

1/2 SKY MARATHON BABIA GÓRA

B4SPORT
INTELEGENNE ZAWODY SPORTOWE

Organizator: BBProjekt Sławomir Hohol
Data: 2016-06-11
Miejsce: Zawoja
Dystans: 23.5 km

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Klasyfikacja: Open M

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	17.6km	Czas netto 23.5km	Czas brutto 23.5km	Różn	Tempo min/km	Tempo km/h
1	WOSIK Daniel	8	RMD MONTRAIL TEAM	M2	1	01:47:58	02:13:34.10	02:13:35.95		5:41	10.6 (100%)
2	GAWROŃSKI Tomasz	327	NADIR	M1	1	01:50:45	02:14:52.60	02:14:54.65	+00:01:18 (1.0%)	5:44	10.5 (99.1%)
3	BIERNAWSKI Piotr	75	ATTIQ FAKE RUNNERS	M2	2	01:51:51	02:18:25.45	02:18:27.70	+00:04:51 (3.5%)	5:53	10.2 (96.2%)
4	SZCZYGIEŁ Łukasz	17		M1	2	01:54:32	02:19:30.50	02:19:33.90	+00:05:57 (4.3%)	5:56	10.1 (95.3%)
5	FALKOWSKI Krzysztof	308	WOODWARD RUNNERS	M1	3	01:54:30	02:20:35.15	02:20:37.20	+00:07:01 (5.0%)	5:58	10 (94.3%)
6	MISIAK Bartosz	93	BRAT KUBA	M1	4	01:55:15	02:22:08.35	02:22:11.20	+00:08:35 (6.0%)	6:02	9.9 (93.4%)
7	ALKER Adam	192	BIEGAPAN.COM / PWPW	M1	5	02:00:00	02:26:05.15	02:26:07.00	+00:12:31 (8.6%)	6:13	9.7 (91.5%)
8	BARANOW Łukasz	147	STACJA LECZENIA RUCHEM	M1	6	01:59:59	02:26:24.10	02:26:27.25	+00:12:51 (8.8%)	6:13	9.6 (90.6%)
9	KARAŚ Marcin	314	MARCIN ŚWIERC TEAM/ETIXX	M1	7	02:01:11	02:26:58.70	02:27:00.95	+00:13:25 (9.1%)	6:15	9.6 (90.6%)
10	RDZANEK Michał	70	NIENERWOWI BIEGACZE	M2	3	02:01:12	02:27:44.10	02:27:47.05	+00:14:11 (9.6%)	6:17	9.5 (89.6%)
11	CHLEBEK Andrzej	163		M1	8	02:02:25	02:28:40.70	02:28:43.95	+00:15:08 (10.2%)	6:19	9.5 (89.6%)
12	KUJAWSKI Bartek	10	GRUPETTO GORLICE	M1	9	02:00:45	02:29:10.80	02:29:13.15	+00:15:37 (10.5%)	6:20	9.5 (89.6%)
13	MIERNICZEK Łukasz	323		M1	10	02:05:54	02:34:12.65	02:34:15.05	+00:20:39 (13.4%)	6:33	9.1 (85.8%)
14	TOPOLSKI Marcin	243		M2	4	02:04:48	02:34:36.45	02:34:39.80	+00:21:03 (13.6%)	6:34	9.1 (85.8%)
15	ŁABUZIŃSKI Sławomir	105	DNA SPORT TEAM	M3	1	02:06:24	02:35:58.55	02:36:01.65	+00:22:25 (14.4%)	6:38	9 (84.9%)
16	POKRZYK Zbigniew	263		M2	5	02:07:00	02:36:36.45	02:36:39.00	+00:23:03 (14.7%)	6:39	9 (84.9%)
17	LIPA Wojciech	276	RZESZOWSKIE GAZELE I GEPARDY	M2	6	02:08:50	02:36:50.80	02:36:54.75	+00:23:18 (14.9%)	6:40	9 (84.9%)
18	PIENIAŻEK Krzysztof	158		M2	7	02:07:20	02:37:34.70	02:37:38.85	+00:24:02 (15.3%)	6:42	8.9 (84.0%)
19	SAGAN Łukasz	6	SALCO SPORT TEAM	M1	11	02:09:36	02:38:13.30	02:38:18.40	+00:24:42 (15.6%)	6:43	8.9 (84.0%)
