



ZIMOWY PÓLMARATON GÓR STOŁOWYCH 31 KM

B4SPORT

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

Zimowy Półmaraton Gór Stołowych
Fundacja MARATONY GÓRSKIE
2021-03-14
Kartów
31 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M-30

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Parking pod Szczelińcem 7km	Błędne Skały 14km	Lisia Przełęcz 19.7km	Czas netto 31km	Różn	Tempo min/km	Tempo km/h
1	PASTUSZKA Paweł	256	EX TEAM	M-30	1	00:45:23	01:25:44	02:10:03	03:04:20.25		5:56	10.1 (100%)
2	BUCZEK Bartłomiej	166	CHIHUAHUA TEAM	M-30	2	00:50:23	01:31:29	02:16:07	03:09:46.75	+00:05:26 (2.9%)	6:07	9.8 (97.0%)
3	KACZMARCZYK Łukasz	266		M-30	3	00:48:35	01:32:28	02:19:55	03:21:47.90	+00:17:27 (8.7%)	6:30	9.2 (91.1%)
4	FORTUNA Norbert	217	BARTOSZ GORCZYCA TEAM/ KGHM ZG RUN	M-30	4	00:48:17	01:31:30	02:20:29	03:23:37.15	+00:19:16 (9.5%)	6:34	9.1 (90.1%)
5	JAZŁOCKI Łukasz	111	LLAMA IN MY LIVING ROOM	M-30	5	00:50:27	01:34:32	02:23:23	03:23:53.40	+00:19:33 (9.6%)	6:34	9.1 (90.1%)
6	HARASIUK Adam	277	ALIANCA DE MISERICORDIA EQUIPE DE CORRIDA	M-30	6	00:50:43	01:34:48	02:25:44	03:27:20.60	+00:23:00 (11.1%)	6:41	9 (89.1%)
7	SKIBA Adam	250	MAFIA TEAM LUBLINIEC	M-30	7	00:49:55	01:36:27	02:28:08	03:31:58.90	+00:27:38 (13.0%)	6:50	8.8 (87.1%)
8	LAZAR Damian	255	BIEGAM ŻEBY ŻREĆ WIĘCEJ CIASTKÓW/NESSI ŻORY	M-30	8	00:53:22	01:41:15	02:32:12	03:34:18.50	+00:29:58 (14.0%)	6:54	8.7 (86.1%)
9	GRUND Marek	292		M-30	9	00:52:21	01:42:10	02:33:35	03:37:48.10	+00:33:27 (15.4%)	7:01	8.5 (84.2%)
10	PRZYBYSZEWSKI Łukasz	270		M-30	10	00:51:26	01:41:10	02:32:40	03:40:06.60	+00:35:46 (16.3%)	7:06	8.5 (84.2%)
11	MUSIAŁ Szymon	234	PRZEBIEGLI UNISŁAW	M-30	11	00:57:18	01:46:13	02:37:45	03:45:42.05	+00:41:21 (18.3%)	7:16	8.2 (81.2%)
12	ANISZEWSKI Bartłomiej	235	ROSSMANN	M-30	12	00:55:20	01:42:36	02:36:11	03:49:26.15	+00:45:05 (19.7%)	7:24	8.1 (80.2%)
13	KACZMAREK Mateusz	138		M-30	13	00:56:54	01:51:34	02:49:45	03:53:55.40	+00:49:35 (21.2%)	7:32	8 (79.2%)
14	BODEK Tomasz	229	ZAKOCHAJ SIĘ W BIEGANIU	M-30	14	01:00:15	01:50:53	02:53:44	03:57:08.50	+00:52:48 (22.3%)	7:38	7.8 (77.2%)
15	LUBAŃSKI Mateusz	279		M-30	15	00:58:07	01:46:53	02:49:45	03:57:45.10	+00:53:24 (22.5%)	7:40	7.8 (77.2%)

