



Ludowy Klub Sportowy
OSTROMECKO

XXXIV BIEG ULICZNY DĄBROWA CHEŁMIŃSKA - OSTROMECKO

B4SPORT

Wydarzenie: Weekend sportowy - Ostromecko, Dąbrowa
Chełmińska
Organizator: Ludowy Klub Sportowy Ostromecko
Data: 2021-10-03
Miejsce: Dąbrowa - Ostromecko
Dystans: 7.5 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec Gminy Dąbrowa Chełmińska	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
1	OCHAL Pawel	221	TEAMOCHAL	M40	1		00:23:18.75	00:23:18.75		3:06	19.3 (100%)
2	GLUGLA Mariusz	76	THE RUNNERS ŚWIECIE	M40	2		00:26:17.05	00:26:17.05	+00:02:58 (11.3%)	3:30	17.1 (88.6%)
3	RETECKI Krzysztof	251	LKS BOGMAR / GINTER-EKOTECHNIKA / PRESTO	M40	3	Tak	00:26:22.90	00:26:22.90	+00:03:04 (11.6%)	3:30	17.1 (88.6%)
4	ZIĘBA Adam	359	TRISPACE/TREK	M40	4		00:26:44.10	00:26:44.10	+00:03:25 (12.8%)	3:33	16.8 (87.0%)
5	MRUK Tomasz	209	CZARNE STOPY	M40	5		00:27:02.05	00:27:02.05	+00:03:43 (13.8%)	3:36	16.6 (86.0%)
6	BANDOCH Mariusz	13		M40	6		00:27:11.70	00:27:11.70	+00:03:52 (14.3%)	3:37	16.6 (86.0%)
7	JURKIEWICZ Mariusz	120	TEAMOCHAL	M40	7		00:27:29.20	00:27:29.20	+00:04:10 (15.2%)	3:39	16.4 (85.0%)
8	BEDRA Robert	21	CZARNE STOPY	M40	8		00:28:26.60	00:28:26.60	+00:05:07 (18.0%)	3:47	15.8 (81.9%)
9	TESSA Karol	321	BYDGOSZCZ FAN MARATON	M40	9		00:28:40.60	00:28:40.60	+00:05:21 (18.7%)	3:49	15.7 (81.3%)
10	STANIEC Tomasz	286		M40	10		00:28:44.45	00:28:44.45	+00:05:25 (18.9%)	3:49	15.7 (81.3%)
11	PRĄDZYŃSKI Marcin	243	AKADEMIAMISTRZOWSPORTU	M40	11		00:29:20.20	00:29:20.20	+00:06:01 (20.5%)	3:54	15.3 (79.3%)
12	GOŁATA Wojciech	80	AKADEMIA MISTRZÓW SPORTU	M40	12	Tak	00:29:23.85	00:29:23.85	+00:06:05 (20.7%)	3:55	15.3 (79.3%)
13	KRAPIŃSKI Damian	48D		M40	13		00:29:35.00	00:29:35.00	+00:06:16 (21.2%)	3:56	15.2 (78.8%)
14	SZCZEPANIAK Cezary	297		M40	14		00:29:46.80	00:29:46.80	+00:06:28 (21.7%)	3:58	15.1 (78.2%)
15	HOPPE Tomasz	378		M40	15		00:29:56.45	00:29:56.45	+00:06:37 (22.1%)	3:59	15 (77.7%)