20	WOLCZKO Grzegorz	34		M1	12	02:08:14	02:38:34.85	02:38:38.70	+00:25:02 (15.8%)	6:44	8.9 (84.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	17.6km	Czas netto 23.5km	Czas brutto 23.5km	Różn	Tempo min/km	Tempo km/h
21	BLEJZYK Albert	103		M2	8	02:10:06	02:39:10.75	02:39:25.60	+00:25:49 (16.2%)	6:46	8.9 (84.0%)
22	STOPA Michał	336		M1	13	02:10:23	02:39:43.95	02:39:48.05	+00:26:12 (16.4%)	6:47	8.8 (83.0%)
23	ZYCH Marcin	306		M1	14	02:12:48	02:40:32.85	02:40:37.25	+00:27:01 (16.8%)	6:49	8.8 (83.0%)
24	STACHURA Krzysztof	63	NIEPOŁOMICE BIEGAJĄ	M2	9	02:10:48	02:40:40.80	02:40:46.05	+00:27:10 (16.9%)	6:50	8.8 (83.0%)
25	BEBENEK Marek	145		M1	15	02:09:58	02:41:19.70	02:41:22.65	+00:27:46 (17.2%)	6:51	8.7 (82.1%)
26	MIKUŚ Marcin	73	ITMZM2011	M1	16	02:12:47	02:42:12.00	02:42:18.40	+00:28:42 (17.7%)	6:54	8.7 (82.1%)
27	GÓROWSKI Mateusz	53	BESKIDZKA 160 NA RATY	M1	17	02:13:02	02:42:58.05	02:43:01.45	+00:29:25 (18.0%)	6:56	8.7 (82.1%)
28	STASIAK Marek	191		M2	10	02:13:44	02:43:52.30	02:43:56.70	+00:30:20 (18.5%)	6:58	8.6 (81.1%)
29	KOT Łukasz	137	RZESZOWSKIE GAZELE I GEPARDY	M1	18	02:12:36	02:44:09.15	02:44:15.05	+00:30:39 (18.7%)	6:59	8.6 (81.1%)
30	WOJCIECHOWSKI Michał	124		M2	11	02:14:22	02:45:45.90	02:45:50.00	+00:32:14 (19.4%)	7:03	8.5 (80.2%)
31	GAŚSIOR Krzysztof	284		M2	12	02:15:33	02:47:22.05	02:47:25.65	+00:33:49 (20.2%)	7:07	8.4 (79.2%)
32	PAJĄK Wojciech	140		M1	19	02:17:09	02:47:40.35	02:48:00.15	+00:34:24 (20.5%)	7:08	8.4 (79.2%)
33	PYTEL Janusz	92	SOKOŁ ZAKOPANE-SOSNOWIEC	M3	2	02:16:23	02:48:16.95	02:48:20.55	+00:34:44 (20.6%)	7:09	8.4 (79.2%)
34	KOSICKI Łukasz	245		M1	20	02:16:18	02:49:24.05	02:49:30.80	+00:35:54 (21.2%)	7:12	8.3 (78.3%)
35	WÓJCIK Tomasz	26		M2	13	02:18:39	02:49:40.35	02:49:43.00	+00:36:07 (21.3%)	7:13	8.3 (78.3%)
36	SZALA Krzysztof	325	BIEGAMGDZIECHCE.PL	M1	21	02:18:39	02:49:55.20	02:49:59.65	+00:36:23 (21.4%)	7:13	8.3 (78.3%)
37	RAK Kazimierz	38	TKKF MYŚLENICE	M1	22	02:21:07	02:50:26.95	02:50:54.10	+00:37:18 (21.8%)	7:15	8.3 (78.3%)
38	PASIEKA Przemysław	283	PO ROBOCIE	M2	14	02:20:24	02:50:59.30	02:51:12.00	+00:37:36 (22.0%)	7:16	8.2 (77.4%)
39	KUBIK Marek	279		M3	3	02:18:49	02:51:22.80	02:51:27.90	+00:37:51 (22.1%)	7:17	8.2 (77.4%)
40	FLOREK Sebastian	19	NORAFSPORT	M1	23	02:21:20	02:51:37.30	02:52:02.00	+00:38:26 (22.3%)	7:18	8.2 (77.4%)
41	SARNA Krzysztof	138		M1	24	02:18:11	02:52:15.35	02:52:35.15	+00:38:59 (22.6%)	7:19	8.2 (77.4%)
