



Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

XXXI PÓŁMARATON LIPCOWY OKONEK

XXXI PÓŁMARATON LIPCOWY OKONEK
Gmina Okonek
2018-07-14
Okonek
21.1 km

B4SPORT

 **HERKULES**
www.herkules.org.pl

Klasyfikacja: M30-39

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Start_All 5.27km	Start_All 10.54km	Start_All 15.81km	Czas netto 21.1km	Różn	Tempo min/km	Tempo km/h
1	GEHRKE Robert	18	PCH_RUN	M30-39	1	00:19:35	00:40:00	01:00:31	01:21:57.55		3:53	15.4 (100%)
2	ROČKO Krzysztof	95		M30-39	2	00:20:20	00:41:07	01:02:10	01:23:29.45	+00:01:31 (1.8%)	3:57	15.2 (98.7%)
3	KĘDZIERSKI Andrzej	56		M30-39	3	00:19:54	00:41:18	01:02:57	01:24:31.35	+00:02:33 (3.0%)	4:00	15 (97.4%)
4	GOSTKOWSKI Łukasz	76	KB GOCH BYTÓW	M30-39	4	00:21:17	00:42:25	01:03:42	01:25:10.45	+00:03:12 (3.8%)	4:02	14.9 (96.8%)
5	WILMONT Krzysztof	13		M30-39	5	00:20:31	00:41:52	01:03:40	01:25:20.00	+00:03:22 (4.0%)	4:02	14.8 (96.1%)
6	WOŹNIAK Grzegorz	39	AKTYWNA KRAJENKA	M30-39	6	00:20:25	00:42:05	01:04:25	01:26:40.70	+00:04:43 (5.4%)	4:06	14.6 (94.8%)
7	MILACHOWSKI Sebastian	27		M30-39	7	00:21:16	00:43:59	01:07:22	01:30:41.65	+00:08:44 (9.6%)	4:17	14 (90.9%)
8	ŚLIWIŃSKI Marek	35	PCH_RUN	M30-39	8	00:22:31	00:45:12	01:08:28	01:31:56.45	+00:09:58 (10.9%)	4:21	13.8 (89.6%)
9	MROZIK Daniel	37		M30-39	9	00:22:37	00:45:15	01:08:30	01:32:30.70	+00:10:33 (11.4%)	4:23	13.7 (89.0%)
10	ROMANOWSKI Przemysław	83	PROMAN	M30-39	10	00:22:52	00:46:23	01:10:11	01:34:23.75	+00:12:26 (13.2%)	4:28	13.4 (87.0%)
11	BRALSKI Andrzej	101	#ZABIEGANINOCA	M30-39	11	00:23:39	00:47:30	01:11:14	01:34:49.95	+00:12:52 (13.6%)	4:29	13.3 (86.4%)
12	MAJEWSKI Robert	82		M30-39	12	00:23:52	00:49:01	01:13:41	01:38:34.85	+00:16:37 (16.9%)	4:40	12.8 (83.1%)
13	PRZYBYSZ Maciej	86	PCH_RUN	M30-39	13	00:24:17	00:49:09	01:15:19	01:42:30.80	+00:20:33 (20.1%)	4:51	12.3 (79.9%)
14	KUBIŚ Paweł	23	APTEKARZE	M30-39	14	00:27:15	00:54:13	01:20:38	01:47:03.60	+00:25:06 (23.4%)	5:04	11.8 (76.6%)
15	PODAWCA Łukasz	62	JW 1223 KOSZALIN	M30-39	15	00:25:16	00:52:21	01:21:27	01:50:27.05	+00:28:29 (25.8%)	5:14	11.5 (74.7%)
16	SIKORSKI Marcin	96	KMC	M30-39	16	00:24:48	00:50:30	01:20:29	01:51:23.75	+00:29:26 (26.4%)	5:16	11.4 (74.0%)
17	KIEŁTYKA Tomasz	84	#ZABIEGANINOCA	M30-39	17	00:29:46	01:00:28	01:32:05	02:07:53.80	+00:45:56 (35.9%)	6:03	9.9 (64.3%)
18	SAWCZUK Rafał	9	#ZABIEGANINOCA	M30-39	18	00:31:22	01:03:26	01:36:19	02:11:49.10	+00:49:51 (37.8%)	6:14	9.6 (62.3%)
19	HETEL Adam	87		M30-39	19	00:32:01	01:08:27	01:44:31	02:20:50.95	+00:58:53 (41.8%)	6:40	9 (58.4%)

Znaleziono 19 wynik(ów)