



Ludowy Klub Sportowy
OSTROMECKO

XXXV BIEG ULICZNY DĄBROWA CHEŁMIŃSKA - OSTROMECKO

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Wydarzenie: Weekend sportowy - Ostromecko, Dąbrowa
Chełmińska
Organizator: Ludowy Klub Sportowy Ostromecko
Data: 2022-10-02
Miejsce: Ostromecko
Dystans: 7.5 km

Klasyfikacja: M30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec Gminy Dąbrowa Chełmińska	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
1	PRZYBYŁA Adrian	207	RUN GOKU TEAM	M30	1		00:23:31.95	00:23:31.95		3:08	19.1 (100%)
2	KOTŁOWSKI Bartosz	110	LKS OSTROMECKO	M30	2	Tak	00:24:27.70	00:24:27.70	+00:00:55 (3.8%)	3:15	18.4 (96.3%)
3	ŁAZ Kamil	139	WTLENIE	M30	3		00:25:56.30	00:25:56.30	+00:02:24 (9.3%)	3:27	17.4 (91.1%)
4	TUCZYŃSKI Sylwester Leon	268		M30	4		00:26:20.80	00:26:20.80	+00:02:48 (10.7%)	3:30	17.1 (89.5%)
5	RYMER Jakub	221		M30	5		00:26:48.55	00:26:48.55	+00:03:16 (12.2%)	3:34	16.8 (88.0%)
6	ŚLIWIŃSKI Łukasz	256	LKS OSTROMECKO	M30	6	Tak	00:26:58.00	00:26:58.00	+00:03:26 (12.7%)	3:35	16.7 (87.4%)
7	SZLINGER Jakub	279	PGB SPORTOWA PACZKA	M30	7		00:27:52.45	00:27:52.45	+00:04:20 (15.6%)	3:42	16.1 (84.3%)
8	KARCZMARCZYK Mateusz	97		M30	8		00:28:41.70	00:28:41.70	+00:05:09 (18.0%)	3:49	15.7 (82.2%)
9	SKRZECZEWSKI Bartosz	231		M30	9		00:29:23.35	00:29:23.35	+00:05:51 (19.9%)	3:55	15.3 (80.1%)
10	GRALIK Jędrzej	71	BYDGOSKIE OKONIE	M30	10		00:29:40.25	00:29:40.25	+00:06:08 (20.7%)	3:57	15.2 (79.6%)
11	GŻYL Mikołaj	80	JANUSZE TRIATHLONU 'EXODUS' TEAM	M30	11		00:30:19.70	00:30:19.70	+00:06:47 (22.4%)	4:02	14.8 (77.5%)
12	KHADDOUR Alex	318	BYDGOSZCZ ATOS	M30	12		00:30:38.75	00:30:38.75	+00:07:06 (23.2%)	4:05	14.7 (77.0%)
13	KOCINIEWSKI Bartłomiej	103	LKS JANOWO	M30	13	Tak	00:31:33.30	00:31:33.30	+00:08:01 (25.4%)	4:12	14.3 (74.9%)
14	PRONDZINSKI Maciej	205		M30	14		00:32:17.50	00:32:17.50	+00:08:45 (27.1%)	4:18	13.9 (72.8%)
15	BOROWSKI Radosław	24	MLKS KRAJNA SĘPÓLNO	M30	15		00:32:34.05	00:32:34.05	+00:09:02 (27.7%)	4:20	13.8 (72.3%)

