



ZIMOWY PÓLMARATON GÓR STOŁOWYCH 31 KM

B4SPORT

Wydarzenie:
Organizator:
Data:
Miejsce:
Dystans:

Zimowy Półmaraton Gór Stołowych
Fundacja MARATONY GÓRSKIE
2021-03-14
Kartów
31 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: M-40

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Parking pod Szczelińcem 7km	Błędne Skały 14km	Lisia Przełęcz 19.7km	Czas netto 31km	Różn	Tempo min/km	Tempo km/h
1	WRÓBLEWSKI Konrad	285		M-40	1	00:48:25	01:31:40	02:18:33	03:15:05.90		6:17	9.5 (100%)
2	HOŁYST Andrzej	251	GT RAT	M-40	2	00:49:25	01:32:17	02:19:15	03:15:15.35	+00:00:09 (0.1%)	6:17	9.5 (100%)
3	BUŁACZ Jacek	268	DZIEWIĘĆ SIŁ STRONIE ŚLĄSKIE	M-40	3	00:50:28	01:34:18	02:21:02	03:19:00.80	+00:03:54 (2.0%)	6:25	9.3 (97.9%)
4	ROGÓRZ Piotr	227		M-40	4	00:51:29	01:34:08	02:27:53	03:19:52.10	+00:04:46 (2.4%)	6:26	9.3 (97.9%)
5	KARCZYŃSKI Dariusz	208	BIEGANIE =POMAGANIE ,ULTRA FAMILI TEAM	M-40	5	00:49:45	01:32:50	02:24:37	03:21:56.25	+00:06:50 (3.4%)	6:30	9.2 (96.8%)
6	KITA Michał	161	PĘDZĄCY W MIEJSCU	M-40	6	00:53:37	01:34:58	02:30:10	03:22:40.80	+00:07:34 (3.7%)	6:32	9.2 (96.8%)
7	KRUPA Marcin	243	AKTYWNA NOWA RUDA	M-40	7	00:50:17	01:34:45	02:23:17	03:22:44.25	+00:07:38 (3.8%)	6:32	9.2 (96.8%)
8	STASZCZAK Łukasz	231	TRI TEAM LUBAŃ	M-40	8	00:52:24	01:36:03	02:26:38	03:27:53.85	+00:12:47 (6.2%)	6:42	8.9 (93.7%)
9	KUSNIERCZAK Wiesław	284		M-40	9	00:52:15	01:38:56	02:43:42	03:37:41.70	+00:22:35 (10.4%)	7:01	8.5 (89.5%)
10	GOSTYŃSKI Krzysztof	206	RUCZAJ ULTRA TEAM	M-40	10	00:56:08	01:43:47	02:35:29	03:42:01.25	+00:26:55 (12.1%)	7:09	8.4 (88.4%)
11	HERCHEL Arkadiusz	146		M-40	11	00:53:45	01:42:57	02:37:32	03:44:49.70	+00:29:43 (13.2%)	7:15	8.3 (87.4%)
12	KARPOWICZ Rafal	225		M-40	12	00:53:32	01:41:10	01:55:27	03:46:47.25	+00:31:41 (14.0%)	7:18	8.2 (86.3%)
13	CUPRIAK Daniel	212		M-40	13	00:58:32	01:48:55	02:42:23	03:47:38.55	+00:32:32 (14.3%)	7:20	8.2 (86.3%)
14	ZIEMKIEWICZ Jarosław	245	2 KROKI DO METY	M-40	14	00:57:34	01:48:56	02:43:52	03:52:35.85	+00:37:29 (16.1%)	7:30	8 (84.2%)
15	STANUCHIEWICZ Oskar	107		M-40	15	00:53:07	01:46:07	02:42:36	03:55:49.95	+00:40:44 (17.3%)	7:36	7.9 (83.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Parking pod Szczelińcem 7km	Błędne Skały 14km	Lisia Przełęcz 19.7km	Czas netto 31km	Różn	Tempo min/km	Tempo km/h
16	ZIEMBA Damian	232	HRT/ANTONTEAM	M-40	16	01:00:34	01:52:33	02:47:55	03:59:14.35	+00:44:08 (18.5%)	7:43	7.8 (82.1%)
