



**Wydarzenie:**  
**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

ZAMIEĆ 2020 24h na Skrzyczne  
FUNDACJA AKTYWNE BESKIDY  
2020-01-25  
Szczyrk  
13.5 km

# ZADYMA

B4SPORT

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INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: OPEN K

| Msc | Zawodnik                | Numer | Klub                                | Kategoria | Mkat | Skrzyczne<br>7.5km | Czas<br>netto<br>13.5km | Czas<br>brutto<br>13.5km | Różn              | Tempo<br>min/km | Tempo<br>km/h |
|-----|-------------------------|-------|-------------------------------------|-----------|------|--------------------|-------------------------|--------------------------|-------------------|-----------------|---------------|
| 1   | ADAMUS-KOWALSKA Justyna | 300   |                                     | OPEN K    | 1    | 01:08:11           | 01:44:34.00             | 01:44:35.15              |                   | 7:44            | 7.7 (100%)    |
| 2   | KLAPPHOLZ Adriana       | 420   |                                     | OPEN K    | 2    | 01:11:24           | 01:47:12.35             | 01:47:13.55              | +00:02:38 (2.5%)  | 7:56            | 7.6 (98.7%)   |
| 3   | RUSIN Anna              | 379   | KĘCKIE HARPAGANY                    | OPEN K    | 3    | 01:15:52           | 01:57:31.30             | 01:57:34.90              | +00:12:59 (11.1%) | 8:42            | 6.9 (89.6%)   |
| 4   | LASSOTA-BUJAK Mariola   | 351   | #CZELADZBIEGA                       | OPEN K    | 4    | 01:13:54           | 01:58:49.45             | 01:58:53.80              | +00:14:18 (12.0%) | 8:48            | 6.8 (88.3%)   |
| 5   | RYPUŁA Maria            | 381   | ZEN RUNNING TEAM                    | OPEN K    | 5    | 01:21:06           | 02:06:24.80             | 02:06:30.95              | +00:21:55 (17.3%) | 9:21            | 6.4 (83.1%)   |
| 6   | KUŁAKOWSKA Monika       | 422   |                                     | OPEN K    | 6    | 01:18:34           | 02:07:01.65             | 02:07:06.00              | +00:22:30 (17.7%) | 9:24            | 6.4 (83.1%)   |
| 7   | RYMARCZYK Paulina       | 380   |                                     | OPEN K    | 7    | 01:16:27           | 02:08:58.80             | 02:09:01.95              | +00:24:26 (18.9%) | 9:33            | 6.3 (81.8%)   |
| 8   | KORDALEWSKA Anna        | 345   | OSTRÓDA RUNNERS                     | OPEN K    | 8    | 01:25:09           | 02:20:03.65             | 02:20:08.50              | +00:35:33 (25.4%) | 10:22           | 5.8 (75.3%)   |
| 9   | TERESHCHENKO Ganna      | 399   | HUTINPUJ                            | OPEN K    | 9    | 01:28:49           | 02:22:34.60             | 02:22:39.40              | +00:38:04 (26.7%) | 10:33           | 5.7 (74.0%)   |
| 10  | BRZEZIŃSKA Teresa       | 310   | BP RUNNING TEAM GLIWICE             | OPEN K    | 10   | 01:36:22           | 02:31:01.55             | 02:31:13.30              | +00:46:38 (30.8%) | 11:11           | 5.4 (70.1%)   |
| 11  | RUNOWICZ Magdalena      | 378   |                                     | OPEN K    | 11   | 01:34:17           | 02:31:08.25             | 02:31:14.30              | +00:46:39 (30.8%) | 11:11           | 5.4 (70.1%)   |
| 12  | DUDEK Donata            | 318   | NEVER TOO LATE / UKS ORZEŁ KATOWICE | OPEN K    | 12   | 01:37:03           | 02:31:38.75             | 02:31:49.50              | +00:47:14 (31.1%) | 11:14           | 5.3 (68.8%)   |
