



Ludowy Klub Sportowy  
OSTROMECKO

# XXXII BIEG ULICZNY DĄBROWA CHEŁMIŃSKA - OSTROMECKO

B4SPORT

**Organizator:** Ludowy Klub Sportowy Ostromecko  
**Data:** 2019-10-06  
**Miejsce:** Dąbrowa - Ostromecko  
**Dystans:** 7.5 km

**B4SPORT**  
INTELEGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec Gminy Dąbrowa Chełmińska	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
1	KOTŁOWSKI Bartosz	86	LKS OSTROMECKO	M20	1	Tak	00:23:55.00	00:23:55.00		3:11	18.8
2	FRYDRYCHOWSKI Piotr	36	SOKÓŁ KLECZEW / LKB BRACI PETK LĘBORK	M20	2		00:24:35.55	00:24:35.55	+00:00:40	3:16	18.3
3	RATAJCZYK Przemysław	148	TKKF KOLEJARZ BYDGOSZCZ	M20	3		00:25:07.95	00:25:07.95	+00:01:12	3:20	17.9
4	SKIIBA Łukasz	164	SZYMI TEAM	M30	1		00:25:25.55	00:25:25.55	+00:01:30	3:23	17.7
5	DEROŃ Waldemar	210	1 POMORSKA BRYGADA LOGISTYCZNA BYDGOSZCZ	M30	2		00:25:41.05	00:25:41.05	+00:01:46	3:25	17.5
6	ORCHOLSKI Witold	232	T.S. OPATRUNKI TORUŃ	M40	1		00:25:51.35	00:25:51.35	+00:01:56	3:26	17.4
7	PAWŁOWSKI Tomasz	139		M20	4		00:25:55.95	00:25:55.95	+00:02:00	3:27	17.4
8	RETECKI Krzysztof	149	LKS BOGMAR PRESTO	M40	2	Tak	00:26:03.80	00:26:03.80	+00:02:08	3:28	17.3
9	MAĆKOWSKI Maciej	116	UPS BYDGOSZCZ/TEAMOCHAL	M30	3		00:26:20.85	00:26:20.85	+00:02:25	3:30	17.1
10	MUSIAŁ Michał	125		M50	1		00:26:37.30	00:26:37.30	+00:02:42	3:32	16.9
11	DĄBROWSKI Paweł	28		M20	5		00:26:55.35	00:26:55.35	+00:03:00	3:35	16.7
12	SZENK Marta	179		K30	1		00:27:18.10	00:27:18.10	+00:03:23	3:38	16.5
13	GLUGLA Mariusz	40	THE RUNNERS ŚWIECIE	M40	3		00:27:22.15	00:27:22.15	+00:03:27	3:38	16.4
14	GOŁEMBIEWSKI Marek	45	SP44/XVLO MS BYDGOSZCZ	M40	4		00:27:29.25	00:27:29.25	+00:03:34	3:39	16.4
15	ŚLIWIŃSKI Łukasz	181	BOGMAR OSTROMECKO	M30	4	Tak	00:27:54.45	00:27:54.45	+00:03:59	3:43	16.1
16	BOJKE Mirosław	12		M40	5		00:28:13.75	00:28:13.75	+00:04:18	3:45	15.9
17	RYMER Jakub	161		M30	5		00:28:46.35	00:28:46.35	+00:04:51	3:50	15.6
18	HALINIĄK Filip	52		M20	6	Tak	00:28:59.75	00:28:59.75	+00:05:04	3:51	15.5
19	MATERN Andrzej	118	THE RUNNERS ŚWIECIE	M40	6		00:29:04.95	00:29:04.95	+00:05:09	3:52	15.5
20	ŁADNIAK Dariusz	111		M40	7		00:29:13.50	00:29:13.50	+00:05:18	3:53	15.4
21	BUŚ Szymon	22	LKS OSTROMECKO	M20	7		00:29:17.35	00:29:17.35	+00:05:22	3:54	15.4
22	SZCZEPANIAK Cezary	246		M40	8		00:29:20.35	00:29:20.35	+00:05:25	3:54	15.3
23	WIĘCKOWSKI Dariusz	195	AMS TRIATHLON	M30	6		00:29:21.25	00:29:21.25	+00:05:26	3:54	15.3
