40-49    | 12   | 5,0 KM  | +00:06:02 | 4:52         | 12.3 (75.5%) |
| 13  | WACH Michał          | 16    | BIEGAM NA TARCHOMINIE                                        | M40-49    | 13   | 5,0 KM  | +00:06:15 | 4:55         | 12.2 (74.8%) |
| 14  | SIENKIEWICZ Paweł    | 152   | TEAM ZABIEGANEDNI                                            | M40-49    | 14   | 5,0 KM  | +00:06:57 | 5:03         | 11.8 (72.4%) |
| 15  | GAJEWSKI Mariusz     | 229   |                                                              | M40-49    | 15   | 5,0 KM  | +00:07:11 | 5:06         | 11.7 (71.8%) |
| 16  | MATEŃKA Piotr        | 197   | DYSPOZYCJA DNIA TEAM                                         | M40-49    | 16   | 5,0 KM  | +00:07:22 | 5:08         | 11.7 (71.8%) |
| 17  | JARMUŻEWSKI Adam     | 190   | TIA                                                          | M40-49    | 17   | 5,0 KM  | +00:07:29 | 5:10         | 11.6 (71.2%) |
| 18  | KRAJEWSKI Przemysław | 94    | LECZO TEAM                                                   | M40-49    | 18   | 5,0 KM  | +00:08:08 | 5:18         | 11.3 (69.3%) |
| 19  | BOGDAŃSKI Bartoszz   | 232   |                                                              | M40-49    | 19   | 5,0 KM  | +00:09:25 | 5:33         | 10.8 (66.3%) |
| 20  | DZIEPAK Piotr        | 47    | 1 BAZA LOTNICTWA TRANSPORTOWEGO / MROKOWSKA WOLA NA BIEGANIE | M40-49    | 20   | 5,0 KM  | +00:09:44 | 5:37         | 10.7 (65.6%) |
| 21  | CHOJNOWSKI Andrzej   | 15    | BIEGAM NA TARCHOMINIE                                        | M40-49    | 21   | 5,0 KM  | +00:10:04 | 5:41         | 10.6 (65.0%) |
| 22  | BODALSKI Jacek       | 172   | WARSAW RUN CLUB                                              | M40-49    | 22   | 5,0 KM  | +00:11:19 | 5:56         | 10.1 (62.0%) |
| 23  | IGNATOWICZ Andrzej   | 17    | TARCHOMIN TRIATHLON TEAM                                     | M40-49    | 23   | 5,0 KM  | +00:11:38 | 6:00         | 10 (61.3%)   |
| 24  | BIAŁORUCKI Piotr     | 83    |                                                              | M40-49    | 24   | 5,0 KM  | +00:11:46 | 6:01         | 10 (61.3%)   |
| 25  | LALEWICZ Robert      | 76    | HUSARIA TEAM RACE                                            | M40-49    | 25   | 5,0 KM  | +00:12:37 | 6:11         | 9.7 (59.5%)  |
| 26  | NASKRĘT Mariusz      | 60    |                                                              | M40-49    | 26   | 5,0 KM  | +00:12:55 | 6:15         | 9.6 (58.9%)  |
| 27  | KUCIŃSKI Łukasz      | 161   |                                                              | M40-49    | 27   | 5,0 KM  | +00:14:48 | 6:38         | 9 (55.2%)    |
| 28  | DOBOSZ Marek         | 167   | GRAST & MTB                                                  | M40-49    | 28   | 5,0 KM  | +00:15:29 | 6:46         | 8.9 (54.6%)  |
| 29  | MAZUREK Marcin       | 208   |                                                              | M40-49    | 29   | 5,0 KM  | +00:15:40 | 6:48         | 8.8 (54.0%)  |

Znaleziono 29 wynik(ów)