


# XXXII BIEG ZAŚLUBIN KOŁOBRZEG 15 KM

B4SPORT

**Organizator:** Stowarzyszenie "Bieg Zaślubin";Miejski Ośrodek Sportu i Rekreacji w Kołobrzegu
**Data:** 2018-03-11
**Miejsce:** Kołobrzeg
**Dystans:** 15 km

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## Klasyfikacja: K-OPEN-Powiat

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Bike_All 0.698km | Spike_All 7.151km | Bike_All 7.849km | Spike_All 14.303km | Czas netto 15km | Różn | Tempo min/km | Tempo km/h |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 1 | **MAKSYMOWICZ Kornelia** | **352** | | K35 | 2 | 00:03:00 | 00:31:28 | 00:34:42 | 01:04:29 | **01:07:37.00** | | 4:30 | 13.3 (100%) |
| 2 | **KOSECKA Katarzyna** | **267** | KB WYGAN | K35 | 3 | 00:03:02 | 00:33:26 | 00:36:44 | 01:07:12 | **01:10:19.85** | +00:02:42 (3.9%) | 4:41 | 12.8 (96.2%) |
| 3 | **LITWINOWICZ Renata** | **329** | KB WYGAN | K40 | 5 | 00:03:20 | 00:33:22 | 00:36:43 | 01:07:18 | **01:10:26.05** | +00:02:49 (4.0%) | 4:41 | 12.8 (96.2%) |
| 4 | **JUZYSZYN-BRAŃSKA Alicja** | **221** | | K30 | 2 | 00:02:57 | 00:33:32 | 00:36:59 | 01:09:17 | **01:12:37.75** | +00:05:00 (6.9%) | 4:50 | 12.4 (93.2%) |
| 5 | **CHABOWSKA Karolina** | **70** | | K30 | 3 | 00:03:03 | 00:33:43 | 00:37:12 | 01:09:54 | **01:13:18.25** | +00:05:41 (7.8%) | 4:53 | 12.3 (92.5%) |
| 6 | **WOJCIECHOWSKA-HRYCYK Agata** | **620** | | K50 | 2 | 00:03:16 | 00:34:42 | 00:38:13 | 01:10:55 | **01:14:15.85** | +00:06:38 (9.0%) | 4:57 | 12.1 (91.0%) |
| 7 | **SZUBERT Julia** | **561** | KOŁOBRZEG BIEGA | K16 | 1 | 00:03:12 | 00:34:54 | 00:38:24 | 01:12:41 | **01:16:06.45** | +00:08:29 (11.2%) | 5:04 | 11.8 (88.7%) |
| 8 | **SZUBERT Agnieszka** | **562** | KOŁOBRZEG BIEGA | K35 | 10 | 00:03:45 | 00:37:34 | 00:41:09 | 01:15:51 | **01:19:13.90** | +00:11:36 (14.7%) | 5:16 | 11.4 (85.7%) |
| 9 | **KORNIOWSKA Ewelina** | **688** | KOŁOBRZEG MARATON TEAM | K40 | 11 | 00:03:44 | 00:37:54 | 00:41:42 | 01:17:26 | **01:21:07.25** | +00:13:30 (16.6%) | 5:24 | 11.1 (83.5%) |
| 10 | **SAJNÓG Joanna** | **500** | KOŁOBRZEG MARATON TEAM | K30 | 7 | 00:03:48 | 00:38:44 | 00:42:33 | 01:18:55 | **01:22:14.75** | +00:14:37 (17.8%) | 5:29 | 10.9 (82.0%) |
| 11 | **TRZECIAK Anna** | **583** | KOŁOBRZEG BIEGA | K45 | 2 | 00:03:46 | 00:38:45 | 00:42:35 | 01:19:13 | **01:22:52.05** | +00:15:15 (18.4%) | 5:31 | 10.9 (82.0%) |
| 12 | **KOSIDŁO Monika** | **268** | | K20 | 5 | 00:03:29 | 00:36:56 | 00:41:00 | 01:19:39 | **01:23:17.95** | +00:15:40 (18.8%) | 5:33 | 10.8 (81.2%) |
| 13 | **KOZIARZ Anna** | **280** | | K35 | 16 | 00:03:45 | 00:38:24 | 00:42:18 | 01:19:40 | **01:23:27.10** | +00:15:50 (19.0%) | 5:33 | 10.8 (81.2%) |
| 14 | **JANUSZEWSKA Anna** | **208** | | K35 | 19 | 00:03:18 | 00:39:06 | 00:43:00 | 01:20:29 | **01:24:09.20** | +00:16:32 (19.7%) | 5:36 | 10.7 (80.5%) |
| 15 | **ŁANGOWSKA Iwona** | **335** | KOŁOBRZEG MARATON TEAM | K50 | 7 | 00:03:55 | 00:39:17 | 00:43:17 | 01:20:41 | **01:24:14.30** | +00:16:37 (19.7%) | 5:36 | 10.7 (80.5%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Bike_All 0.698km | Spike_All 7.151km | Bike_All 7.849km | Spike_All 14.303km | Czas netto 15km | Różn | Tempo min/km | Tempo km/h |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 16 | **UZNAŃSKA Agata** | **595** | | K50 | 8 | 00:03:56 | 00:39:18 | 00:43:18 | 01:20:42 | **01:24:18.25** | +00:16:41 (19.8%) | 5:37 | 10.7 (80.5%) |
