ZIMOWA MILA GÓRSKA 2019 - EDYCJA 2/5

Organizator: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
Data: 2019-01-23
Miejsce: Koszalin
Dystans: 1.609 km

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas netto 1.609km	Różn	Tempo min/km	Tempo km/h
1	**WRÓBEL Jakub**	**57**	KL BAŁTYK KOSZALIN	M18-29	1	**00:05:44.08**		3:33	16.8 (100%)
2	**ZACHARCZUK Albin**	**105**	UNIA HRUBIESZÓW	M18-29	2	**00:05:59.43**	+00:00:15 (4.3%)	3:42	16.1 (95.8%)
3	**SZKOŁUDA Miłosz**	**116**	DECATHLON KOSZALIN	M18-29	3	**00:06:07.28**	+00:00:23 (6.3%)	3:48	15.8 (94.0%)
4	**KASZUBIAK Klaudiusz**	**100**		M40-49	1	**00:06:43.95**	+00:00:59 (14.8%)	4:10	14.3 (85.1%)
5	**BESZTERDA Jakub**	**58**	KL BAŁTYK KOSZALIN	M14-17	1	**00:06:47.97**	+00:01:03 (15.7%)	4:13	14.2 (84.5%)
6	**MAJKOWICZ Rafał**	**104**		M30-39	1	**00:06:49.84**	+00:01:05 (16.0%)	4:14	14.1 (83.9%)
7	**CZAPLIŃSKI Jacek**	**55**	TAGER KOSZALIN	M30-39	2	**00:06:54.52**	+00:01:10 (17.0%)	4:17	14 (83.3%)
8	**ZUKAL Piotr**	**129**		M40-49	2	**00:06:59.28**	+00:01:15 (17.9%)	4:20	13.8 (82.1%)
9	**ZACHOLSKI Wojciech**	**146**		M18-29	4	**00:07:06.18**	+00:01:22 (19.3%)	4:24	13.6 (81.0%)
10	**BIEŃKOWSKI Tomasz**	**86**		M30-39	3	**00:07:07.89**	+00:01:23 (19.6%)	4:25	13.5 (80.4%)
11	**SOSNOWSKI Tomasz**	**60**	MEDEN-INMED SPORTS TEAM	M18-29	5	**00:07:13.38**	+00:01:29 (20.6%)	4:28	13.4 (79.8%)
12	**NAKONIECZNY Rafał**	**126**	TKKF KOSZALIN	M30-39	4	**00:07:15.24**	+00:01:31 (20.9%)	4:30	13.3 (79.2%)
13	**ZWOLIŃSKI Jan**	**72**	TKKF KOSZALIN	M50-59	1	**00:07:16.79**	+00:01:32 (21.2%)	4:31	13.3 (79.2%)
14	**SIENIAWSKI Jarek**	**59**	MEDEN-INMED SPORTS TEAM	M40-49	3	**00:07:18.03**	+00:01:33 (21.4%)	4:32	13.2 (78.6%)
15	**PICK Tomasz**	**101**	DEAF KOSZALIN	M40-49	4	**00:07:18.27**	+00:01:34 (21.5%)	4:32	13.2 (78.6%)
16	**KOŚCIELNIAK Robert**	**71**	TKKF KOSZALIN	M50-59	2	**00:07:24.63**	+00:01:40 (22.6%)	4:36	13 (77.4%)
17	**MATYSIAK Wojciech**	**114**		M30-39	5	**00:07:25.27**	+00:01:41 (22.7%)	4:37	13 (77.4%)
18	**KONKEL Agnieszka**	**119**		K30-39	1	**00:07:31.51**	+00:01:47 (23.8%)	4:40	12.9 (76.8%)
19	**CHABOWSKI Wojciech**	**117**		M18-29	6	**00:07:34.69**	+00:01:50 (24.3%)	4:41	12.8 (76.2%)