42	DEMITRASZEK Adrian	154		M1	25	02:18:31	02:52:56.25	02:53:05.45	+00:39:29 (22.8%)	7:21	8.2 (77.4%)
43	KOŹLIK Jacek	139		M2	15	02:21:25	02:54:38.55	02:54:54.20	+00:41:18 (23.6%)	7:25	8.1 (76.4%)

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44	WOJTASIK Przemysław	200		M2	16	02:22:16	02:55:37.95	02:55:42.20	+00:42:06 (24.0%)	7:28	8 (75.5%)
45	STRYCZEK Tomasz	174	BESKID TRAIL CHALLENGE	M1	26	02:25:18	02:56:00.85	02:56:03.35	+00:42:27 (24.1%)	7:29	8 (75.5%)
46	POPIOŁEK Maciej	281		M1	27	02:22:56	02:56:28.45	02:56:44.00	+00:43:08 (24.4%)	7:30	8 (75.5%)
47	JARZĘBAK Rafał	15		M1	28	02:21:19	02:56:47.10	02:57:01.40	+00:43:25 (24.5%)	7:31	8 (75.5%)
48	CZARNY Jarosław	305		M1	29	02:22:57	02:57:40.70	02:57:46.10	+00:44:10 (24.8%)	7:33	7.9 (74.5%)
49	GÓRSKI Mariusz	255	-	M1	30	02:26:27	03:00:00.90	03:00:07.30	+00:46:31 (25.8%)	7:39	7.8 (73.6%)
50	PANEK Bartosz	287		M1	31	02:22:19	03:00:28.50	03:00:37.90	+00:47:01 (26.0%)	7:40	7.8 (73.6%)
51	ZARZYCKI Marcin	291	BIO-REH TEAM	M1	32	02:27:23	03:00:40.50	03:00:52.45	+00:47:16 (26.1%)	7:41	7.8 (73.6%)
52	HOŁUJ Bartłomiej	225		M1	33	02:26:42	03:00:38.80	03:00:56.30	+00:47:20 (26.2%)	7:41	7.8 (73.6%)
53	HARĘŻLAK Krzysztof	188	4 ŁAPY PSA ŁÓDŹ	M2	17	02:24:48	03:01:01.95	03:01:23.45	+00:47:47 (26.3%)	7:42	7.8 (73.6%)
54	OLAŃSKI Krzysztof	246	RONDO KLECINA	M2	18	02:27:38	03:00:59.65	03:01:30.20	+00:47:54 (26.4%)	7:42	7.8 (73.6%)
55	MANIARA Paweł	76		M1	34	02:27:25	03:02:12.95	03:02:23.70	+00:48:47 (26.8%)	7:45	7.7 (72.6%)
56	MUSIOŁ Michał	9		M1	35	02:26:42	03:02:49.05	03:02:56.90	+00:49:20 (27.0%)	7:46	7.7 (72.6%)
57	GWIZDAŁSKI Przemysław	135	MONKEYS GRIP	M2	19	02:28:22	03:03:20.40	03:03:25.25	+00:49:49 (27.2%)	7:48	7.7 (72.6%)
58	NIEWIADOMSKI Dariusz	321		M2	20	02:27:57	03:03:57.20	03:04:07.65	+00:50:31 (27.4%)	7:49	7.7 (72.6%)
59	KAŻMIERCZAK Sławomir	324	ŁGG	M1	36	02:26:24	03:04:10.90	03:04:17.30	+00:50:41 (27.5%)	7:50	7.7 (72.6%)
60	ŁABNO Rafał	205		M2	21	02:29:01	03:03:58.20	03:04:23.80	+00:50:47 (27.5%)	7:49	7.7 (72.6%)
61	MAJCHRZAK Bartosz	28	PKO BP	M1	37	02:28:44	03:04:27.05	03:04:42.45	+00:51:06 (27.7%)	7:50	7.6 (71.7%)
62	KAŻMIERCZYK Piotr	311	NO MERCY RUNNING TEAM	M1	38	02:27:41	03:05:00.30	03:05:03.65	+00:51:27 (27.8%)	7:52	7.6 (71.7%)
63	BUŁKA Łukasz	120	IMPRODEX TEAM	M2	22	02:33:15	03:04:38.30	03:05:05.45	+00:51:29 (27.8%)	7:51	7.6 (71.7%)
