



Ludowy Klub Sportowy
OSTROMECKO

XXXV BIEG ULICZNY DĄBROWA CHEŁMIŃSKA - OSTROMECKO

B4SPORT

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Wydarzenie: Weekend sportowy - Ostromecko, Dąbrowa
Chełmińska
Organizator: Ludowy Klub Sportowy Ostromecko
Data: 2022-10-02
Miejsce: Ostromecko
Dystans: 7.5 km

Klasyfikacja: M40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec Gminy Dąbrowa Chełmińska	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
1	OCHAL Paweł	322	TEAMOCHAL	M40	1		00:23:47.55	00:23:47.55		3:10	18.9 (100%)
2	GLUGLA Mariusz	63	THE RUNNERS ŚWIECIE	M40	2		00:26:27.15	00:26:27.15	+00:02:39 (10.1%)	3:31	17 (89.9%)
3	RETECKI Krzysztof	216	LKS BOGMAR / GINTER-EKOTECHNIKA / PRESTO	M40	3	Tak	00:27:11.65	00:27:11.65	+00:03:24 (12.5%)	3:37	16.6 (87.8%)
4	KOLMAJER Rafał	107	TEAMOCHAL	M40	4	Tak	00:27:16.20	00:27:16.20	+00:03:28 (12.8%)	3:38	16.5 (87.3%)
5	SPYCHALSKI Tomasz	326	ANWILTEAM	M40	5		00:27:32.55	00:27:32.55	+00:03:45 (13.6%)	3:40	16.3 (86.2%)
6	HOPPE Tomasz	323	CB 163	M40	6		00:28:56.45	00:28:56.45	+00:05:08 (17.8%)	3:51	15.6 (82.5%)
7	KUBIAK Tomasz	123	TG SOKÓŁ GNIEWKOWO	M40	7		00:28:59.10	00:28:59.10	+00:05:11 (17.9%)	3:51	15.5 (82.0%)
8	GOŁATA Wojciech	65	AKADEMIA MISTRZÓW SPORTU	M40	8	Tak	00:29:06.90	00:29:06.90	+00:05:19 (18.3%)	3:52	15.5 (82.0%)
9	GREGROWSKI Krzysztof	72	PGB SPORTOWA PACZKA	M40	9		00:29:07.05	00:29:07.05	+00:05:19 (18.3%)	3:52	15.5 (82.0%)
10	PRĄDZYŃSKI Marcin	202	AKADEMIAMISTRZOWSPORTU	M40	10		00:29:35.15	00:29:35.15	+00:05:47 (19.6%)	3:56	15.2 (80.4%)
11	ZAKURZEWSKI Tomasz	291	TRISPACE/TREK	M40	11		00:29:39.50	00:29:39.50	+00:05:51 (19.8%)	3:57	15.2 (80.4%)
12	GILL Daniel	61		M40	12		00:29:40.65	00:29:40.65	+00:05:53 (19.8%)	3:57	15.2 (80.4%)
13	BOJKE Mirosław	20		M40	13		00:30:02.35	00:30:02.35	+00:06:14 (20.8%)	4:00	15 (79.4%)
14	KAPSA Dawid	96	TRISPACE/TREK	M40	14		00:30:02.40	00:30:02.40	+00:06:14 (20.8%)	4:00	15 (79.4%)
15	MATERN Andrzej	153	PGB SPORTOWA PACZKA	M40	15		00:30:08.40	00:30:08.40	+00:06:20 (21.1%)	4:01	14.9 (78.8%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec Gminy Dąbrowa Chełmińska	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
16	MANDOSIK Michał	148	TEAMOCHAL	M40	16		00:30:35.10	00:30:35.10	+00:06:47 (22.2%)	4:04	14.7 (77.8%)
17	LIPIŃSKI Michał	133		M40	17		00:31:04.75	00:31:04.75	+00:07:17 (23.4%)	4:08	14.5 (76.7%)
18	SUDOŁ Jacek	239	PARKRUN BYDGOSZCZ	M40	18		00:31:10.90	00:31:10.90	+00:07:23 (23.7%)	4:09	14.4 (76.2%)
19	SZTEJKA Damian	250		M40	19		00:31:14.30	00:31:14.30	+00:07:26 (23.8%)	4:09	14.4 (76.2%)
20	PILARSKI Radosław	194	BRZOZA BIEGA	M40	20		00:31:23.75	00:31:23.75	+00:07:36 (24.2%)	4:11	14.3 (75.7%)