24	KUNICKI Michał	251	LUKS START NAKŁO	M19	1		00:29:24.05	00:29:24.05	+00:05:29	3:55	15.3
25	JABŁOŃSKI Marcin	54	KRYSPORTTEAM	M40	9		00:29:31.65	00:29:31.65	+00:05:36	3:56	15.2
26	ŁUCZAK Paweł	114	TKKF KOLEJARZ BYDGOSZCZ	M50	2		00:29:50.35	00:29:50.35	+00:05:55	3:58	15.1
27	KRZYWDZIŃSKI Dominik	95	UKB SZUBIN	M19	2		00:30:05.25	00:30:05.25	+00:06:10	4:00	15

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec Gminy Dąbrowa Chełmińska	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
28	ZAKRZEWSKI Mateusz	254		M19	3	Tak	00:30:14.25	00:30:14.25	+00:06:19	4:01	14.9
29	BUTRYN Nikodem	23		M50	3		00:30:27.30	00:30:27.30	+00:06:32	4:03	14.8
30	SYROCKI Michał	178		M30	7	Tak	00:30:41.00	00:30:41.00	+00:06:46	4:05	14.7
31	KARNOWSKI Sebastian	66		M30	8	Tak	00:30:42.15	00:30:42.15	+00:06:47	4:05	14.7
32	JAROCKA Beata	55		K40	1	Tak	00:31:03.70	00:31:03.70	+00:07:08	4:08	14.5
33	BASA Jacek	6	ROZBIEGANA KRUSZWICA	M40	10		00:31:04.25	00:31:04.25	+00:07:09	4:08	14.5
34	KOCINIEWSKI Łukasz	83	LKS JANOWO	M19	4	Tak	00:31:06.30	00:31:06.30	+00:07:11	4:08	14.5
35	STARSZAK Seweryn	176		M19	5	Tak	00:31:16.40	00:31:16.40	+00:07:21	4:10	14.4
36	NAWROCKA Sylwia	127	TEAM PASJA - INOWROCŁAW	K30	2		00:31:20.05	00:31:20.05	+00:07:25	4:10	14.4
37	NAWROCKI Mariusz	129		M30	9		00:31:34.00	00:31:34.00	+00:07:39	4:12	14.3
38	KOCINIEWSKI Franciszek	78	LKS JANOWO	M20	8	Tak	00:31:39.20	00:31:39.20	+00:07:44	4:13	14.2
39	HERMANN Wojciech	258	HMM	M40	11		00:31:45.45	00:31:45.45	+00:07:50	4:14	14.2
40	KAŁAMAJA Jakub	63		M30	10		00:31:53.45	00:31:53.45	+00:07:58	4:15	14.1
41	MACIEJEWSKI Wojciech	253	K.S. WISŁĘKA	M19	6	Tak	00:32:06.25	00:32:06.25	+00:08:11	4:16	14
42		265					00:32:14.35	00:32:14.35	+00:08:19	4:17	14
43	MICHALIK Joanna	119	PBSLK	K30	3		00:32:23.45	00:32:23.45	+00:08:28	4:19	13.9
44	KELER Krzysztof	70	INOWROCŁAW BIEGA	M20	9		00:32:34.95	00:32:34.95	+00:08:39	4:20	13.8
45	KOCINIEWSKI Darek	77	LKS JANOWO	M40	12	Tak	00:32:53.75	00:32:53.75	+00:08:58	4:23	13.7
46	BOGDANOWICZ Patrycja	266	FLOW DANCE STUDIO	K30	4		00:33:00.70	00:33:00.70	+00:09:05	4:24	13.6
47	ANDRZEJEWSKI Paweł	208		M40	13		00:33:11.05	00:33:11.05	+00:09:16	4:25	13.6
48	ŁOJEWSKI Mariusz	113	UMK COLLEGIUM MEDICUM RATOWNICTWO MEDYCZNE RATUJE I BIEGA	M40	14	Tak	00:33:11.95	00:33:11.95	+00:09:16	4:25	13.6
