

1/2 SKY MARATHON BABIA GÓRA

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Organizator: BBProjekt Sławomir Hohol
Data: 2016-06-11
Miejsce: Zawoja
Dystans: 23.5 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	17.6km	Czas netto 23.5km	Czas brutto 23.5km	Różn	Tempo min/km	Tempo km/h
1	WOSIK Daniel	8	RMD MONTRAIL TEAM	M2	1	01:47:58	02:13:34.10	02:13:35.95		5:41	10.6 (100%)
2	GAWROŃSKI Tomasz	327	NADIR	M1	1	01:50:45	02:14:52.60	02:14:54.65	+00:01:18 (1.0%)	5:44	10.5 (99.1%)
3	BIERNAWSKI Piotr	75	ATTIQ FAKE RUNNERS	M2	2	01:51:51	02:18:25.45	02:18:27.70	+00:04:51 (3.5%)	5:53	10.2 (96.2%)
4	SZCZYGIEŁ Łukasz	17		M1	2	01:54:32	02:19:30.50	02:19:33.90	+00:05:57 (4.3%)	5:56	10.1 (95.3%)
5	FALKOWSKI Krzysztof	308	WOODWARD RUNNERS	M1	3	01:54:30	02:20:35.15	02:20:37.20	+00:07:01 (5.0%)	5:58	10 (94.3%)
6	MISIAK Bartosz	93	BRAT KUBA	M1	4	01:55:15	02:22:08.35	02:22:11.20	+00:08:35 (6.0%)	6:02	9.9 (93.4%)
7	ALKER Adam	192	BIEGAPAN.COM / PWPW	M1	5	02:00:00	02:26:05.15	02:26:07.00	+00:12:31 (8.6%)	6:13	9.7 (91.5%)
8	BARANOW Łukasz	147	STACJA LECZENIA RUCHEM	M1	6	01:59:59	02:26:24.10	02:26:27.25	+00:12:51 (8.8%)	6:13	9.6 (90.6%)
9	KARAŚ Marcin	314	MARCIN ŚWIERC TEAM/ETIXX	M1	7	02:01:11	02:26:58.70	02:27:00.95	+00:13:25 (9.1%)	6:15	9.6 (90.6%)
10	RDZANEK Michał	70	NIENERWOWI BIEGACZE	M2	3	02:01:12	02:27:44.10	02:27:47.05	+00:14:11 (9.6%)	6:17	9.5 (89.6%)
11	CHLEBEK Andrzej	163		M1	8	02:02:25	02:28:40.70	02:28:43.95	+00:15:08 (10.2%)	6:19	9.5 (89.6%)
12	KUJAWSKI Bartek	10	GRUPETTO GORLICE	M1	9	02:00:45	02:29:10.80	02:29:13.15	+00:15:37 (10.5%)	6:20	9.5 (89.6%)
13	MIERNICZEK Łukasz	323		M1	10	02:05:54	02:34:12.65	02:34:15.05	+00:20:39 (13.4%)	6:33	9.1 (85.8%)
14	TOPOLSKI Marcin	243		M2	4	02:04:48	02:34:36.45	02:34:39.80	+00:21:03 (13.6%)	6:34	9.1 (85.8%)
15	ŁABUZIŃSKI Sławomir	105	DNA SPORT TEAM	M3	1	02:06:24	02:35:58.55	02:36:01.65	+00:22:25 (14.4%)	6:38	9 (84.9%)
16	POKRZYK Zbigniew	263		M2	5	02:07:00	02:36:36.45	02:36:39.00	+00:23:03 (14.7%)	6:39	9 (84.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	17.6km	Czas netto 23.5km	Czas brutto 23.5km	Różn	Tempo min/km	Tempo km/h
17	LIPA Wojciech	276	RZESZOWSKIE GAZELE I GEPARDY	M2	6	02:08:50	02:36:50.80	02:36:54.75	+00:23:18 (14.9%)	6:40	9 (84.9%)
18	PIENIAŻEK Krzysztof	158		M2	7	02:07:20	02:37:34.70	02:37:38.85	+00:24:02 (15.3%)	6:42	8.9 (84.0%)
19	SAGAN Łukasz	6	SALCO SPORT TEAM	M1	11	02:09:36	02:38:13.30	02:38:18.40	+00:24:42 (15.6%)	6:43	8.9 (84.0%)
20	WOLCZKO Grzegorz	34		M1	12	02:08:14	02:38:34.85	02:38:38.70	+00:25:02 (15.8%)	6:44	8.9 (84.0%)
21	BLEJZYK Albert	103		M2	8	02:10:06	02:39:10.75	02:39:25.60	+00:25:49 (16.2%)	6:46	8.9 (84.0%)
22	STOPA Michał	336		M1	13	02:10:23	02:39:43.95	02:39:48.05	+00:26:12 (16.4%)	6:47	8.8 (83.0%)
23	ZYCH Marcin	306		M1	14	02:12:48	02:40:32.85	02:40:37.25	+00:27:01 (16.8%)	6:49	8.8 (83.0%)
24	STACHURA Krzysztof	63	NIEPOŁOMICE BIEGAJĄ	M2	9	02:10:48	02:40:40.80	02:40:46.05	+00:27:10 (16.9%)	6:50	8.8 (83.0%)
25	BEBENEK Marek	145		M1	15	02:09:58	02:41:19.70	02:41:22.65	+00:27:46 (17.2%)	6:51	8.7 (82.1%)
26	MIKUŚ Marcin	73	ITMZM2011	M1	16	02:12:47	02:42:12.00	02:42:18.40	+00:28:42 (17.7%)	6:54	8.7 (82.1%)
27	GÓROWSKI Mateusz	53	BESKIDZKA 160 NA RATY	M1	17	02:13:02	02:42:58.05	02:43:01.45	+00:29:25 (18.0%)	6:56	8.7 (82.1%)
28	STASIAK Marek	191		M2	10	02:13:44	02:43:52.30	02:43:56.70	+00:30:20 (18.5%)	6:58	8.6 (81.1%)
29	KOT Łukasz	137	RZESZOWSKIE GAZELE I GEPARDY	M1	18	02:12:36	02:44:09.15	02:44:15.05	+00:30:39 (18.7%)	6:59	8.6 (81.1%)
30	WOJCIECHOWSKI Michał	124		M2	11	02:14:22	02:45:45.90	02:45:50.00	+00:32:14 (19.4%)	7:03	8.5 (80.2%)
31	GĄSIOR Krzysztof	284		M2	12	02:15:33	02:47:22.05	02:47:25.65	+00:33:49 (20.2%)	7:07	8.4 (79.2%)
