



Organizator:

Data:

Miejsce:

Dystans:

XXXII BIEG ZAŚLUBIN KOŁOBRZEG 15 KM

Stowarzyszenie "Bieg Zaślubin"; Miejski Ośrodek Sportu i Rekreacji w Kołobrzegu
2018-03-11
Kołobrzeg
15 km

B4SPORT



Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Bike_All 0.698km	Spike_All 7.151km	Bike_All 7.849km	Spike_All 14.303km
1	BIZUNOWICZ Krystian	39	ROZBIEGANY GOLENIÓW	M40	02:09:59			
2	SZCZEBLEWSKI Józef	547		M60	00:04:07	00:55:03	01:00:38	01:58:04
3	PAWLIŃSKI Piotr	421	GRUPA AZOTY POLICE	M30	00:02:28	00:26:15	00:28:48	00:52:16
4	ZAWADZKI Adrian	681	REGA TRZEBIATÓW	M20	00:02:31	00:32:26	00:35:37	01:08:33
5	BRAUN Grzegorz	46	RUNGRYF GRYFICE	M20	00:02:22	00:26:31	00:29:06	00:52:48
6	FIDO Adam	128	36DROP	M40	00:02:32	00:26:44	00:29:22	00:53:20
7	KARCZ Artur	235	DRUŻYNA SZPIKU	M35	00:02:31	00:26:44	00:29:22	00:53:20
8	RYCAK Bartosz	494	5 PUŁK INŻYNIERYJNY	M20	00:02:33	00:26:44	00:29:22	00:53:27
9	POLAK Szymon	440	ROZBIEGANY KOSZALIN	M40	00:02:32	00:26:20	00:28:58	00:53:38
10	HEŁAK Karol	187	K B AKTYWNI KRZYŻ WLKP	M45	00:02:36	00:26:53	00:29:33	00:54:16
11	TERLIKOWSKI Grzegorz	577		M30	00:02:38	00:27:13	00:29:55	00:55:01
12	KUBIAK Piotr	293	PRECON POLSKA-JASTROWIE	M35	00:02:39	00:27:25	00:30:07	00:55:01
13	SZYMAŃSKI Łukasz	568	SKS POBIEROWO	M20	00:02:32	00:27:43	00:30:30	00:56:26
14	NAGLACKI Grzegorz	385	MLUKS TRZEBIATÓW	M45	00:02:33	00:27:15	00:30:00	00:56:53
15	ELIASZ Wiktor	123	KMKL SZTORM KOŁOBRZEG	M16	00:02:36	00:28:33	00:31:27	00:57:12
16	KOPCEWICZ Robert	262	ROZBIEGANY GOLENIÓW	M50	00:02:40	00:28:20	00:31:12	00:57:45
17	POBŁOCKA Katarzyna	437	UKS EKONOMIK MARATOŃCZYK LĘBORK	K20	00:02:43	00:28:15	00:31:08	00:58:51
DNC	GŁOGOWSKI Adam	155	ATC-CARGO TEAM	M20	00:02:17	00:10:27	00:12:53	00:58:51
19	BARAŃSKI Bogusław	21	MLUKS TRZEBIATÓW	M60	00:02:45	00:30:48	00:33:57	01:02:36
20	PLUTA Grzegorz	433	KB HERMES GRZYFINO	M55	00:02:48	00:30:06	00:33:14	01:02:58
21	LENARTOWICZ Stanisław	319		M55	00:03:46	00:37:51	00:41:36	01:17:22
22	ZAKRZEWSKI Tadeusz	675		M65	00:04:00	00:45:12	00:50:08	01:40:38
23	BIENKOWSKI Rafał	668		M45	00:02:35	00:27:14	00:29:59	00:55:06
24	KALETKA Damian	229		M30	00:02:35	00:26:51	00:29:33	
25	WOJTKIEWICZ Mateusz	680	KB 10 BIAŁOGARD	M20	00:02:42	00:27:17	00:30:02	00:55:24
26	BUDZIAK Zbigniew	55	BENOBUDZIAK.PL	M45	00:02:33	00:27:23	00:30:12	00:55:57
27	GŁÓW Tomasz	159	KREISEL RUNNING TEAM	M45	00:02:38	00:27:52	00:30:41	00:56:25
28	ŻMUDA Tomasz	644	CW FANZA KOŁOBRZEG	M40	00:02:37	00:27:47	00:30:37	00:56:30

Msc	Zawodnik	Numer	Klub	Kategoria	Bike_All 0.698km	Spike_All 7.151km	Bike_All 7.849km	Spike_All 14.303km
29	KOTARSKI Wiesław	273	GRUPA AZOTY POLICE	M60	00:02:38	00:27:48	00:30:37	00:56:40
30	SAPIKOWSKI Mariusz	502	ROZBIEGANY GOLENIÓW	M40	00:02:40	00:28:18	00:31:10	00:57:37
31	BARTKOWIAK Janusz	25	K.B. MENTOR	M20	00:02:41	00:28:37	00:31:29	00:57:33
32	GARBACZ Krzysztof	140		M45	00:02:41	00:27:58	00:30:51	00:57:44
33	BIEDRZYCKI Andrzej	33	OSP STARY BOREK	M60	00:02:44	00:28:46	00:31:43	00:58:52
34	KOWALSKI Cezary	277	PARKRUN SZCZECIN	M50	00:02:45	00:29:12	00:32:11	00:59:15
35	BIEDRZYCKI Krzysztof	31		M45	00:02:45	00:29:02	00:32:03	01:00:23
36	HARASIMOWICZ Sławek	184	DĘBNOTEAM	M40	00:02:40	00:29:03	00:32:09	01:01:16
37	SZCZUPACZYŃSKI Arkadiusz	551	RUNGRYF GRYFICE	M55	00:02:44	00:30:55	00:34:02	01:02:26
38	KULIŃSKI Bogdan	306	GŁOGÓW DRUŻYNA SZPIKU KGHM	M55	00:02:59	00:31:17	00:34:34	01:04:07
39	MAJCHRZAK Paweł	349	KARLINO BIEGAJ	M40	00:02:53	00:34:03	00:37:24	01:12:31
40	CZEKIERDA Bartosz	89	GMINA DYGOWO	M20	00:02:35	00:31:56	00:35:21	01:22:05
41	KUBIAK Monika	655		K35	00:03:33	00:42:14	00:46:48	01:26:45
42	BARTNIK Marian	676	TKKF KOSZALIN	M80+	00:05:49	01:08:58	01:16:03	02:19:54
43	NOWAK Daniel	389	ROZBIEGANY GOLENIÓW	M35	00:02:26	00:26:56	00:29:35	00:54:49
44	ZWIĄZEK Paweł	642	WIECZORNE BIEGANIE W SZCZECINIE	M30	00:02:24	00:26:12	00:28:45	00:51:44
45	ORZECHOWSKI Kamil	405	TKKF KOSZALIN	M30	00:02:36	00:26:42	00:29:20	00:53:10
46	PRENDECKI Rafał	447		M35	00:02:30	00:26:19	00:28:56	00:53:16
47	SZOPIŃSKI Tomasz	559	KB BRYZA POSTOMINO	M35	00:02:45	00:27:35	00:30:19	00:55:32
48	ULDYNOWICZ Łukasz	591	MLUKS MOKASYN PŁOTY	M35	00:02:39	00:27:39	00:30:27	00:55:47
49	ŁAZOWSKI Marcin	339	POGOŃ SZCZECIN	M35	00:02:45	00:27:40	00:30:25	00:56:05
50	GOLIŃSKI Łukasz	161	K.B. SPRINT ŚWIDWIN	M35	00:02:44	00:28:14	00:31:06	00:56:47
51	BURDA Robert	62	KOSPEL	M40	00:02:44	00:28:24	00:31:16	00:57:55
52	PIECYK Robert	429		M40	00:02:43	00:28:45	00:31:41	00:58:25
53	KRAWCZYK Mateusz	287	AMBASADOR FESTIWALU BIEGOWEGO W KRYNICY ZDRÓJ	M20	00:02:48	00:29:11	00:32:07	00:59:00
54	BAJGERT Robert	15		M45	00:02:44	00:28:54	00:31:53	00:59:33
55	ANDREJCZUK Piotr	7	KB AKTYWNI KRZYŻ WLKP	M35	00:02:46	00:29:12	00:32:08	01:00:09
56	CHABOWSKA Karolina	70		K30	00:03:03	00:33:43	00:37:12	01:09:54
57	TROCKI Robert	580		M40	00:03:08	00:34:41	00:38:09	01:10:32
58	OPALIŃSKI Stanisław	403	KOŁOBRZEG BIEGA - PARKRUN	M60	00:03:06	00:34:47	00:38:18	01:12:31
59	JANUSZEWSKA Anna	208		K35	00:03:18	00:39:06	00:43:00	01:20:29
60	ŁUKASZYK Eliza	343		K30	00:03:32	00:42:13	00:46:47	01:32:19
61	RAŚ Ryszard Marek	467	EKO-WOD-KAN	M65	00:03:13	00:36:44	00:40:34	01:15:51
62	RUTKOWSKI Jan	492	GKS KASZUBI LUZINO	M40	00:02:39	00:27:33	00:30:18	00:55:32
63	RUDNIKOWSKI Maciej	488	BIEGUZDROWISKOWY.PL	M40	00:02:36	00:27:25	00:30:14	00:56:14
64	WITKIEWICZ Eryk	615		M40	00:02:40	00:28:11	00:30:57	00:56:12
65	GROCHOWALSKI Rafał	170	21 BLT/K.B. SPRINT ŚWIDWIN	M40	00:02:46	00:28:23	00:31:13	00:57:22
66	ANTONOWICZ Wojciech	11		M50	00:02:40	00:28:23	00:31:15	00:57:31
67	PRĘDKI Grzegorz	448	KB BRYZA POSTOMINO	M30	00:02:45	00:28:43	00:31:33	00:58:09
68	KOLEBUK Marek	255	MG	M55	00:02:36	00:28:38	00:31:34	00:58:41
69	POTASZNIK Artur	444	MARATOŃCZYK TEAM SZCZECIN	M45	00:02:47	00:29:47	00:32:52	01:00:53
70	ANTOSIK Grzegorz	12	KB BRYZA POSTOMINO	M40	00:02:54	00:30:08	00:33:04	01:01:16
71	MERDA Katarzyna	367	MTS HAMER MIASTKO	K35	00:02:49	00:30:20	00:33:22	01:01:45
72	SOBCZYK Łukasz	516	KOŁOBRZEG BIEGA	M40	00:02:52	00:29:53	00:32:53	01:01:41
73	ZAWADZKI Damian	635	KB WYGAN	M35	00:02:59	00:30:54	00:33:57	01:02:21