64	KALITA Arek	125	KAMAK	M2	23	02:33:17	03:04:39.00	03:05:05.55	+00:51:29 (27.8%)	7:51	7.6 (71.7%)
65	SZCZYGIEŁ Mateusz	32		M1	39	02:30:04	03:05:03.60	03:05:07.75	+00:51:31 (27.8%)	7:52	7.6 (71.7%)
66	HABIAK Piotr Paweł	58		M1	40	02:33:25	03:05:51.50	03:06:05.15	+00:52:29 (28.2%)	7:54	7.6 (71.7%)

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67	KROWIAK Tomasz	182		M1	41	02:29:08	03:06:09.05	03:06:15.30	+00:52:39 (28.3%)	7:55	7.6 (71.7%)
68	RADECKI Wojciech	54	NIEPOŁOMICE BIEGAJĄ	M2	24	02:32:42	03:05:52.65	03:06:24.25	+00:52:48 (28.3%)	7:54	7.6 (71.7%)
69	KRÓLIKOWSKI Igor	44	RABBITS	M1	42	02:30:35	03:06:20.40	03:06:35.80	+00:52:59 (28.4%)	7:55	7.6 (71.7%)
70	CZYŻAK Daniel	149	WOJSKOWA AKADEMIA TECHNICZNA	M1	43	02:30:13	03:06:48.35	03:06:55.35	+00:53:19 (28.5%)	7:56	7.5 (70.8%)
71	KUŚMIERSKI Michał	122		M2	25	02:30:30	03:06:50.45	03:07:13.85	+00:53:37 (28.6%)	7:57	7.5 (70.8%)
72	TOBERA Łukasz	241		M2	26	02:30:57	03:07:34.45	03:07:41.45	+00:54:05 (28.8%)	7:58	7.5 (70.8%)
73	MAŁECKI Jacek	67		M1	44	02:28:30	03:08:11.80	03:08:21.30	+00:54:45 (29.1%)	8:00	7.5 (70.8%)
74	DANIELAK Tomasz	185		M1	45	02:31:24	03:09:12.15	03:09:29.80	+00:55:53 (29.5%)	8:03	7.5 (70.8%)
75	GWIZDAŁA Łukasz	304	THENATURAT	M1	46	02:32:29	03:09:17.60	03:09:36.45	+00:56:00 (29.5%)	8:03	7.4 (69.8%)
76	BANAŚ Krzysztof	12		M1	47	02:34:15	03:09:43.65	03:09:49.25	+00:56:13 (29.6%)	8:04	7.4 (69.8%)
77	KOWALCZYK Roman	267	NIGHT RUNNERS	M1	48	02:34:09	03:10:53.50	03:10:57.60	+00:57:21 (30.0%)	8:07	7.4 (69.8%)
78	MAJCHROWICZ Wiktor	318	TS BESKIDY	M2	27	02:34:24	03:11:49.90	03:11:57.35	+00:58:21 (30.4%)	8:09	7.4 (69.8%)
79	SKOREK-OSIKOWSKI Robert	91	KLUB WYSOKOGÓRSKI GLIWICE	M2	28	02:30:01	03:12:16.85	03:12:23.35	+00:58:47 (30.6%)	8:10	7.3 (68.9%)
80	NIESLER Marcin	50	ND	M1	49	02:35:46	03:12:53.05	03:13:08.10	+00:59:32 (30.8%)	8:12	7.3 (68.9%)
81	BOGUS Bartosz	179		M1	50	02:34:41	03:13:26.30	03:13:30.20	+00:59:54 (31.0%)	8:13	7.3 (68.9%)
82	PRĘCIKOWSKI Ryszard	187		M2	29	02:38:51	03:13:33.05	03:13:45.15	+01:00:09 (31.0%)	8:14	7.3 (68.9%)
83	WESOŁOWSKI Krzysztof	268	DEUTSCHE BANK MARATHON TEAM	M1	51	02:41:58	03:14:08.15	03:14:19.80	+01:00:43 (31.3%)	8:15	7.3 (68.9%)
84	GIELNIAK Adam	277		M1	52	02:28:20	03:14:07.70	03:14:28.00	+01:00:52 (31.3%)	8:15	7.3 (68.9%)
85	GARSTKA Mariusz	282		M1	53	02:35:28	03:15:44.90	03:15:54.75	+01:02:18 (31.8%)	8:19	7.2 (67.9%)