49	KALISZ Andrzej	59	TORUNSKI KLUB TRIATHLONOWY	M50	4		00:33:14.70	00:33:14.70	+00:09:19	4:25	13.5
50	ROSZAK Zbigniew	154	WATAHA ŁĄCZY NAS BIEGANIE	M30	11		00:33:20.10	00:33:20.10	+00:09:25	4:26	13.5
51	SKONIECZNY Marcin	166	FORDON RUNNERS-NESSI KOLOROWA DRUŻYNA-BIEGACZE-ON THE MOVE-PUSZCZALSCY	M40	15		00:33:26.20	00:33:26.20	+00:09:31	4:27	13.5
52	LIPOWSKI Jakub	275		M19	7	Tak	00:33:28.45	00:33:28.45	+00:09:33	4:27	13.4
53	SOWIŃSKI Marcin	173		M30	12		00:33:39.00	00:33:39.00	+00:09:44	4:29	13.4
54	BRAŹKIEWICZ Rafał	18		M40	16		00:33:42.50	00:33:42.50	+00:09:47	4:29	13.4
55	MIĘKCZYŃSKI Miłosz	121	LUPUS TEAM	M30	13		00:33:43.50	00:33:43.50	+00:09:48	4:29	13.3
56	PALACZ Wioletta	136		K40	2		00:33:47.40	00:33:47.40	+00:09:52	4:30	13.3
57	HALINIĄK Jakub	51		M19	8	Tak	00:33:49.95	00:33:49.95	+00:09:54	4:30	13.3
58	STROMCZYŃSKI Wiesław	177	TUPTUS BORÓWNO	M60	1		00:33:54.35	00:33:54.35	+00:09:59	4:31	13.3
59	PAWŁOWSKI Radosław	138		M50	5		00:34:03.35	00:34:03.35	+00:10:08	4:32	13.2
60	ROSIĄK Jarosław	153	3KR	M40	17		00:34:10.15	00:34:10.15	+00:10:15	4:33	13.2
61	BARSZCZ Tomasz	5		M30	14		00:34:17.80	00:34:17.80	+00:10:22	4:34	13.1
62	MACIEJEWSKI Zbigniew	115	TG SOKÓŁ GNIEWKOWO	M50	6		00:34:20.10	00:34:20.10	+00:10:25	4:34	13.1
63	KRYSZTOFIAK Michał	93	ULUNG TEAM	M40	18		00:34:21.75	00:34:21.75	+00:10:26	4:34	13.1
64	BIELEC Wojciech	9		M30	15		00:34:25.50	00:34:25.50	+00:10:30	4:35	13.1
65	PODBIELSKA Alina	237	KM UMK TORUŃ	K50	1		00:34:26.75	00:34:26.75	+00:10:31	4:35	13.1

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66	KOTŁOWSKI Przemysław	222	MKS SP 63 BYDGOSZCZ	M40	19		00:34:32.25	00:34:32.25	+00:10:37	4:36	13
67	BOROWICZ Anna	13		K30	5		00:34:33.10	00:34:33.10	+00:10:38	4:36	13
68	GANDZIAROWSKA Anna	38		K20	1	Tak	00:34:34.50	00:34:34.50	+00:10:39	4:36	13
69	ZAKÓRZEWSKI Jacek	249		M40	20	Tak	00:34:36.80	00:34:36.80	+00:10:41	4:36	13
70	GZYL Mikolaj	214	JANUSZE TRIATHLONU 'EXODUS' TEAM	M30	16		00:34:40.15	00:34:40.15	+00:10:45	4:37	13
71	ŚLIWIŃSKI Michał	183	UKS 'DĄBROWA'	M30	17		00:34:41.05	00:34:41.05	+00:10:46	4:37	13
72	KOCINIEWSKI Jacek	81	LKS JANOWO	M40	21	Tak	00:34:41.35	00:34:41.35	+00:10:46	4:37	13
73	LEWANDOWSKI Władysław	107		M60	2		00:34:46.70	00:34:46.70	+00:10:51	4:38	12.9
74	BERNACKI Dominik	8		M30	18		00:34:50.40	00:34:50.40	+00:10:55	4:38	12.9
75	GRUBICH Arkadiusz	49		M40	22		00:34:57.60	00:34:57.60	+00:11:02	4:39	12.9