| 17 | **KUKIEŁKA Anna** | **301** | | K35 | 20 | 00:03:59 | 00:39:26 | 00:43:18 | 01:20:28 | **01:24:22.60** | +00:16:45 (19.9%) | 5:37 | 10.7 (80.5%) |
| 18 | **MŁODZIEJEWSKA Iwona** | **374** | KB WYGAN | K45 | 4 | 00:03:51 | 00:40:24 | 00:44:26 | 01:21:33 | **01:25:20.25** | +00:17:43 (20.8%) | 5:41 | 10.5 (78.9%) |
| 19 | **JAZOWSKA Kamila** | **213** | KOŁOBRZEG MARATON TEAM | K30 | 8 | 00:03:37 | 00:39:46 | 00:43:54 | 01:22:36 | **01:26:23.55** | +00:18:46 (21.7%) | 5:45 | 10.4 (78.2%) |
| 20 | **ŻMUDA Monika** | **645** | CW FANZA KOŁOBRZEG | K40 | 19 | 00:03:53 | 00:40:36 | 00:44:44 | 01:23:06 | **01:26:59.65** | +00:19:22 (22.3%) | 5:48 | 10.3 (77.4%) |
| 21 | **KORNAK Wiktoria** | **264** | | K16 | 3 | 00:03:30 | 00:39:46 | 00:43:54 | 01:24:48 | **01:28:43.95** | +00:21:06 (23.8%) | 5:54 | 10.1 (75.9%) |
| 22 | **MOTYCZYŃSKA Patrycja** | **381** | | K20 | 8 | 00:04:18 | 00:42:52 | 00:47:05 | 01:25:16 | **01:28:48.95** | +00:21:11 (23.9%) | 5:55 | 10.1 (75.9%) |
| 23 | **STACHURSKA Agnieszka** | **526** | BEM KOŁOBRZEG | K35 | 22 | 00:03:56 | 00:41:39 | 00:45:49 | 01:25:45 | **01:29:33.15** | +00:21:56 (24.5%) | 5:58 | 10.1 (75.9%) |
| 24 | **OGRODOWCZYK Jagoda** | **395** | | K30 | 13 | 00:03:56 | 00:39:54 | 00:44:00 | 01:25:33 | **01:29:47.90** | +00:22:10 (24.7%) | 5:59 | 10 (75.2%) |
| 25 | **PASZTOR Ania** | **418** | | K20 | 11 | 00:04:18 | 00:42:52 | 00:47:05 | 01:26:13 | **01:30:11.95** | +00:22:34 (25.0%) | 6:00 | 10 (75.2%) |
| 26 | **KUBIAK Monika** | **655** | | K35 | 23 | 00:03:33 | 00:42:14 | 00:46:48 | 01:26:45 | **01:30:16.85** | +00:22:39 (25.1%) | 6:01 | 10 (75.2%) |
| 27 | **DOBRUK Agnieszka** | **106** | | K45 | 5 | 00:04:11 | 00:42:01 | 00:46:21 | 01:27:15 | **01:31:20.35** | +00:23:43 (26.0%) | 6:05 | 9.9 (74.4%) |
| 28 | **KROCZYŃSKA Kinga** | **288** | | K35 | 25 | 00:03:56 | 00:42:08 | 00:46:44 | 01:28:46 | **01:32:48.65** | +00:25:11 (27.1%) | 6:11 | 9.7 (72.9%) |
| 29 | **PTASZYŃSKA Katarzyna** | **458** | KOŁOBRZEG MARATON TEAM | K60 | 4 | 00:04:14 | 00:43:39 | 00:47:56 | 01:28:43 | **01:32:57.25** | +00:25:20 (27.3%) | 6:11 | 9.7 (72.9%) |
| 30 | **KĘDZIORA Sara** | **244** | | K30 | 16 | 00:04:00 | 00:42:46 | 00:47:10 | 01:30:19 | **01:33:59.05** | +00:26:22 (28.1%) | 6:15 | 9.6 (72.2%) |
| 31 | **DOMAŃSKA Katarzyna** | **108** | | K40 | 26 | 00:04:07 | 00:43:39 | 00:48:01 | 01:29:49 | **01:34:12.80** | +00:26:35 (28.2%) | 6:16 | 9.6 (72.2%) |
| 32 | **GARBACZ-ZATORSKA Milena** | **141** | | K40 | 27 | 00:03:58 | 00:43:07 | 00:47:37 | 01:30:16 | **01:34:53.00** | +00:27:16 (28.7%) | 6:19 | 9.5 (71.4%) |
| 33 | **WÓJCIK Aleksandra** | **626** | | K20 | 14 | 00:03:53 | 00:43:39 | 00:48:12 | 01:31:00 | **01:34:53.15** | +00:27:16 (28.7%) | 6:19 | 9.5 (71.4%) |
| 34 | **BEDNARZ Katarzyna** | **29** | | K40 | 28 | 00:04:13 | 00:44:00 | 00:48:23 | 01:32:06 | **01:36:28.20** | +00:28:51 (29.9%) | 6:25 | 9.3 (69.9%) |
| 35 | **ŁUKASZYK Eliza** | **343** | | K30 | 17 | 00:03:32 | 00:42:13 | 00:46:47 | 01:32:19 | **01:36:42.30** | +00:29:05 (30.1%) | 6:26 | 9.3 (69.9%) |
| 36 | **STUDNIARZ Joanna** | **541** | | K50 | 13 | 00:04:13 | 00:44:36 | 00:49:04 | 01:32:43 | **01:37:19.80** | +00:29:42 (30.5%) | 6:29 | 9.2 (69.2%) |
| 37 | **PYDYNOWSKA Elżbieta** | **461** | | K55 | 4 | 00:04:08 | 00:43:38 | 00:48:02 | 01:32:58 | **01:37:31.75** | +00:29:54 (30.7%) | 6:30 | 9.2 (69.2%) |
| 38 | **KUSZKA Katarzyna** | **312** | | K20 | 15 | 00:04:20 | 00:46:17 | 00:50:42 | 01:32:59 | **01:37:36.60** | +00:29:59 (30.7%) | 6:30 | 9.2 (69.2%) |