86	BOGACZ Radosław	13		M2	30	02:38:41	03:15:46.25	03:16:04.95	+01:02:29 (31.9%)	8:19	7.2 (67.9%)
87	LATAWIEC Bartosz	102		M1	54	02:40:34	03:15:57.75	03:16:10.20	+01:02:34 (31.9%)	8:20	7.2 (67.9%)
88	SWAT Damian	178		M1	55	02:40:53	03:17:16.45	03:17:35.15	+01:03:59 (32.4%)	8:23	7.1 (67.0%)
89	RECZUCH Andrzej	290	GET RUN	M2	31	02:40:57	03:17:29.25	03:17:46.05	+01:04:10 (32.4%)	8:24	7.1 (67.0%)

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90	TURCHAN Michał	80	DRAMAT PANOWIE	M1	56	02:36:20	03:17:48.10	03:17:59.75	+01:04:23 (32.5%)	8:25	7.1 (67.0%)
91	GWÓZDŹ Michał	173		M2	32	02:37:01	03:18:05.40	03:18:14.45	+01:04:38 (32.6%)	8:25	7.1 (67.0%)
92	WOJDYŁA Paweł	270	CARPE DIEM	M1	57	02:36:55	03:18:13.25	03:18:31.05	+01:04:55 (32.7%)	8:26	7.1 (67.0%)
93	ZĘBALA Krzysztof	296		M1	58	02:41:36	03:18:16.85	03:18:35.05	+01:04:59 (32.7%)	8:26	7.1 (67.0%)
94	STROJEK Michał	332	NU, ZAJEC! NU, POGODI!	M1	59	02:38:54	03:18:27.60	03:18:43.65	+01:05:07 (32.8%)	8:26	7.1 (67.0%)
95	BINEK Michał	109		M1	60	02:41:01	03:18:40.00	03:18:50.05	+01:05:14 (32.8%)	8:27	7.1 (67.0%)
96	MICHAŁOWICZ Jakub	274		M1	61	02:42:18	03:18:31.45	03:18:52.25	+01:05:16 (32.8%)	8:26	7.1 (67.0%)
97	KRASINSKI Marcin	114	WOODWARD RUNNERS	M1	62	02:41:33	03:19:07.80	03:19:13.45	+01:05:37 (32.9%)	8:28	7.1 (67.0%)
98	BŁOŃSKI Zbigniew	212	POLSKIE STOWARZYSZEIE SPORTU PO TRANSPLANTACJI	M3	4		03:19:14.00	03:19:14.00	+01:05:38 (32.9%)	8:28	7.1 (67.0%)
99	WYWROT Grzegorz	261		M1	63	02:43:35	03:20:03.85	03:20:11.50	+01:06:35 (33.3%)	8:30	7 (66.0%)
100	BLONSKI Lukasz	220		M1	64	02:42:04	03:20:29.35	03:20:47.25	+01:07:11 (33.5%)	8:31	7 (66.0%)
101	KUCIA Sebastian	96		M2	33	02:41:46	03:21:03.75	03:21:08.50	+01:07:32 (33.6%)	8:33	7 (66.0%)
102	TYLEK Konrad	206	CRAZY DRAGONS	M2	34	02:42:27	03:22:01.30	03:22:11.95	+01:08:36 (33.9%)	8:35	7 (66.0%)
103	SZĘDZIELORZ Krystian	99	SILESIA RUNNERS CLUB	M1	65	02:43:45	03:22:18.20	03:22:25.45	+01:08:49 (34.0%)	8:36	7 (66.0%)
104	MAZUREK Dariusz	43	BIEGAM DLA SIEBIE	M1	66	02:41:51	03:22:26.45	03:22:35.85	+01:08:59 (34.1%)	8:36	7 (66.0%)
105	GESS Mariusz	195	PROGDAR MARATHON TEAM	M2	35	02:39:16	03:22:47.55	03:22:57.85	+01:09:21 (34.2%)	8:37	7 (66.0%)
106	KOWALCZYK Grzegorz	275		M2	36	02:44:29	03:24:03.95	03:24:11.15	+01:10:35 (34.6%)	8:41	6.9 (65.1%)
107	WOLSKI Piotr	21	AKADEMICKI KLUB GÓRSKI ŁÓDŹ	M3	5	02:44:09	03:25:42.15	03:25:54.50	+01:12:18 (35.1%)	8:45	6.9 (65.1%)