76	WESTFALEWSKI Tomasz	191	LKS BOGMAR OSTROMECKO	M20	10	Tak	00:34:58.05	00:34:58.05	+00:11:03	4:39	12.9
77	STARSZAK Paweł	175		M40	23	Tak	00:35:04.75	00:35:04.75	+00:11:09	4:40	12.8
78	KOPIEC Mateusz	84		M20	11	Tak	00:35:05.80	00:35:05.80	+00:11:10	4:40	12.8
79	KALINOWSKA Lidia	58		K30	6		00:35:09.05	00:35:09.05	+00:11:14	4:41	12.8
80	KOCINIEWSKI Wojciech	79	LKS JANOWO	M19	9	Tak	00:35:13.90	00:35:13.90	+00:11:18	4:41	12.8
81	MAŁKIŃSKI Józef	228		M60	3		00:35:18.35	00:35:18.35	+00:11:23	4:42	12.7
82	KURBIEL-SYROCKA Aleksandra	102		K30	7		00:35:18.80	00:35:18.80	+00:11:23	4:42	12.7
83	KOCINIEWSKI Bartłomiej	76	LKS JANOWO	M30	19	Tak	00:35:22.65	00:35:22.65	+00:11:27	4:42	12.7
84	GODZIUK Roman	211		M50	7		00:35:23.40	00:35:23.40	+00:11:28	4:43	12.7
85	BRATEK Andrzej	16	TKKF KOLEJARZ BYDGOSZCZ	M60	4		00:35:26.05	00:35:26.05	+00:11:31	4:43	12.7
86	GULCZYŃSKI Adam	260		M40	24	Tak	00:35:30.85	00:35:30.85	+00:11:35	4:44	12.7
87	BIELEC Michał	10	SP 63 BYDGOSZCZ	M40	25		00:35:32.40	00:35:32.40	+00:11:37	4:44	12.7
88	PIWOŃSKI Robert	141		M40	26		00:35:36.30	00:35:36.30	+00:11:41	4:44	12.6
89	MOCZYNSKI Leszek.	230	FORDON BIEGA.	M60	5		00:35:41.25	00:35:41.25	+00:11:46	4:45	12.6
90	FILIPSKA Paulina	34		K30	8		00:35:42.35	00:35:42.35	+00:11:47	4:45	12.6
91	MISUN-NOWAK Katarzyna	123	AMS TRIATHLON	K30	9		00:35:43.90	00:35:43.90	+00:11:48	4:45	12.6
92	POLIWODZIŃSKI Mateusz	145	KS WISŁKA BYDGOSZCZ-FORDON	M19	10		00:35:46.00	00:35:46.00	+00:11:51	4:46	12.6
93	MIKA Krystian	122		M30	20		00:35:48.55	00:35:48.55	+00:11:53	4:46	12.6
94	KLAWIKOWSKA Julita	71	TKKF KOLEJARZ BYDGOSZCZ	K30	10		00:35:49.70	00:35:49.70	+00:11:54	4:46	12.6
95	RUTKOWSKI Tomasz	158		M40	27	Tak	00:35:53.50	00:35:53.50	+00:11:58	4:47	12.5
96	KOWALCZYK Robert	256	LKS OSTROMECKO	M40	28	Tak	00:35:55.55	00:35:55.55	+00:12:00	4:47	12.5
97	KOCINIEWSKI Mateusz	82	LKS JANOWO	M20	12	Tak	00:35:57.85	00:35:57.85	+00:12:02	4:47	12.5
98	ZGLIŃSKA Anna	202	PRZEBIEGLI UNISŁAW I OKOLICE	K30	11		00:35:58.95	00:35:58.95	+00:12:03	4:47	12.5
99	NOWAK Waldemar	132	TRI-AMATOR EWELINA NOWAK	M50	8		00:35:59.45	00:35:59.45	+00:12:04	4:47	12.5

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100	<b>ZIÓŁKOWSKI</b> Mieczysław	205	DECATHLON TEAM INOWROCLAW	M50	9		00:36:01.15	00:36:01.15	+00:12:06	4:48	12.5
101	<b>KACZMAREK</b> Anna	57		K30	12		00:36:07.25	00:36:07.25	+00:12:12	4:48	12.5