21	BURDACH Michał	32		M40	21		00:31:32.40	00:31:32.40	+00:07:44 (24.6%)	4:12	14.3 (75.7%)
22	GRUBICH Arkadiusz	337		M40	22		00:31:39.10	00:31:39.10	+00:07:51 (24.8%)	4:13	14.2 (75.1%)
23	WIĘCKOWSKI Dariusz	277	AKADEMIA MISTRZÓW SPORTU	M40	23		00:32:00.80	00:32:00.80	+00:08:13 (25.7%)	4:16	14.1 (74.6%)
24	KRZEPKOWSKI Radosław	120	ADIDAS RUNNERS WARSAW	M40	24		00:32:12.00	00:32:12.00	+00:08:24 (26.1%)	4:17	14 (74.1%)
25	SZOPIŃSKI Rafał	249		M40	25		00:32:29.00	00:32:29.00	+00:08:41 (26.8%)	4:19	13.9 (73.5%)
26	ZABROCKI Adam	288	SHUGO	M40	26		00:32:45.50	00:32:45.50	+00:08:57 (27.4%)	4:22	13.7 (72.5%)
27	MOROSZCZAK Bogumił	169	PGB SPORTOWA PACZKA	M40	27		00:32:58.90	00:32:58.90	+00:09:11 (27.9%)	4:23	13.7 (72.5%)
28	KULLIŃSKI Marcin	124	UCZNIOWSKI KLUB SPORTOWY CZWÓRKA NAKŁO	M40	28		00:33:00.65	00:33:00.65	+00:09:13 (27.9%)	4:24	13.6 (72.0%)
29	KOWALSKI Jacek	114		M40	29		00:33:18.35	00:33:18.35	+00:09:30 (28.6%)	4:26	13.5 (71.4%)
30	SKONIECZNY Marcin	229	BIEGIEM PO MARZENIA	M40	30		00:33:35.45	00:33:35.45	+00:09:47 (29.2%)	4:28	13.4 (70.9%)
31	HASS Adam	83		M40	31		00:33:54.10	00:33:54.10	+00:10:06 (29.8%)	4:31	13.3 (70.4%)
32	ZAJDLEWICZ Daniel	289		M40	32		00:34:02.55	00:34:02.55	+00:10:15 (30.1%)	4:32	13.2 (69.8%)
33	BERNACKI Dominik	12		M40	33		00:34:49.50	00:34:49.50	+00:11:01 (31.7%)	4:38	12.9 (68.3%)
34	DRZEWIECKI Rafał	46	AKADEMIA MISTRZÓW SPORTU	M40	34		00:35:03.10	00:35:03.10	+00:11:15 (32.1%)	4:40	12.8 (67.7%)
35	LEBA Rafał	129	22ODN	M40	35	Tak	00:35:11.60	00:35:11.60	+00:11:24 (32.4%)	4:41	12.8 (67.7%)
36	ZIMMERMANN Tomasz	296	KM PSP GRUDZIĄDZ	M40	36		00:35:18.05	00:35:18.05	+00:11:30 (32.6%)	4:42	12.7 (67.2%)
37	MAJCHRZAK Łukasz	143		M40	37		00:36:01.65	00:36:01.65	+00:12:14 (34.0%)	4:48	12.5 (66.1%)
38	OLSZEWSKI Rafał	181	TG SOKÓŁ GNIEWKOWO	M40	38		00:36:03.50	00:36:03.50	+00:12:15 (34.0%)	4:48	12.5 (66.1%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec Gminy Dąbrowa Chełmińska	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
39	RZEMEK Sławomir	222	GZINIAK	M40	39	Tak	00:36:05.75	00:36:05.75	+00:12:18 (34.1%)	4:48	12.5 (66.1%)
40	KRÓL Karol	117	TKKF KOLEJARZ	M40	40		00:36:22.90	00:36:22.90	+00:12:35 (34.6%)	4:50	12.4 (65.6%)
41	SMYKOWSKI Łukasz	324		M40	41		00:36:29.70	00:36:29.70	+00:12:42 (34.8%)	4:51	12.3 (65.1%)
42	MICHALAK Paweł	157	ASSECO ACTIVE TEAM	M40	42		00:36:34.45	00:36:34.45	+00:12:46 (34.9%)	4:52	12.3 (65.1%)
43	RÓŻAŃSKI Karol	218	JR BRICKS	M40	43		00:37:10.80	00:37:10.80	+00:13:23 (36.0%)	4:57	12.1 (64.0%)
44	KOWALCZYK Robert	112	LKS OSTROMECKO	M40	44	Tak	00:37:13.60	00:37:13.60	+00:13:26 (36.1%)	4:57	12.1 (64.0%)