| 13  | SANOCKA Dorota          | 385   |                                     | OPEN K    | 13   | 01:34:43           | 02:33:22.40             | 02:33:33.30              | +00:48:58 (31.9%) | 11:21           | 5.3 (68.8%)   |
| 14  | LEGIEĆ-KWAŚNY Monika    | 352   |                                     | OPEN K    | 14   | 01:36:19           | 02:35:38.25             | 02:35:47.90              | +00:51:12 (32.9%) | 11:31           | 5.2 (67.5%)   |
| 15  | GABRYŚ Natalia          | 424   |                                     | OPEN K    | 15   | 01:43:45           | 02:43:12.95             | 02:43:27.90              | +00:58:52 (36.0%) | 12:05           | 5 (64.9%)     |
| 16  | SLUZALEK Małgorzata     | 391   |                                     | OPEN K    | 16   | 01:36:49           | 02:45:47.35             | 02:45:51.80              | +01:01:16 (36.9%) | 12:16           | 4.9 (63.6%)   |
| 17  | FILIPIAK Beata          | 353   |                                     | OPEN K    | 17   | 01:34:53           | 02:46:24.65             | 02:46:38.70              | +01:02:03 (37.2%) | 12:19           | 4.9 (63.6%)   |
| 18  | SIWINSKA Gosia          | 389   |                                     | OPEN K    | 18   | 01:43:50           | 02:48:37.35             | 02:48:50.35              | +01:04:15 (38.1%) | 12:29           | 4.8 (62.3%)   |
| 19  | PŁOŃSKA Julia           | 373   |                                     | OPEN K    | 19   | 01:32:33           | 02:51:41.90             | 02:51:51.40              | +01:07:16 (39.1%) | 12:43           | 4.7 (61.0%)   |
| 20  | MĄDRZYK Ewelina         | 418   |                                     | OPEN K    | 20   | 01:50:46           | 02:53:17.00             | 02:53:24.90              | +01:08:49 (39.7%) | 12:50           | 4.7 (61.0%)   |
| 21  | KASZTELAN-HUNIA Ewa     | 337   |                                     | OPEN K    | 21   | 01:51:07           | 02:53:48.80             | 02:53:59.55              | +01:09:24 (39.9%) | 12:52           | 4.7 (61.0%)   |
| 22  | TRZCINA Agata           | 401   | AMARENA                             | OPEN K    | 22   |                    | 02:55:16.05             | 02:55:35.10              | +01:10:59 (40.4%) | 12:58           | 4.6 (59.7%)   |
| 23  | MICHALSKA Ewa           | 361   | MELA TEAM                           | OPEN K    | 23   | 01:43:52           | 02:57:04.30             | 02:57:18.80              | +01:12:43 (41.0%) | 13:06           | 4.6 (59.7%)   |
| 24  | SOLTYS Ania             | 393   |                                     | OPEN K    | 24   | 01:52:41           | 03:10:21.70             | 03:10:32.80              | +01:25:57 (45.1%) | 14:06           | 4.3 (55.8%)   |
| 25  | BĄKOWSKA Anna           | 303   | KLUB ŚLIMAKA TORPEDY                | OPEN K    | 25   | 01:52:35           | 03:10:19.35             | 03:10:32.85              | +01:25:57 (45.1%) | 14:05           | 4.3 (55.8%)   |
| 26  | SZLAKOWICZ Ewa          | 397   |                                     | OPEN K    | 26   | 01:58:33           | 03:13:04.65             | 03:13:14.95              | +01:28:39 (45.9%) | 14:18           | 4.2 (54.5%)   |
| 27  | PABICH Honorata         | 365   | MAM_NA_WSZYSTKO_WYBIEGANE           | OPEN K    | 27   | 02:10:56           | 03:15:49.50             | 03:15:56.70              | +01:31:21 (46.6%) | 14:30           | 4.1 (53.2%)   |