32	PAJĄK Wojciech	140		M1	19	02:17:09	02:47:40.35	02:48:00.15	+00:34:24 (20.5%)	7:08	8.4 (79.2%)
33	PYTEL Janusz	92	SOKOŁ ZAKOPANE-SOSNOWIEC	M3	2	02:16:23	02:48:16.95	02:48:20.55	+00:34:44 (20.6%)	7:09	8.4 (79.2%)
34	KOSICKI Łukasz	245		M1	20	02:16:18	02:49:24.05	02:49:30.80	+00:35:54 (21.2%)	7:12	8.3 (78.3%)
35	WÓJCIK Tomasz	26		M2	13	02:18:39	02:49:40.35	02:49:43.00	+00:36:07 (21.3%)	7:13	8.3 (78.3%)
36	SZALA Krzysztof	325	BIEGAMGDZIEHCCE.PL	M1	21	02:18:39	02:49:55.20	02:49:59.65	+00:36:23 (21.4%)	7:13	8.3 (78.3%)
37	RAK Kazimierz	38	TKKF MYŚLENICE	M1	22	02:21:07	02:50:26.95	02:50:54.10	+00:37:18 (21.8%)	7:15	8.3 (78.3%)
38	PASIEKA Przemysław	283	PO ROBOCIE	M2	14	02:20:24	02:50:59.30	02:51:12.00	+00:37:36 (22.0%)	7:16	8.2 (77.4%)
39	SOLIŃSKA Katarzyna	334	CISOWIANKA TEAM	K1	1	02:20:02	02:51:09.55	02:51:26.75	+00:37:50 (22.1%)	7:16	8.2 (77.4%)

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							netto 23.5km	brutto 23.5km			
40	KUBIK Marek	279		M3	3	02:18:49	02:51:22.80	02:51:27.90	+00:37:51 (22.1%)	7:17	8.2 (77.4%)
41	FLOREK Sebastian	19	NORAFSPORT	M1	23	02:21:20	02:51:37.30	02:52:02.00	+00:38:26 (22.3%)	7:18	8.2 (77.4%)
42	SARNA Krzysztof	138		M1	24	02:18:11	02:52:15.35	02:52:35.15	+00:38:59 (22.6%)	7:19	8.2 (77.4%)
43	DEMITRASZEK Adrian	154		M1	25	02:18:31	02:52:56.25	02:53:05.45	+00:39:29 (22.8%)	7:21	8.2 (77.4%)
44	KOŹLIK Jacek	139		M2	15	02:21:25	02:54:38.55	02:54:54.20	+00:41:18 (23.6%)	7:25	8.1 (76.4%)
45	WOJTASIK Przemysław	200		M2	16	02:22:16	02:55:37.95	02:55:42.20	+00:42:06 (24.0%)	7:28	8 (75.5%)
46	STRYCZEK Tomasz	174	BESKID TRAIL CHALLENGE	M1	26	02:25:18	02:56:00.85	02:56:03.35	+00:42:27 (24.1%)	7:29	8 (75.5%)
47	POPIOŁEK Maciej	281		M1	27	02:22:56	02:56:28.45	02:56:44.00	+00:43:08 (24.4%)	7:30	8 (75.5%)
48	JARZĘBAK Rafał	15		M1	28	02:21:19	02:56:47.10	02:57:01.40	+00:43:25 (24.5%)	7:31	8 (75.5%)
49	CZARNY Jarosław	305		M1	29	02:22:57	02:57:40.70	02:57:46.10	+00:44:10 (24.8%)	7:33	7.9 (74.5%)
50	MIĘKUS Anna	134		K2	1	02:24:52	02:58:33.50	02:58:44.40	+00:45:08 (25.3%)	7:35	7.9 (74.5%)
51	GÓRSKI Mariusz	255	-	M1	30	02:26:27	03:00:00.90	03:00:07.30	+00:46:31 (25.8%)	7:39	7.8 (73.6%)
52	PANEK Bartosz	287		M1	31	02:22:19	03:00:28.50	03:00:37.90	+00:47:01 (26.0%)	7:40	7.8 (73.6%)
53	ZARZYCKI Marcin	291	BIO-REH TEAM	M1	32	02:27:23	03:00:40.50	03:00:52.45	+00:47:16 (26.1%)	7:41	7.8 (73.6%)
54	HOŁUJ Bartłomiej	225		M1	33	02:26:42	03:00:38.80	03:00:56.30	+00:47:20 (26.2%)	7:41	7.8 (73.6%)
55	HARĘŻLAK Krzysztof	188	4 ŁAPY PSA ŁÓDŹ	M2	17	02:24:48	03:01:01.95	03:01:23.45	+00:47:47 (26.3%)	7:42	7.8 (73.6%)
56	OLAŃSKI Krzysztof	246	RONDO KLECINA	M2	18	02:27:38	03:00:59.65	03:01:30.20	+00:47:54 (26.4%)	7:42	7.8 (73.6%)
57	MANIARA Paweł	76		M1	34	02:27:25	03:02:12.95	03:02:23.70	+00:48:47 (26.8%)	7:45	7.7 (72.6%)
58	MUSIOŁ Michał	9		M1	35	02:26:42	03:02:49.05	03:02:56.90	+00:49:20 (27.0%)	7:46	7.7 (72.6%)
59	GWIZDALSKI Przemysław	135	MONKEYS GRIP	M2	19	02:28:22	03:03:20.40	03:03:25.25	+00:49:49 (27.2%)	7:48	7.7 (72.6%)
60	NIEWIADOMSKI Dariusz	321		M2	20	02:27:57	03:03:57.20	03:04:07.65	+00:50:31 (27.4%)	7:49	7.7 (72.6%)
61	KAŹMIERCZAK Sławomir	324	ŁGG	M1	36	02:26:24	03:04:10.90	03:04:17.30	+00:50:41 (27.5%)	7:50	7.7 (72.6%)
62	ŁABNO Rafał	205		M2	21	02:29:01	03:03:58.20	03:04:23.80	+00:50:47 (27.5%)	7:49	7.7 (72.6%)

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							netto 23.5km	brutto 23.5km			
63	MUSIALIK Magdalena	273	RZESZOWSKIE GAZELE I GEPARDY	K1	2	02:30:56	03:04:23.15	03:04:29.65	+00:50:53 (27.6%)	7:50	7.6 (71.7%)
64	MAJCHRZAK Bartosz	28	PKO BP	M1	37	02:28:44	03:04:27.05	03:04:42.45	+00:51:06 (27.7%)	7:50	7.6 (71.7%)
65	KAŻMIERCZYK Piotr	311	NO MERCY RUNNING TEAM	M1	38	02:27:41	03:05:00.30	03:05:03.65	+00:51:27 (27.8%)	7:52	7.6 (71.7%)