Msc	Zawodnik	Numer	Klub	Kategoria	Bike_All 0.698km	Spike_All 7.151km	Bike_All 7.849km	Spike_All 14.303km
74	CHOMONT Rafał	74		M40	00:03:03	00:31:18	00:34:25	01:03:42
75	PLATA Tadeusz	432	MARATOŃCZYK TEAM SZCZECIN	M65	00:02:54	00:31:16	00:34:27	01:04:01
76	MALINOWSKI Zbigniew	356	KOŁOBRZEG MORZEM SPORTÓW	M60	00:03:11	00:32:46	00:35:58	01:05:39
77	ŁOWICKI Bartosz	341	PRUSZCZ BIEGA	M20	00:02:52	00:31:30	00:34:48	01:05:47
78	ANDRYSKOWSKI Zdzisław	682	KOLARZ-POL	M45	00:02:46	00:31:16	00:34:32	01:06:14
79	KOSECKA Katarzyna	267	KB WYGAN	K35	00:03:02	00:33:26	00:36:44	01:07:12
80	DUDA Andrzej	114		M50	00:02:46	00:32:24	00:35:48	01:07:26
81	POLAŃSKI Dariusz	441	ORZEŁ MRZEŻYNO	M50	00:02:53	00:32:01	00:35:23	01:07:15
82	JUZYSZYN-BRAŃSKA Alicja	221		K30	00:02:57	00:33:32	00:36:59	01:09:17
83	HOC Dariusz	193		M45	00:03:17	00:34:23	00:37:52	01:11:35
84	KRYSA Krzysztof	291		M45	00:03:52	00:48:12	00:53:22	01:43:39
85	TRYBUCH Joanna	582		K35	00:04:19	00:47:20	00:52:09	01:38:13
86	ANGIEL Władysław	9	TKKF KOLEJARZ BYDGOSZCZ	M80+	00:04:36	00:53:11	00:58:22	01:48:05
87	SIADAK Arkadiusz	505		M35	00:02:35	00:27:05	00:29:50	00:55:35
88	KONARSKI Bartosz	260	ERAKAWY RUNNERS	M40	00:02:43	00:28:22	00:31:10	00:56:44
89	CZOSNOWSKI Krzysztof	91	KB HERMES GRYFINO	M40	00:02:43	00:28:12	00:31:00	00:56:57
90	KUBISZ Mateusz	296	KOŁOBRZEG MARATON TEAM	M30	00:02:39	00:27:53	00:30:42	00:56:55
91	FIAŁKA Maciej	127	LOKATOR PIŁA	M40	00:02:42	00:28:29	00:31:22	00:57:39
92	KIESZKOWSKI Adam	250	TRI RZEŻNIA	M30	00:02:43	00:28:26	00:31:22	00:58:39
93	RATAJCZAK Janusz	468	KB AKTYWNI KRZYŻ WLKP	M55	00:02:45	00:28:50	00:31:52	00:59:32
94	RUTKOWSKA Joanna	491	GKS KASZUBI LUZINO	K40	00:02:45	00:29:01	00:32:01	00:59:58
95	PIŁCZYŃSKI Zbigniew	663		M55	00:02:53	00:30:45	00:33:54	01:02:59
96	KOSAKOWSKI Marian	266	MARATOŃCZYK TEAM SZCZECIN	M60	00:02:56	00:31:01	00:34:08	01:03:37
97	RUSIECKI Henryk	490	HERMES GRYFINO	M65	00:02:58	00:31:50	00:34:58	01:03:42
98	LEŚNIEWSKI Konrad	321	KB BRYZA POSTOMINO	M20	00:02:54	00:30:41	00:33:52	01:04:03
99	JANKIEWICZ Tomasz	204	MTS HAMER MIASTKO	M40	00:02:48	00:31:45	00:35:00	01:04:49
100	FIŁONOWICZ Monika	131		K40	00:02:59	00:31:40	00:34:57	01:05:24
101	ŻMUDA Jarosław	646	CW FANZA KOŁOBRZEG	M40	00:03:01	00:32:30	00:35:50	01:06:11
102	POLGUJ Piotr	442	PARKRUN MKL SZCZECINEK	M70	00:03:04	00:32:15	00:35:38	01:07:28
103	ROGOWSKI Krystian	475	SKRZYWIENI GOŚCIE	M16	00:02:57	00:34:30	00:38:04	01:12:57
104	KACZMARCZYK Stanisław	225	SZWLA	M60	00:03:38	00:37:39	00:41:26	01:17:16
105	MŁODZIEJEWSKI Krzysztof	375		M45	00:03:42	00:40:36	00:45:05	01:28:34
106	DURDA Małgorzata	659		K35	00:04:15	00:46:14	00:50:50	01:35:01
107	RADAWIEC Kamil	464		M40	00:02:49	00:28:51		
108	BEMOWICZ Tomasz	479	KB WYGAN	M45	00:02:58	00:30:53	00:34:04	
109	PISKORZ Szymon	431	KP PSP GRYFICE	M30	00:02:41	00:28:34	00:31:25	00:58:14
110	OBOLIK Mirosław	393		M55	00:02:47	00:28:14	00:31:06	00:58:10
111	ZWOLIŃSKI Jan	643	TKKF KOSZALIN	M50	00:02:52	00:29:38	00:32:32	00:59:03
112	CZAPLIŃSKI Jacek	690	TAGER KOSZALIN	M35	00:02:44	00:29:01	00:31:56	00:59:33
113	KIERZNOWSKI Andrzej	249	KB WYGAN	M60	00:02:50	00:30:28	00:33:32	01:01:42
114	CHUDY Henryk	79	KS OLSZEWSKI I SYNOWIE	M60	00:02:53	00:30:17	00:33:27	01:03:25
115	DYMEK Paweł	120	KB AKTYWNI KRZYŻ WLKP	M35	00:02:59	00:31:28	00:34:43	01:05:43
116	CYBULSKI Robert	86	HAMER MIASTKO	M45	00:03:13	00:33:26	00:36:45	01:06:52
117	TALAREK Robert	575	KRZEWINKOWA	M40	00:03:07	00:32:41	00:36:09	01:07:29
118	TOWSTOKORY Marek	579		M40	00:02:58	00:33:15	00:36:42	01:07:54

Msc	Zawodnik	Numer	Klub	Kategoria	Bike_All 0.698km	Spike_All 7.151km	Bike_All 7.849km	Spike_All 14.303km
119	ROMEJ Elżbieta	481	LŁKB TRUCHT ŁOBEZ	K50	00:03:02	00:32:43	00:36:04	01:07:44
120	CHRZANOWSKI Mariusz	669		M50	00:03:13	00:32:58	00:36:16	01:07:58
121	PETA Andrzej	426	MTS HAMER MIASTKO	M45	00:03:13	00:33:42	00:37:07	01:09:13
122	UZNAŃSKI Ryszard	596		M45	00:03:04	00:33:47	00:37:20	01:10:25
123	KOŚCIELNIAK Robert	271	TKKF KOSZALIN	M50	00:02:52	00:29:49	00:32:45	01:00:04
124	KOSAKOWSKA Barbara	265	MARATOŃCZYK TEAM SZCZECIN	K55	00:03:49	00:41:48	00:45:48	01:24:01
125	CENTKA Jakub	69	TEAM ŚWIĘTA	M20	00:02:41	00:28:50	00:31:49	00:58:44
126	DUDZIŃSKA Maja	115		K40	00:02:55	00:29:50	00:32:47	01:00:05
127	WYSZKOWSKI Marcin	629	KOŁOBRZEG MARATON TEAM	M45	00:02:59	00:30:56	00:33:57	01:02:51
128	BARANOWSKI Piotr	19		M40	00:03:01	00:30:58	00:34:02	01:02:44
129	JAROCHOWICZ Norbert	210		M45	00:02:52	00:30:52	00:34:13	01:04:45
130	PŁAŻALSKI Łukasz	434	HUSARIA RACE TEAM GRYFICE	M35	00:02:53	00:31:25	00:34:38	01:04:59
131	TWARÓG Eugeniusz	585		M40	00:02:59	00:31:32	00:34:46	01:05:01
132	FILAROWSKI Stefan	129	GRUPA NURKÓW INŻYNIERII	M45	00:03:04	00:31:37	00:34:51	01:04:56
133	OSTROWSKI Marian	410	SENIOR 54	M60	00:03:07	00:31:53	00:35:09	01:05:16
134	STACHOWICZ Wiesław	672	BRZOZA BIEGA	M45	00:03:07	00:30:49	00:32:58	01:00:01
135	UKRAIŃSKI Sławomir	590	KOŁOBRZEG BIEGA	M50	00:03:02	00:32:09	00:35:31	01:06:46
136	BUCZKOWSKI Jacek	54	8BREM	M45	00:03:06	00:33:27	00:36:54	01:09:18
137	GAŚIOREK Tomasz	671	BRZOZA BIEGA	M55	00:03:36	00:35:47	00:39:25	01:12:25
138	ŻYWOT Norbert	651	KOŁOBRZEG BIEGA - PARKRUN	M40	00:03:09	00:34:46	00:38:22	01:12:28
139	ZDANOWICZ Marek	636	SAVE THE RING	M45	00:03:37	00:42:01	00:46:19	01:27:44
140	WITKIEWICZ Magda	616		K40	00:02:57	00:29:53	00:32:49	00:59:49
141	PRENDECKI Marcin	446		M40	00:02:58	00:29:34	00:32:24	01:00:02
142	CENTKA Michał	67	TEAM ŚWIĘTA	M40	00:02:39	00:28:59	00:31:56	01:00:10
143	PŁOŃSKI Jakub	435	DZIKIE DZIKI GORZÓW	M35	00:02:48	00:29:53	00:32:50	01:01:01
144	STEFANOWICZ Paweł	530	ORLEN RUNNING TEAM	M40	00:02:56	00:30:37	00:33:48	01:02:09
145	GIERLACH Jacek	152	STOPA SŁUPSK	M20	00:02:57	00:30:35	00:33:43	01:03:30
146	PROŚNIEWSKI Mirosław	450	RUNGRYF GRYFICE	M35	00:02:48	00:30:18	00:33:21	01:03:29
147	MAKSYMOWICZ Kornelia	352		K35	00:03:00	00:31:28	00:34:42	01:04:29
148	ŚLIWA Marek	571	NUTRILITE TEAM	M45	00:02:53	00:31:01	00:34:16	01:04:45
149	SZCZYGIELSKI Radosław	552		M30	00:03:00	00:31:46	00:35:01	01:04:54
150	FRYDRYCH Wojciech	133	KOŁOBRZEG MARATON TEAM	M30	00:03:05	00:32:34	00:35:46	01:05:14
151	KAŻMIERCZAK Robert	624		M45	00:03:08	00:32:30	00:35:45	01:05:26
152	SZYDŁOWSKI Witold	564		M55	00:03:01	00:32:40	00:36:00	01:08:31
153	KUŹMIŃSKA Maryla	673	BRZOZA BIEGA	K35	00:03:25	00:34:10	00:37:35	01:09:03
154	ŁAWNICZAK Justyna	337	TEAM ŚWIĘTA	K35	00:02:57	00:33:18	00:36:45	01:09:46
155	HAŁY Dorian	656		M16	00:03:04	00:32:08	00:35:25	01:12:42
156	MORGIEWICZ Piotr	380	RUNGRYF GRYFICE	M50	00:02:48	00:30:04	00:33:04	01:00:33
157	TROŚNIAK Piotr	683	KB 10 BIAŁOGARD	M45	00:02:59	00:30:20	00:33:30	01:02:03
158	GŁOČKO Wojciech	153		M40	00:02:41	00:30:06	00:33:07	01:01:53
159	BZDAWKA Rafał	66	KPW ŚWINOUJŚCIE	M40	00:03:07	00:32:02	00:35:06	01:02:59
160	SAMBOR Krzysztof	501	STOWARZYSZENIE BIEGACZY GMINY SZYDŁOWO	M30	00:02:52	00:30:57	00:34:08	01:04:08
161	PUCHAŁA Sławomir	459	BLUE TEAM PIŁA	M45	00:02:53	00:30:57	00:34:08	01:04:09
162	MICHAŁAK Jacek	368		M55	00:03:01	00:32:10	00:35:31	01:07:13
163	BANAŚ Adam	18		M35	00:03:16	00:34:40	00:38:11	01:10:39