| Msc | Zawodnik                    | Numer | Klub                      | Kategoria | Mkat | Skrzyczne<br>7.5km | Czas<br>netto<br>13.5km | Czas<br>brutto<br>13.5km | Różn              | Tempo<br>min/km | Tempo<br>km/h |
|-----|-----------------------------|-------|---------------------------|-----------|------|--------------------|-------------------------|--------------------------|-------------------|-----------------|---------------|
| 28  | FRANKOWSKA Ania             | 320   | MIECHOWICKA GRUPA BIEGOWA | OPEN K    | 28   | 02:06:34           | 03:22:36.45             | 03:22:50.65              | +01:38:15 (48.4%) | 15:00           | 4 (51.9%)     |
| 29  | DOBROSZ - KRAKOWCZYK Joanna | 317   | SISTARS                   | OPEN K    | 29   | 02:12:17           | 03:23:28.65             | 03:23:36.10              | +01:39:00 (48.6%) | 15:04           | 4 (51.9%)     |
| 30  | WALCZYŃSKA Karolina         | 405   | RUNHOGS TYCHY             | OPEN K    | 30   | 02:06:55           | 03:23:44.70             | 03:23:56.95              | +01:39:21 (48.7%) | 15:05           | 4 (51.9%)     |
| 31  | FRĄCKOWIAK Elżbieta         | 323   | AMARENA                   | OPEN K    | 31   | 01:59:30           | 03:32:11.30             | 03:32:31.30              | +01:47:56 (50.8%) | 15:43           | 3.8 (49.4%)   |
| 32  | SERWATKA Angelika           | 613   | KOBIETY WATAHY            | OPEN K    | 32   | 02:18:42           | 03:42:52.55             | 03:43:01.25              | +01:58:26 (53.1%) | 16:30           | 3.6 (46.8%)   |
| 33  | RYŚ Katarzyna               | 383   |                           | OPEN K    | 33   | 02:13:12           | 03:46:44.15             | 03:46:51.35              | +02:02:16 (53.9%) | 16:47           | 3.6 (46.8%)   |
| 34  | KOLAKOWSKA Ania             | 342   | BPRUNNINGTEAM             | OPEN K    | 34   | 02:22:38           | 03:52:16.25             | 03:52:27.70              | +02:07:52 (55.0%) | 17:12           | 3.5 (45.5%)   |
| 35  | PIETRASZEK Ewa              | 602   | KOBIETY WATAHY            | OPEN K    | 35   | 02:28:29           | 03:57:49.30             | 03:57:57.90              | +02:13:22 (56.0%) | 17:36           | 3.4 (44.2%)   |
| 36  | MACHOCZEK Krystyna          | 356   |                           | OPEN K    | 36   | 02:19:38           | 04:00:12.60             | 04:00:18.80              | +02:15:43 (56.5%) | 17:47           | 3.4 (44.2%)   |
| 37  | ZIÓŁKOWSKA Patrycja         | 413   |                           | OPEN K    | 37   | 02:28:36           | 04:14:14.95             | 04:14:18.75              | +02:29:43 (58.9%) | 18:50           | 3.2 (41.6%)   |
| 38  | OKONIEWSKA Julia            | 416   | AMARENA                   | OPEN K    | 38   | 02:36:48           | 04:29:47.60             | 04:30:06.35              | +02:45:31 (61.3%) | 19:59           | 3 (39.0%)     |
| 39  | BOHUN-PRZYLUCKA Kornelia    | 309   | AMARENA                   | OPEN K    | 39   | 02:42:56           | 04:31:05.70             | 04:31:24.60              | +02:46:49 (61.5%) | 20:04           | 3 (39.0%)     |
| 40  | WOŹNIAK Anna                | 644   | KOBIETY WATAHY            | OPEN K    | 40   | 02:43:01           | 04:32:44.95             | 04:32:53.85              | +02:48:18 (61.7%) | 20:12           | 3 (39.0%)     |
| 41  | WRZOSEK Barbara             | 411   | TNT MOTOCROSS             | OPEN K    | 41   | 02:42:55           | 05:16:05.35             | 05:16:17.80              | +03:31:42 (66.9%) | 23:24           | 2.6 (33.8%)   |
| 42  | MICHALAK Zuzanna            | 360   | AMARENA                   | OPEN K    | 42   | 03:10:19           | 05:20:15.00             | 05:20:34.20              | +03:35:59 (67.4%) | 23:43           | 2.5 (32.5%)   |
| 43  | PABISIAK Marika             | 366   | AMARENA                   | OPEN K    | 43   | 03:02:49           | 05:20:15.75             | 05:20:34.35              | +03:35:59 (67.4%) | 23:43           | 2.5 (32.5%)   |

Znaleziono 43 wynik(ów)