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16	ZDROJEWSKI Paweł	357	START TEAM WĄBRZEŻNO	M40	16		00:30:20.95	00:30:20.95	+00:07:02 (23.2%)	4:02	14.8 (76.7%)
17	CHODKIEWICZ Tomasz	41D		M40	17		00:30:23.80	00:30:23.80	+00:07:05 (23.3%)	4:03	14.8 (76.7%)
18	GILL Daniel	74		M40	18		00:30:40.15	00:30:40.15	+00:07:21 (24.0%)	4:05	14.7 (76.2%)
19	ZAKURZEWSKI Tomasz	355	TRISPECE/TREK	M40	19		00:31:03.95	00:31:03.95	+00:07:45 (25.0%)	4:08	14.5 (75.1%)
20	KUNZ Mieczysław	167	AZS UMK TORUŃ	M40	20		00:31:22.30	00:31:22.30	+00:08:03 (25.7%)	4:10	14.3 (74.1%)
21	ŁADNIAK Dariusz	183		M40	21		00:31:24.20	00:31:24.20	+00:08:05 (25.8%)	4:11	14.3 (74.1%)
22	SZOPIŃSKI Rafał	303		M40	22		00:31:46.00	00:31:46.00	+00:08:27 (26.6%)	4:14	14.2 (73.6%)
23	KŁOSOWSKI Marcin	123D		M40	23		00:32:04.65	00:32:04.65	+00:08:45 (27.3%)	4:16	14 (72.5%)
24	ŚLIWIŃSKI Mariusz	314		M40	24		00:32:15.15	00:32:15.15	+00:08:56 (27.7%)	4:18	14 (72.5%)
25	BINKOWSKI Adrian	25	CTS	M40	25	Tak	00:32:37.50	00:32:37.50	+00:09:18 (28.5%)	4:20	13.8 (71.5%)
26	GWIAZDOWSKI Krzysztof	103		M40	26		00:32:41.00	00:32:41.00	+00:09:22 (28.7%)	4:21	13.8 (71.5%)
27	SKONIECZNY Marcin	278	BIEGIEM PO MARZENIA	M40	27		00:33:01.10	00:33:01.10	+00:09:42 (29.4%)	4:24	13.6 (70.5%)
28	WIĘCKOWSKI Dariusz	343	MKS SP 63	M40	28		00:33:09.05	00:33:09.05	+00:09:50 (29.7%)	4:25	13.6 (70.5%)
29	SZEWS Marek	300	AKADEMIA MISTRZÓW SPORTU	M40	29		00:33:18.05	00:33:18.05	+00:09:59 (30.0%)	4:26	13.5 (69.9%)
30	BŁĄŻEJCZYK Robert	26	DSS ORLETA	M40	30		00:33:19.35	00:33:19.35	+00:10:00 (30.0%)	4:26	13.5 (69.9%)
31	KREŃSKI Tomasz	151	TEAMOCHAL	M40	31		00:33:26.10	00:33:26.10	+00:10:07 (30.3%)	4:27	13.5 (69.9%)
32	DĄBROWSKI Leszek	53	START TEAM WĄBRZEŻNO	M40	32		00:33:37.25	00:33:37.25	+00:10:18 (30.7%)	4:28	13.4 (69.4%)
33	ZIMMERMANN Tomasz	360	KM PSP GRUDZIĄDZ	M40	33		00:33:48.25	00:33:48.25	+00:10:29 (31.0%)	4:30	13.3 (68.9%)
34	STĘPSKI Marek	291	BBL	M40	34		00:34:17.45	00:34:17.45	+00:10:58 (32.0%)	4:34	13.1 (67.9%)
35	BIELEC Wojciech	23		M40	35		00:34:32.15	00:34:32.15	+00:11:13 (32.5%)	4:36	13 (67.4%)
36	BERNACKI Dominik	22		M40	36		00:35:12.80	00:35:12.80	+00:11:54 (33.8%)	4:41	12.8 (66.3%)
37	KRUSZYNA Robert	157		M40	37		00:35:20.10	00:35:20.10	+00:12:01 (34.0%)	4:42	12.7 (65.8%)
38	KAPUSTA Maciej	127		M40	38		00:35:20.35	00:35:20.35	+00:12:01 (34.0%)	4:42	12.7 (65.8%)

