



Ludowy Klub Sportowy
OSTROMECKO

XXXI BIEG ULICZNY DĄBROWA CHEŁMIŃSKA - OSTROMECKO

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Organizator: Ludowy Klub Sportowy Ostromecko
Data: 2018-10-07
Miejsce: Dąbrowa - Ostromecko
Dystans: 7.5 km

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INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec Gminy Dąbrowa Chełmińska	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
1	BRZEZIŃSKA Aleksandra	252		K20	1		00:24:55.85	00:24:55.85		3:19	18.1 (100%)
2	KOWALSKA Katarzyna	249		K30	1		00:25:39.05	00:25:39.05	+00:00:43 (2.8%)	3:25	17.5 (96.7%)
3	SZENK Marta	5		K30	2		00:27:47.05	00:27:47.05	+00:02:51 (10.3%)	3:42	16.2 (89.5%)
4	JAROCKA Beata	99		K40	1	Tak	00:32:07.55	00:32:07.55	+00:07:11 (22.4%)	4:16	14 (77.3%)
5	NAGÓRSKA Elżbieta	241		K40	2		00:32:40.85	00:32:40.85	+00:07:45 (23.7%)	4:21	13.8 (76.2%)
6	PALACZ Wioletta	152		K40	3		00:32:53.50	00:32:53.50	+00:07:57 (24.2%)	4:23	13.7 (75.7%)
7	BRZOZOWSKA Iwona	86		K40	4		00:34:58.75	00:34:58.75	+00:10:02 (28.7%)	4:39	12.9 (71.3%)
8	PODBIELSKA Alina	46	KM UMK TORUŃ	K40	5		00:35:04.45	00:35:04.45	+00:10:08 (28.9%)	4:40	12.8 (70.7%)
9	RYMARKIEWICZ Małgorzata	145	KLINIKA TRIATHLONU	K30	3		00:35:14.15	00:35:14.15	+00:10:18 (29.2%)	4:41	12.8 (70.7%)
10	GANDZIAROWSKA Anna	186		K20	2	Tak	00:35:23.85	00:35:23.85	+00:10:28 (29.6%)	4:43	12.7 (70.2%)
11	KURBIEL-SYROCKA Aleksandra	69		K20	3		00:35:41.60	00:35:41.60	+00:10:45 (30.2%)	4:45	12.6 (69.6%)
12	GÓRECKA Marta	135		K19	1	Tak	00:35:47.35	00:35:47.35	+00:10:51 (30.3%)	4:46	12.6 (69.6%)
13	CABAJ Agata	24		K20	4		00:35:47.50	00:35:47.50	+00:10:51 (30.3%)	4:46	12.6 (69.6%)
14	KANIEWSKA Alicja	91	AKADEMIA BIEGANIA GRUDZIĄDZ	K50	1		00:36:04.15	00:36:04.15	+00:11:08 (30.9%)	4:48	12.5 (69.1%)
15	RZEPKA Ewa	239		K40	6		00:36:20.15	00:36:20.15	+00:11:24 (31.4%)	4:50	12.4 (68.5%)
16	ZGLINSKA Anna	134		K30	4		00:36:31.10	00:36:31.10	+00:11:35 (31.7%)	4:52	12.3 (68.0%)

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17	SOSIŃSKA Izabela	30		K30	5	Tak	00:36:40.25	00:36:40.25	+00:11:44 (32.0%)	4:53	12.3 (68.0%)
18	WOJCIECHOWSKA Emilia	155		K40	7		00:37:29.15	00:37:29.15	+00:12:33 (33.5%)	4:59	12 (66.3%)
19	RADOWSKA Helena	144		K50	2		00:37:29.65	00:37:29.65	+00:12:33 (33.5%)	4:59	12 (66.3%)
20	SOBOLEWSKA Aleksandra	108		K20	5		00:37:33.20	00:37:33.20	+00:12:37 (33.6%)	5:00	12 (66.3%)
21	POTRZEBOWSKA Agata	10	DEAF	K30	6		00:37:35.95	00:37:35.95	+00:12:40 (33.7%)	5:00	12 (66.3%)
22	ZIÓŁKOWSKA Katarzyna	109		K20	6		00:37:38.35	00:37:38.35	+00:12:42 (33.8%)	5:01	12 (66.3%)
23	CZYŻAK Joanna	67	AMS	K40	8	Tak	00:38:22.35	00:38:22.35	+00:13:26 (35.0%)	5:06	11.7 (64.6%)
24	GAPPA Karolina	203		K20	7		00:38:25.55	00:38:25.55	+00:13:29 (35.1%)	5:07	11.7 (64.6%)
25	NUNZEK Agnieszka	131		K40	9	Tak	00:39:30.55	00:39:30.55	+00:14:34 (36.9%)	5:16	11.4 (63.0%)
26	CHABROS Anna	254		K30	7		00:39:38.65	00:39:38.65	+00:14:42 (37.1%)	5:17	11.4 (63.0%)
27	OŚWIECIŃSKA Karolina	258		K20	8		00:40:12.00	00:40:12.00	+00:15:16 (38.0%)	5:21	11.2 (61.9%)
28	SAJUR Sylwia	240		K20	9		00:40:30.60	00:40:30.60	+00:15:34 (38.5%)	5:24	11.1 (61.3%)
29	MIKSZTOWICZ Oliwia	74		K20	10	Tak	00:40:30.85	00:40:30.85	+00:15:35 (38.5%)	5:24	11.1 (61.3%)
30	FILIPSKA Paulina	96		K30	8		00:40:45.55	00:40:45.55	+00:15:49 (38.8%)	5:26	11 (60.8%)
31	SIUDZIŃSKA Anna	62	BBKTS	K30	9	Yes	00:41:01.80	00:41:01.80	+00:16:05 (39.2%)	5:28	11 (60.8%)
32	PANKANIN Agata	147	LKS DĄBROWA CHEŁMIŃSKA	K16	1	Tak	00:41:32.05	00:41:32.05	+00:16:36 (40.0%)	5:32	10.8 (59.7%)
33	ŁOŚ Katarzyna	244		K50	3		00:42:51.55	00:42:51.55	+00:17:55 (41.8%)	5:42	10.5 (58.0%)
34	ANDRZEJEWSKA Joanna	247		K40	10		00:43:35.10	00:43:35.10	+00:18:39 (42.8%)	5:48	10.3 (56.9%)
35	WIESE Katarzyna	51	FULL SERVICE LADIES	K20	11		00:44:14.95	00:44:14.95	+00:19:19 (43.7%)	5:53	10.2 (56.4%)
36	NIECHWIEJ Małgorzata	54	FULL SERVICE LADIES	K30	10		00:44:20.55	00:44:20.55	+00:19:24 (43.8%)	5:54	10.2 (56.4%)
37	ŁEMPICKA Ewelina	171	FULL SERVICE LADIES	K30	11	Tak	00:44:51.70	00:44:51.70	+00:19:55 (44.4%)	5:58	10 (55.2%)
38	ŚPICA Dorota	118		K50	4		00:44:59.20	00:44:59.20	+00:20:03 (44.6%)	5:59	10 (55.2%)
39	GOŁATA Agnieszka	4	WILCZA WATAHA	K30	12	Tak	00:45:08.40	00:45:08.40	+00:20:12 (44.8%)	6:01	10 (55.2%)