20	**HOREGLAD Paweł**	**51**	SPEEDY GONZALES	M18-29	7	**00:07:35.89**	+00:01:51 (24.5%)	4:43	12.7 (75.6%)
21	**WEBER Paweł**	**142**	ENERGON	M30-39	6	**00:07:36.29**	+00:01:52 (24.6%)	4:43	12.7 (75.6%)
22	**BRZEZIŃSKI Jan**	**35**	TEAMPIOTRUS	M50-59	3	**00:07:38.36**	+00:01:54 (24.9%)	4:45	12.6 (75.0%)
23	**MOSZYŃSKI Jacek**	**80**	TKKF KOSZALIN	M50-59	4	**00:07:39.10**	+00:01:55 (25.1%)	4:45	12.6 (75.0%)
24	**SZNYTER Sabina**	**115**	DECATHLON KOSZALIN	K18-29	1	**00:07:39.43**	+00:01:55 (25.1%)	4:45	12.6 (75.0%)
25	**KUŁAKOWSKI Dawid**	**79**	TKKF KOSZALIN	M40-49	5	**00:07:39.72**	+00:01:55 (25.2%)	4:45	12.6 (75.0%)
26	**TARNOWSKI Mariusz**	**130**		M30-39	7	**00:07:52.30**	+00:02:08 (27.1%)	4:53	12.3 (73.2%)
27	**KONKEL Łukasz**	**95**		M40-49	6	**00:07:52.86**	+00:02:08 (27.2%)	4:53	12.3 (73.2%)

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28	**HAMALA Marcin**	**82**	TAGER KOSZALIN	M30-39	8	**00:07:54.39**	+00:02:10 (27.5%)	4:54	12.2 (72.6%)
29	**CHORĄŻY Karolina**	**34**	LEO-TEAM	K30-39	2	**00:07:56.34**	+00:02:12 (27.8%)	4:55	12.2 (72.6%)
30	**BASSEL Marcin**	**89**		M30-39	9	**00:08:01.02**	+00:02:16 (28.5%)	4:58	12 (71.4%)
31	**IWANIEC Dariusz**	**75**	TKKF KOSZALIN	M40-49	7	**00:08:02.62**	+00:02:18 (28.7%)	5:00	12 (71.4%)
32	**CHOŁUJ Jarek**	**87**	HOPHOPTEMPOTEAM!	M40-49	8	**00:08:03.38**	+00:02:19 (28.8%)	5:00	12 (71.4%)
33	**WÓJCICKI Adrian**	**106**		M30-39	10	**00:08:11.11**	+00:02:27 (29.9%)	5:04	11.8 (70.2%)
34	**PEŁECHATA Julita**	**84**	FOR-REST-RUN	K18-29	2	**00:08:13.98**	+00:02:29 (30.3%)	5:06	11.7 (69.6%)
35	**MICERSKI Tomasz**	**73**	TKKF KOSZALIN	M40-49	9	**00:08:16.79**	+00:02:32 (30.7%)	5:08	11.7 (69.6%)
36	**KISIELIŃSKI Igor**	**96**	TKKF KOSZALIN	M50-59	5	**00:08:16.95**	+00:02:32 (30.8%)	5:08	11.7 (69.6%)
37	**ROGOŻA Ireneusz**	**110**		M40-49	10	**00:08:18.89**	+00:02:34 (31.0%)	5:09	11.6 (69.0%)
38	**MOSIOŁEK Piotr**	**122**		M40-49	11	**00:08:19.43**	+00:02:35 (31.1%)	5:09	11.6 (69.0%)
39	**KOZIEŁ Adam**	**118**		M18-29	8	**00:08:27.08**	+00:02:43 (32.1%)	5:14	11.4 (67.9%)
40	**WILKOWSKI Krzysztof**	**85**		M40-49	12	**00:08:27.34**	+00:02:43 (32.2%)	5:14	11.4 (67.9%)
