

Organizator: Ludowy Klub Sportowy Ostromecko
Data: 2019-10-06
Miejsce: Dąbrowa - Ostromecko
Dystans: 7.5 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec Gminy Dąbrowa Chełmińska	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
1	ORCHOLSKI Witold	232	T.S. OPATRUNKI TORUŃ	M40	1		00:25:51.35	00:25:51.35		3:26	17.4 (100%)
2	RETECKI Krzysztof	149	LKS BOGMAR PRESTO	M40	2	Tak	00:26:03.80	00:26:03.80	+00:00:12 (0.8%)	3:28	17.3 (99.4%)
3	GLUGLA Mariusz	40	THE RUNNERS ŚWIECIE	M40	3		00:27:22.15	00:27:22.15	+00:01:30 (5.5%)	3:38	16.4 (94.3%)
4	GOŁEMBIEWSKI Marek	45	SP44/XVLO MS BYDGOSZCZ	M40	4		00:27:29.25	00:27:29.25	+00:01:37 (5.9%)	3:39	16.4 (94.3%)
5	BOJKE Mirosław	12		M40	5		00:28:13.75	00:28:13.75	+00:02:22 (8.4%)	3:45	15.9 (91.4%)
6	MATERN Andrzej	118	THE RUNNERS ŚWIECIE	M40	6		00:29:04.95	00:29:04.95	+00:03:13 (11.1%)	3:52	15.5 (89.1%)
7	ŁADNIAK Dariusz	111		M40	7		00:29:13.50	00:29:13.50	+00:03:22 (11.5%)	3:53	15.4 (88.5%)
8	SZCZEPANIAK Cezary	246		M40	8		00:29:20.35	00:29:20.35	+00:03:29 (11.9%)	3:54	15.3 (87.9%)
9	JABŁOŃSKI Marcin	54	KRYSORTTEAM	M40	9		00:29:31.65	00:29:31.65	+00:03:40 (12.4%)	3:56	15.2 (87.4%)
10	BASA Jacek	6	ROZBIEGANA KRUSZWICA	M40	10		00:31:04.25	00:31:04.25	+00:05:12 (16.8%)	4:08	14.5 (83.3%)
11	HERMANN Wojciech	258	HMM	M40	11		00:31:45.45	00:31:45.45	+00:05:54 (18.6%)	4:14	14.2 (81.6%)
12	KOCINIEWSKI Darek	77	LKS JANOWO	M40	12	Tak	00:32:53.75	00:32:53.75	+00:07:02 (21.4%)	4:23	13.7 (78.7%)
13	ANDRZEJEWSKI Paweł	208		M40	13		00:33:11.05	00:33:11.05	+00:07:19 (22.1%)	4:25	13.6 (78.2%)
14	ŁOJEWSKI Mariusz	113	UMK COLLEGIUM MEDICUM RATOWNICTWO MEDYCZNE RATUJE I BIEGA	M40	14	Tak	00:33:11.95	00:33:11.95	+00:07:20 (22.1%)	4:25	13.6 (78.2%)
15	SKONIECZNY Marcin	166	FORDON RUNNERS-NESSI KOLOROWA DRUŻYNA-BIEGACZE-ON THE MOVE-PUSZCZALSCY	M40	15		00:33:26.20	00:33:26.20	+00:07:34 (22.7%)	4:27	13.5 (77.6%)
16	BRAŹKIEWICZ Rafał	18		M40	16		00:33:42.50	00:33:42.50	+00:07:51 (23.3%)	4:29	13.4 (77.0%)
17	ROSIAK Jarosław	153	3KR	M40	17		00:34:10.15	00:34:10.15	+00:08:18 (24.3%)	4:33	13.2 (75.9%)