Msc	Zawodnik	Numer	Klub	Kategoria	Bike_All 0.698km	Spike_All 7.151km	Bike_All 7.849km	Spike_All 14.303km
164	WOJCIECHOWSKA-HRYCYK Agata	620		K50	00:03:16	00:34:42	00:38:13	01:10:55
165	NIERYCHLEWSKI Maciej	388	BEZRZECZE TEAM	M40	00:03:36	00:37:54	00:41:38	01:16:36
166	PASIKOWSKI Piotr	415	BALTICUS	M50	00:03:26	00:38:41	00:42:47	01:20:01
167	BUDZICH Marcin	56		M30	00:03:57	00:41:19	00:45:22	01:21:34
168	BONEW Marcin	665		M40	00:03:43	00:43:07	00:47:40	01:33:15
169	KAMIŃSKA Agata	231	PARKRUN SZCZECIN	K30	00:02:59	00:31:52	00:34:57	01:03:59
170	AUGUSTYNIAK Grzegorz	14	PAN	M40	00:03:09	00:32:33	00:35:50	01:06:02
171	LITWINOWICZ Renata	329	KB WYGAN	K40	00:03:20	00:33:22	00:36:43	01:07:18
172	JONKO Wojciech	217		M65	00:03:09	00:32:59	00:36:31	01:09:42
173	STRUŚ Artur	536	KB BRYZA POSTOMINO	M50	00:03:20	00:34:23	00:37:53	01:10:25
174	SZCZEPAŃSKI Zbigniew	549	MACIEJUNIO	M60	00:03:07	00:33:53	00:37:27	01:10:24
175	MIGALSKA-STANKIEWICZ Lucyna	373		K35	00:03:06	00:34:25	00:38:00	01:11:24
176	SZUBERT Julia	561	KOŁOBRZEG BIEGA	K16	00:03:12	00:34:54	00:38:24	01:12:41
177	PODKOWA Piotr	438	STOWARZYSZENIE BIEGACZY GMINY SZYDŁOWO	M40	00:03:00	00:32:40	00:36:08	01:14:32
178	DEJNAK Mariola	99		K55	00:03:18	00:36:45	00:40:36	01:16:01
179	KOWALCZYK Piotr	275		M35	00:03:27	00:38:29	00:42:32	01:20:36
180	WÓJCIK Aleksandra	626		K20	00:03:53	00:43:39	00:48:12	01:31:00
181	WARDYN Jarek	600		M40	00:02:58	00:31:52	00:34:57	01:04:03
182	MACKOJĆ Krzysztof	348		M45	00:02:51	00:31:27	00:34:44	01:04:57
183	BEDNARCZYK Tomasz	28		M30	00:03:14	00:32:35	00:35:48	01:06:17
184	LANGE Damian	316	12 WOLIŃSKI DYWIZJON TRĄLOWCÓW	M30	00:03:01	00:32:16	00:35:49	01:10:48
185	DURMAN Sławomir	117		M30	00:03:24	00:36:34	00:40:22	01:13:14
186	ZABROCKI Karol	630		M35	00:03:24	00:36:23	00:39:57	01:13:55
187	ŻURKOWSKI Tomasz	650	BIEGAM Z ŻONĄ	M50	00:03:27	00:36:21	00:40:04	01:15:49
188	DAWIDOWSKI Michał	96	KP PSP KAMIEŃ POMORSKI/ENDORFINA NOWOGARD	M40	00:03:31	00:37:58	00:41:39	01:17:12
189	SZCZYGIEL Paweł	554		M30	00:03:24	00:36:34	00:40:22	01:17:12
190	KOSIOR Piotr	270		M45	00:03:13	00:34:34	00:38:16	01:13:33
191	ROMANOWSKI Dariusz	478	KPW ŚWINOUJŚCIE	M35	00:03:05	00:30:45	00:33:49	01:02:23
192	KOSIŃSKI Mateusz	269	DRUŻYNA SZPIKU	M20	00:03:05	00:31:55	00:35:02	01:03:58
193	BIELECKI Andrzej	36	3:33 TEAM	M45	00:03:05	00:32:06	00:35:20	01:05:27
194	STAŃCZYK Sławomir	527	STARGARD. JA SIĘ NIE ŚCIGAM	M30	00:03:23	00:33:44	00:37:01	01:07:47
195	RÓŻYCKI Edward	485	MUKS TORNADO	M65	00:03:28	00:34:40	00:38:05	01:09:05
196	ŻUKOWSKI Cezary	648	MIGAWKOWE.PL / ROZBIEGANY KOSZALIN	M35	00:03:20	00:35:27	00:39:00	01:11:30
197	ŻURKOWSKA Iwona	649	BIEGAM Z MĘŻEM	K50	00:03:27	00:36:20	00:40:03	01:15:49
198	JAZOWSKA Kamila	213	KOŁOBRZEG MARATON TEAM	K30	00:03:37	00:39:46	00:43:54	01:22:36
199	MICHAŁSKI Adam	653		M35	00:03:36	00:39:46	00:43:54	01:22:36
200	ŚWIERCZ Dariusz	573	WAŁECKA ŚCIEMA	M50	00:03:37	00:39:44	00:43:52	01:23:13
201	BURSZTA Marta	63	KARLINO BIEGAJ	K20	00:03:43	00:41:12	00:45:17	01:25:59
202	MICHAŁSKI Janusz	370		M50	00:03:04	00:30:44	00:33:48	01:01:40
203	ODWROT Hubert	394	3:33 TEAM	M45	00:03:07	00:31:52	00:35:04	01:04:24
204	LANGIEWICZ Jacek	317	MKJ POLICE	M60	00:03:16	00:32:39	00:35:57	01:06:02
205	PĘKAŁA Piotr	427	ROZBIEGANY KOSZALIN	M45	00:03:22	00:33:45	00:37:06	01:06:19
206	BRATUŚ Andrzej	45	EUROTRUCK S.C.	M40	00:03:08	00:32:40	00:36:00	01:06:34
207	PROKOPOWICZ Marcin	449	3:33 TEAM	M35	00:03:11	00:33:19	00:36:38	01:07:04
208	WILKOWSKI Krzysztof	614	L	M35	00:03:03	00:32:49	00:36:15	01:08:11