66	BUŁKA Łukasz	120	IMPRODEX TEAM	M2	22	02:33:15	03:04:38.30	03:05:05.45	+00:51:29 (27.8%)	7:51	7.6 (71.7%)
67	KALITA Arek	125	KAMAK	M2	23	02:33:17	03:04:39.00	03:05:05.55	+00:51:29 (27.8%)	7:51	7.6 (71.7%)
68	SZCZYGIEŁ Mateusz	32		M1	39	02:30:04	03:05:03.60	03:05:07.75	+00:51:31 (27.8%)	7:52	7.6 (71.7%)
69	SOCHA Katarzyna	271	CZASEM BIEGAM	K1	3	02:30:53	03:05:18.05	03:05:22.05	+00:51:46 (27.9%)	7:53	7.6 (71.7%)
70	HABIAK Piotr Paweł	58		M1	40	02:33:25	03:05:51.50	03:06:05.15	+00:52:29 (28.2%)	7:54	7.6 (71.7%)
71	KROWIAK Tomasz	182		M1	41	02:29:08	03:06:09.05	03:06:15.30	+00:52:39 (28.3%)	7:55	7.6 (71.7%)
72	RADECKI Wojciech	54	NIEPOŁOMICE BIEGAJĄ	M2	24	02:32:42	03:05:52.65	03:06:24.25	+00:52:48 (28.3%)	7:54	7.6 (71.7%)
73	KRÓLIKOWSKI Igor	44	RABBITS	M1	42	02:30:35	03:06:20.40	03:06:35.80	+00:52:59 (28.4%)	7:55	7.6 (71.7%)
74	CZYŻAK Daniel	149	WOJSKOWA AKADEMIA TECHNICZNA	M1	43	02:30:13	03:06:48.35	03:06:55.35	+00:53:19 (28.5%)	7:56	7.5 (70.8%)
75	KUŚMIERSKI Michał	122		M2	25	02:30:30	03:06:50.45	03:07:13.85	+00:53:37 (28.6%)	7:57	7.5 (70.8%)
76	TOBERA Łukasz	241		M2	26	02:30:57	03:07:34.45	03:07:41.45	+00:54:05 (28.8%)	7:58	7.5 (70.8%)
77	MAŁECKI Jacek	67		M1	44	02:28:30	03:08:11.80	03:08:21.30	+00:54:45 (29.1%)	8:00	7.5 (70.8%)
78	DANIELAK Tomasz	185		M1	45	02:31:24	03:09:12.15	03:09:29.80	+00:55:53 (29.5%)	8:03	7.5 (70.8%)
79	GWIZDAŁA Łukasz	304	THENATURAT	M1	46	02:32:29	03:09:17.60	03:09:36.45	+00:56:00 (29.5%)	8:03	7.4 (69.8%)
80	BANAŚ Krzysztof	12		M1	47	02:34:15	03:09:43.65	03:09:49.25	+00:56:13 (29.6%)	8:04	7.4 (69.8%)
81	BOLECHOWSKA Dominika	132	ATTIQ TEAM	K2	2	02:35:09	03:10:29.10	03:10:34.15	+00:56:58 (29.9%)	8:06	7.4 (69.8%)
82	KOWALCZYK Roman	267	NIGHT RUNNERS	M1	48	02:34:09	03:10:53.50	03:10:57.60	+00:57:21 (30.0%)	8:07	7.4 (69.8%)
83	MAJCHROWICZ Wiktor	318	TS BESKIDY	M2	27	02:34:24	03:11:49.90	03:11:57.35	+00:58:21 (30.4%)	8:09	7.4 (69.8%)
84	SKOREK-OSIKOWSKI Robert	91	KLUB WYSOKOGÓRSKI GLIWICE	M2	28	02:30:01	03:12:16.85	03:12:23.35	+00:58:47 (30.6%)	8:10	7.3 (68.9%)
85	NIESLER Marcin	50	ND	M1	49	02:35:46	03:12:53.05	03:13:08.10	+00:59:32 (30.8%)	8:12	7.3 (68.9%)

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86	BOGUS Bartosz	179		M1	50	02:34:41	03:13:26.30	03:13:30.20	+00:59:54 (31.0%)	8:13	7.3 (68.9%)
87	NOWAK Ewa	5		K2	3	02:35:39	03:13:35.00	03:13:39.65	+01:00:03 (31.0%)	8:14	7.3 (68.9%)
88	PRĘCIKOWSKI Ryszard	187		M2	29	02:38:51	03:13:33.05	03:13:45.15	+01:00:09 (31.0%)	8:14	7.3 (68.9%)
89	WESOŁOWSKI Krzysztof	268	DEUTSCHE BANK MARATHON TEAM	M1	51	02:41:58	03:14:08.15	03:14:19.80	+01:00:43 (31.3%)	8:15	7.3 (68.9%)
90	GIELNIAK Adam	277		M1	52	02:28:20	03:14:07.70	03:14:28.00	+01:00:52 (31.3%)	8:15	7.3 (68.9%)
91	GARSTKA Mariusz	282		M1	53	02:35:28	03:15:44.90	03:15:54.75	+01:02:18 (31.8%)	8:19	7.2 (67.9%)
92	BOGACZ Radosław	13		M2	30	02:38:41	03:15:46.25	03:16:04.95	+01:02:29 (31.9%)	8:19	7.2 (67.9%)
93	BOCZKOWSKA Justyna	247		K3	1	02:38:41	03:16:02.20	03:16:07.05	+01:02:31 (31.9%)	8:20	7.2 (67.9%)
94	LATAWIEC Bartosz	102		M1	54	02:40:34	03:15:57.75	03:16:10.20	+01:02:34 (31.9%)	8:20	7.2 (67.9%)
95	SWAT Damian	178		M1	55	02:40:53	03:17:16.45	03:17:35.15	+01:03:59 (32.4%)	8:23	7.1 (67.0%)
96	FLOREK Natalia	40	KRAKOWSKIE SARENKI	K1	4	02:41:05	03:17:31.00	03:17:36.15	+01:04:00 (32.4%)	8:24	7.1 (67.0%)
97	RECZUCH Andrzej	290	GET RUN	M2	31	02:40:57	03:17:29.25	03:17:46.05	+01:04:10 (32.4%)	8:24	7.1 (67.0%)
98	TURCHAN Michał	80	DRAMAT PANOWIE	M1	56	02:36:20	03:17:48.10	03:17:59.75	+01:04:23 (32.5%)	8:25	7.1 (67.0%)
99	GWÓŹDŹ Michał	173		M2	32	02:37:01	03:18:05.40	03:18:14.45	+01:04:38 (32.6%)	8:25	7.1 (67.0%)
100	WOJDYŁA Paweł	270	CARPE DIEM	M1	57	02:36:55	03:18:13.25	03:18:31.05	+01:04:55 (32.7%)	8:26	7.1 (67.0%)