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39	BRAŹKIEWICZ Rafał	34	BIKE FORDON	M40	39		00:35:30.70	00:35:30.70	+00:12:11 (34.4%)	4:44	12.7 (65.8%)
40	OKOŃSKI Maciej	222		M40	40		00:35:50.45	00:35:50.45	+00:12:31 (35.0%)	4:46	12.6 (65.3%)
41	HASS Adam	112		M40	41		00:35:52.35	00:35:52.35	+00:12:33 (35.0%)	4:46	12.5 (64.8%)
42	REINHOLD Marcin	250	A TY LOTOSZ?	M40	42		00:35:53.05	00:35:53.05	+00:12:34 (35.0%)	4:47	12.5 (64.8%)
43	ROBACZEWSKI Artur	253		M40	43		00:35:56.50	00:35:56.50	+00:12:37 (35.1%)	4:47	12.5 (64.8%)
44	GRUBICH Arkadiusz	94		M40	44		00:35:57.50	00:35:57.50	+00:12:38 (35.2%)	4:47	12.5 (64.8%)
45	ADAMIEC Marek	1	W.P.K. SŁOŃ TEAM USTKA	M40	45		00:36:12.10	00:36:12.10	+00:12:53 (35.6%)	4:49	12.4 (64.2%)
46	KOWALCZYK Robert	122D		M40	46	Tak	00:36:38.55	00:36:38.55	+00:13:19 (36.4%)	4:53	12.3 (63.7%)
47	POLIWODZIŃSKI Michał	238	FKS WISŁA FORDON	M40	47		00:36:41.85	00:36:41.85	+00:13:23 (36.5%)	4:53	12.3 (63.7%)
48	URBAŃSKI Daniel	330		M40	48		00:36:42.50	00:36:42.50	+00:13:23 (36.5%)	4:53	12.3 (63.7%)
49	STAWICKI Paweł	288	OSTROMECKO	M40	49	Tak	00:37:01.45	00:37:01.45	+00:13:42 (37.0%)	4:56	12.2 (63.2%)
50	GILEWSKI Błażej	73		M40	50		00:37:10.35	00:37:10.35	+00:13:51 (37.3%)	4:57	12.1 (62.7%)
51	SIKORSKI Jarek	272	RUN BYDGOSZCZ	M40	51		00:37:15.45	00:37:15.45	+00:13:56 (37.4%)	4:58	12.1 (62.7%)
52	BŁAŻEJCZYK Łukasz	27	1 BLOG	M40	52	Tak	00:37:49.20	00:37:49.20	+00:14:30 (38.4%)	5:02	11.9 (61.7%)
53	JANKOWSKI Dawid	117		M40	53	Tak	00:38:00.35	00:38:00.35	+00:14:41 (38.7%)	5:04	11.8 (61.1%)
54	SIUDA Marek	273	KLINIKA TRIATHLONU	M40	54		00:38:33.35	00:38:33.35	+00:15:14 (39.5%)	5:08	11.7 (60.6%)
55	PRIETZ Bartosz	245		M40	55		00:38:35.65	00:38:35.65	+00:15:16 (39.6%)	5:08	11.7 (60.6%)
56	HALAREWICZ Artur	105		M40	56	Tak	00:38:51.50	00:38:51.50	+00:15:32 (40.0%)	5:10	11.6 (60.1%)
57	ZIELIŃSKI Andrzej	81D		M40	57		00:38:55.75	00:38:55.75	+00:15:37 (40.1%)	5:11	11.6 (60.1%)
58	STARSZAK Paweł	287		M40	58	Tak	00:38:59.45	00:38:59.45	+00:15:40 (40.2%)	5:11	11.5 (59.6%)
59	OWCZARZAK Michał	225	SMAKOSZE	M40	59		00:39:06.85	00:39:06.85	+00:15:48 (40.4%)	5:12	11.5 (59.6%)
60	SZTUBECKI Jacek	306		M40	60	Tak	00:39:24.90	00:39:24.90	+00:16:06 (40.9%)	5:15	11.4 (59.1%)
61	RUTKOWSKI Tomasz	265	BRAK	M40	61	Tak	00:39:40.60	00:39:40.60	+00:16:21 (41.2%)	5:17	11.3 (58.5%)

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62	GOŁCZYŃSKI Tomasz	81		M40	62		00:39:54.95	00:39:54.95	+00:16:36 (41.6%)	5:19	11.3 (58.5%)
63	KRÓL Karol	152	TKKF KOLEJARZ	M40	63		00:40:01.40	00:40:01.40	+00:16:42 (41.8%)	5:20	11.2 (58.0%)
64	KUTRA Paweł	67D		M40	64		00:40:41.75	00:40:41.75	+00:17:23 (42.7%)	5:25	11.1 (57.5%)
65	ZŁOTOWSKI Piotr	362	RUN BYDGOSZCZ	M40	65		00:40:45.40	00:40:45.40	+00:17:26 (42.8%)	5:26	11 (57.0%)
66	RZEMEK Sławomir	267		M40	66	Tak	00:42:11.65	00:42:11.65	+00:18:52 (44.7%)	5:37	10.7 (55.4%)
67	SZABŁOWSKI Marek	295		M40	67	Tak	00:42:38.85	00:42:38.85	+00:19:20 (45.3%)	5:41	10.6 (54.9%)
68	GRUDOWSKI Jarek	95		M40	68		00:43:09.55	00:43:09.55	+00:19:50 (46.0%)	5:45	10.4 (53.9%)
69	KRÓL Zbigniew	178		M40	69		00:43:15.80	00:43:15.80	+00:19:57 (46.1%)	5:46	10.4 (53.9%)
70	KRUSZEWSKI Tomasz	155	TEKA2	M40	70		00:44:22.80	00:44:22.80	+00:21:04 (47.5%)	5:54	10.1 (52.3%)
71	PREUSS Daniel	244		M40	71		00:45:42.55	00:45:42.55	+00:22:23 (49.0%)	6:05	9.8 (50.8%)
72	NOWICKI Marek	218		M40	72		00:45:43.35	00:45:43.35	+00:22:24 (49.0%)	6:05	9.8 (50.8%)
73	SZYDŁO Sławomir	308		M40	73	Tak	00:45:43.65	00:45:43.65	+00:22:24 (49.0%)	6:05	9.8 (50.8%)
74	MOROSZCZAK Bogumił	207	PGB SPORTOWA PACZKA	M40	74		00:48:07.55	00:48:07.55	+00:24:48 (51.6%)	6:24	9.4 (48.7%)
75	TUPTANOWSKI Przemysław	325		M40	75		00:49:37.25	00:49:37.25	+00:26:18 (53.0%)	6:36	9.1 (47.2%)

Znaleziono 75 wynik(ów)