Msc	Zawodnik	Numer	Klub	Kategoria	Bike_All 0.698km	Spike_All 7.151km	Bike_All 7.849km	Spike_All 14.303km
209	ROMANIUK Wojciech	477	NIEZRZESZONY	M45	00:03:31	00:35:21	00:38:50	01:11:13
210	ANIOŁA Dominik	10		M35	00:03:23	00:34:57	00:38:33	01:12:08
211	WOLSKI Tomasz	623	WIECZORNE BIEGANIE W SZCZECINIE	M45	00:03:20	00:34:24	00:38:04	01:12:15
212	HERMAN Paweł	189	MLUKS TRZEBIATÓW	M40	00:03:28	00:35:14	00:38:40	01:12:16
213	GAŁECKI Jacek	138	KARLINO BIEGAJ	M50	00:03:42	00:41:11	00:45:16	01:25:58
214	SOWIŃSKI Saturnin	521	1.SLT	M50	00:03:00	00:30:57	00:34:05	01:03:14
215	BULIKOWSKI Tomasz	59		M35	00:03:08	00:31:49	00:34:56	01:03:54
216	GIEDRYS Wojtek	149	3:33 TEAM	M45	00:03:02	00:32:15	00:35:38	01:07:15
217	GERKE Mateusz	148		M20	00:03:29	00:34:53	00:38:17	01:10:20
218	SZYPOSZYŃSKI Kamil	570	MECENAS I PRZYJACIELE	M40	00:03:21	00:34:07	00:37:39	01:11:02
219	CHORAŻEWSKI Sebastian	76		M40	00:03:11	00:34:58	00:38:28	01:11:48
220	ADAMOWICZ Daniel	4	KB PIONIER SZCZECIN	M30	00:03:18	00:34:21	00:37:50	01:14:43
221	CENTKA Katarzyna	68	TEAM ŚWIĘTA	K35	00:03:27	00:37:08	00:40:50	01:16:51
222	ORZEŁ Jacek	406		M45	00:03:31	00:37:12	00:40:59	01:17:00
223	KAZIMIERSKI Piotr	241		M30	00:03:01	00:32:11	00:35:42	
224	PRYK Rafał	456	ROZBIEGANY GOLENIÓW	M40	00:02:52	00:30:31	00:33:36	01:01:44
225	BULIKOWSKI Paweł	60		M45	00:03:14	00:32:38	00:35:55	01:06:02
226	MEISSNER Bogusław	365	K.B. SPRINT ŚWIDWIN	M55	00:03:20	00:34:06	00:37:37	01:11:01
227	DOMAGAŁA Sławomir	107	KORYUKAN ŚWIDWIN	M40	00:03:19	00:34:06	00:37:37	01:11:02
228	OTTO Michał	666		M30	00:03:04	00:33:44	00:37:17	01:11:38
229	ROGOWSKI Robert	474	SKRZYWIENI GOŚCIE	M45	00:03:28	00:35:23	00:38:53	01:12:47
230	GRZELAK Sebastian	175	ROZBIEGANY GOLENIÓW	M55	00:03:33	00:37:01	00:40:40	01:14:00
231	SZMYTKOWSKI Bartosz	558		M30	00:03:06	00:31:27	00:34:33	01:04:15
232	SKAŁECKI Robert	511	PARKRUN ŚWIDWIN	M45	00:03:17	00:32:47	00:36:03	01:09:29
233	KULINICZ Agnieszka	305	ROZBIEGANY GOLENIÓW	K35	00:03:27	00:34:48	00:38:15	01:10:18
234	GRABOWSKA Marta	165		K20	00:03:15	00:35:15	00:39:00	01:14:05
235	CHORAŻEWSKA Andżelika	75		K40	00:03:42	00:38:38	00:42:31	01:18:25
236	PRYCIŃSKI Krzysztof	455		M40	00:03:34	00:39:28	00:43:22	01:20:23
237	KRASIŃSKI Witold	286	JW 1223	M45	00:03:21	00:36:10	00:40:05	01:20:10
238	OLEJNIK Janusz	398		M50	00:03:52	00:40:32	00:44:35	01:22:36
239	BRZUSZKIEWICZ Agata	53	ROZBIEGANY GOLENIÓW	K30	00:03:42	00:40:09	00:44:14	01:23:48
240	PŁUSKA Tadeusz	436		M65	00:03:31	00:39:58	00:44:02	01:27:59
241	KAZIMIERSKI Marek	242		M30	00:03:27	00:39:24	00:43:42	01:28:34
242	LIPIŃSKI Krzysztof	327	KB MANIAC POZNAŃ	M55	00:03:24	00:32:49	00:36:04	01:05:57
243	ROJEK Michał	476		M35	00:03:24	00:34:37	00:37:59	01:08:24
244	GUZIKIEWICZ Mirosław	177	ROZBIEGANY GOLENIÓW	M45	00:03:25	00:34:41	00:37:55	01:08:24
245	PAWELEC Artur	419	ROZBIEGANY GOLENIÓW	M45	00:03:31	00:37:00	00:40:39	01:13:58
246	SZCZYGIELSKI Michał	553	KOŁOBRZEG MARATON TEAM	M35	00:03:28	00:36:16	00:39:56	01:15:42
247	BIEDRZYCKI Dawid	34		M20	00:03:30	00:38:54	00:42:49	01:21:00
248	NOWAK-IGNACAK Monika	391		K40	00:03:39	00:38:55	00:42:51	01:20:55
249	KARMELITA Ewa	237	ŁOBZONKA WYRZYSK	K60	00:03:50	00:41:20	00:45:41	01:26:43
250	NOWAK Klaudia	390	ROZBIEGANY GOLENIÓW	K35	00:03:26	00:35:17	00:38:48	01:11:48
251	BRZÓSKA Eugeniusz	52	KB HERMES GRYFINO	M55	00:03:08	00:33:12	00:36:36	01:07:35
252	STĘPA Bartosz	531	DRUŻYNA SZPIKU	M20	00:03:22	00:33:55	00:37:27	01:10:58
253	KUCZER Agata	660		K30	00:03:27	00:35:48	00:39:26	01:12:53

Msc	Zawodnik	Numer	Klub	Kategoria	Bike_All 0.698km	Spike_All 7.151km	Bike_All 7.849km	Spike_All 14.303km
254	DROŹDZIŃSKI Konrad	113		M35	00:03:25	00:34:47	00:38:19	01:14:37
255	KACHNOWICZ-BUKAŁA Izabela	223	ROZBIEGANY GOLENIÓW	K40	00:03:30	00:36:59	00:40:37	01:14:48
256	IWANICKA Bożena	198	ROBIGANY GOLENIOW	K60	00:03:35	00:38:24	00:42:18	01:19:39
257	SKOWRONSKI Bogdan	513	SZWLA	M55				
258	KWINTAL Janek	313		M45	00:03:14	00:32:44	00:36:02	01:05:58
259	STACHOWIAK Ryszard	524		M65	00:03:16	00:31:58	00:35:19	01:06:47
260	MALICKI Grzegorz	354	SCYZORYK	M45	00:03:19	00:32:57	00:36:19	01:07:29
261	WĘDZIŃSKI Maciej	607	RUNGRYF GRYFICE	M40	00:03:05	00:32:50	00:36:18	01:09:07
262	ANDRYSKOWSKI Marek	8	STOWARZYSZENIE 42,2 LĘBORK	M50	00:03:19	00:34:54	00:38:22	01:10:07
263	NOWICKI Tomasz	661	SZWLA	M50	00:03:26	00:35:47	00:39:25	01:12:52
264	BRZEZIŃSKI Krzysztof	51		M45	00:03:41	00:37:25	00:41:09	01:15:36
265	HASS Anita	185	E-FIZJO TEAM	K35	00:03:24	00:35:57	00:39:43	01:15:37
266	HASS Artur	186	E-FIZJO TEAM	M35	00:03:25	00:36:10	00:39:44	01:17:20
267	DENISIUK Krzysztof	101	SZCZECIN	M60	00:03:47	00:39:49	00:43:46	01:21:06
268	TADROWSKI Tomasz	574		M45	00:03:25	00:34:33	00:37:57	01:09:38
269	WALERIAŃCZYK Roman	599	GMINA KOŁOBRZEG	M50	00:03:11	00:34:16	00:37:52	01:10:02
270	GRYGORUK Cezary	173		M50	00:03:29	00:35:14	00:38:43	01:10:25
271	GAWEŁ Zbigniew	143	MIASTO SŁUPSK	M60	00:03:23	00:34:43	00:38:12	01:10:16
272	MYSZYŃSKI Paweł	382		M35	00:03:26	00:36:21	00:40:04	01:17:49
273	RUCIŃSKI Marcin	486		M35	00:03:53	00:39:31	00:43:29	01:19:06
274	BARRA Marzena	22	8 FOW	K20	00:03:53	00:39:31	00:43:29	01:19:06
275	ŚLIWIŃSKA Małgorzata	572	KPW ŚWINOUJŚCIE	K40	00:03:52	00:39:31	00:43:29	01:21:43
276	KORNAK Wiktoria	264		K16	00:03:30	00:39:46	00:43:54	01:24:48
277	REMBARZ Piotr	469		M30	00:03:49	00:41:23	00:45:49	01:32:40
278	SŁOMSKI Zenon	515	KORZYBSKIE REKINY	M70	00:03:51	00:42:58	00:47:28	01:34:37
279	PAKUŁSKI Marcin	413		M40	00:03:12	00:30:37	00:33:40	01:01:49
280	GROCHOWSKI Krzysztof	171		M30	00:03:14	00:33:12	00:36:40	01:08:34
281	CZERWIŃSKI Marcin	90	GRABOWO	M20	00:03:15	00:34:09	00:37:53	01:13:33
282	FURMAN Tomasz	134		M50	00:03:20	00:36:12	00:39:55	01:15:13
283	GRABOWSKA Elżbieta	166		K50	00:03:48	00:39:20	00:43:19	01:20:21
284	DOBREK Izabela	105	PAŃSTWO DĄBREK	K20	00:04:03	00:41:25	00:45:31	01:22:38
285	SIENICKI Piotr	507	FOR-REST-RUN TEAM	M40	00:03:46	00:43:07	00:47:52	01:34:14
286	MICHAŁOWSKI Jan	371	KB HERMES GRYFINO	M55	00:03:04	00:31:33	00:34:41	01:02:58
287	SURDAcki Piotr	545		M40	00:02:59	00:31:55	00:35:10	01:05:11
288	SZYMANOWICZ Łukasz	565		M40	00:03:04	00:31:34	00:34:51	01:05:47
289	LEWANDOWSKI Piotr	324	SKB DZIK	M35	00:03:10	00:32:22	00:35:45	01:06:24
290	SZOTA Robert	560	SMT SZCZECIN	M30	00:03:16	00:34:28	00:37:47	01:08:32
291	OTOKA Kasia	411		K40	00:03:11	00:34:02	00:37:31	01:09:24
292	JĘDRASZKO Magda	214	MTS HAMER MIASTKO	K30	00:03:30	00:35:14	00:38:41	01:11:04
293	KULIK Sebastian	304	GRABOWO	M35	00:03:23	00:36:26	00:40:29	01:19:45
294	DĄBROWSKI Wiktor	98	PAŃSTWO DĄBREK	M20	00:04:02	00:41:24	00:45:30	01:22:37
295	KACZMAREK Agnieszka	685		K40	00:03:45	00:43:06	00:47:51	01:34:13
296	MARTYNOWICZ Tobiasz	359	GRABOWO	M30	00:02:58	00:30:37	00:34:03	01:08:35
297	PRZYBYSZ Michał	457		M30	00:03:04	00:33:50	00:37:17	01:09:44
298	DYBUS Thomas Henri	119	ROZBIEGANY GOLENIÓW	M45	00:04:01	00:34:35	00:37:49	01:10:11