101	ZĘBALA Krzysztof	296		M1	58	02:41:36	03:18:16.85	03:18:35.05	+01:04:59 (32.7%)	8:26	7.1 (67.0%)
102	STROJEK Michał	332	NU, ZAJEC! NU, POGODI!	M1	59	02:38:54	03:18:27.60	03:18:43.65	+01:05:07 (32.8%)	8:26	7.1 (67.0%)
103	BINEK Michał	109		M1	60	02:41:01	03:18:40.00	03:18:50.05	+01:05:14 (32.8%)	8:27	7.1 (67.0%)
104	KAJSTURA Katarzyna	148	WOLF TEAM	K1	5	02:42:26	03:18:39.40	03:18:51.50	+01:05:15 (32.8%)	8:27	7.1 (67.0%)
105	MICHAŁOWICZ Jakub	274		M1	61	02:42:18	03:18:31.45	03:18:52.25	+01:05:16 (32.8%)	8:26	7.1 (67.0%)
106	KRASINSKI Marcin	114	WOODWARD RUNNERS	M1	62	02:41:33	03:19:07.80	03:19:13.45	+01:05:37 (32.9%)	8:28	7.1 (67.0%)
107	BŁOŃSKI Zbigniew	212	POLSKIE STOWARZYSZEIE SPORTU PO TRANSPLANTACJI	M3	4		03:19:14.00	03:19:14.00	+01:05:38 (32.9%)	8:28	7.1 (67.0%)
108	ZARZYCKA Alicja	35	BIO-REH	K1	6	02:44:26	03:19:38.40	03:19:49.30	+01:06:13 (33.1%)	8:29	7.1 (67.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	17.6km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 23.5km	brutto 23.5km			
109	WYWROT Grzegorz	261		M1	63	02:43:35	03:20:03.85	03:20:11.50	+01:06:35 (33.3%)	8:30	7 (66.0%)
110	BLONSKI Lukasz	220		M1	64	02:42:04	03:20:29.35	03:20:47.25	+01:07:11 (33.5%)	8:31	7 (66.0%)
111	KUCIA Sebastian	96		M2	33	02:41:46	03:21:03.75	03:21:08.50	+01:07:32 (33.6%)	8:33	7 (66.0%)
112	SIKORA Anna	151	WOLF TEAM	K2	4	02:42:01	03:21:19.20	03:21:31.35	+01:07:55 (33.7%)	8:34	7 (66.0%)
113	TYLEK Konrad	206	CRAZY DRAGONS	M2	34	02:42:27	03:22:01.30	03:22:11.95	+01:08:36 (33.9%)	8:35	7 (66.0%)
114	SZĘDZIELORZ Krystian	99	SILESIA RUNNERS CLUB	M1	65	02:43:45	03:22:18.20	03:22:25.45	+01:08:49 (34.0%)	8:36	7 (66.0%)
115	MAZUREK Dariusz	43	BIEGAM DLA SIEBIE	M1	66	02:41:51	03:22:26.45	03:22:35.85	+01:08:59 (34.1%)	8:36	7 (66.0%)
116	GESS Mariusz	195	PROGDAR MARATHON TEAM	M2	35	02:39:16	03:22:47.55	03:22:57.85	+01:09:21 (34.2%)	8:37	7 (66.0%)
117	KOWALCZYK Grzegorz	275		M2	36	02:44:29	03:24:03.95	03:24:11.15	+01:10:35 (34.6%)	8:41	6.9 (65.1%)
118	WOLSKI Piotr	21	AKADEMICKI KLUB GÓRSKI ŁÓDŹ	M3	5	02:44:09	03:25:42.15	03:25:54.50	+01:12:18 (35.1%)	8:45	6.9 (65.1%)
119	OŻÓG Przemysław	65	KW KRAKÓW	M1	67	02:47:20	03:25:40.60	03:26:02.95	+01:12:27 (35.2%)	8:45	6.9 (65.1%)
120	BAŻYŃSKA Marta	300	AKTYWNE LESZNO	K1	7	02:47:11	03:26:02.20	03:26:08.10	+01:12:32 (35.2%)	8:46	6.8 (64.2%)
121	SĘDZIELOWSKI Piotr	193	BLOK EKIPA	M2	37	02:47:06	03:26:07.45	03:26:17.75	+01:12:41 (35.2%)	8:46	6.8 (64.2%)
122	WIĘCŁAWSKI Michał	231		M1	68	02:43:40	03:26:25.10	03:26:31.85	+01:12:55 (35.3%)	8:47	6.8 (64.2%)
123	BAK Tymoteusz	319		M2	38	02:50:46	03:26:38.10	03:26:44.80	+01:13:08 (35.4%)	8:47	6.8 (64.2%)
124	MAŁYSIAK Julian	288		M1	69	02:49:43	03:27:25.30	03:27:34.55	+01:13:58 (35.6%)	8:49	6.8 (64.2%)
125	PAZDUR Mateusz	171	BLOK EKIPA	M1	70	02:48:57	03:29:06.50	03:29:16.40	+01:15:40 (36.2%)	8:53	6.7 (63.2%)
126	LEWIŃSKI Tomasz	194		M1	71	02:47:12	03:29:23.55	03:29:28.70	+01:15:52 (36.2%)	8:54	6.7 (63.2%)
127	KRZYŻAN Jakub	146	KW KRAKÓW	M2	39	02:50:34	03:29:26.00	03:29:48.55	+01:16:12 (36.3%)	8:54	6.7 (63.2%)
128	MŻYK Marek	41	KKTJ	M3	6	02:46:05	03:30:06.70	03:30:14.75	+01:16:38 (36.5%)	8:56	6.7 (63.2%)
129	SIDZINA Grzegorz	95	HTC HUSARIA	M1	72	02:50:53	03:30:13.70	03:30:22.90	+01:16:46 (36.5%)	8:56	6.7 (63.2%)
130	BARTOSIŃSKI Mariusz	302		M2	40	02:50:57	03:30:20.95	03:30:34.40	+01:16:58 (36.6%)	8:57	6.7 (63.2%)
131	PAŚ Tomek	244	PASIOŁ TEAM WROCŁAW	M2	41	02:52:21	03:31:06.70	03:31:09.80	+01:17:33 (36.7%)	8:58	6.7 (63.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	17.6km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 23.5km	brutto 23.5km			
132	SŁOMIANY Łukasz	286		M2	42	02:48:25	03:31:18.25	03:31:23.80	+01:17:47 (36.8%)	8:59	6.7 (63.2%)