102	<b>NAWROCKI</b> Jarosław	128		M50	10		00:36:08.05	00:36:08.05	+00:12:13	4:49	12.5
103	<b>PODLEWSKA</b> Michalina	142		K20	2		00:36:10.35	00:36:10.35	+00:12:15	4:49	12.4
103	<b>KAWALEC</b> Marcin	69		M20	13	Tak	00:36:10.35	00:36:10.35	+00:12:15	4:49	12.4
105	<b>ZDUNICH</b> Krzysztof	255		M40	29		00:36:11.45	00:36:11.45	+00:12:16	4:49	12.4
106	<b>ULOWSKA</b> Katarzyna	187	CHMIELARZ TEAM	K20	3		00:36:11.55	00:36:11.55	+00:12:16	4:49	12.4
107	<b>BĄK</b> Łukasz	7		M30	21		00:36:13.00	00:36:13.00	+00:12:18	4:49	12.4
108	<b>SKONIECZNA</b> Marlena	165	FORDON RUNNERS-NESSI KOLOROWA DRUŻYNA-BIEGACZE-ON THE MOVE	K40	3		00:36:17.20	00:36:17.20	+00:12:22	4:50	12.4
109	<b>BRZOZOWSKA</b> Iwona	20	PRZEBIEGLI UNISŁAW I OKLLICE	K50	2		00:36:23.00	00:36:23.00	+00:12:28	4:51	12.4
110	<b>KUCIAK</b> Angelika	224	CHMIELARZ TEAM	K30	13		00:36:24.55	00:36:24.55	+00:12:29	4:51	12.4
111	<b>KLAWIKOWSKI</b> Dawid	72	TKKF KOLEJARZ BYDGOSZCZ	M30	22		00:36:25.35	00:36:25.35	+00:12:30	4:51	12.4
112	<b>SIKORA</b> Antoni	241	ŻNIŃSKI KLUB BIEGACZA 1992	M70	1		00:36:27.95	00:36:27.95	+00:12:32	4:51	12.3
113	<b>KAPUSTA</b> Maciej	261		M40	30		00:36:28.20	00:36:28.20	+00:12:33	4:51	12.3
114	<b>KUŹMA</b> Wojciech	104		M50	11		00:36:32.30	00:36:32.30	+00:12:37	4:52	12.3
115	<b>KRAJEWSKI</b> Tomasz	88		M30	23		00:36:36.75	00:36:36.75	+00:12:41	4:52	12.3
116	<b>KRASKA</b> Maria	90		K20	4	Tak	00:36:40.30	00:36:40.30	+00:12:45	4:53	12.3
117	<b>KRUCZKOWSKI</b> Piotr	92	KRYSPORT TEAM	M50	12		00:36:41.15	00:36:41.15	+00:12:46	4:53	12.3
118	<b>BOROWICZ</b> Ireneusz	14		M30	24		00:36:41.65	00:36:41.65	+00:12:46	4:53	12.3
119	<b>KUZIOŁA</b> Łukasz	226		M40	31	Tak	00:36:42.40	00:36:42.40	+00:12:47	4:53	12.3
120	<b>FRĄCKOWIAK</b> Marta	35	KRYSPORT TEAM	K30	14		00:36:46.30	00:36:46.30	+00:12:51	4:54	12.2
121	<b>ŚLIWIŃSKI</b> Piotr	182		M30	25	Tak	00:36:49.80	00:36:49.80	+00:12:54	4:54	12.2
122	<b>KRÓL</b> Karol	91	TKKF KOLEJARZ BYDGOSZCZ	M40	32		00:37:14.35	00:37:14.35	+00:13:19	4:57	12.1
123	<b>PANKANIN</b> Martyna	270		K19	1	Tak	00:37:16.20	00:37:16.20	+00:13:21	4:58	12.1
124	<b>ETTINGER</b> Justyna	32	RUN BYDGOSZCZ	K40	4		00:37:19.25	00:37:19.25	+00:13:24	4:58	12.1
125	<b>KRZYWDZIŃSKI</b> Józef	94	TKKF INSTALATOR-PELIKAN	M40	33		00:37:31.55	00:37:31.55	+00:13:36	5:00	12
126	<b>GAPPA</b> Karolina	39		K20	5		00:37:32.50	00:37:32.50	+00:13:37	5:00	12
127	<b>BŁASZKIEWICZ</b> Marek	268		M20	14	Tak	00:37:33.75	00:37:33.75	+00:13:38	5:00	12