Msc	Zawodnik	Numer	Klub	Kategoria	Bike_All 0.698km	Spike_All 7.151km	Bike_All 7.849km	Spike_All 14.303km
299	KOWALCZYK Mariusz	276	ROZBIEGANY KOSZALIN	M40	00:03:24	00:35:59	00:39:56	01:13:38
300	WILKLISZ Wojciech	613		M45	00:03:15	00:35:27	00:39:10	01:14:20
301	SERWADCZAK Piotr	504	P+E	M45	00:03:12	00:35:25	00:39:07	01:15:23
302	KANIEWSKA Alicja	234	AKADEMIA BIEGANIA	K50	00:03:41	00:38:00	00:41:47	01:17:02
303	HANĆ Ryszard	182		M50	00:03:48	00:41:26	00:45:41	01:23:47
304	STRZELCZYK Edyta	540	P+E	K45	00:03:43	00:43:08	00:47:45	01:31:30
305	KRANZMANN-ŻELEPIEŃ Anna	285		K40	00:03:51	00:45:30	00:50:03	01:35:16
306	IWANOWSKI Rafał	199	AT AKTYWNY TRZEBIATÓW	M35	00:03:00	00:31:04	00:34:14	01:03:53
307	AUGUSTYNIAK Jakub	13	GRABOWO	M20	00:03:28	00:33:53	00:37:18	01:10:10
308	ŁUCZEJKO Sławomir	342	TEAM BIEGOWY SZCZECINEK	M50	00:03:37	00:37:06	00:40:49	01:16:40
309	KOSIDŁO Monika	268		K20	00:03:29	00:36:56	00:41:00	01:19:39
310	KĘDZIERSKI Krzysztof	245	SMT SZCZECIN	M50	00:03:42	00:38:33	00:42:32	01:19:41
311	KOZŁOWSKI Maciej	282		M40	00:03:47	00:39:35	00:43:39	01:23:06
312	GRABOWSKI Marek	167		M50	00:03:45	00:40:42	00:44:51	01:27:39
313	JAROSZ Artur	211		M35	00:03:51	00:46:30	00:51:14	01:41:23
314	MAJDZIŃSKI Paweł	350	GRABOWO	M20	00:03:40	00:35:20	00:38:48	01:09:42
315	LITZBARSKI Marek	330	DUDYCZ RUN	M50	00:03:31	00:35:44	00:39:16	01:11:05
316	CEBULAK Dariusz	686	AT AKTYWNY TRZEBIATÓW	M40	00:03:26	00:35:29	00:39:05	01:12:19
317	KACZOR Piotr	227	GWIEZDNA FLOTA MASZEWO	M40	00:03:59	00:42:49	00:47:03	01:25:45
318	ROZMUS Tomasz	484		M30	00:03:50	00:40:55	00:45:07	01:27:22
319	BANASZKIEWICZ Kasia	17		K50	00:03:49	00:42:43	00:47:02	01:29:16
320	HELLER Zdzisław	188	NIEZRZESZONY	M60	00:03:55	00:45:25	00:50:03	01:34:37
321	STRUSKI Stanisław	535	NIEZRZESZONY	M70	00:04:36	00:55:31	01:00:46	01:56:20
322	HOPPE Bronisław	196	JW 3937	M35	00:03:24	00:33:25	00:36:49	01:08:54
323	CHMIELEWSKI Kamil	73	GRABOWO	M20	00:03:42	00:35:19	00:38:47	01:09:41
324	DADEŁO Robert	93		M45	00:03:22	00:34:27	00:37:53	01:10:07
325	GODOŃ Piotr	160	GRABOWO	M30	00:03:41	00:36:59	00:40:57	01:19:41
326	BUDZIŃSKI Paweł	57	DRUŻYNA SZPIKU	M35	00:03:38	00:38:37	00:42:24	01:20:41
327	ŻMUDA Monika	645	CW FANZA KOŁOBRZEG	K40	00:03:53	00:40:36	00:44:44	01:23:06
328	WASIAK Sylwester	601	GWIEZDNA FLOTA MASZEWO	M35	00:03:58	00:42:48	00:47:04	01:26:02
329	PRENDECKA Sylwia	445		K30	00:03:40	00:44:25	00:48:52	01:34:32
330	MICKIEWICZ Adam	658	JW 3937	M30	00:03:09	00:31:01	00:34:11	01:03:12
331	LUBERAŃSKI Patryk	333	GRABOWO	M20	00:03:25	00:35:31	00:39:00	01:11:39
332	KORNIOWSKA Ewelina	688	KOŁOBRZEG MARATON TEAM	K40	00:03:44	00:37:54	00:41:42	01:17:26
333	KOZIARZ Anna	280		K35	00:03:45	00:38:24	00:42:18	01:19:40
334	DUSZYŃSKI Kamil	118	GRABOWO	M20	00:03:26	00:36:53	00:40:51	01:20:52
335	GŁOWACKI Kamil	157	GRABOWO	M20	00:03:41	00:39:30	00:43:43	01:22:16
336	SIWEK Piotr	510	GWIEZDNA FLOTA MASZEWO	M35	00:03:56	00:42:47	00:47:10	01:28:44
337	SIWEK Arleta	509	GWIEZDNA FLOTA MASZEWO	K35	00:03:55	00:42:50	00:47:11	01:28:44
338	GAŁUSZKA Marcin	139	FINISZ MORĄG	M40	00:03:55	00:42:28	00:47:01	01:29:31
339	PAWLIUTKIN Aleksandr	422		M40	00:04:05	00:44:40	00:49:13	01:33:50
340	ZEMBIK Grzegorz	637	KB HERMES GRYFINO	M50	00:02:59	00:31:27	00:34:35	01:03:19
341	KUKIEŁA Tomasz	299	ROZBIEGANA KUKIEŁKA	M35	00:03:18	00:32:45	00:35:57	01:06:38
342	LEWANDOWSKI Jacek	325		M40	00:03:38	00:36:21	00:39:58	01:13:03
343	KUSZ Radosław	311	KRÓLICZKI W PLECAKU	M40	00:03:12	00:35:30	00:39:10	01:13:29

Msc	Zawodnik	Numer	Klub	Kategoria	Bike_All 0.698km	Spike_All 7.151km	Bike_All 7.849km	Spike_All 14.303km
344	BORKOWSKA-KOWALCZYK Daria	44	ROZBIEGANY KOSZALIN	K35	00:03:44	00:38:43	00:42:37	01:19:49
345	MIELEWCZYK Radosław	372	GRABOWO	M20	00:03:54	00:39:57	00:44:02	01:21:20
346	STACHURSKA Agnieszka	526	BEM KOŁOBRZEG	K35	00:03:56	00:41:39	00:45:49	01:25:45
347	KROCZYŃSKA Kinga	288		K35	00:03:56	00:42:08	00:46:44	01:28:46
348	KĘDZIORA Patryk	246	GRABOWO	M20	00:03:52	00:38:59	00:42:38	01:15:56
349	OLESZCZAK Robert	399	KP PSP GRYFICE	M40	00:03:13	00:31:42	00:34:51	01:04:42
350	OLESZCZAK Piotr	400	OSP GRYFICE	M16	00:03:27	00:32:44	00:35:53	01:07:37
351	KARCZEWSKI Krzysztof	236	PG SPORTOWA PACZKA	M55	00:03:21	00:34:33	00:37:57	01:09:27
352	FABICH Adrian	124	USB/ BALTIC SEALS	M30	00:03:30	00:36:45	00:40:27	01:10:40
353	HOFMAN Paweł	195		M30	00:03:45	00:38:45	00:42:07	01:14:46
354	MAZUREK Ryszard	362		M60	00:03:49	00:37:14	00:40:57	01:15:28
355	WEGNER Aneta	603		K35	00:03:31	00:36:46	00:40:28	01:16:04
356	DANOWSKI Maciej	94	FITNES CLUB FORMA	M40	00:03:49	00:40:38	00:44:54	01:24:30
357	WENCŁAWSKI Michał	606	DECATHLON SŁUPSK	M20	00:03:51	00:40:57	00:45:16	01:26:02
358	HOFMAN Mateusz	194	MONAR GRABOWO	M20	00:03:44	00:39:28	00:44:37	01:28:44
359	TOMALIK Karol	662	KAROLMAN	M40	00:02:56	00:30:14	00:33:15	01:01:15
360	KALETKA Dariusz	228	KALETKA TEAM	M55	00:03:21	00:34:07	00:37:33	01:10:07
361	WYGANOWSKI Andrzej	628	K.B.WYGAN	M70	00:03:27	00:35:17	00:38:45	01:10:56
362	CIESZYŃSKI Mariusz	83	BEAUTY STUDIO LĘBORK	M40	00:03:31	00:35:40	00:39:16	01:13:00
363	LISIK Justyna	328	DECATHLON SŁUPSK	K35	00:03:29	00:37:10	00:40:51	01:15:32
364	BIELEWICZ Anna	37	STOPA SŁUPSK	K40	00:03:26	00:37:07	00:40:58	01:17:19
365	ADRYAN Adam	5	CKB SŁUPSK	M40	00:03:26	00:37:07	00:40:58	01:17:18
366	ZIELIŃSKI Grzegorz	638	BIEGAM DLA PRZYJEMNOŚCI	M65	00:03:46	00:38:04	00:41:53	01:18:08
367	MŁODZIEJEWSKA Iwona	374	KB WYGAN	K45	00:03:51	00:40:24	00:44:26	01:21:33
368	CIESZYŃSKI Marcin	84		M35	00:03:27	00:35:10	00:38:35	01:10:01
369	JĘDRZEJAK Maciej	216	BIEGACZE ŚWINOUJŚCIE	M40	00:03:20	00:35:02	00:38:34	01:12:15
370	PARADOWSKA Ewelina	414	ZA - BIEGANE BABECZKI. NOWOGARD	K30	00:03:48	00:36:53	00:40:31	01:14:13
371	ORYSIAK Tomek	404	ŁOBEZ	M30	00:03:37	00:36:46	00:40:21	01:15:34
372	HRYCAJ Tomasz	197		M30	00:03:35	00:36:59	00:40:45	01:15:43
373	TYLKA Małgosia	588		K30	00:03:51	00:41:59	00:46:05	01:23:59
374	ZIEMKIEWICZ Jarek	639	UKS RUNNING TEAM	M40	00:03:51	00:41:59	00:46:05	01:23:58
375	KUJAWA Ewelina	298		K40	00:03:49	00:40:35	00:44:48	01:25:33
376	CSULITS Claudia	85		K45	00:04:06	00:46:24	00:51:18	01:38:48
377	DURKOWSKI Dawid	116	TATO BIEGA	M30	00:03:09	00:31:05	00:34:04	01:02:35
378	MAŁKIŃSKI Józef	358	RWT W BYDGOSZCZY	M60	00:03:31	00:34:40	00:38:07	01:09:46
379	MARZEC Łukasz	360		M35	00:03:39	00:36:51	00:40:29	01:13:44
380	BROŻYNA Renata	48		K45	00:03:45	00:38:42	00:42:33	01:18:51
381	PEDA Leszek	423	POLICE	M65	00:03:42	00:39:00	00:42:56	01:22:21
382	GARGULIŃSKI Andrzej	142		M40	00:04:03	00:42:02	00:46:20	01:26:43
383	ŁYSOŃ Andrzej	344		M35	00:03:47	00:41:54	00:46:15	01:27:13
384	FALKIEWICZ Jolanta	126		K60	00:03:54	00:43:02	00:47:29	01:32:07
385	SODNOMGOMBO Alimaa	684	FIZJOBIEGACZE	K55	00:04:13	00:46:02	00:50:43	01:35:54
386	TAMAS Mateusz	576		M20	00:03:21	00:33:22	00:36:40	01:07:43
387	DARONIN Pavlo	95		M35	00:03:31	00:34:46	00:38:00	01:08:56
388	PENDRAK Kamil	425		M30	00:03:30	00:35:40	00:39:09	01:10:20