17	DZIUBA Piotr	178		M-40	17	00:59:40	01:53:05		04:01:01.85	+00:45:55 (19.1%)	7:46	7.7 (81.1%)
18	PURCZYŃSKI Grzegorz	242		M-40	18	00:56:45	01:50:52	02:51:35	04:11:13.40	+00:56:07 (22.3%)	8:06	7.4 (77.9%)
19	NOWICKI Marcin	158		M-40	19	00:59:57	01:51:34	02:50:46	04:11:40.65	+00:56:34 (22.5%)	8:07	7.4 (77.9%)
20	KORCZYŃSKI Łukasz	246	BIEGOWA POGORZAŁA	M-40	20	01:03:36	01:55:36	02:51:53	04:11:54.25	+00:56:48 (22.6%)	8:07	7.4 (77.9%)
21	STANKOWSKI Przemysław	286	#BIEGAJZESŁAWKIEM	M-40	21	01:05:20	02:00:46	02:57:59	04:12:52.00	+00:57:46 (22.8%)	8:09	7.4 (77.9%)
22	KACZOR Marcin	265		M-40	22	01:03:49	01:57:19	02:56:43	04:13:44.55	+00:58:38 (23.1%)	8:11	7.3 (76.8%)
23	PAŻUCHA Wojciech	112		M-40	23	01:02:31	01:56:21	02:58:11	04:17:55.25	+01:02:49 (24.4%)	8:19	7.2 (75.8%)
24	MAĆKOWSKI Mateusz	148	NATURAL BORN COFFEE LOVERS	M-40	24	01:00:17	01:54:42	03:01:32	04:18:38.35	+01:03:32 (24.6%)	8:20	7.2 (75.8%)
25	CHŁAP Ireneusz	175	HUSARIA SUDETY	M-40	25	00:59:54	01:56:20	02:54:46	04:21:07.30	+01:06:01 (25.3%)	8:25	7.1 (74.7%)
26	CIURASZKIEWICZ Andrzej	100		M-40	26	01:04:44	01:57:54	02:57:59	04:24:10.45	+01:09:04 (26.1%)	8:31	7 (73.7%)
27	WESOŁEK Paweł	210	RUNNER'S POWER ŚREM	M-40	27	01:03:13	01:59:52	03:01:39	04:26:12.15	+01:11:06 (26.7%)	8:35	7 (73.7%)
28	PIKUL Piotr	203		M-40	28	01:08:38	02:07:24	03:09:13	04:26:32.45	+01:11:26 (26.8%)	8:35	7 (73.7%)
29	KUCHARSKI Dariusz	267		M-40	29	01:04:22	02:03:29	03:07:43	04:33:06.60	+01:18:00 (28.6%)	8:48	6.8 (71.6%)
30	MIGDAŁ Adrian	168		M-40	30	01:09:50	02:10:37	03:15:53	04:34:48.25	+01:19:42 (29.0%)	8:51	6.8 (71.6%)
31	RYBAK Paweł	186		M-40	31	01:09:19	02:10:04	03:14:29	04:39:32.35	+01:24:26 (30.2%)	9:01	6.7 (70.5%)
32	STACHURA Rafał	156		M-40	32	01:07:22	02:09:16	03:13:11	04:39:33.25	+01:24:27 (30.2%)	9:01	6.7 (70.5%)
33	KOCHMAŃSKI Jakub	149	SOWY	M-40	33	01:07:23	02:09:30	03:13:26	04:39:40.45	+01:24:34 (30.2%)	9:01	6.7 (70.5%)
34	JASICKI Krzysztof	145	RUNHOGS TYCHY	M-40	34	01:07:26	02:09:11		04:40:53.75	+01:25:47 (30.5%)	9:03	6.6 (69.5%)
35	FRANKIEWICZ Jakub	110	ANIOŁKI CHARLIEGO	M-40	35	01:09:49	02:11:11	03:15:46	04:42:07.30	+01:27:01 (30.8%)	9:06	6.6 (69.5%)
36	JACKOWIAK Szymon	202	RUNNER'S POWER	M-40	36	01:17:47	02:20:57	03:24:28	04:44:59.35	+01:29:53 (31.5%)	9:11	6.5 (68.4%)
37	SROKA Marcin	133	ST RUNNERS	M-40	37	01:13:38	02:13:39	03:23:46	04:46:06.40	+01:31:00 (31.8%)	9:13	6.5 (68.4%)
38	BARANOWSKI Filip	226		M-40	38	01:11:33	02:13:30	03:20:16	04:46:27.80	+01:31:21 (31.9%)	9:14	6.5 (68.4%)

