



XXXVII PÓŁMARATON GOCHÓW

B4SPORT

Organizator: Kompleks Basenowo-Rekreacyjny „NIMFA” Sp.z.o.o.
Klub Biegacza „Goch” Bytów
Data: 2017-06-04
Miejsce: Bytów
Dystans: 21.1 km



Klasyfikacja: M-40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 21.1km	Czas brutto 21.1km	Różn	Tempo min/km	Tempo km/h
1	KONFEDERAK Dariusz	135		M-40	1	00:00:05	01:23:29.85	01:23:35.50		3:57	15.2 (100%)
2	KOKOT Krzysztof	397	HRMAX ŻORY	M-40	2	00:00:05	01:25:19.20	01:25:25.15	+00:01:49 (2.1%)	4:02	14.8 (97.4%)
3	KONKOL Kazimierz	421		M-40	3	00:00:11	01:26:44.40	01:26:55.85	+00:03:14 (3.7%)	4:06	14.6 (96.1%)
4	PALMA Paweł	309	3. FLOTYLLA OKRĘTÓW	M-40	4	00:00:11	01:27:05.10	01:27:17.05	+00:03:35 (4.1%)	4:07	14.5 (95.4%)
5	GLAZIK Dariusz	66	ŚCIGAŁ TEAM	M-40	5	00:00:05	01:27:20.45	01:27:26.30	+00:03:50 (4.4%)	4:08	14.5 (95.4%)
6	MAJEWSKI Artur	167	NADLEŚNICTWO MIROSŁAWIEC	M-40	6	00:00:07	01:27:50.30	01:27:57.90	+00:04:20 (4.9%)	4:09	14.4 (94.7%)
7	GAWRON Piotr	63	KB GOCH BYTÓW	M-40	7	00:00:16	01:30:55.20	01:31:12.15	+00:07:25 (8.2%)	4:18	13.9 (91.4%)
8	FORMELA Łukasz	56		M-40	8	00:00:06	01:31:00.40	01:31:06.80	+00:07:30 (8.3%)	4:18	13.9 (91.4%)
9	GRABOWSKI Andrzej	77	ŚWIAT PŁYTEK U KRYSPIŃA	M-40	9	00:00:11	01:31:20.50	01:31:31.85	+00:07:50 (8.6%)	4:19	13.9 (91.4%)
10	SKRZYPKOWSKI Maciej	308	3. FLOTYLLA OKRĘTÓW	M-40	10	00:00:14	01:31:23.90	01:31:38.30	+00:07:54 (8.6%)	4:19	13.9 (91.4%)
11	SIEKLUCKI Robert	231	KREATIVSPORT	M-40	11	00:00:11	01:32:14.35	01:32:26.30	+00:08:44 (9.5%)	4:22	13.7 (90.1%)
12	GROSZEWSKI Grzegorz	82	NADLEŚNICTWO SZCZECINEK	M-40	12	00:00:08	01:33:14.40	01:33:22.70	+00:09:44 (10.4%)	4:25	13.6 (89.5%)
13	DYMOWSKI Artur	305	3. FLOTYLLA OKRĘTÓW	M-40	13	00:00:07	01:34:03.50	01:34:10.50	+00:10:33 (11.2%)	4:27	13.5 (88.8%)
14	DYDYMSKI Krzysztof	45		M-40	14	00:00:20	01:35:50.25	01:36:10.60	+00:12:20 (12.9%)	4:32	13.2 (86.8%)
15	GRALAK Jacek	80		M-40	15	00:00:10	01:36:42.40	01:36:53.35	+00:13:12 (13.7%)	4:35	13.1 (86.2%)
16	SZLAS Radosław	262	STUDIO S7 BANINO	M-40	16	00:00:20	01:36:50.45	01:37:10.80	+00:13:20 (13.8%)	4:35	13.1 (86.2%)
17	ENGLERT Paweł	344	DZH MW/6OREL	M-40	17	00:00:18	01:36:58.70	01:37:16.90	+00:13:28 (13.9%)	4:35	13.1 (86.2%)
18	BARANOWSKI Maciej	7	KS PIDRINA GDYNIA	M-40	18	00:00:22	01:37:38.05	01:38:00.05	+00:14:08 (14.5%)	4:37	13 (85.5%)
19	LASKOWSKI Radosław	157	KS PIDRINA GDYNIA	M-40	19	00:00:10	01:38:30.10	01:38:40.10	+00:15:00 (15.2%)	4:40	12.9 (84.9%)
20	FILIŃSKI Mariusz	340	DZH MW/6OREL	M-40	20	00:00:19	01:38:31.80	01:38:50.80	+00:15:01 (15.3%)	4:40	12.9 (84.9%)