128	<b>POLAKOWSKI</b> Tomasz	143		M30	26		00:37:37.05	00:37:37.05	+00:13:42	5:00	12
129	<b>ROGOZIŃSKA</b> Karolina	150		K30	15		00:37:48.95	00:37:48.95	+00:13:53	5:02	11.9
129	<b>ROGOZIŃSKI</b> Aleksander	151		M30	27		00:37:48.95	00:37:48.95	+00:13:53	5:02	11.9
131	<b>HALINIAK</b> Dominik	53		M20	15	Tak	00:38:02.75	00:38:02.75	+00:14:07	5:04	11.8
132	<b>POLIWODZIŃSKI</b> Michał	144	KS WISŁKA BYDGOSZCZ-FORDON	M40	34		00:38:03.65	00:38:03.65	+00:14:08	5:04	11.8
133	<b>WALUSIAK</b> Miłosz	189		M30	28		00:38:18.45	00:38:18.45	+00:14:23	5:06	11.7
134	<b>KRAŚIŃSKI</b> Piotr	89		M40	35		00:38:29.00	00:38:29.00	+00:14:34	5:07	11.7
135	<b>SOSIŃSKI</b> Paweł	172		M30	29	Tak	00:38:29.75	00:38:29.75	+00:14:34	5:07	11.7
136	<b>OSIECKI</b> Grzegorz	134		M60	6		00:38:36.70	00:38:36.70	+00:14:41	5:08	11.7
137	<b>RUTKOWSKI</b> Kamil	160		M19	11	Tak	00:38:39.05	00:38:39.05	+00:14:44	5:09	11.6
138	<b>BRZOZOWSKI</b> Jarosław	21	BRZOZA TRI TEAM	M50	13		00:38:40.15	00:38:40.15	+00:14:45	5:09	11.6
139	<b>TRUDNOWSKI</b> Janusz	186	RUN PASJA	M70	2		00:38:49.80	00:38:49.80	+00:14:54	5:10	11.6

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec Gminy Dąbrowa Chełmińska	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
140	RUTKOWSKI Szymon	159		M19	12	Tak	00:38:58.35	00:38:58.35	+00:15:03	5:11	11.5
141	TARGOWSKI Marcin	185	MKS SP 63	M30	30		00:39:10.85	00:39:10.85	+00:15:15	5:13	11.5
142		276					00:39:16.05	00:39:16.05	+00:15:21	5:14	11.5
143	KRÓL Zbigniew	259		M40	36		00:39:17.30	00:39:17.30	+00:15:22	5:14	11.5
144	TARGOWSKA Małgorzata	184	AZS UTP BYDGOSZCZ	K30	16		00:39:22.95	00:39:22.95	+00:15:27	5:14	11.4
145	SIUDZIŃSKA Anna	243		K40	5		00:39:25.80	00:39:25.80	+00:15:30	5:15	11.4
146	KWIATKOWSKA Małgorzata	105		K30	17		00:39:26.25	00:39:26.25	+00:15:31	5:15	11.4
147	GOŁATA Agnieszka	44	WILCZA WATAHA	K30	18	Tak	00:39:39.35	00:39:39.35	+00:15:44	5:17	11.3
148	LEWANDOWSKA Małgorzata	106	TG'SOKÓŁ GNIEWKOWO	K50	3		00:39:43.30	00:39:43.30	+00:15:48	5:17	11.3
149	ZIELIŃSKI Radosław	204		M30	31		00:39:47.25	00:39:47.25	+00:15:52	5:18	11.3
150	SOSIŃSKA Izabela	171		K30	19	Tak	00:39:57.35	00:39:57.35	+00:16:02	5:19	11.3
151	ŚLIWIŃSKA Justyna	180	UKS DĄBROWA	K30	20		00:39:57.60	00:39:57.60	+00:16:02	5:19	11.3
152	SMYKOWSKI Paweł	170		M19	13		00:39:58.85	00:39:58.85	+00:16:03	5:19	11.3