Msc	Zawodnik	Numer	Klub	Kategoria	Bike_All 0.698km	Spike_All 7.151km	Bike_All 7.849km	Spike_All 14.303km
389	ŁYSOŃ Piotr	345		M20	00:03:46	00:39:45	00:43:32	01:16:27
390	CIESZYŃSKA Marta	82	BEAUTY STUDIO ŁĘBORK	K40	00:03:31	00:36:44	00:40:26	01:16:30
391	MOCZYŃSKI Leszek	378	BIEGAM DLA BYDGOSZCZY	M65	00:03:39	00:36:59	00:40:45	01:16:54
392	WIESIOŁEK Grzegorz	612		M45	00:03:41	00:44:46	00:49:06	01:35:14
393	JAŃCZUK Stanisław	209	NOCNE WILKI	M50	00:04:14	00:49:38	00:54:11	01:41:19
394	NADOLNY Przemysław	384	INTER-COPY SZCZECIN	M40	00:03:24	00:34:23	00:37:45	01:09:16
395	SOSIN Tomasz	520	SZWLA	M55	00:03:33	00:34:58	00:38:29	01:10:58
396	STACHOWSKI Andrzej	525		M50	00:03:37	00:38:09	00:41:54	01:16:52
397	KĘPKA Karolina	247	STOPA SŁUPSK	K40	00:03:49	00:38:27	00:42:23	01:18:23
398	WRÓBLEWSKI Jarosław	627	RAZ SZCZECIN	M45	00:03:46	00:39:23	00:43:20	01:21:11
399	DOMAŃSKI Dominik	110		M35	00:03:48	00:40:49	00:45:03	01:24:26
400	MAŁECKI Artur	357		M40	00:04:13	00:44:07	00:48:20	01:27:36
401	DOBRUK Agnieszka	106		K45	00:04:11	00:42:01	00:46:21	01:27:15
402	REPKA Marek	470	LUPUS TEAM	M45	00:03:28	00:36:11	00:39:54	01:14:48
403	NACHYŁA Piotr	383	STOPA SŁUPSK	M45	00:03:47	00:37:10	00:40:54	01:15:12
404	BUJANOWSKI Grzegorz	58	STOWARZYSZENIE BIEGACZY GMINY SZYDŁOWO	M40	00:03:32	00:36:37	00:40:27	01:16:27
405	DRACZYŃSKI Zygmunt	112	TRUCHT ŁOBEZ	M70	00:03:44	00:38:30	00:42:26	01:20:38
406	SOWA Krzysztof	654		M30	00:03:34	00:38:59	00:42:53	01:21:19
407	KOWALSKI Zbigniew	278	STOWARZYSZENIE BIEGACZY GMINY SZYDŁOWO	M55	00:03:36	00:39:30	00:43:38	01:23:28
408	KACZMAREK Zenon	226	MORSY KOŁOBRZEG	M70	00:04:05	00:42:05	00:46:28	01:27:59
409	SOBKOWIAK Robert	518		M50	00:03:02	00:31:18	00:34:33	01:05:32
410	PRUSZANOW Marcin	452	KB HERMES GRYFINO	M40	00:03:32	00:35:53	00:39:18	01:12:01
411	CIEPŁUCHA Marcin	81	SZCZECINBUKOWE	M40	00:03:18	00:34:01	00:37:27	01:11:36
412	BUZAŁA Walenty	64	STOWARZYSZENIE BIEGACZY GMINY SZYDŁOWO	M55	00:03:30	00:35:22	00:39:51	01:14:48
413	REPKA Anna	471	LUPUS TEAM	K40	00:03:51	00:40:23	00:44:24	01:22:01
414	STASIAK Sylwia	528	BRAK	K40	00:03:55	00:42:42	00:47:02	01:28:36
415	KOŁTUNIAK Hubert	259		M40	00:03:19	00:33:39	00:36:55	01:07:46
416	CYNARSKI Marek	87		M40	00:03:29	00:34:57	00:38:20	01:10:12
417	WIELGAT Łukasz	609	KB BRYZA POSTOMINO	M30	00:03:42	00:35:48	00:39:30	01:14:44
418	DOMAŃSKI Adam	109	JW 3775	M40	00:03:40	00:37:10	00:40:54	01:15:31
419	JĘDRUSZAK Marek	215		M60	00:03:43	00:38:07	00:42:06	01:19:06
420	KULCZYK Katarzyna	303	KB BRYZA POSTOMINO	K35	00:03:42	00:38:18	00:42:10	01:19:27
421	ZAROBIAK Katarzyna	632	WIECZORNE BIEGANIE W SZCZECINIE	K40	00:03:48	00:39:40	00:43:39	01:22:46
422	SKORUPA Edward	512		M55	00:04:00	00:41:03	00:45:13	01:25:30
423	GZELA Olga	180	ROZBIEGANY KOSZALIN	K35	00:03:46	00:42:13	00:46:32	01:29:01
424	JAWORSKI Robert	212	KB BRYZA POSTOMINO	M40	00:03:39	00:35:54	00:39:41	01:15:10
425	ZAROBIAK Piotr	633	WIECZORNE BIEGANIE W SZCZECINIE	M35	00:03:46	00:39:39	00:43:38	01:22:45
426	PIETRZAK Mariola	430	BABECZKI KOSZALIN	K50	00:03:56	00:40:32	00:44:42	01:24:07
427	KLUCZYŃSKI Mariusz	252		M30	00:03:52	00:41:24	00:45:38	01:30:10
428	BURCHARDT Mirka	61	RWT W BYDGOSZCZY	K65	00:04:10	00:46:24	00:51:27	01:45:01
429	RUTKOWSKI Lucjan	493	ARCAN TEAM	M55	00:04:01	00:39:44	00:43:32	01:20:34
430	GAWĘDA Emil	144	GMINA DARŁOWO	M30	00:03:58	00:42:01	00:46:01	01:21:53
431	JOŃCZYK Tadeusz	218	SAM SOBIE BIEGAM :)	M45	00:03:50	00:40:57	00:45:14	01:24:10
432	GRZELAK Karina	174	ROZBIEGANY KOSZALIN	K40	00:03:55	00:40:55	00:45:05	01:24:05
433	MOTYCZYŃSKA Patrycja	381		K20	00:04:18	00:42:52	00:47:05	01:25:16