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18	KRYSZTOFIAK Michał	93	ULUNG TEAM	M40	18		00:34:21.75	00:34:21.75	+00:08:30 (24.8%)	4:34	13.1 (75.3%)
19	KOTŁOWSKI Przemysław	222	MKS SP 63 BYDGOSZCZ	M40	19		00:34:32.25	00:34:32.25	+00:08:40 (25.1%)	4:36	13 (74.7%)
20	ZAKÓRZEWSKI Jacek	249		M40	20	Tak	00:34:36.80	00:34:36.80	+00:08:45 (25.3%)	4:36	13 (74.7%)
21	KOCINIEWSKI Jacek	81	LKS JANOWO	M40	21	Tak	00:34:41.35	00:34:41.35	+00:08:50 (25.5%)	4:37	13 (74.7%)
22	GRUBICH Arkadiusz	49		M40	22		00:34:57.60	00:34:57.60	+00:09:06 (26.0%)	4:39	12.9 (74.1%)
23	STARSZAK Paweł	175		M40	23	Tak	00:35:04.75	00:35:04.75	+00:09:13 (26.3%)	4:40	12.8 (73.6%)
24	GULCZYŃSKI Adam	260		M40	24	Tak	00:35:30.85	00:35:30.85	+00:09:39 (27.2%)	4:44	12.7 (73.0%)
25	BIELEC Michał	10	SP 63 BYDGOSZCZ	M40	25		00:35:32.40	00:35:32.40	+00:09:41 (27.2%)	4:44	12.7 (73.0%)
26	PIWOŃSKI Robert	141		M40	26		00:35:36.30	00:35:36.30	+00:09:44 (27.4%)	4:44	12.6 (72.4%)
27	RUTKOWSKI Tomasz	158		M40	27	Tak	00:35:53.50	00:35:53.50	+00:10:02 (28.0%)	4:47	12.5 (71.8%)
28	KOWALCZYK Robert	256	LKS OSTROMECKO	M40	28	Tak	00:35:55.55	00:35:55.55	+00:10:04 (28.0%)	4:47	12.5 (71.8%)
29	ZDUNICH Krzysztof	255		M40	29		00:36:11.45	00:36:11.45	+00:10:20 (28.6%)	4:49	12.4 (71.3%)
30	KAPUSTA Maciej	261		M40	30		00:36:28.20	00:36:28.20	+00:10:36 (29.1%)	4:51	12.3 (70.7%)
31	KUZIOŁA Łukasz	226		M40	31	Tak	00:36:42.40	00:36:42.40	+00:10:51 (29.6%)	4:53	12.3 (70.7%)
32	KRÓL Karol	91	TKKF KOLEJARZ BYDGOSZCZ	M40	32		00:37:14.35	00:37:14.35	+00:11:23 (30.6%)	4:57	12.1 (69.5%)
33	KRZYWDZIŃSKI Józef	94	TKKF INSTALATOR-PELIKAN	M40	33		00:37:31.55	00:37:31.55	+00:11:40 (31.1%)	5:00	12 (69.0%)
34	POLIWODZIŃSKI Michał	144	KS WISŁKA BYDGOSZCZ-FORDON	M40	34		00:38:03.65	00:38:03.65	+00:12:12 (32.1%)	5:04	11.8 (67.8%)
35	KRASIŃSKI Piotr	89		M40	35		00:38:29.00	00:38:29.00	+00:12:37 (32.8%)	5:07	11.7 (67.2%)
36	KRÓL Zbigniew	259		M40	36		00:39:17.30	00:39:17.30	+00:13:25 (34.2%)	5:14	11.5 (66.1%)
37	SMYKOWSKI Marcin	169		M40	37		00:39:59.70	00:39:59.70	+00:14:08 (35.4%)	5:19	11.3 (64.9%)
38	BARANOWSKI Damian	4		M40	38		00:44:06.45	00:44:06.45	+00:18:15 (41.4%)	5:52	10.2 (58.6%)
39	KUK Piotr	262	LKS OSTROMECKO	M40	39	Tak	00:49:40.50	00:49:40.50	+00:23:49 (48.0%)	6:37	9.1 (52.3%)
40	KUCHARCZYK Hubert	97		M40	40	Tak	00:49:41.45	00:49:41.45	+00:23:50 (48.0%)	6:37	9.1 (52.3%)
41	ANDERSOHN Paweł	206		M40	41		00:50:03.45	00:50:03.45	+00:24:12 (48.3%)	6:40	9 (51.7%)

						Mieszkaniec Gminy Dąbrowa Chełmińska	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
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42	GOLA Grzegorz	41	TG SOKÓŁ GNIEWKOWO	M40	42		00:51:59.30	00:51:59.30	+00:26:07 (50.3%)	6:55	8.7 (50.0%)
43	KARDASZ Arkadiusz	252		M40	43		00:52:45.00	00:52:45.00	+00:26:53 (51.0%)	7:02	8.5 (48.9%)

Znaleziono 43 wynik(ów)