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|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| 39 | **PASTERNAK Magdalena** | **417** | | K35 | 29 | 00:04:13 | 00:44:38 | 00:49:10 | 01:34:20 | **01:38:43.15** | +00:31:06 (31.5%) | 6:34 | 9.1 (68.4%) |
| 40 | **DURDA Małgorzata** | **659** | | K35 | 30 | 00:04:15 | 00:46:14 | 00:50:50 | 01:35:01 | **01:39:22.65** | +00:31:45 (32.0%) | 6:37 | 9.1 (68.4%) |
| 41 | **STRYCZEWSKA Barbara** | **537** | | K40 | 31 | 00:04:05 | 00:46:25 | 00:51:00 | 01:35:37 | **01:40:01.35** | +00:32:24 (32.4%) | 6:40 | 9 (67.7%) |
| 42 | **MORAWSKA Monika** | **379** | | K40 | 32 | 00:04:09 | 00:47:06 | 00:51:15 | 01:35:49 | **01:40:02.30** | +00:32:25 (32.4%) | 6:40 | 9 (67.7%) |
| 43 | **RODAK Agnieszka** | **473** | | K55 | 5 | 00:04:17 | 00:45:57 | 00:50:34 | 01:35:29 | **01:40:03.35** | +00:32:26 (32.4%) | 6:40 | 9 (67.7%) |
| 44 | **WĄSOWICZ Anna** | **602** | | K35 | 31 | 00:03:48 | 00:44:13 | 00:48:31 | 01:35:47 | **01:40:35.55** | +00:32:58 (32.8%) | 6:42 | 8.9 (66.9%) |
| 45 | **TRYBUCH Joanna** | **582** | | K35 | 32 | 00:04:19 | 00:47:20 | 00:52:09 | 01:38:13 | **01:43:05.40** | +00:35:28 (34.4%) | 6:52 | 8.7 (65.4%) |
| 46 | **KOZŁOWSKA Kinga** | **281** | | K40 | 36 | 00:04:11 | 00:47:47 | 00:52:52 | 01:40:59 | **01:45:46.00** | +00:38:09 (36.1%) | 7:03 | 8.5 (63.9%) |
| 47 | **RAMA Ewa** | **466** | KOŁOBRZEG BIEGA - PARKRUN | K50 | 14 | 00:04:42 | 00:52:06 | 00:57:06 | 01:47:59 | **01:53:14.45** | +00:45:37 (40.3%) | 7:33 | 7.9 (59.4%) |

Znaleziono 47 wynik(ów)