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39	FABISZ Rafal	248	NO NAME	M-40	39	01:07:28	02:09:42	03:15:27	04:47:09.90	+01:32:04 (32.1%)	9:15	6.5 (68.4%)
40	BYLINA Bartosz	247		M-40	40	01:07:55	02:09:51	03:15:40	04:47:18.50	+01:32:12 (32.1%)	9:16	6.5 (68.4%)
41	SZYGENDA Sebastian	115	TIGER TEAM	M-40	41	01:10:47	02:15:43	03:24:24	04:48:33.00	+01:33:27 (32.4%)	9:18	6.4 (67.4%)
42	KWIATKOWSKI Przemyslaw	121	PWSD	M-40	42	01:11:00	02:15:52	03:24:36	04:48:42.30	+01:33:36 (32.4%)	9:18	6.4 (67.4%)
43	TOMASZEWSKI Dawid	104	WLKP MOUNTAINS ULTRA	M-40	43	01:13:50	02:13:54	03:24:00	04:49:24.30	+01:34:18 (32.6%)	9:20	6.4 (67.4%)
44	BACHURSKI Tomasz	215		M-40	44	01:09:11	02:14:07		04:54:37.75	+01:39:31 (33.8%)	9:30	6.3 (66.3%)
45	KOSTYK Grzegorz	272		M-40	45	01:13:43	02:20:58	03:30:06	05:00:00.30	+01:44:54 (35.0%)	9:40	6.2 (65.3%)
46	MATUSZEWSKI Marek	291	RUNNER'S POWER	M-40	46	01:18:09	02:21:36	03:30:59	05:00:43.25	+01:45:37 (35.1%)	9:42	6.2 (65.3%)
47	SAMOLAK Maciek	169		M-40	47	01:13:33	02:22:35	03:37:29	05:12:58.80	+01:57:52 (37.7%)	10:05	5.9 (62.1%)
48	RADZIWOŃ Krzysztof	275	GRUPA NIENACHALNIE HEROICZNA	M-40	48	01:21:04	02:32:01	03:44:15	05:14:24.00	+01:59:18 (37.9%)	10:08	5.9 (62.1%)
49	MACIOŁ Sebastian	125	TTA BIERUŃ	M-40	49	01:11:32	02:26:07	03:40:37	05:20:39.00	+02:05:33 (39.2%)	10:20	5.8 (61.1%)
50	RESPONDEK Dariusz	254		M-40	50	01:18:17	02:27:48	03:42:11	05:31:34.50	+02:16:28 (41.2%)	10:41	5.6 (58.9%)
51	SZELAĞ Piotr	194	TURBO JEŻE TEAM	M-40	51	01:25:13	02:33:09	03:52:40	05:32:30.10	+02:17:24 (41.3%)	10:43	5.6 (58.9%)
52	MŁODZIKOWSKI Rafał	137	SŁYNNI KENIJCZYCY	M-40	52	01:28:35	02:40:39	04:04:53	05:37:14.30	+02:22:08 (42.1%)	10:52	5.5 (57.9%)
53	MATUŁA Bartłomiej	213	PRZEBIEGLI UNISŁAW	M-40	53	01:21:35	02:31:57	03:56:55	05:41:51.25	+02:26:45 (42.9%)	11:01	5.4 (56.8%)
54	BLACHOWSKI Waldemar	102		M-40	54	01:21:37	02:32:06	03:57:01	05:41:54.15	+02:26:48 (42.9%)	11:01	5.4 (56.8%)
55	GĘSIAREK Grzegorz	144		M-40	55	01:11:37	02:21:13	03:37:45	05:43:53.75	+02:28:47 (43.3%)	11:05	5.4 (56.8%)
56	KOZAK Bartosz	183	KOZAKI	M-40	56	01:22:32	02:33:38	03:57:01	05:44:32.95	+02:29:27 (43.4%)	11:06	5.4 (56.8%)
57	KORNAŚ Marcin	136	ZĄBKOWICKA GRUPA BIEGOWA FRANKENSTEIN	M-40	57	01:30:02	02:47:12	04:11:12	05:58:39.70	+02:43:33 (45.6%)	11:34	5.2 (54.7%)
58	LOSOR Andrzej	293		M-40	58	01:31:13	02:50:57	04:20:13	06:23:04.25	+03:07:58 (49.1%)	12:21	4.9 (51.6%)
59	DĄBROWSKI Michał	103	ULTRAPOSŁADACH / TEAM ZABIEGANEDNI	M-40	59	01:36:12	03:03:05	04:27:25	06:29:02.00	+03:13:56 (49.9%)	12:32	4.8 (50.5%)
60	HOFFMANN Grzegorz	118	KOSCIAN TEAM	M-40	60	01:28:48	02:58:43	04:25:23	06:32:29.05	+03:17:23 (50.3%)	12:39	4.7 (49.5%)
61	STĘPIEŃ Tomasz	261	FEN CREW	M-40	61	01:29:45	02:57:04	04:25:46	06:39:30.60	+03:24:24 (51.2%)	12:53	4.7 (49.5%)

Znaleziono 61 wynik(ów)