153	SMYKOWSKI Marcin	169		M40	37		00:39:59.70	00:39:59.70	+00:16:04	5:19	11.3
154	WILK Oliwia	247		K19	2	Tak	00:40:00.65	00:40:00.65	+00:16:05	5:20	11.3
155	LIPONOGA Victoria	271		K19	3	Tak	00:40:05.35	00:40:05.35	+00:16:10	5:20	11.2
156	BALEWSKA Iwona	3		K40	6		00:40:18.70	00:40:18.70	+00:16:23	5:22	11.2
157	KARBOWNIK Marcin	65	LKS OSTROMECKO	M20	16	Tak	00:40:45.95	00:40:45.95	+00:16:50	5:26	11
158	OŚWIECIŃSKA Karolina	135		K20	6		00:41:01.65	00:41:01.65	+00:17:06	5:28	11
159	ŁADNIAK Bernadeta	112		K30	21		00:41:07.90	00:41:07.90	+00:17:12	5:28	10.9
160	KOCINIEWSKA Wiktoria	272		K19	4	Tak	00:41:23.20	00:41:23.20	+00:17:28	5:31	10.9
161	STAŃCZAK Kamil	174		M20	17	Tak	00:41:23.50	00:41:23.50	+00:17:28	5:31	10.9
162	GOŁATA Julia	43	WILCZA WATAHA	K19	5	Tak	00:42:14.45	00:42:14.45	+00:18:19	5:37	10.7
163	KOCINIEWSKI Marcin	274	LKS JANOWO	M30	32	Tak	00:42:15.15	00:42:15.15	+00:18:20	5:38	10.7
164	GOŁATA Wojciech	42	WILCZA WATAHA	M30	33	Tak	00:42:15.80	00:42:15.80	+00:18:20	5:38	10.7
165	WILK Krzysztof	267		M70	3	Tak	00:42:30.00	00:42:30.00	+00:18:35	5:40	10.6
166	MICHNIEWICZ Małgorzata	120		K40	7		00:42:30.90	00:42:30.90	+00:18:35	5:40	10.6
167	CHMIELEWSKI Ireneusz	26	CZARNE STOPY SM.BYDGOSZCZ	M50	14		00:42:32.00	00:42:32.00	+00:18:37	5:40	10.6
168	BORZYSZKOWSKI Grzegorz	15	STARY FORDON	M30	34		00:42:34.90	00:42:34.90	+00:18:39	5:40	10.6
169	MROTEK Marcin	124		M30	35	Tak	00:42:48.50	00:42:48.50	+00:18:53	5:42	10.5
170	OSAK Karolina	233		K20	7	Tak	00:42:58.35	00:42:58.35	+00:19:03	5:43	10.5
171	NIKOŁAJEW Monika	131		K30	22		00:43:17.95	00:43:17.95	+00:19:22	5:46	10.4
172	LIPOWSKA Agnieszka	269		K30	23	Tak	00:43:26.70	00:43:26.70	+00:19:31	5:47	10.4
173	DZIEDZIC Agnieszka	29		K30	24		00:43:35.95	00:43:35.95	+00:19:40	5:48	10.3
174	DZIEDZIC Marcin	30		M30	36		00:43:36.15	00:43:36.15	+00:19:41	5:48	10.3
175	KUK Bartłomiej	101	ŁKS OSTROMECKO	M19	14	Tak	00:43:54.70	00:43:54.70	+00:19:59	5:51	10.3
176	BARANOWSKI Damian	4		M40	38		00:44:06.45	00:44:06.45	+00:20:11	5:52	10.2

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec Gminy Dąbrowa Chełmińska	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
176	ZAWADZKA Małgorzata	200		K30	25	Tak	00:44:06.45	00:44:06.45	+00:20:11	5:52	10.2
178	KOWALIK Danuta	87		K30	26	Tak	00:44:09.50	00:44:09.50	+00:20:14	5:53	10.2
179	CIEŚLIŃSKI Krzysztof	27	SISU TEAM	M30	37		00:44:28.15	00:44:28.15	+00:20:33	5:55	10.1
