ZIMOWA MILA GÓRSKA 2019 - PO 5 EDYCJACH

Organizator: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
Data: 2019-03-06
Miejsce: Koszalin
Dystans: 8.046 km

Klasyfikacja: M40-49

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Etap 1	Etap 2	Etap 3	Etap 4	Etap5	Czas netto 8.046km	Czas brutto 8.046km	Różn	Tempo min/km	Tempo km/h
1	**KASZUBIAK Klaudiusz**	**5067**		M40-49	1	00:06:56.58	00:06:43.96	00:06:29.28	00:06:21.49	00:06:36.90	**00:33:08.21**	**00:34:50.39**		4:07	14.6 (100%)
2	**ZUKAL Piotr**	**5014**		M40-49	2	00:06:54.74	00:06:59.29	00:06:45.51	00:06:51.33	00:06:53.80	**00:34:24.67**	**00:35:42.48**	+00:01:16 (3.7%)	4:16	14 (95.9%)
3	**PICK Tomasz**	**5057**	DEAF KOSZALIN	M40-49	3	00:07:15.06	00:07:18.27	00:07:08.24	00:07:18.39	00:06:55.57	**00:35:55.53**	**00:37:11.00**	+00:02:47 (7.8%)	4:27	13.4 (91.8%)
4	**KUŁAKOWSKI Dawid**	**5069**	TKKF KOSZALIN	M40-49	4	00:07:36.12	00:07:39.73	00:07:24.65	00:07:17.23	00:07:14.70	**00:37:12.43**	**00:43:46.87**	+00:04:04 (10.9%)	4:37	13 (89.0%)
5	**IWANIEC Dariusz**	**5073**	TKKF KOSZALIN	M40-49	5	00:07:42.47	00:08:02.62	00:07:46.43	00:07:31.59	00:07:33.33	**00:38:36.44**	**00:45:11.06**	+00:05:28 (14.2%)	4:47	12.5 (85.6%)
6	**ROGOŻA Ireneusz**	**5033**		M40-49	6	00:07:56.25	00:08:18.90	00:07:44.79	00:08:01.24	00:07:51.57	**00:39:52.75**	**00:41:30.30**	+00:06:44 (16.9%)	4:57	12.1 (82.9%)
7	**KONKEL Łukasz**	**5062**		M40-49	7	00:07:55.57	00:07:52.86	00:08:27.10	00:07:47.82	00:08:01.20	**00:40:04.55**	**00:41:27.05**	+00:06:56 (17.3%)	4:58	12 (82.2%)
8	**CHOŁUJ Jarek**	**5047**	HOPHOPTEMPOTEAM!	M40-49	8	00:07:57.29	00:08:03.38	00:07:51.86	00:07:44.44	00:08:31.98	**00:40:08.95**	**00:41:45.47**	+00:07:00 (17.5%)	4:59	12 (82.2%)
9	**MOSIOŁEK Piotr**	**5039**		M40-49	9	00:08:13.67	00:08:19.43	00:08:07.46	00:07:54.37	00:08:08.12	**00:40:43.05**	**00:42:24.84**	+00:07:34 (18.6%)	5:03	11.9 (81.5%)
10	**MICERSKI Tomasz**	**5070**	TKKF KOSZALIN	M40-49	10	00:08:02.73	00:08:16.79	00:08:17.98	00:08:02.45	00:08:10.73	**00:40:50.68**	**00:47:26.93**	+00:07:42 (18.9%)	5:04	11.8 (80.8%)
11	**WILKOWSKI Krzysztof**	**5025**		M40-49	11	00:08:24.07	00:08:27.35	00:08:11.58	00:08:30.50	00:08:06.71	**00:41:40.21**	**00:43:07.84**	+00:08:31 (20.5%)	5:10	11.6 (79.5%)
12	**WAWRZYN Grzegorz**	**5068**		M40-49	12	00:08:43.41	00:09:52.97	00:10:00.81	00:08:48.59	00:09:12.73	**00:46:38.51**	**00:48:36.45**	+00:13:30 (29.0%)	5:47	10.4 (71.2%)
13	**PANCERZYŃSKI Łukasz**	**5018**		M40-49	13	00:09:34.74	00:09:46.96	00:09:26.92	00:09:36.61	00:09:22.68	**00:47:47.91**	**00:49:36.68**	+00:14:39 (30.7%)	5:56	10.1 (69.2%)
14	**KARNICKI Artur**	**5072**		M40-49	14	00:14:24.67	00:14:31.48	00:14:02.17	00:13:17.76	00:13:07.12	**01:09:23.20**	**01:11:14.11**	+00:36:14 (52.2%)	8:37	7 (47.9%)

Znaleziono 14 wynik(ów)