Msc	Zawodnik	Numer	Klub	Kategoria	Bike_All 0.698km	Spike_All 7.151km	Bike_All 7.849km	Spike_All 14.303km
434	PASZTOR Ania	418		K20	00:04:18	00:42:52	00:47:05	01:26:13
435	MAZUREK Barbara	363	BABECZKI KOSZALIN	K35	00:03:50	00:42:03	00:46:29	01:29:59
436	WOŹNIAK Jacek	657		M45	00:04:10	00:44:14	00:48:37	01:30:20
437	KURCZ Barbara	308	BABECZKI KOSZALIN	K45	00:04:11	00:46:02	00:50:41	01:34:49
438	RZYDUCH Piotr	499		M40	00:04:03	00:45:27	00:49:51	01:35:23
439	LEWANDOWSKA Izabela	322		K40	00:04:13	00:49:27	00:54:08	01:39:50
440	LIZAKOWSKI Piotr	331	NYHA IV SZCZECIN	M40	00:03:26	00:35:27	00:39:07	01:13:57
441	KĘDZIERSKI Dawid	700		M16	00:03:58	00:38:45	00:42:29	01:17:21
442	KOZŁOWSKI Witold	283		M35	00:03:40	00:38:35	00:42:04	01:18:35
443	DIDŁUCH Jacek	103	KOŁOBRZEG BIEGA MARATON TEAM	M40	00:03:14	00:36:34	00:40:17	01:20:28
444	ŻUKOWSKA Małgorzata	647		K30	00:04:08	00:41:29	00:45:29	01:22:45
445	GAZARKIEWICZ Antoni	147	BHMW_GDYNIA	M65	00:04:00	00:41:09	00:45:19	01:24:16
446	KUBIK Monika	294		K40	00:04:05	00:42:50	00:47:09	01:27:37
447	ŁABUŃ Aleksandra	334		K30	00:04:07	00:45:15	00:49:48	01:36:09
448	KĘDZIERSKI Jarosław	699		M45	00:04:09	00:49:36	00:55:05	01:49:43
449	SZUBERT Marcin	563	KOŁOBRZEG BIEGA	M40	00:03:45	00:35:55	00:39:22	01:11:05
450	RUDNIK Tomasz	487		M35	00:03:20	00:34:27	00:37:58	01:15:01
451	SZUBERT Agnieszka	562	KOŁOBRZEG BIEGA	K35	00:03:45	00:37:34	00:41:09	01:15:51
452	ROSA Sebastian	483		M20	00:03:43	00:38:42	00:42:38	01:18:48
453	POKORNY Edward	439	TUPOT USTKA	M70	00:03:57	00:41:09	00:45:20	01:23:55
454	GARBACZ-ZATORSKA Milena	141		K40	00:03:58	00:43:07	00:47:37	01:30:16
455	BARSZCZAK Tomasz	23	KOŁOBRZEG BIEGA	M20	00:04:26	00:46:07	00:50:30	01:34:57
456	WĄSOWICZ Anna	602		K35	00:03:48	00:44:13	00:48:31	01:35:47
457	TRZECIAK Dariusz	584	KOŁOBRZEG BIEGA	M45	00:03:13	00:33:17	00:36:39	01:07:43
458	POMORYNKO Krzysztof	443		M35	00:03:24	00:34:59	00:38:23	01:10:41
459	PYTLARZ Waldemar	463		M55	00:03:38	00:35:39	00:39:06	01:11:00
460	BARTOSZUK Adam	26	MORSY KOŁOBRZEG	M40	00:03:26	00:36:24	00:39:58	01:11:54
461	SZCZERBA Łukasz	550		M30	00:04:17	00:41:02	00:44:59	01:21:50
462	PASTERNAK Wojciech	416		M40	00:04:03	00:40:40	00:44:42	01:22:46
463	SCHMIDT Dariusz	670		M50	00:04:12	00:46:36	00:51:04	01:36:51
464	KOZŁOWSKA Kinga	281		K40	00:04:11	00:47:47	00:52:52	01:40:59
465	JANKOWSKI Remigiusz	207		M35	00:04:03	00:47:00	00:52:17	01:42:52
466	DZIKOWSKI Karol	122		M30	00:03:25	00:36:24	00:40:06	01:15:48
467	SUJAK Włodzimierz	543	MARECKI VS EQUATOR	M60	00:04:04	00:38:35	00:42:20	01:17:06
468	SIELICKI Mateusz	506		M20	00:03:46	00:39:11	00:42:53	01:19:36
469	KOŁODZIEJSKI Wojtek	258		M35	00:03:59	00:41:22	00:45:32	01:23:58
470	SKWARK Krzysztof	514		M40	00:03:55	00:40:25	00:44:34	01:23:39
471	DZIEKOŃSKI Jacek	121		M60	00:03:53	00:40:49	00:44:52	01:26:33
472	URLICKI Lech	593	KB SPOCENI NOWA SÓL	M65	00:03:50	00:41:37	00:45:53	01:27:17
473	WIELGOSZ Leszek	610	KB SPOCENI NOWA SÓL	M55	00:03:51	00:41:37	00:45:53	01:27:17
474	KURZAJCZYK Joanna	310	4RUN TEAM PIŁA	K45	00:03:48	00:43:22	00:47:57	01:30:23
475	BYKOWSKI Bogdan	65	BRACTWO BIEGACZY Z-GORA	M65	00:04:07	00:44:22	00:49:00	01:35:35
476	KASPEROWICZ Dariusz	239	WIECZORNE BIEGANIE W SZCZECINIE	M40	00:03:10	00:31:38	00:34:51	01:06:08
477	KRZESIŃSKI Michał	292		M30	00:03:30	00:35:07	00:38:48	01:21:15
478	WOLAŃSKI Mariusz	622		M50	00:04:00	00:39:44	00:43:35	01:20:08

Msc	Zawodnik	Numer	Klub	Kategoria	Bike_All 0.698km	Spike_All 7.151km	Bike_All 7.849km	Spike_All 14.303km
479	BANAŚ Marcin	664	WIECZORNE BIEGANIE W SZCZECINIE	M40	00:03:43	00:38:36	00:42:45	01:23:54
480	KISIELIŃSKI Igor	251	TKKF KOSZALIN	M50	00:03:45	00:39:02	00:43:13	01:25:19
481	TYKA Edward	587	NIESTOWARZYSZONY	M75	00:04:08	00:42:32	00:47:00	01:31:24
482	FOLTYNOWICZ Bernard	132	MARATOŃCZYK TEAM SZCZECIN	M70	00:04:16	00:46:48	00:51:31	01:38:21
483	STASZYŃSKA Marianna	529	BTC,,ORZEŁ"	K60	00:04:21	00:52:16	00:57:25	01:50:55
484	PRUSS Kasia	451	WKURW_TEAM	K40	00:03:51	00:38:25	00:42:16	01:17:23
485	GŁOWACKI Adrian	158	MAGIKKOMPUTEROWY	M30	00:03:54	00:39:24	00:43:17	01:21:18
486	SZYMAŃSKA Karolina	566	BS FAMILY TEAM	K16	00:03:58	00:39:22	00:43:23	01:21:58
487	DEPTA Paweł	102		M40	00:04:08	00:42:25	00:46:30	01:24:15
488	KUBISIAK Damian	295		M35	00:03:54	00:42:24	00:46:18	01:25:54
489	SZYMAŃSKI Artur	567	BS FAMILY TEAM	M40	00:03:59	00:41:22	00:45:32	01:26:09
490	SPIESZYŃSKI Michał	522		M30	00:03:55	00:41:40	00:46:07	01:29:29
491	SZEWczyk Monika	556		K20	00:04:18	00:44:40	00:48:58	01:30:37
492	CIBORSKI Sławomir	80	NIEZRZESZONY	M40	00:03:36	00:36:38	00:40:18	01:15:40
493	TWOROGAL Robert	586		M40	00:03:57	00:37:59	00:41:42	01:16:54
494	RZESZOTARSKI Jacek	498	SAR-BSR KOŁOBRZEG MARATON TEAM	M40	00:03:57	00:37:58	00:43:52	01:20:49
495	OKOŃ Stanisław	397	KB WYGAN	M50	00:03:32	00:35:42	00:39:21	01:20:09
496	KAŻMIERCZAK Ewelina	243		K20	00:04:17	00:44:39	00:48:58	01:30:36
497	PASTERNAK Magdalena	417		K35	00:04:13	00:44:38	00:49:10	01:34:20
498	JABŁOŃSKI Andrzej	200	NIEZRZESZONY	M45	00:03:46	00:36:49	00:40:32	01:15:26
499	BARAŃSKI Grzegorz	20	SAR-BSR KOŁOBRZEG KMT	M45	00:03:56	00:37:58	00:41:40	01:15:45
500	SAJNÓG Joanna	500	KOŁOBRZEG MARATON TEAM	K30	00:03:48	00:38:44	00:42:33	01:18:55
501	KIEŁKOWSKI Przemysław	248	KOŁOBRZEG MARATON TEAM	M35	00:03:48	00:38:44	00:42:33	01:18:55
502	OPACZYK Paweł	402	PRESTO TRAVEL	M60	00:03:52	00:39:32	00:43:28	01:20:11
503	KUREK Aneta	309		K40	00:03:56	00:40:44	00:44:53	01:23:54
504	JANISZEWSKI Mieczysław	203	BULK-CARGO PORT SZCZECIN	M55	00:03:58	00:40:46	00:44:56	01:24:02
504	JANISZEWSKA Marlena	202	BULK-CARGO PORT SZCZECIN	K30	00:03:55	00:40:46	00:44:57	01:24:03
506	SZYNKOWSKI Krzysztof	569	BULK-CARGO PORT SZCZECIN	M45	00:03:55	00:40:35	00:44:34	01:24:02
507	BIELAK Wojciech	35	UKS EKONOM KOŁOBRZEG	M16	00:03:38	00:38:36	00:43:17	01:29:14
508	KUKIEŁKA Wojciech	300		M35	00:03:59	00:34:58	00:38:20	01:08:53
509	ŁAZARCZYK Wacław Bogdan	338		M65	00:03:55	00:39:23	00:43:11	01:18:06
510	KUKIEŁKA Anna	301		K35	00:03:59	00:39:26	00:43:18	01:20:28
511	LAJTER Jerzy	314	4RUN TEAM PIŁA	M65	00:03:55	00:39:55	00:44:03	01:22:22
512	MĄCZKOWSKA Wioletta	364	JATRENUJE	K40	00:04:01	00:39:55	00:43:49	01:22:24
513	KAŁUŻYŃSKI Piotr	230	WRONIECKI KLUB BIEGACZA	M50	00:04:05	00:41:30	00:45:27	01:23:04
514	PUŚCIAN Krzysztof	460	SP W MANOWIE	M40	00:03:55	00:40:43	00:44:51	01:23:53
515	WŁODARCZYK Józef	618	SZURAM SOBIE	M60	00:04:05	00:40:46	00:44:44	01:24:50
516	TROJANOWICZ Wiesław	581		M40	00:03:49	00:35:47	00:39:32	01:13:31
517	SPYCHAŁA Maciej	523	WRONIECKI KLUB BIEGACZA	M40	00:04:04	00:41:28	00:45:26	01:18:14
518	RONIJ Łukasz	482	ANDREW'S TEAM	M35	00:04:06	00:41:13	00:44:38	01:19:47
519	SZADKOWSKA Anna	546	BBL INOWROCŁAW	K60	00:04:03	00:42:00	00:46:09	01:25:20
520	OGRODOWCZYK Jagoda	395		K30	00:03:56	00:39:54	00:44:00	01:25:33
521	DOMAŃSKA Katarzyna	108		K40	00:04:07	00:43:39	00:48:01	01:29:49
522	PYDYNOWSKA Elżbieta	461		K55	00:04:08	00:43:38	00:48:02	01:32:58
523	BIERNACKI Rene	38		M70	00:04:22	00:46:43	00:51:25	01:36:11