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16	WEINERT Artur	204	RUNNER'S POWER	M-30	16	00:58:45	01:47:31	02:49:36	03:57:48.20	+00:53:27 (22.5%)	7:40	7.8 (77.2%)
17	LEWKOWSKI Aleksander	154		M-30	17	01:00:21	01:54:14	02:51:57	04:06:44.60	+01:02:24 (25.3%)	7:57	7.5 (74.3%)
18	ANTKOWIAK Michał	239	MUAY RUNNING TEAM	M-30	18	01:03:30	01:57:03	02:55:45	04:08:47.15	+01:04:26 (25.9%)	8:01	7.5 (74.3%)
19	LITWIN Michał	260	LITEWIN TEAM	M-30	19	00:56:08	01:46:49	02:47:39	04:16:24.75	+01:12:04 (28.1%)	8:16	7.3 (72.3%)
20	HALMANN Mirosław	269	PGB SPORTOWA PACZKA	M-30	20		01:53:21	02:52:18	04:19:27.30	+01:15:07 (29.0%)	8:22	7.2 (71.3%)
21	PLUCIŃSKI Jakub	132	DRAGON RUNNERS	M-30	21	00:59:49	01:56:13	02:54:36	04:20:57.35	+01:16:37 (29.4%)	8:25	7.1 (70.3%)
22	TURNIAK Miłosz	117		M-30	22	01:04:05	02:00:06	03:00:46	04:21:24.85	+01:17:04 (29.5%)	8:25	7.1 (70.3%)
23	SMOTER Damian	105		M-30	23	01:03:33	01:59:49	03:05:24	04:26:47.15	+01:22:26 (30.9%)	8:36	7 (69.3%)
24	GOSIŃSKI Sławomir	294		M-30	24	01:04:35	02:01:26	03:10:07	04:33:04.35	+01:28:44 (32.5%)	8:48	6.8 (67.3%)
25	NERLO Krzysztof	116		M-30	25	01:07:10	02:09:09	03:13:00	04:39:23.80	+01:35:03 (34.0%)	9:00	6.7 (66.3%)
26	WOJCIECHOWICZ Leszek	127	DZIECI KOTANA	M-30	26	01:12:07	02:16:05	03:24:45	04:55:19.85	+01:50:59 (37.6%)	9:31	6.3 (62.4%)
27	GINTER Grzegorz	120	AZS COLLEGIUM MEDICUM UJ	M-30	27	01:14:38	02:19:21	03:29:02	04:55:23.90	+01:51:03 (37.6%)	9:31	6.3 (62.4%)
28	SZPYTMA Remigiusz	258		M-30	28	01:09:13	02:11:38	03:18:24	04:58:23.20	+01:54:02 (38.2%)	9:37	6.2 (61.4%)
29	MACIEJEWSKI Adam	230		M-30	29	01:12:00	02:12:02	03:20:45	04:59:08.45	+01:54:48 (38.4%)	9:38	6.2 (61.4%)
30	FILIPOWICZ Dominik	271		M-30	30	01:13:31	02:20:56	03:30:06	04:59:47.20	+01:55:26 (38.5%)	9:40	6.2 (61.4%)
31	KACZMAREK Mirosław	191	RUNNER'S POWER	M-30	31	01:18:12	02:21:31	03:30:58	05:00:37.60	+01:56:17 (38.7%)	9:41	6.2 (61.4%)
32	SMUGA Łukasz	134	SZEREGOWY BIEGACZ	M-30	32	01:21:51	02:30:59	03:40:39	05:07:54.70	+02:03:34 (40.1%)	9:55	6 (59.4%)
33	KURKOWIAK Krzysztof	135	#TEAMNICPOŃ	M-30	33	01:14:44	02:21:47	03:35:17	05:11:01.95	+02:06:41 (40.7%)	10:01	6 (59.4%)
34	ARGASIŃSKI Mateusz	295		M-30	34	01:13:43	02:18:33	03:33:59	05:16:10.30	+02:11:50 (41.7%)	10:11	5.9 (58.4%)
35	STASZEWSKI Dariusz	289		M-30	35	01:14:52	02:26:39	03:39:31	05:16:37.30	+02:12:17 (41.8%)	10:12	5.9 (58.4%)
36	SAMOLAK Łukasz	172	10BLOG	M-30	36	01:13:35	02:22:56	03:37:45	05:17:23.55	+02:13:03 (41.9%)	10:14	5.9 (58.4%)
37	MACIEJEWSKI Tomasz	228	ZAP-KOOPERACJA	M-30	37	01:18:07	02:26:18	03:39:59	05:24:31.65	+02:20:11 (43.2%)	10:28	5.7 (56.4%)
38	LEDNICKI Michał	139		M-30	38	01:18:47	02:32:44	03:49:15	05:41:43.40	+02:37:23 (46.1%)	11:01	5.4 (53.5%)

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39	SZWARC Grzegorz	192		M-30	39	01:19:08	02:33:04	03:50:12	05:42:08.20	+02:37:47 (46.1%)	11:02	5.4 (53.5%)
40	PARZYŃSKI Łukasz	264		M-30	40	01:50:08	03:14:35	04:42:32	06:55:06.25	+03:50:46 (55.6%)	13:23	4.5 (44.6%)
41	KĘPSKI Grzegorz	280		M-30	41	01:57:18	03:37:39	05:13:40	08:27:34.25	+05:23:14 (63.7%)	16:22	3.7 (36.6%)
	KRĘT Tomasz	263		M-30		02:13:40 DNF	DNF	DNF	DNF		-	- (0.0%)

Znaleziono 42 wynik(ów)