21	WEROCHOWSKI Wojciech	278	PAWEŁ GRZONKA COACHING / PKO BANK POLSKI	M-40	21	00:00:16	01:38:59.05	01:39:15.65	+00:15:29 (15.6%)	4:41	12.8 (84.2%)
22	CIESIELSKI Arkadiusz	26	NADLEŚNICTWO MIĘDZYCHÓD	M-40	22	00:00:14	01:39:08.00	01:39:22.55	+00:15:38 (15.8%)	4:41	12.8 (84.2%)
23	LEWANDOWSKI Tomasz	353	CSMW USTKA	M-40	23	00:00:14	01:39:33.15	01:39:48.00	+00:16:03 (16.1%)	4:43	12.7 (83.6%)
24	GAŁKOWSKI Wojciech	403		M-40	24	00:00:11	01:40:23.30	01:40:34.90	+00:16:53 (16.8%)	4:45	12.6 (82.9%)
25	SKRABURSKI Piotr	235	URZĄD MARSZAŁKOWSKI GDAŃSK	M-40	25	00:00:16	01:40:41.10	01:40:57.65	+00:17:11 (17.1%)	4:46	12.6 (82.9%)
26	KLEJNA Grzegorz	390		M-40	26	00:00:10	01:41:10.50	01:41:21.15	+00:17:40 (17.5%)	4:47	12.5 (82.2%)
27	KACZMAREK Piotr	110	DOBORY.PL	M-40	27	00:00:45	01:41:23.35	01:42:08.55	+00:17:53 (17.6%)	4:48	12.5 (82.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto	Czas brutto	Różn	Tempo min/km	Tempo km/h
							21.1km	21.1km			
28	GARBOWSKI Tomasz	61	FEMAT	M-40	28	00:00:21	01:41:25.95	01:41:47.45	+00:17:56 (17.7%)	4:48	12.5 (82.2%)
29	WORYNA Tomasz	343	DZH MW/6OREL	M-40	29	00:00:31	01:41:34.40	01:42:05.55	+00:18:04 (17.8%)	4:48	12.5 (82.2%)
30	LEWANDOWSKI Jakub	413	SUBMARINE TEAM	M-40	30	00:00:11	01:41:44.30	01:41:56.20	+00:18:14 (17.9%)	4:49	12.4 (81.6%)
31	DUDZIAK Piotr	41	KOSZALIN	M-40	31	00:00:15	01:42:30.00	01:42:45.70	+00:19:00 (18.5%)	4:51	12.4 (81.6%)
32	LESZKOWSKI Sławomir	422		M-40	32	00:00:25	01:42:33.25	01:42:58.60	+00:19:03 (18.6%)	4:51	12.3 (80.9%)
33	ROLBIECKI Adam	220		M-40	33	00:00:36	01:42:41.15	01:43:17.40	+00:19:11 (18.7%)	4:51	12.3 (80.9%)
34	DYŚ Jarosław	48	MARKOS RUNNING TEAM	M-40	34	00:00:28	01:42:43.55	01:43:11.85	+00:19:13 (18.7%)	4:52	12.3 (80.9%)
35	ZEBZDA Robert	295		M-40	35	00:00:37	01:42:53.45	01:43:30.50	+00:19:23 (18.8%)	4:52	12.3 (80.9%)
36	LEŚNIEWSKI Mariusz	158		M-40	36	00:00:24	01:43:01.05	01:43:25.60	+00:19:31 (18.9%)	4:52	12.3 (80.9%)
37	DOMASZK Zbigniew	38	BYTÓW	M-40	37	00:00:06	01:43:34.00	01:43:40.70	+00:20:04 (19.4%)	4:54	12.2 (80.3%)
38	NADOLSKI Tomasz	186	DRUŻYNA OLBRZYMA	M-40	38	00:00:13	01:43:47.50	01:44:00.50	+00:20:17 (19.6%)	4:55	12.2 (80.3%)
39	KAMELSKI Piotr	111	SŁAWNO	M-40	39	00:00:39	01:44:00.20	01:44:39.80	+00:20:30 (19.7%)	4:55	12.2 (80.3%)
40	MATUSZYŃSKI Mirosław	396	KB GOCH BYTÓW	M-40	40	00:00:39	01:44:39.20	01:45:18.40	+00:21:09 (20.2%)	4:57	12.1 (79.6%)
41	CYBULSKI Robert	29	MTS HAMER MIASTKO	M-40	41	00:00:27	01:45:16.90	01:45:44.70	+00:21:47 (20.7%)	4:59	12 (78.9%)
42	SADOWSKI Tomasz	306	3. FLOTYLLA OKRĘTÓW	M-40	42	00:00:11	01:45:40.75	01:45:52.35	+00:22:10 (21.0%)	5:00	12 (78.9%)