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							netto 7.5km	brutto 7.5km			
16	KARNOWSKI Sebastian	99		M30	16	Tak	00:32:38.15	00:32:38.15	+00:09:06 (27.9%)	4:21	13.8 (72.3%)
17	MIĘKCZYŃSKI Miłosz	158	LUPUS TEAM	M30	17		00:33:18.95	00:33:18.95	+00:09:47 (29.4%)	4:26	13.5 (70.7%)
18	WESTFALEWSKI Tomek	275	LKS BOGMAR OSTROMECKO	M30	18	Tak	00:34:38.45	00:34:38.45	+00:11:06 (32.1%)	4:37	13 (68.1%)
19	SOWIŃSKI Marcin	234		M30	19		00:35:08.80	00:35:08.80	+00:11:36 (33.0%)	4:41	12.8 (67.0%)
20	PUCHACZ Marcin	209		M30	20		00:35:22.05	00:35:22.05	+00:11:50 (33.5%)	4:42	12.7 (66.5%)
21	CIEŚLICKI Łukasz	37		M30	21	Tak	00:35:35.35	00:35:35.35	+00:12:03 (33.9%)	4:44	12.6 (66.0%)
22	NOWAKOWSKI Grzegorz	178	DEAF GARMIN_GIANT	M30	22		00:36:24.10	00:36:24.10	+00:12:52 (35.4%)	4:51	12.4 (64.9%)
23	MODRAKOWSKI Roland	163	DYSTRYBUCJA-REKLAM.PL	M30	23		00:36:29.30	00:36:29.30	+00:12:57 (35.5%)	4:51	12.3 (64.4%)
24	ŚRUTKOWSKI Sylwester	262		M30	24		00:36:54.55	00:36:54.55	+00:13:22 (36.2%)	4:55	12.2 (63.9%)
25	BUCZEK Kamil	27		M30	25	Tak	00:37:05.25	00:37:05.25	+00:13:33 (36.5%)	4:56	12.1 (63.4%)
26	ŚLIWIŃSKI Mariusz	258	BMJ EQUIP MARIUSZ ŚLIWIŃSKI	M30	26	Tak	00:37:25.50	00:37:25.50	+00:13:53 (37.1%)	4:59	12 (62.8%)
27	MUSZYŃSKI Adam	173	ZABIEGANE SMOKI	M30	27		00:37:43.70	00:37:43.70	+00:14:11 (37.6%)	5:01	11.9 (62.3%)
28	ŻEMOJTEL Adam	303	KLUB MAZDASPEED	M30	28		00:37:50.90	00:37:50.90	+00:14:18 (37.8%)	5:02	11.9 (62.3%)
29	WALUSIAK Miłosz	272	RUN PASJA	M30	29	Tak	00:37:52.55	00:37:52.55	+00:14:20 (37.9%)	5:02	11.9 (62.3%)
30	POTRZEBOWSKI Marek	201	DEAF I #B3K, ŁĄCZA NAS PASJE	M30	30		00:37:57.55	00:37:57.55	+00:14:25 (38.0%)	5:03	11.9 (62.3%)
31	PERZ Szymon	192		M30	31		00:38:06.95	00:38:06.95	+00:14:35 (38.3%)	5:04	11.8 (61.8%)
32	BOROWICZ Ireneusz	22		M30	32		00:39:30.40	00:39:30.40	+00:15:58 (40.4%)	5:16	11.4 (59.7%)
33	SYROCKI Michał	243		M30	33		00:40:00.75	00:40:00.75	+00:16:28 (41.2%)	5:20	11.3 (59.2%)
34	ŚLIWIŃSKI Piotr	257		M30	34	Tak	00:40:22.75	00:40:22.75	+00:16:50 (41.7%)	5:22	11.1 (58.1%)
35	ZIELIŃSKI Radosław	295		M30	35		00:40:36.80	00:40:36.80	+00:17:04 (42.1%)	5:24	11.1 (58.1%)
36	EMMERT Marcin	314		M30	36		00:41:10.10	00:41:10.10	+00:17:38 (42.8%)	5:29	10.9 (57.1%)
37	KOCINIEWSKI Marcin	104	LKS JANOWO	M30	37	Tak	00:41:19.05	00:41:19.05	+00:17:47 (43.0%)	5:30	10.9 (57.1%)
38	RADOMSKI Łukasz	214		M30	38	Tak	00:41:35.60	00:41:35.60	+00:18:03 (43.4%)	5:32	10.8 (56.5%)

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39	GROCHALA Michał	73		M30	39		00:43:36.40	00:43:36.40	+00:20:04 (46.0%)	5:48	10.3 (53.9%)
40	CIEŚLICKI Krzysztof	36	SISU TEAM	M30	40		00:46:51.45	00:46:51.45	+00:23:19 (49.8%)	6:14	9.6 (50.3%)
41	WIOSNA Tomasz	280	KLUB MAZDASPEED	M30	41		00:46:52.80	00:46:52.80	+00:23:20 (49.8%)	6:14	9.6 (50.3%)
42	WICHTOWSKI Radosław	308		M30	42		00:49:48.75	00:49:48.75	+00:26:16 (52.8%)	6:38	9 (47.1%)
43	DUDZIAK Michał	49	KP	M30	43		00:50:35.05	00:50:35.05	+00:27:03 (53.5%)	6:44	8.9 (46.6%)
44	BĄK Łukasz	10		M30	44	Tak	00:53:43.50	00:53:43.50	+00:30:11 (56.2%)	7:09	8.4 (44.0%)

Znaleziono 44 wynik(ów)