133	ANDRZEJEWSKI Dariusz	130		M2	43	02:51:15	03:31:53.75	03:32:04.55	+01:18:28 (37.0%)	9:01	6.7 (63.2%)
134	NOWACKI Roman	208		M2	44	02:45:59	03:31:51.15	03:32:08.00	+01:18:32 (37.0%)	9:00	6.7 (63.2%)
135	RATYŃSKI Paweł	107	KW WARSZAWA	M2	45	02:50:40	03:32:01.65	03:32:09.75	+01:18:33 (37.0%)	9:01	6.7 (63.2%)
136	PAWLIK Grzegorz	289	NIEPOŁOMICE BIEGAJĄ	M2	46	02:53:38	03:31:59.25	03:32:10.80	+01:18:34 (37.0%)	9:01	6.7 (63.2%)
137	BŁADYKO Damian	62		M1	73	02:56:32	03:32:12.10	03:32:14.75	+01:18:38 (37.1%)	9:01	6.6 (62.3%)
138	MARYNICZ Łukasz	47	INSTEAM	M1	74	02:51:28	03:32:12.80	03:32:19.00	+01:18:43 (37.1%)	9:01	6.6 (62.3%)
139	BERGEL Tomasz	37	TKKF MYŚLENICE	M1	75	02:53:04	03:31:53.00	03:32:22.25	+01:18:46 (37.1%)	9:00	6.7 (63.2%)
140	BUCZEK Tomasz	60		M2	47	02:53:19	03:32:13.80	03:32:25.15	+01:18:49 (37.1%)	9:01	6.6 (62.3%)
141	GUCWA Mirosław	317		M2	48	02:53:46	03:32:56.00	03:33:04.75	+01:19:28 (37.3%)	9:03	6.6 (62.3%)
142	FURMAŃSKI Jakub	240		M1	76	02:50:12	03:33:12.55	03:33:21.50	+01:19:45 (37.4%)	9:04	6.6 (62.3%)
143	MAŁEK Beata	97	IRONS	K1	8	02:54:04	03:34:13.30	03:34:18.25	+01:20:42 (37.7%)	9:06	6.6 (62.3%)
144	TARNAWSKI Jakub	177	KKB DYSTANS	M2	49	02:51:09	03:34:27.75	03:34:45.05	+01:21:09 (37.8%)	9:07	6.6 (62.3%)
145	KRZYŻOWSKI Grzegorz	51		M1	77	02:53:02	03:34:30.35	03:34:51.50	+01:21:15 (37.8%)	9:07	6.6 (62.3%)
146	ADRIAN Maciej	180		M1	78	02:55:49	03:34:58.95	03:35:16.65	+01:21:40 (37.9%)	9:08	6.6 (62.3%)
147	BZOWSKI Michał	129		M2	50	02:55:27	03:35:28.05	03:35:56.95	+01:22:21 (38.1%)	9:10	6.5 (61.3%)
148	WRÓBLEWSKI Łukasz	169	BLOK EKIPA	M2	51	02:58:03	03:36:34.00	03:36:41.25	+01:23:05 (38.3%)	9:12	6.5 (61.3%)
149	STANICKA Monika	69	IRONS	K1	9	02:58:06	03:37:05.35	03:37:11.15	+01:23:35 (38.5%)	9:14	6.5 (61.3%)
150	SZPIŁA Zbigniew	257		M2	52	02:43:41	03:37:16.35	03:37:23.65	+01:23:47 (38.5%)	9:14	6.5 (61.3%)
151	WOJCIESZAK Ewa	189	BIEGIEM PRZEZ GÓRY	K1	10	02:57:16	03:37:32.50	03:37:43.75	+01:24:07 (38.6%)	9:15	6.5 (61.3%)
152	PALKIJ Aleksandra	36		K1	11	02:58:34	03:37:20.55	03:37:43.90	+01:24:07 (38.6%)	9:14	6.5 (61.3%)
153	GŁOMBIK Krzysztof	224		M3	7	02:58:42	03:38:15.90	03:38:26.85	+01:24:50 (38.8%)	9:17	6.5 (61.3%)
154	MICHALAK Katarzyna	181	RETKINIA RUN ŁÓDŹ	K1	12	02:59:55	03:38:50.20	03:39:12.65	+01:25:36 (39.1%)	9:18	6.4 (60.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	17.6km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 23.5km	brutto 23.5km			
155	BORCZYK Bartosz	309	DRUŻYNA PANA TRENERA	M2	53	02:58:51	03:39:08.50	03:39:24.70	+01:25:48 (39.1%)	9:19	6.4 (60.4%)
156	RYBAŁTOWSKA Anna	170		K1	13	02:57:22	03:39:33.70	03:39:39.80	+01:26:03 (39.2%)	9:20	6.4 (60.4%)
157	MILANOWSKI Kamil	71		M1	79	02:56:22	03:39:18.55	03:39:43.70	+01:26:07 (39.2%)	9:19	6.4 (60.4%)
158	JUSZKO Krzysztof	197		M2	54	02:57:04	03:39:39.45	03:39:48.40	+01:26:12 (39.2%)	9:20	6.4 (60.4%)
159	CZARNECKI Dariusz	227		M2	55	02:57:19	03:39:57.60	03:40:09.95	+01:26:34 (39.3%)	9:21	6.4 (60.4%)
160	DĄBEK Robert	104		M2	56	03:00:14	03:40:55.35	03:41:21.00	+01:27:45 (39.6%)	9:24	6.4 (60.4%)
161	KAŁUS Ewa	233	HRMAX ŻORY	K2	5	03:00:52	03:41:13.90	03:41:34.05	+01:27:58 (39.7%)	9:24	6.4 (60.4%)
162	PAPIEWSKA Natalia	39	TKKF MYŚLENICE	K1	14	03:03:21	03:41:09.15	03:41:37.75	+01:28:01 (39.7%)	9:24	6.4 (60.4%)
163	KOCHANOWSKI Michał	56	NIGHT RUNNERS	M1	80	03:00:38	03:41:17.35	03:41:40.40	+01:28:04 (39.7%)	9:24	6.4 (60.4%)
164	KÖHLER-GEORGI Malgorzata	123		K2	6	03:02:48	03:42:37.35	03:43:05.20	+01:29:29 (40.1%)	9:28	6.3 (59.4%)
165	FIJAK Maciej	127		M2	57	03:02:49	03:42:41.40	03:43:09.05	+01:29:33 (40.1%)	9:28	6.3 (59.4%)
166	GAAL Laszlo	7		M1	81	03:01:51	03:42:54.85	03:43:11.35	+01:29:35 (40.1%)	9:29	6.3 (59.4%)
167	JURA Dorota	14	ULTRA BESKID SPORT	K1	15	02:57:28	03:43:01.55	03:43:15.85	+01:29:39 (40.2%)	9:29	6.3 (59.4%)
