ZIMOWA MILA GÓRSKA 2020 - PO 3 EDYCJACH

Organizator: Koszalińskie Towarzystwo Krzewienia Kultury Fizycznej
Data: 2020-02-19
Miejsce: Koszalin
Dystans: 4.827 km

HERKULES
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Klasyfikacja: M40-49

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Etap 1	Etap 2	Etap 3	Czas netto 4.827km	Czas brutto 4.827km	Różn	Tempo min/km	Tempo km/h
1	**SIENIAWSKI Jarosław**	**5076**	MEDEN-INMED SPORTS TEAM	M40-49	1	00:06:56.00	00:06:50.00	00:06:53.00	**00:20:39.00**	**00:20:51.00**		4:16	14 (100%)
2	**MATYSIAK Wojciech**	**5054**		M40-49	2	00:07:18.00	00:07:03.00	00:06:50.00	**00:21:11.00**	**00:21:23.00**	+00:00:32 (2.5%)	4:23	13.7 (97.9%)
3	**CZERNIAK Gracjan**	**5008**		M40-49	3	00:07:30.00	00:07:23.00	00:07:28.00	**00:22:21.00**	**00:22:36.00**	+00:01:42 (7.6%)	4:37	13 (92.9%)
4	**WIKTOROWSKI Maciej**	**5088**	TAGER SPORT	M40-49	4	00:07:42.00	00:07:41.00	00:07:26.00	**00:22:49.00**	**00:22:56.00**	+00:02:10 (9.5%)	4:43	12.7 (90.7%)
5	**WAWRZYN Grzegorz**	**5084**		M40-49	5	00:07:59.00	00:07:43.00	00:07:38.00	**00:23:20.00**	**00:26:35.00**	+00:02:41 (11.5%)	4:50	12.4 (88.6%)
6	**ROGOŻA Ireneusz**	**5070**		M40-49	6	00:07:59.00	00:08:02.00	00:07:53.00	**00:23:54.00**	**00:24:30.00**	+00:03:15 (13.6%)	4:57	12.1 (86.4%)
7	**KONKEL Łukasz**	**5037**		M40-49	7	00:08:23.00	00:08:05.00	00:08:08.00	**00:24:36.00**	**00:24:56.00**	+00:03:57 (16.1%)	5:05	11.8 (84.3%)
8	**SAWIŃSKI Jacek**	**5075**		M40-49	8	00:08:13.00	00:08:07.00	00:08:24.00	**00:24:44.00**	**00:25:49.00**	+00:04:05 (16.5%)	5:07	11.7 (83.6%)
9	**WERSOCKI Artur**	**5086**		M40-49	9	00:08:20.00	00:08:18.00	00:08:24.00	**00:25:02.00**	**00:25:42.00**	+00:04:23 (17.5%)	5:11	11.6 (82.9%)
10	**PANCERZYŃSKI Łukasz**	**5060**		M40-49	10	00:08:45.00	00:08:46.00	00:08:34.00	**00:26:05.00**	**00:26:29.00**	+00:05:26 (20.8%)	5:24	11.1 (79.3%)
11	**KAMYK Piotr**	**5029**	MH-INFORMATYKA.PL- IT DLA BIZNESU	M40-49	11	00:08:38.00	00:09:50.00	00:08:44.00	**00:27:12.00**	**00:27:42.00**	+00:06:33 (24.1%)	5:38	10.6 (75.7%)
12	**KAJKOWSKI Rafał**	**5027**		M40-49	12	00:09:06.00	00:08:32.00	00:09:52.00	**00:27:30.00**	**00:28:05.00**	+00:06:51 (24.9%)	5:41	10.5 (75.0%)
13	**KĘSIK Michał**	**5031**	ZDARTE PODESZWY	M40-49	13	00:10:26.00	00:08:43.00	00:09:01.00	**00:28:10.00**	**00:29:04.00**	+00:07:31 (26.7%)	5:50	10.3 (73.6%)
14	**ŚWITA Jacek**	**5083**		M40-49	14	00:09:52.00	00:09:10.00	00:09:31.00	**00:28:33.00**	**00:29:03.00**	+00:07:54 (27.7%)	5:54	10.1 (72.1%)

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15	**GRUDZIŃSKI Arkadiusz**	**5018**	PIORUN KOSZALIN	M40-49	15	00:10:14.00	00:10:06.00	00:10:36.00	**00:30:56.00**	**00:31:35.00**	+00:10:17 (33.2%)	6:24	9.4 (67.1%)

Znaleziono 15 wynik(ów)