ZIMOWA MILA GÓRSKA 2020 - PO 2 EDYCJACH

Organizator: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
Data: 2020-02-05
Miejsce: Koszalin
Dystans: 3.218 km

Klasyfikacja: K-OPEN

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Etap 1	Etap 2	Czas netto 3.218km	Czas brutto 3.218km	Różn	Tempo min/km	Tempo km/h
1	**KONKEL Agnieszka**	**4101**		K30-39	1	00:07:17.00	00:07:16.00	**00:14:33.00**	**00:14:41.00**		4:31	13.3 (100%)
2	**KRYNICKA GRZYB Małgorzata**	**4103**		K30-39	2	00:07:59.00	00:07:38.00	**00:15:37.00**	**00:15:42.00**	+00:01:04 (6.8%)	4:51	12.4 (93.2%)
3	**HAŁKA Justyna**	**4019**	TRUCHT ŁOBEZ	K40-49	1	00:08:18.00	00:07:54.00	**00:16:12.00**	**00:16:19.00**	+00:01:39 (10.2%)	5:02	11.9 (89.5%)
4	**KRYNICKA Magdalena**	**4048**		K18-29	1	00:08:23.00	00:08:08.00	**00:16:31.00**	**00:16:36.00**	+00:01:58 (11.9%)	5:07	11.7 (88.0%)
5	**DĄBROWSKA Alicja**	**4083**	TKKF KOSZALIN	K50-59	1	00:08:24.00	00:08:21.00	**00:16:45.00**	**00:17:00.00**	+00:02:12 (13.1%)	5:12	11.5 (86.5%)
6	**GIEDROWICZ Aleksandra**	**4017**		K30-39	3	00:08:34.00	00:08:21.00	**00:16:55.00**	**00:17:13.00**	+00:02:22 (14.0%)	5:15	11.4 (85.7%)
7	**SARAPUK Gabriela**	**4009**	TKKF KOSZALIN	K40-49	2	00:08:43.00	00:08:17.00	**00:17:00.00**	**00:17:31.00**	+00:02:27 (14.4%)	5:16	11.4 (85.7%)
8	**KULCZYK Katarzyna**	**4010**	KB BRYZA POSTOMINO	K30-39	4	00:09:00.00	00:08:38.00	**00:17:38.00**	**00:18:00.00**	+00:03:05 (17.5%)	5:28	10.9 (82.0%)
9	**KRZEWIŃSKA Małgorzata**	**4094**	TKKF KOSZALIN	K60+	1	00:08:53.00	00:08:50.00	**00:17:43.00**	**00:17:58.00**	+00:03:10 (17.9%)	5:30	10.9 (82.0%)
10	**MADAJCZYK Emilia**	**4063**	AKS BIAŁOGARD	K10-13	1	00:09:14.00	00:08:37.00	**00:17:51.00**	**00:17:54.00**	+00:03:18 (18.5%)	5:32	10.8 (81.2%)
11	**GRABOWSKA-LESISZ Aneta**	**4100**		K40-49	3	00:09:03.00	00:08:50.00	**00:17:53.00**	**00:18:09.00**	+00:03:20 (18.6%)	5:33	10.8 (81.2%)
12	**GOLEC Anna**	**4080**		K40-49	4	00:09:19.00	00:09:05.00	**00:18:24.00**	**00:18:46.00**	+00:03:51 (20.9%)	5:43	10.5 (78.9%)
13	**HAŁAJKO Magdalena**	**4024**		K30-39	5	00:09:27.00	00:09:08.00	**00:18:35.00**	**00:18:53.00**	+00:04:02 (21.7%)	5:46	10.4 (78.2%)
14	**PŁATOSZ Magda**	**4035**		K18-29	2	00:09:45.00	00:09:40.00	**00:19:25.00**	**00:19:32.00**	+00:04:52 (25.1%)	6:02	9.9 (74.4%)
15	**KASZUBIAK Julia**	**4012**		K10-13	2	00:11:18.00	00:08:58.00	**00:20:16.00**	**00:20:32.00**	+00:05:43 (28.2%)	6:17	9.5 (71.4%)
15	**DOBOSZ Izabella**	**4058**		K40-49	5	00:10:06.00	00:10:10.00	**00:20:16.00**	**00:20:41.00**	+00:05:43 (28.2%)	6:17	9.5 (71.4%)
17	**NAWROCKA Anna**	**4003**		K30-39	6	00:10:25.00	00:10:09.00	**00:20:34.00**	**00:22:20.00**	+00:06:01 (29.3%)	6:23	9.4 (70.7%)
18	**RADOSZ Katarzyna**	**4098**		K50-59	2	00:10:26.00	00:10:18.00	**00:20:44.00**	**00:21:12.00**	+00:06:11 (29.8%)	6:26	9.3 (69.9%)
19	**RADZIUSZ Ilona**	**4041**	MORSACZEBIEGACZE	K30-39	7	00:11:07.00	00:10:15.00	**00:21:22.00**	**00:21:40.00**	+00:06:49 (31.9%)	6:38	9 (67.7%)
20	**SUDER-MAKSYMOWICZ Monika**	**4026**		K30-39	8	00:10:46.00	00:10:46.00	**00:21:32.00**	**00:21:50.00**	+00:06:59 (32.4%)	6:41	9 (67.7%)
21	**MIKOŁAJCZYK Lidia**	**4040**	MORSACZEBIEGACZE	K30-39	9	00:12:03.00	00:10:57.00	**00:23:00.00**	**00:23:18.00**	+00:08:27 (36.7%)	7:08	8.4 (63.2%)
22	**PAZIEWSKA Agnieszka**	**4038**	TKKF KOSZALIN	K40-49	6	00:12:05.00	00:11:25.00	**00:23:30.00**	**00:23:45.00**	+00:08:57 (38.1%)	7:18	8.2 (61.7%)
23	**KOZŁOWIECKA Małgorzata**	**4016**		K60+	2	00:12:19.00	00:12:13.00	**00:24:32.00**	**00:24:58.00**	+00:09:59 (40.7%)	7:37	7.9 (59.4%)

Znaleziono 23 wynik(ów)