41	**PRYCA Adam**	**143**		M30-39	11	**00:08:27.53**	+00:02:43 (32.2%)	5:15	11.4 (67.9%)
42	**CHODOR Izabela**	**91**	TKKF KOSZALIN	K30-39	3	**00:08:28.09**	+00:02:44 (32.3%)	5:15	11.4 (67.9%)
43	**KULCZYK Katarzyna**	**93**	BRYZA POSTOMINO	K30-39	4	**00:08:28.27**	+00:02:44 (32.3%)	5:15	11.4 (67.9%)
44	**SOKOŁOWSKI Maciej**	**124**		M40-49	13	**00:08:28.76**	+00:02:44 (32.4%)	5:16	11.4 (67.9%)
45	**JOCHYM Mariusz**	**148**		M30-39	12	**00:08:29.08**	+00:02:45 (32.4%)	5:16	11.4 (67.9%)
46	**NOREK Tomek**	**88**		M50-59	6	**00:08:30.51**	+00:02:46 (32.6%)	5:16	11.4 (67.9%)
47	**DĄBROWSKA Alicja**	**37**	TKKF KOSZALIN	K50+	1	**00:08:33.61**	+00:02:49 (33.0%)	5:19	11.3 (67.3%)
48	**KAMYK Piotr**	**123**	MH IT SYSTEMY ERP KOSZALIN	M30-39	13	**00:08:34.24**	+00:02:50 (33.1%)	5:19	11.3 (67.3%)
49	**MILEWSKI Tomasz**	**38**		M30-39	14	**00:08:34.77**	+00:02:50 (33.2%)	5:19	11.3 (67.3%)
50	**RUTKOWSKI Artur**	**54**	KOSZALIŃSKI RANKING BIEGACZY	M18-29	9	**00:08:39.07**	+00:02:54 (33.7%)	5:22	11.2 (66.7%)
51	**KAZIMIERCZAK Leszek**	**31**	LOVELASY DĄBKI	M30-39	15	**00:08:45.87**	+00:03:01 (34.6%)	5:26	11 (65.5%)
52	**PIETRZYK Mateusz**	**144**		M18-29	10	**00:08:47.31**	+00:03:03 (34.7%)	5:27	11 (65.5%)
53	**SZOSTAK Marta**	**39**		K18-29	3	**00:08:58.30**	+00:03:14 (36.1%)	5:34	10.8 (64.3%)
54	**DZIESZUK Dariusz**	**125**	TKKF KOSZALIN	M50-59	7	**00:09:08.59**	+00:03:24 (37.3%)	5:40	10.6 (63.1%)
55	**WOŁYŃSKA Wioletta**	**102**	TKKF KOSZALIN	K40-49	1	**00:09:10.37**	+00:03:26 (37.5%)	5:41	10.5 (62.5%)
56	**BODO Rafał**	**81**		M30-39	16	**00:09:10.37**	+00:03:26 (37.5%)	5:41	10.5 (62.5%)
57	**KUBIK Krystian**	**52**	RUNGRYFGRYFICE	M18-29	11	**00:09:16.83**	+00:03:32 (38.2%)	5:45	10.4 (61.9%)
58	**KRZEWIŃSKA Małgorzata**	**145**	TKKF KOSZALIN	K50+	2	**00:09:20.89**	+00:03:36 (38.7%)	5:48	10.3 (61.3%)
59	**KOBUS Piotr**	**90**		M30-39	17	**00:09:21.31**	+00:03:37 (38.7%)	5:48	10.3 (61.3%)
60	**OSOBNIAK Ryszard**	**109**		M60-69	1	**00:09:23.19**	+00:03:39 (38.9%)	5:49	10.3 (61.3%)
61	**SARAPUK Gabriela**	**92**	TKKF KOSZALIN	K40-49	2	**00:09:25.93**	+00:03:41 (39.2%)	5:51	10.2 (60.7%)