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40	STARSZAK Julia	84		K19	2	Tak	00:45:19.40	00:45:19.40	+00:20:23 (45.0%)	6:02	9.9 (54.7%)
41	WASIELEWSKA Daria	226		K30	13		00:45:24.05	00:45:24.05	+00:20:28 (45.1%)	6:03	9.9 (54.7%)
42	WOLANIN Ola	43		K20	12		00:45:29.65	00:45:29.65	+00:20:33 (45.2%)	6:03	9.9 (54.7%)
43	ZAWADZKA Małgorzata	260		K30	14	Tak	00:46:30.65	00:46:30.65	+00:21:34 (46.4%)	6:12	9.7 (53.6%)
44	BODEK Małgorzata	267		K20	13		00:46:55.70	00:46:55.70	+00:21:59 (46.9%)	6:15	9.6 (53.0%)
45	SADURSKA Agnieszka	185	PANI	K20	14	Tak	00:46:55.85	00:46:55.85	+00:22:00 (46.9%)	6:15	9.6 (53.0%)
46	KIEC Dominika	38		K20	15		00:46:56.00	00:46:56.00	+00:22:00 (46.9%)	6:15	9.6 (53.0%)
47	CZAJKOWSKA Adriana	266		K20	16		00:46:56.15	00:46:56.15	+00:22:00 (46.9%)	6:15	9.6 (53.0%)
48	LUBOWIECKA-KUZIOŁA Sylwia	223		K40	11	Tak	00:47:10.15	00:47:10.15	+00:22:14 (47.1%)	6:17	9.5 (52.5%)
49	CHABROS Małgorzata	227	THE RUNNERS ŚWIECIE	K20	17		00:47:15.40	00:47:15.40	+00:22:19 (47.2%)	6:18	9.5 (52.5%)
50	BEDNARCZYK Joanna	80	AXA RUNNING TEAM	K30	15		00:47:22.50	00:47:22.50	+00:22:26 (47.4%)	6:18	9.5 (52.5%)
51	GRABSKA-ZIELIŃSKA Sylwia	19		K20	18		00:48:17.65	00:48:17.65	+00:23:21 (48.4%)	6:26	9.3 (51.4%)
52	ROZMARYNOWICZ Anna	229	LOVELASY	K30	16	Tak	00:48:20.10	00:48:20.10	+00:23:24 (48.4%)	6:26	9.3 (51.4%)
53	KNIOŁA Lucyna	49		K50	5		00:48:29.45	00:48:29.45	+00:23:33 (48.6%)	6:27	9.3 (51.4%)
54	GRABSKA Patrycja	20	DECATHLON TEAM INOWROCŁAW	K20	19		00:48:41.00	00:48:41.00	+00:23:45 (48.8%)	6:29	9.2 (50.8%)
55	NOWAKOWSKA Marta	218	DEAF	K30	17		00:49:23.25	00:49:23.25	+00:24:27 (49.5%)	6:35	9.1 (50.3%)
56	KACZMAREK Agnieszka	34		K40	12		00:49:47.80	00:49:47.80	+00:24:51 (49.9%)	6:38	9 (49.7%)
57	KOZIOŁ Karina	60		K30	18	Tak	00:53:15.55	00:53:15.55	+00:28:19 (53.2%)	7:06	8.5 (47.0%)
58	HOŁOWNIA-MLECZEK Izabela	53	FULL SERVICE LADIES	K30	19		00:53:22.65	00:53:22.65	+00:28:26 (53.3%)	7:06	8.4 (46.4%)
59	KUCHARCZYK Jola	158		K30	20	Tak	00:54:18.25	00:54:18.25	+00:29:22 (54.1%)	7:14	8.3 (45.9%)
60	WILCZEWSKA Monika	143	WOLFPACK	K30	21		00:54:18.35	00:54:18.35	+00:29:22 (54.1%)	7:14	8.3 (45.9%)