168	KOWALSKI Michal	292	CARPE DIEM	M2	58	03:00:31	03:43:24.45	03:43:42.90	+01:30:06 (40.3%)	9:30	6.3 (59.4%)
169	KULAWIK Bartosz	266		M2	59	03:01:37	03:44:22.55	03:44:42.10	+01:31:06 (40.5%)	9:32	6.3 (59.4%)
170	CIOCZEK Konrad	116		M1	82	03:01:36	03:44:48.45	03:45:07.30	+01:31:31 (40.7%)	9:34	6.3 (59.4%)
171	GACZOŁ Klaudia	115		K1	16	03:01:34	03:44:48.45	03:45:07.45	+01:31:31 (40.7%)	9:33	6.3 (59.4%)
172	ULATOWSKI Paweł	333		M2	60	03:02:09	03:46:14.90	03:46:41.05	+01:33:05 (41.1%)	9:37	6.2 (58.5%)
173	BIEGAŃSKI Przemysław	59	ŻTR	M1	83	03:01:55	03:46:44.90	03:46:52.20	+01:33:16 (41.1%)	9:38	6.2 (58.5%)
174	SKOTNICKI Piotr	33	HTC HUSARIA	M1	84	03:04:35	03:47:05.40	03:47:15.10	+01:33:39 (41.2%)	9:39	6.2 (58.5%)
175	CZAJKOWSKI Wojciech	202	-	M2	61	03:07:31	03:47:38.00	03:48:04.95	+01:34:29 (41.4%)	9:41	6.2 (58.5%)
176	ANGELEIKO Artem	52		M1	85	03:02:00	03:48:34.95	03:48:38.75	+01:35:02 (41.6%)	9:43	6.2 (58.5%)
177	JELONEK Aleksandra	89		K1	17	03:03:09	03:48:29.35	03:48:46.20	+01:35:10 (41.6%)	9:43	6.2 (58.5%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	17.6km	Czas netto 23.5km	Czas brutto 23.5km	Różn	Tempo min/km	Tempo km/h
178	PRZYBYŁA Ptarycja	331		K2	7	03:06:29	03:49:13.95	03:49:34.60	+01:35:58 (41.8%)	9:45	6.2 (58.5%)
179	DZIAMSKI Ryszard	303	FUNDACJA ISKIERKA - BIEGAM DLA MIRKI	M2	62	03:11:19	03:49:32.45	03:50:00.90	+01:36:24 (41.9%)	9:46	6.1 (57.5%)
180	SZKUDLARZ Miłosz	55	OGÓRY	M1	86	03:06:03	03:50:35.75	03:50:47.60	+01:37:11 (42.1%)	9:48	6.1 (57.5%)
181	CHMIELEWSKI Tomasz	230	BWOTR.PL	M2	63	03:06:16	03:51:22.85	03:51:30.55	+01:37:54 (42.3%)	9:50	6.1 (57.5%)
182	STYRNA Janusz	128		M1	87	03:09:26	03:51:25.90	03:51:34.00	+01:37:58 (42.3%)	9:50	6.1 (57.5%)
183	JAROMIRSKA Elzbieta	49		K1	18	03:06:53	03:52:04.15	03:52:14.45	+01:38:38 (42.5%)	9:52	6.1 (57.5%)
184	JANUS Adrian	16		M1	88	03:10:14	03:52:06.95	03:52:36.35	+01:39:00 (42.6%)	9:52	6.1 (57.5%)
185	ZIELIŃSKI Paweł	235	BEBOKI	M2	64	03:09:11	03:53:02.45	03:53:15.15	+01:39:39 (42.7%)	9:55	6.1 (57.5%)
186	NOWAK Mariusz	335		M1	89	03:09:17	03:53:15.55	03:53:27.50	+01:39:51 (42.8%)	9:55	6 (56.6%)
187	FITAS Paweł	64	MEDIA MARKT KRAKÓW 1	M2	65	03:13:40	03:53:04.10	03:53:28.80	+01:39:52 (42.8%)	9:55	6 (56.6%)
188	LISZKA Damian	20		M2	66	03:07:07	03:53:17.30	03:53:42.45	+01:40:06 (42.8%)	9:55	6 (56.6%)
189	SZYMURA Przemysław	84		M1	90	03:07:44	03:53:44.05	03:53:59.05	+01:40:23 (42.9%)	9:56	6 (56.6%)
190	MARCZEWSKA Gabriela	46		K1	19	03:09:48	03:53:49.85	03:54:11.90	+01:40:35 (43.0%)	9:56	6 (56.6%)
191	ZWOŹNY Daniel	301	DRUŻYNA PANA TRENERA	M2	67	02:58:51	03:54:39.35	03:54:55.40	+01:41:19 (43.1%)	9:59	6 (56.6%)
192	DANIELAK Roman	184		M2	68	03:11:33	03:56:15.40	03:56:36.25	+01:43:00 (43.5%)	10:03	6 (56.6%)
193	HOŁUJ Andrzej	242		M3	8	03:12:25	03:56:45.25	03:57:05.65	+01:43:29 (43.7%)	10:04	6 (56.6%)
194	NAĆKIEWICZ Justyna	18		K2	8	03:15:02	03:57:31.55	03:57:54.10	+01:44:18 (43.8%)	10:06	5.9 (55.7%)
195	MALINOWSKI Krzysztof	25		M1	91	03:09:38	03:57:42.85	03:58:00.10	+01:44:24 (43.9%)	10:06	5.9 (55.7%)
196	BIENIAS Piotr	326		M2	69	03:13:14	03:56:02.40	03:58:12.75	+01:44:36 (43.9%)	10:02	6 (56.6%)
197	RACZKIEWICZ Agnieszka	121	DRUŻYNA A	K2	9	03:17:33	03:58:38.00	03:59:01.45	+01:45:25 (44.1%)	10:09	5.9 (55.7%)
198	LIPIŃSKI Piotr	90		M1	92	03:11:40	04:00:22.10	04:00:38.65	+01:47:02 (44.5%)	10:13	5.9 (55.7%)
199	LESZEK-KRÓLIKOWSKA Patrycja	45	RABBITS	K1	20	03:19:02	04:00:46.10	04:00:57.55	+01:47:21 (44.6%)	10:14	5.9 (55.7%)
200	ZIÓŁKOWSKI Michał	72		M1	93	03:13:53	04:00:56.35	04:01:22.50	+01:47:46 (44.7%)	10:15	5.9 (55.7%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	17.6km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 23.5km	brutto 23.5km			