62	**KAZIMIEROWICZ Radosław**	**78**	VTT KOSZALIN	M30-39	18	**00:09:28.45**	+00:03:44 (39.5%)	5:52	10.2 (60.7%)
63	**GRABOWSKA-LESISZ Aneta**	**32**		K40-49	3	**00:09:28.99**	+00:03:44 (39.5%)	5:53	10.2 (60.7%)
64	**SUDER-MAKSYMOWICZ Filip**	**77**		M10-13	1	**00:09:37.69**	+00:03:53 (40.4%)	5:59	10 (59.5%)
65	**JUSZCZAK Krzysztof**	**94**		M60-69	2	**00:09:42.98**	+00:03:58 (41.0%)	6:02	9.9 (58.9%)
66	**PANCERZYŃSKI Łukasz**	**98**		M40-49	14	**00:09:46.95**	+00:04:02 (41.4%)	6:04	9.9 (58.9%)
67	**WAWRZYN Grzegorz**	**40**		M40-49	15	**00:09:52.97**	+00:04:08 (42.0%)	6:08	9.8 (58.3%)
68	**KURŁOWICZ Krzysztof**	**112**		M40-49	16	**00:09:57.06**	+00:04:12 (42.4%)	6:10	9.7 (57.7%)
69	**ZUKAL Jakub**	**127**		M10-13	2	**00:10:06.36**	+00:04:22 (43.3%)	6:17	9.5 (56.5%)
70	**KASZUBIAK Julia**	**103**		K10-13	1	**00:10:13.62**	+00:04:29 (43.9%)	6:20	9.5 (56.5%)
71	**CZERNIAK Gracjan**	**121**		M30-39	19	**00:10:20.95**	+00:04:36 (44.6%)	6:25	9.3 (55.4%)

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72	**WOLF Beata**	**111**	TKKF KOSZALIN	K40-49	4	**00:10:22.95**	+00:04:38 (44.8%)	6:26	9.3 (55.4%)
73	**KOZŁOWIECKI Waldemar**	**53**	TKKF KOSZALIN	M60-69	3	**00:10:31.64**	+00:04:47 (45.5%)	6:32	9.2 (54.8%)
74	**OLIŃSKI Arek**	**120**		M40-49	17	**00:10:35.84**	+00:04:51 (45.9%)	6:35	9.1 (54.2%)
75	**KARNICKI Zygmunt**	**74**	TKKF KOSZALIN	M60-69	4	**00:10:36.55**	+00:04:52 (45.9%)	6:35	9.1 (54.2%)
76	**GŁOWACKI Włodzimierz**	**147**		M70+	1	**00:10:41.93**	+00:04:57 (46.4%)	6:38	9 (53.6%)
77	**ZUKAL Aleksandra**	**128**		K40-49	5	**00:11:43.55**	+00:05:59 (51.1%)	7:17	8.2 (48.8%)
78	**HELLER Zdzisław**	**107**	NIEZRZESZONY	M60-69	5	**00:11:59.56**	+00:06:15 (52.2%)	7:27	8.1 (48.2%)
79	**SUDER-MAKSYMOWICZ Monika**	**36**		K30-39	5	**00:12:01.88**	+00:06:17 (52.3%)	7:27	8 (47.6%)
80	**HAMALA Monika**	**83**		K30-39	6	**00:12:10.83**	+00:06:26 (52.9%)	7:33	7.9 (47.0%)
81	**KOZŁOWIECKA Małgorzata**	**56**		K50+	3	**00:12:39.97**	+00:06:55 (54.7%)	7:52	7.6 (45.2%)
82	**KARNICKI Artur**	**76**		M40-49	18	**00:14:31.48**	+00:08:47 (60.5%)	9:01	6.6 (39.3%)
83	**BARTNIK Marian**	**108**	TKKF KOSZALIN	M70+	2	**00:17:21.14**	+00:11:37 (67.0%)	10:46	5.6 (33.3%)

Znaleziono 83 wynik(ów)