45	PRZYBYLSKI Remigiusz	206	RUN BYDGOSZCZ	M40	45		00:37:35.35	00:37:35.35	+00:13:47 (36.7%)	5:00	12 (63.5%)
46	BIELEC Wojciech	13		M40	46		00:37:41.95	00:37:41.95	+00:13:54 (36.9%)	5:01	11.9 (63.0%)
47	POLIWODZIŃSKI Michał	197	WISŁA FORDON	M40	47		00:37:44.10	00:37:44.10	+00:13:56 (36.9%)	5:01	11.9 (63.0%)
48	SIĘBOR Andrzej	225	RUN BYDGOSZCZ	M40	48		00:37:45.90	00:37:45.90	+00:13:58 (37.0%)	5:02	11.9 (63.0%)
49	SIUDA Marek	227		M40	49		00:37:52.60	00:37:52.60	+00:14:05 (37.2%)	5:02	11.9 (63.0%)
50	OSZUBSKI Kazimierz	184	PGB SPORTOWA PACZKA	M40	50		00:37:53.30	00:37:53.30	+00:14:05 (37.2%)	5:03	11.9 (63.0%)
51	BULIŃSKI Michał	30		M40	51	Tak	00:38:06.35	00:38:06.35	+00:14:18 (37.6%)	5:04	11.8 (62.4%)
52	PRIETZ Bartosz	203		M40	52		00:38:10.65	00:38:10.65	+00:14:23 (37.7%)	5:05	11.8 (62.4%)
53	OLSZÓWKA Michał	182		M40	53		00:38:14.30	00:38:14.30	+00:14:26 (37.8%)	5:05	11.8 (62.4%)
54	ZŁOTOWSKI Piotr	298	RUN BYDGOSZCZ	M40	54		00:38:16.20	00:38:16.20	+00:14:28 (37.8%)	5:06	11.8 (62.4%)
55	URBAŃSKI Daniel	270		M40	55		00:38:52.90	00:38:52.90	+00:15:05 (38.8%)	5:10	11.6 (61.4%)
56	LEWANDOWSKI Jacek	131	AKADEMIA MISTRZÓW SPORTU JACEK LEWANDOWSKI	M40	56		00:39:03.35	00:39:03.35	+00:15:15 (39.1%)	5:12	11.5 (60.8%)
57	STAWICKI Paweł	237		M40	57	Tak	00:39:09.80	00:39:09.80	+00:15:22 (39.2%)	5:13	11.5 (60.8%)
58	SZTUBECKI Jacek	252		M40	58	Tak	00:39:09.95	00:39:09.95	+00:15:22 (39.3%)	5:13	11.5 (60.8%)
59	HALAREWICZ Artur	82		M40	59	Tak	00:40:15.50	00:40:15.50	+00:16:27 (40.9%)	5:22	11.2 (59.3%)
60	RUTKOWSKI Tomasz	302		M40	60	Tak	00:40:42.75	00:40:42.75	+00:16:55 (41.6%)	5:25	11.1 (58.7%)
61	SIKORSKI Jarek	226	RUN BYDGOSZCZ	M40	61		00:41:28.10	00:41:28.10	+00:17:40 (42.6%)	5:31	10.9 (57.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Mieszkaniec Gminy Dąbrowa Chełmińska	Czas netto 7.5km	Czas brutto 7.5km	Różn	Tempo min/km	Tempo km/h
62	KRÓL Zbigniew	312		M40	62		00:44:01.95	00:44:01.95	+00:20:14 (46.0%)	5:52	10.2 (54.0%)
63	KOWALCZYK Rafał	7	WTLENIE	M40	63		00:44:16.25	00:44:16.25	+00:20:28 (46.3%)	5:54	10.2 (54.0%)
64	BUSSE Piotr	33	PGB SPORTOWA PACZKA	M40	64		00:45:07.20	00:45:07.20	+00:21:19 (47.3%)	6:00	10 (52.9%)
65	ZMUDA Waldemar	300		M40	65	Tak	00:45:18.30	00:45:18.30	+00:21:30 (47.5%)	6:02	9.9 (52.4%)
66	ŁADNIAK Dariusz	138	RUNMORS	M40	66		00:45:54.70	00:45:54.70	+00:22:07 (48.2%)	6:07	9.8 (51.9%)
67	SŁODKI Sebastian	304		M40	67		00:49:52.70	00:49:52.70	+00:26:05 (52.3%)	6:38	9 (47.6%)
68	BORZYSZKOWSKI Grzegorz	25	STARY FORDON	M40	68		00:50:15.05	00:50:15.05	+00:26:27 (52.7%)	6:42	9 (47.6%)
69	MORGUT Karol	165		M40	69	Tak	00:51:42.30	00:51:42.30	+00:27:54 (54.0%)	6:53	8.7 (46.0%)

Znaleziono 69 wynik(ów)