Msc	Zawodnik	Numer	Klub	Kategoria	Bike_All 0.698km	Spike_All 7.151km	Bike_All 7.849km	Spike_All 14.303km
524	BORKOWSKA Ewa	43		K65	00:04:53	00:55:04	01:00:26	01:55:00
525	DEJNEKO Tomasz	100		M40	00:03:40	00:40:11		
526	SZYMAŃSKA Irmina	678		K40	00:04:16	00:47:40		
527	GIEDRYS Marta	150	3:33 TEAM	K20	00:04:15	00:42:47	00:46:49	01:24:52
528	SKRZYPCZAK Bogusław	652		M40	00:04:32	00:45:40	00:49:52	01:29:55
529	KĘDZIORA Sara	244		K30	00:04:00	00:42:46	00:47:10	01:30:19
530	STUDNIARZ Joanna	541		K50	00:04:13	00:44:36	00:49:04	01:32:43
531	RODAK Agnieszka	473		K55	00:04:17	00:45:57	00:50:34	01:35:29
532	GIEDRYS Eliza	151	3:33 TEAM	K20	00:04:15	00:42:35	00:46:35	01:22:12
533	ZIENCINA Marcin	640		M35	00:03:46	00:38:10	00:42:04	01:16:49
534	GÓRCKA-MITORAJ Justyna	163	MAMY TO !	K35	00:03:34	00:36:56	00:40:42	01:17:08
535	PRYCA Adam	453	POMORSKI DYWIZJON STRAŻY GRANICZNEJ ŚWINOUJŚCIE	M35	00:04:06	00:41:05	00:44:59	01:21:34
536	CZARNECKA Teresa	88		K30	00:03:56	00:40:25	00:44:36	01:26:04
537	MACIOSZEK Agnieszka	347		K40	00:04:06	00:43:36	00:47:58	01:33:47
538	LOBA Jerzy	332	LUKS BAŁTYK DZIWNÓW	M70	00:04:17	00:44:28	00:48:54	01:36:15
539	KURASIŃSKA Dorota	307	WIECZORNE BIEGANIE W SZCZECINIE	K45	00:04:06	00:47:02	00:51:48	01:40:23
540	JURKIEWICZ Wioletta	220	WIECZORNE BIEGANIE W SZCZECINIE	K45	00:04:11	00:47:56	00:53:05	01:42:24
541	TRZECIAK Anna	583	KOŁOBRZEG BIEGA	K45	00:03:46	00:38:45	00:42:35	01:19:13
542	UZNAŃSKA Agata	595		K50	00:03:56	00:39:18	00:43:18	01:20:42
543	SZŁAPKA Dariusz	557		M50	00:03:55	00:40:18	00:44:20	01:21:23
544	HAŁAS Tomasz	181		M55	00:04:01	00:40:40	00:44:39	01:21:15
545	ROMAŃSKI Maciej	480	TATACOWYMIATA	M30	00:04:09	00:43:05	00:47:26	01:30:18
546	KOŁAKOWSKI Dariusz	256	K.B. SPRINT ŚWIDWIN	M45	00:03:53	00:53:31	00:58:00	01:34:08
547	STOJECKI Bartosz	532	ROZBIEGANY GOLENIÓW	M40	00:03:34	00:35:14	00:38:47	01:13:05
548	ZŁOTNICKA-TRYBUCHOWSKA Małgorzata	679		K35	00:04:11	00:40:41	00:44:35	01:20:27
549	ŁANGOWSKA Iwona	335	KOŁOBRZEG MARATON TEAM	K50	00:03:55	00:39:17	00:43:17	01:20:41
550	LEWANDOWSKI Mirosław	323	GOLENIÓW	M55	00:04:06	00:40:40	00:44:50	01:23:50
551	ADAMCZYK Piotr	3		M40	00:04:04	00:40:54	00:44:57	01:24:13
552	PTASZYŃSKA Katarzyna	458	KOŁOBRZEG MARATON TEAM	K60	00:04:14	00:43:39	00:47:56	01:28:43
553	BEDNARZ Katarzyna	29		K40	00:04:13	00:44:00	00:48:23	01:32:06
554	GUZIKIEWICZ Marcin	178	ROZBIEGANY GOLENIÓW	M40	00:03:33	00:35:13	00:38:46	01:13:04
555	DRABAREK Agata	111	BIEGACZE ŚWINOUJŚCIE	K20	00:04:03	00:40:31	00:44:24	01:18:41
556	MAKOWSKI Dariusz	351	KB HERMES GRYPINO	M50	00:04:03	00:40:21	00:44:21	01:22:50
557	GAJDZIS Magdalena	137		K50	00:04:11	00:42:16	00:46:27	01:23:49
558	STRZELCZYK Wioletta	539		K40	00:04:02	00:42:15	00:46:28	01:26:25
559	MICHALSKA Agnieszka	369		K55	00:04:08	00:42:49	00:47:04	01:27:50
560	STOLARCZYK Maciej	533		M45	00:03:49	00:36:15	00:39:52	01:14:20
561	BERENT Robert	30	TUPOT USTKA	M50	00:03:51	00:38:35	00:42:18	01:19:54
562	ADAMCZYK Arkadiusz	1	BLUE TEAM PIŁA	M50	00:04:00	00:42:32	00:46:48	01:27:53
563	PIĄTEK Mateusz	428	13. DYWIZJON TRAŁOWCÓW GDYNIA	M30	00:03:49	00:42:41	00:46:56	01:30:25
564	GRABOWICZ Jerzy	164	TUPOT USTKA	M70	00:04:02	00:40:36	00:44:53	01:33:43
565	STRYCZEWSKA Barbara	537		K40	00:04:05	00:46:25	00:51:00	01:35:37
566	KASIERSKA Ewa Katarzyna	238	WKB META LUBLINIEC	K70	00:04:21	00:49:12	00:54:02	01:40:59
567	KABACIŃSKI Bronisław	47	TUPOT USTKA	M70	00:04:49	00:53:32	00:58:38	01:52:07
568	MIECZKOWSKI Michał	674	KTC KOŁOBRZEG	M55	00:03:23	00:34:16	00:37:42	01:09:51

Msc	Zawodnik	Numer	Klub	Kategoria	Bike_All 0.698km	Spike_All 7.151km	Bike_All 7.849km	Spike_All 14.303km
569	OLSZYK Tadeusz	401	BIEGACZE ŚWINOUJŚCIE	M60	00:03:30	00:36:38	00:40:14	01:13:21
570	KONOPIŃSKI Leszek	261	BIEGACZE ŚWINOUJŚCIE	M60	00:03:30	00:36:20	00:40:06	01:16:20
571	WITKOWSKI Andrzej	617		M50	00:03:54	00:39:39	00:43:58	01:23:34
572	SERKIS Piotr	503	ŁOBEZ	M30	00:04:09	00:42:42	00:47:06	01:28:17
573	BRYNDZA Piotr	49		M40	00:04:05	00:43:16	00:47:34	01:30:43
574	JANKOWIAK Marek	205		M35	00:03:57	00:38:01	00:41:37	01:14:21
575	WODNICKA Ewa	619	RUNGRYF GRYFICE	K50	00:03:58	00:39:14	00:43:07	01:16:53
576	MALICKI Krzysztof	353	AKTYWNI Z CUKRZYCĄ	M40	00:03:58	00:39:14	00:43:08	01:19:39
577	OKOŁO-KUŁAK Ola	396	ŁOBEZ	K45	00:04:10	00:40:49	00:44:47	01:20:23
578	LAL Monika	315	RUNGRYF GRYFICE	K50	00:03:58	00:40:12	00:44:13	01:22:06
579	LEPPERT Katarzyna	320		K30	00:03:58	00:43:02	00:47:21	01:28:04
580	PELC Marzena	424	RUNGRYF GRYFICE	K40	00:04:02	00:45:56	00:50:55	01:37:04
581	JURCZAK Jarosław	219		M60	00:04:28	00:52:12	00:57:38	01:49:12
582	KOPCEWICZ Henryk	263		M65	00:04:43	00:52:22	00:57:38	01:50:47
583	KOŁECKI Tomasz	257		M35	00:03:57	00:38:00	00:41:37	01:14:20
584	MALINOWSKA Anna	355	ŁOBEZ	K35	00:04:11	00:43:05	00:47:22	01:28:15
585	GAWLIŃSKI Marcin	145	BLUE TEAM PIŁA	M35	00:04:05	00:44:21	00:48:43	01:31:39
586	RAMA Ewa	466	KOŁOBRZEG BIEGA - PARKRUN	K50	00:04:42	00:52:06	00:57:06	01:47:59
587	KOŚKA Marek	272	PRECON POLSKA-JASTROWIE	M30	00:04:20	00:45:24	00:49:40	01:31:22
588	ADAMCZYK Mirosław	2		M45	00:04:40	00:49:15	00:54:10	01:42:43
589	RAMA Janusz	465	KOŁOBRZEG BIEGA - PARKRUN	M45	00:04:41	00:52:05	00:57:05	01:47:57
590	KAMIŃSKI Andrzej	232		M40	00:05:11	00:59:15	01:05:02	01:52:24
591	RZEPKA Bartosz	497	KUNA KOWANÓWKO	M35	00:03:51	00:39:40	00:43:37	01:21:47
592	OSSES Wojciech	408	KUNA KOWANÓWKO	M35	00:03:50	00:39:39	00:43:36	01:21:42
593	USZPOLEWICZ Patryk	594		M35	00:04:40	00:49:14	00:54:09	01:41:08
594	WIELIŃSKI Krzysztof	611	KB HERMES GRYFINO	M65	00:04:22	00:47:57	00:52:40	01:41:33
595	MŁYNAREK Aneta	377	BIEGAM BO LUBIĘ	K35	00:05:10	00:59:13	01:05:01	01:52:23
596	MŁYNAREK Piotr	376		M40	00:05:10	00:59:14	01:05:01	01:52:23
597	GAJEWSKI Przemysław	677		M40	00:03:49	00:39:04	00:42:53	01:16:39
598	BARTECKA Ewelina	24	KUNA KOWANÓWKO	K35	00:03:49	00:39:38	00:43:36	01:21:38
599	ŁOPIŃSKI Aleksy	340	4RUN TEAM PIŁA	M70	00:04:44	00:47:17	00:52:52	01:36:40
600	DOBEK Tomasz	104		M30	00:03:58	00:40:23	00:44:22	01:21:13
601	SZELIGA Paweł	555	KPP KOŁOBRZEG	M45	00:03:42	00:36:56	00:40:29	01:12:34
602	KULAWIŃSKI Marek	302		M45	00:04:09	00:41:18	00:45:16	01:23:54
603	KUSZKA Katarzyna	312		K20	00:04:20	00:46:17	00:50:42	01:32:59
604	WOŹNIAK Piotr	667		M55	00:03:48	00:56:54	01:00:05	01:37:58
605	SIKORSKI Adam	508	SIKORROWO	M30	00:03:20	00:36:25	00:40:22	01:16:09
606	MORAWSKA Monika	379		K40	00:04:09	00:47:06	00:51:15	01:35:49
607	RUDZIŃSKI Jacek	489	KB HERMES GRYFINO	M45	00:03:10	00:48:12	00:51:11	01:24:23
608	HNAT Rafał	190	KP PSP WAŁCZ	M45	00:03:56	00:42:48	00:45:48	01:25:48

Znaleziono 608 wynik(ów)