43	JERECZEK Rafał	104		M-40	43	00:00:18	01:47:39.70	01:47:57.90	+00:24:09 (22.4%)	5:06	11.8 (77.6%)
44	CHACUŚ Ryszard	355	CSMW USTKA	M-40	44	00:00:14	01:48:04.90	01:48:19.60	+00:24:35 (22.7%)	5:07	11.7 (77.0%)
45	W JOPEK Radosław	345	DZH MW/6OREL	M-40	45	00:00:31	01:48:36.65	01:49:08.45	+00:25:06 (23.1%)	5:08	11.7 (77.0%)
46	SZAŁKOWSKI Wojtek	256	TUPOT USTKA	M-40	46	00:00:33	01:49:18.75	01:49:52.65	+00:25:48 (23.6%)	5:10	11.6 (76.3%)
47	BIEŃKOWSKI Mariusz	12	WIECZORNE BIEGANIE W SZCZECINIE	M-40	47	00:00:38	01:50:51.40	01:51:30.10	+00:27:21 (24.7%)	5:15	11.4 (75.0%)
48	CIESZYŃSKI Mariusz	27	BEAUTY-STUDIO LĘBORK	M-40	48	00:00:29	01:50:51.85	01:51:20.90	+00:27:22 (24.7%)	5:15	11.4 (75.0%)
49	GAJEK Artur	59	KORZYBSKIE REKINY	M-40	49	00:00:24	01:51:00.60	01:51:25.00	+00:27:30 (24.8%)	5:15	11.4 (75.0%)
50	SZMIGIERO Sebastian	263	W.P.K SŁOŃ TEAM	M-40	50	00:00:33	01:51:15.05	01:51:48.55	+00:27:45 (24.9%)	5:16	11.4 (75.0%)
51	FRĄCZEK Rafał	57	KB GOCH BYTÓW	M-40	51	00:00:19	01:51:15.85	01:51:35.40	+00:27:46 (25.0%)	5:16	11.4 (75.0%)
52	TUTAK Tomasz	274	KLUB 42,2 LĘBORK	M-40	52	00:00:06	01:51:28.80	01:51:35.20	+00:27:58 (25.1%)	5:17	11.4 (75.0%)
53	KAMINSKI Witold	112	STOPA SŁUPSK	M-40	53	00:00:35	01:54:18.85	01:54:54.60	+00:30:49 (27.0%)	5:25	11.1 (73.0%)
54	NIEDERMAIER Gerald	389		M-40	54	00:00:37	01:55:04.80	01:55:41.90	+00:31:34 (27.4%)	5:27	11 (72.4%)
55	KOWALCZYK Mariusz	139	ROZBIEGANY KOSZALIN	M-40	55	00:00:18	01:56:21.70	01:56:39.70	+00:32:51 (28.2%)	5:30	10.9 (71.7%)
56	MICHAŁOWSKI Piotr	307	3. FLOTYLLA OKRĘTÓW	M-40	56	00:00:43	02:00:02.35	02:00:46.20	+00:36:32 (30.4%)	5:41	10.5 (69.1%)
57	SAK Piotr	400		M-40	57	00:00:14	02:00:03.35	02:00:17.50	+00:36:33 (30.5%)	5:41	10.5 (69.1%)
58	TANDECKI Grzegorz	269		M-40	58	00:00:37	02:00:08.85	02:00:46.45	+00:36:39 (30.5%)	5:41	10.5 (69.1%)
59	NIETUPSKI Krzysztof	367	BLMW/ZZWT	M-40	59	00:00:26	02:03:55.80	02:04:22.50	+00:40:25 (32.6%)	5:52	10.2 (67.1%)
60	PRONDZINSKI Jarosław	208		M-40	60	00:00:13	02:05:48.30	02:06:02.20	+00:42:18 (33.6%)	5:57	10.1 (66.4%)
61	CHIŁOŃSKI Tomek	22	NIGHT RUNNERS SŁUPSK	M-40	61	00:00:32	02:07:04.05	02:07:36.15	+00:43:34 (34.3%)	6:01	10 (65.8%)
62	KOWALSKI Robert Sebastian	141	NIE MARNUJ TLENU	M-40	62	00:00:43	02:08:31.90	02:09:15.45	+00:45:02 (35.0%)	6:05	9.8 (64.5%)
63	STRUGALSKI Mariusz	250		M-40	63	00:00:40	02:08:34.65	02:09:15.50	+00:45:04 (35.1%)	6:05	9.8 (64.5%)
64	KORDULA Grzegorz	138		M-40	64	00:00:28	02:09:50.15	02:10:18.70	+00:46:20 (35.7%)	6:09	9.8 (64.5%)

Znaleziono 64 wynik(ów)