180	GADOMSKA Maria	37	RUN BYDGOSZCZ	K60	1		00:45:39.80	00:45:39.80	+00:21:44	6:05	9.9
181	BRAŹKIEWCZ Izabela	17		K40	8		00:45:51.45	00:45:51.45	+00:21:56	6:06	9.8
182	NICIEJEWSKA Julia	273	UKS DĄBROWA	K19	6	Tak	00:45:59.55	00:45:59.55	+00:22:04	6:07	9.8
183	KUCZYŃSKA Agnieszka	98		K30	27		00:46:08.55	00:46:08.55	+00:22:13	6:09	9.8
184	KNIOŁA Lucyna	74		K50	4		00:46:28.25	00:46:28.25	+00:22:33	6:11	9.7
185	MALCZEWSKA Mirka	117		K60	2		00:48:07.45	00:48:07.45	+00:24:12	6:24	9.4
186	POLIWKA Ula	238		K30	28	Tak	00:48:25.65	00:48:25.65	+00:24:30	6:27	9.3
187	KUK Wiktoria	100		K19	7	Tak	00:49:12.60	00:49:12.60	+00:25:17	6:33	9.1
188	KALISZEWSKI Sławomir	61	3KR	M30	38		00:49:34.45	00:49:34.45	+00:25:39	6:36	9.1
189	KALISZEWSKI Wojciech	62	3KR	M30	39		00:49:34.80	00:49:34.80	+00:25:39	6:36	9.1
190	WICHTOWSKA Ewa	193		K30	29	Tak	00:49:40.30	00:49:40.30	+00:25:45	6:37	9.1
191	KUK Piotr	262	LKS OSTROMECKO	M40	39	Tak	00:49:40.50	00:49:40.50	+00:25:45	6:37	9.1
192	KUK Sylwia	99		K30	30	Tak	00:49:40.85	00:49:40.85	+00:25:45	6:37	9.1
193	KUCHARCZYK Jolanta	264		K30	31	Tak	00:49:41.45	00:49:41.45	+00:25:46	6:37	9.1
193	KUCHARCZYK Hubert	97		M40	40	Tak	00:49:41.45	00:49:41.45	+00:25:46	6:37	9.1
195	ANDERSOHN Maciej	207		M19	15		00:50:01.75	00:50:01.75	+00:26:06	6:40	9
196	ANDERSOHN Paweł	206		M40	41		00:50:03.45	00:50:03.45	+00:26:08	6:40	9
197	ANGIEL Władysław	1	TKKF KOLEJARZ BYDGOSZCZ	M80	1		00:50:13.25	00:50:13.25	+00:26:18	6:41	9
198	SKÓRCZ Tomasz	168		M50	15		00:50:38.05	00:50:38.05	+00:26:43	6:45	8.9
199	SKÓRCZ Małgorzata	167		K50	5		00:51:04.15	00:51:04.15	+00:27:09	6:48	8.8
200	KOTŁOWSKA Małgorzata	85	OSTROMECKO	K50	6	Tak	00:51:04.50	00:51:04.50	+00:27:09	6:48	8.8
201	WEYNA Stanisława	192		K50	7	Tak	00:51:23.70	00:51:23.70	+00:27:28	6:51	8.8
202	GOLA Grzegorz	41	TG SOKÓŁ GNIEWKOWO	M40	42		00:51:59.30	00:51:59.30	+00:28:04	6:55	8.7
203	GURYN Wiktor	263		M30	40		00:52:07.35	00:52:07.35	+00:28:12	6:56	8.6
204	KARDASZ Arkadiusz	252		M40	43		00:52:45.00	00:52:45.00	+00:28:50	7:02	8.5
205	JURKIEWICZ Tatiana	56	UKS DĄBROWA	K19	8	Tak	00:52:47.35	00:52:47.35	+00:28:52	7:02	8.5
206	GRABSKA Patrycja	48		K20	8		00:53:44.80	00:53:44.80	+00:29:49	7:09	8.4
207	NUNZEK Agnieszka	133	#ŻÓŁTOKRÓLEWSCY	K40	9		00:53:50.30	00:53:50.30	+00:29:55	7:10	8.4
208	ZDUNIAK Anna	201		K40	10		00:54:54.20	00:54:54.20	+00:30:59	7:19	8.2

Znaleziono 208 wynik(ów)