201	PIŃKOWSKA Patrycja	112	OSOM RUNNERS	K1	21	03:21:48	04:02:13.90	04:02:23.40	+01:48:47 (44.9%)	10:18	5.8 (54.7%)
202	MARYNIAK Agata	113	OSOIM RUNNERS	K2	10	03:21:48	04:02:23.35	04:02:32.75	+01:48:56 (44.9%)	10:18	5.8 (54.7%)
203	SOBOL Agnieszka	106		K2	11	03:21:13	04:02:55.25	04:03:03.60	+01:49:27 (45.0%)	10:20	5.8 (54.7%)
204	PÓŁTORZYCKI Piotr	119	STOPA SŁUPSK	M2	70	03:17:44	04:03:45.30	04:03:51.40	+01:50:15 (45.2%)	10:22	5.8 (54.7%)
205	ZACHWIEJA Katarzyna	252		K2	12	03:20:24	04:03:51.85	04:04:14.65	+01:50:38 (45.3%)	10:22	5.8 (54.7%)
206	PLAZE Olga	312	NIGHT RUNNERS	K2	13	03:20:23	04:04:01.65	04:04:24.35	+01:50:48 (45.3%)	10:23	5.8 (54.7%)
207	CZAJKOWSKA Agnieszka	201	-	K2	14	03:18:32	04:06:11.65	04:06:38.60	+01:53:02 (45.8%)	10:28	5.7 (53.8%)
208	MOCEK Paweł	232	BWOTR.PL	M2	71	03:21:17	04:07:00.15	04:07:06.05	+01:53:30 (45.9%)	10:30	5.7 (53.8%)
209	WOŻNA Magdalena	297	STOWARZYSZENIE NOWE GRANICE	K2	15	03:26:23	04:07:23.10	04:07:37.60	+01:54:01 (46.0%)	10:31	5.7 (53.8%)
210	DWORNIK Małgorzata	61	STALOWE ŁYDY	K1	22	03:19:26	04:08:13.20	04:08:26.20	+01:54:50 (46.2%)	10:33	5.7 (53.8%)
211	ŚREDNIAK Agnieszka	256	RYSIOTEAM	K2	16	03:22:28	04:08:22.80	04:08:42.65	+01:55:06 (46.3%)	10:34	5.7 (53.8%)
212	RYDZYŃSKI Jacek	264	RYSIE	M1	94	03:23:02	04:10:09.00	04:10:23.20	+01:56:47 (46.6%)	10:38	5.6 (52.8%)
213	WOŁOSZCZAK Monika	86	HRMAX ŻORY	K2	17	03:21:40	04:10:15.50	04:10:35.65	+01:56:59 (46.7%)	10:38	5.6 (52.8%)
214	MATUSIEWICZ Karolina	150		K2	18	03:25:05	04:10:11.95	04:10:41.20	+01:57:05 (46.7%)	10:38	5.6 (52.8%)
215	BIERNACKI Bartosz	222		M1	95	03:24:17	04:10:23.40	04:10:45.45	+01:57:09 (46.7%)	10:39	5.6 (52.8%)
216	ZWOLIŃSKI Przemysław	31	RUNNERSTRIP	M2	72	03:19:42	04:11:01.50	04:11:17.15	+01:57:41 (46.8%)	10:40	5.6 (52.8%)
217	MAZUR Sławomir	77	INIEMASLABYCH.PL	M2	73	03:25:59	04:14:54.20	04:15:09.30	+02:01:33 (47.6%)	10:50	5.5 (51.9%)
218	DYBKA Rafał	307	DRUŻYNA PANA TRENERA	M2	74	03:20:15	04:15:24.55	04:15:40.30	+02:02:04 (47.7%)	10:52	5.5 (51.9%)
219	DUTKIEWICZ Leszek	81		M1	96	03:24:21	04:15:28.70	04:15:57.30	+02:02:21 (47.8%)	10:52	5.5 (51.9%)
220	GÓRECKI Łukasz	172	BYDGOSKIE OKONIE	M1	97	03:23:58	04:16:54.15	04:17:00.55	+02:03:24 (48.0%)	10:55	5.5 (51.9%)
221	SZCZUREK Andrzej	126		M3	9	03:24:33	04:17:16.75	04:17:30.95	+02:03:55 (48.1%)	10:56	5.5 (51.9%)
222	SZCZERBA Katarzyna	111		Open K	1	03:33:00	04:20:03.70	04:20:21.10	+02:06:45 (48.7%)	11:04	5.4 (50.9%)
223	BAKA Marcin	299	GTS TRADYCJA	M2	75	03:30:51	04:20:08.50	04:20:32.95	+02:06:57 (48.7%)	11:04	5.4 (50.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	17.6km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 23.5km	brutto 23.5km			
224	WALCZAK Jakub	74	IMIO PW	M2	76	03:25:39	04:21:49.75	04:22:16.10	+02:08:40 (49.1%)	11:08	5.4 (50.9%)
225	MONETA Piotr	79	DRAMAT PANOWIE	M1	98	03:32:44	04:22:22.15	04:22:33.30	+02:08:57 (49.1%)	11:09	5.4 (50.9%)
226	WILCZEK Magdalena	236	BEBOKI	K2	19	03:32:31	04:22:46.90	04:23:00.35	+02:09:24 (49.2%)	11:10	5.4 (50.9%)
227	HUDZIK Antoni	157	BLOK EKIPA	M1	99	03:26:14	04:22:49.90	04:23:00.70	+02:09:24 (49.2%)	11:11	5.4 (50.9%)
228	CZUCHRY Ewa	82	KW WARSZAWA	K2	20	03:30:44	04:23:00.00	04:23:21.25	+02:09:45 (49.3%)	11:11	5.4 (50.9%)
229	KAMIŃSKI Dariusz	175	XXX	M1	100	03:32:58	04:23:51.00	04:23:51.00	+02:10:15 (49.4%)	11:13	5.3 (50.0%)
230	KOZIEŃ Aleksandra	3	RIDERS & RUNNERS TEAM STAJNIA PRZYLESIE	K1	23	03:40:22	04:25:41.75	04:25:57.70	+02:12:21 (49.8%)	11:18	5.3 (50.0%)
231	KORUS Magdalena	4	RIDERS & RUNNERS TEAM STAJNIA PRZYLESIE	K1	24	03:40:22	04:25:42.00	04:25:57.85	+02:12:21 (49.8%)	11:18	5.3 (50.0%)
232	ZWOLIŃSKA Magdalena	30	RUNNERSTRIP	K2	21	03:36:26	04:27:00.75	04:27:14.70	+02:13:38 (50.0%)	11:21	5.3 (50.0%)
233	ŚRODEK Mariusz	294	GFT RUNNING TEAM	M2	77	03:32:36	04:29:09.05	04:29:32.90	+02:15:56 (50.4%)	11:27	5.2 (49.1%)
234	STARZYK Ewa	155		K2	22	03:36:32	04:29:27.40	04:29:37.85	+02:16:01 (50.5%)	11:27	5.2 (49.1%)
235	BRODZIAK Arkadiusz	153		M2	78	03:36:23	04:29:20.95	04:29:39.65	+02:16:03 (50.5%)	11:27	5.2 (49.1%)
236	MAZUR Grzegorz	295		M1	101	03:31:10	04:29:31.80	04:30:01.40	+02:16:25 (50.5%)	11:28	5.2 (49.1%)
237	KIJOWSKA Małgorzata	269	NIGHT RUNNERS	K2	23	03:45:02	04:31:13.20	04:31:37.05	+02:18:01 (50.8%)	11:32	5.2 (49.1%)
238	KULIBERDA Roman	66	NIGHT RUNNERS	M2	79	03:45:01	04:31:11.25	04:31:37.15	+02:18:01 (50.8%)	11:32	5.2 (49.1%)
239	JABŁOŃSKA Ewa	117		K1	25	03:38:53	04:32:03.30	04:32:03.30	+02:18:27 (50.9%)	11:34	5.2 (49.1%)
240	CHMIELOWSKI Marcin	161	BLOK EKIPA	M1	102	03:32:47	04:33:09.10	04:33:17.75	+02:19:41 (51.1%)	11:37	5.2 (49.1%)
241	GRYLEWICZ Tomasz	221	RUN BYDGOSZCZ	M1	103	03:38:33	04:33:05.85	04:33:27.90	+02:19:51 (51.1%)	11:37	5.2 (49.1%)
242	WÓJTOWICZ Zbigniew	57		M2	80	03:40:35	04:34:47.00	04:34:47.00	+02:21:11 (51.4%)	11:41	5.1 (48.1%)
243	MAKARUK Tomasz	293		M2	81	03:45:39	04:36:40.60	04:37:11.30	+02:23:35 (51.8%)	11:46	5.1 (48.1%)
244	NIEDZIELA Andrzej	186		M1	104	03:51:49	04:39:47.40	04:40:12.60	+02:26:36 (52.3%)	11:54	5 (47.2%)
245	NITA Małgorzata	98		K2	24	03:51:48	04:41:28.85	04:41:41.10	+02:28:05 (52.6%)	11:58	5 (47.2%)
246	PYRĆ Piotr	217		M2	82	03:44:58	04:43:13.60	04:43:27.90	+02:29:51 (52.9%)	12:03	5 (47.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	17.6km	Czas netto 23.5km	Czas brutto 23.5km	Różn	Tempo min/km	Tempo km/h
247	NIZIOŁEK Gabriela Wiktoria	215	PEDRAFORCA	K2	25	03:49:20	04:43:52.30	04:44:17.80	+02:30:41 (53.0%)	12:04	5 (47.2%)
248	SUWALD Andrzej	223	JACEKBIEGA RUNNING TEAM	M3	10	03:51:37	04:45:01.40	04:45:25.55	+02:31:49 (53.2%)	12:07	4.9 (46.2%)
249	ZIUBIŃSKI Paweł	88		M1	105	03:49:32	04:49:04.15	04:49:23.15	+02:35:47 (53.8%)	12:18	4.9 (46.2%)
250	SZPAK Krzysztof	298		M1	106	03:45:15	04:52:31.00	04:52:43.90	+02:39:07 (54.4%)	12:26	4.8 (45.3%)
251	WÓJCIK Bartłomiej	22	TIME4RUNING	M1	107	03:56:50	04:54:03.10	04:54:21.05	+02:40:45 (54.6%)	12:30	4.8 (45.3%)
252	LEWANDOWSKI Krzysztof	322		M3	11	03:54:41	04:54:03.80	04:54:23.65	+02:40:47 (54.6%)	12:30	4.8 (45.3%)
253	MILLER Marcin	160		M2	83	04:03:08	04:58:37.50	04:59:05.05	+02:45:29 (55.3%)	12:42	4.7 (44.3%)
254	STRZYŻ Ryszard	85	CHORZOWSKA GRUPA BIEGOWA	M2	84	03:57:45	04:59:33.55	04:59:42.65	+02:46:06 (55.4%)	12:44	4.7 (44.3%)
255	SZOKALSKA Urszula	218	KLUB FILIPKA	K2	26	04:03:37	05:04:47.05	05:05:08.50	+02:51:32 (56.2%)	12:58	4.6 (43.4%)
256	MATUSIEWICZ Karol	330		M2	85	03:37:29	05:04:46.00	05:05:15.70	+02:51:39 (56.2%)	12:58	4.6 (43.4%)
257	SZOKALSKI Kazimierz	219	KLUB FILIPKA	M3	12	04:03:36	05:05:02.50	05:05:24.25	+02:51:48 (56.3%)	12:58	4.6 (43.4%)
258	BEDNARCZYK Jan	209		M2	86	04:13:27	05:13:43.20	05:14:15.10	+03:00:39 (57.5%)	13:21	4.5 (42.5%)
259	WALCZAK Rafał	210		M2	87	04:13:25	05:13:51.30	05:14:22.95	+03:00:47 (57.5%)	13:21	4.5 (42.5%)
260	JANDZIOŁ Marcin	278		M1	108	03:52:14	05:17:34.90	05:17:53.75	+03:04:17 (58.0%)	13:30	4.4 (41.5%)
261	CABAJ Rafał	159	BIEGUSIEM.PL	M2	88	04:12:44	05:19:20.65	05:19:33.85	+03:05:57 (58.2%)	13:35	4.4 (41.5%)
262	MARTYNIUK Cezary	198	PMT	M3	13	04:03:02	05:20:17.35	05:20:44.40	+03:07:08 (58.3%)	13:37	4.4 (41.5%)
263	KARŁOWICZ Anna	213	WOLNA WOLA WARSZAWA	K3	2	03:49:45	05:34:07.10	05:34:31.80	+03:20:55 (60.1%)	14:13	4.2 (39.6%)
264	ROZYNEK Jacek	78		M3	14	04:33:28	05:41:34.25	05:42:01.80	+03:28:25 (60.9%)	14:32	4.1 (38.7%)
265	MARZEC Dominik	100		M1	109	04:39:27	05:42:42.30	05:43:11.25	+03:29:35 (61.1%)	14:35	4.1 (38.7%)
	STOBIERSKI Przemek	254	BENEFICJENCI REGENERACJI	M2		DNF	DNF	DNF		-	- (0.0%)

Znaleziono 266 wynik(ów)