108	OŻÓG Przemysław	65	KW KRAKÓW	M1	67	02:47:20	03:25:40.60	03:26:02.95	+01:12:27 (35.2%)	8:45	6.9 (65.1%)
109	SĘDZIELOWSKI Piotr	193	BLOK EKIPA	M2	37	02:47:06	03:26:07.45	03:26:17.75	+01:12:41 (35.2%)	8:46	6.8 (64.2%)
110	WIĘCŁAWSKI Michał	231		M1	68	02:43:40	03:26:25.10	03:26:31.85	+01:12:55 (35.3%)	8:47	6.8 (64.2%)
111	BAK Tymoteusz	319		M2	38	02:50:46	03:26:38.10	03:26:44.80	+01:13:08 (35.4%)	8:47	6.8 (64.2%)
112	MAŁYSIAK Julian	288		M1	69	02:49:43	03:27:25.30	03:27:34.55	+01:13:58 (35.6%)	8:49	6.8 (64.2%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	17.6km	Czas netto 23.5km	Czas brutto 23.5km	Różn	Tempo min/km	Tempo km/h
113	PAZDUR Mateusz	171	BLOK EKIPA	M1	70	02:48:57	03:29:06.50	03:29:16.40	+01:15:40 (36.2%)	8:53	6.7 (63.2%)
114	LEWIŃSKI Tomasz	194		M1	71	02:47:12	03:29:23.55	03:29:28.70	+01:15:52 (36.2%)	8:54	6.7 (63.2%)
115	KRZYŻAN Jakub	146	KW KRAKÓW	M2	39	02:50:34	03:29:26.00	03:29:48.55	+01:16:12 (36.3%)	8:54	6.7 (63.2%)
116	MŻYK Marek	41	KKTJ	M3	6	02:46:05	03:30:06.70	03:30:14.75	+01:16:38 (36.5%)	8:56	6.7 (63.2%)
117	SIDZINA Grzegorz	95	HTC HUSARIA	M1	72	02:50:53	03:30:13.70	03:30:22.90	+01:16:46 (36.5%)	8:56	6.7 (63.2%)
118	BARTOSIŃSKI Mariusz	302		M2	40	02:50:57	03:30:20.95	03:30:34.40	+01:16:58 (36.6%)	8:57	6.7 (63.2%)
119	PAŚ Tomek	244	PASIOŁ TEAM WROCŁAW	M2	41	02:52:21	03:31:06.70	03:31:09.80	+01:17:33 (36.7%)	8:58	6.7 (63.2%)
120	SŁOMIANY Łukasz	286		M2	42	02:48:25	03:31:18.25	03:31:23.80	+01:17:47 (36.8%)	8:59	6.7 (63.2%)
121	ANDRZEJEWSKI Dariusz	130		M2	43	02:51:15	03:31:53.75	03:32:04.55	+01:18:28 (37.0%)	9:01	6.7 (63.2%)
122	NOWACKI Roman	208		M2	44	02:45:59	03:31:51.15	03:32:08.00	+01:18:32 (37.0%)	9:00	6.7 (63.2%)
123	RATYŃSKI Paweł	107	KW WARSZAWA	M2	45	02:50:40	03:32:01.65	03:32:09.75	+01:18:33 (37.0%)	9:01	6.7 (63.2%)
124	PAWLIK Grzegorz	289	NIEPOŁOMICE BIEGAJĄ	M2	46	02:53:38	03:31:59.25	03:32:10.80	+01:18:34 (37.0%)	9:01	6.7 (63.2%)
125	BŁADYKO Damian	62		M1	73	02:56:32	03:32:12.10	03:32:14.75	+01:18:38 (37.1%)	9:01	6.6 (62.3%)
126	MARYNICZ Łukasz	47	INSTEAM	M1	74	02:51:28	03:32:12.80	03:32:19.00	+01:18:43 (37.1%)	9:01	6.6 (62.3%)
127	BERGEL Tomasz	37	TKKF MYŚLENICE	M1	75	02:53:04	03:31:53.00	03:32:22.25	+01:18:46 (37.1%)	9:00	6.7 (63.2%)
128	BUCZEK Tomasz	60		M2	47	02:53:19	03:32:13.80	03:32:25.15	+01:18:49 (37.1%)	9:01	6.6 (62.3%)
129	GUCWA Mirosław	317		M2	48	02:53:46	03:32:56.00	03:33:04.75	+01:19:28 (37.3%)	9:03	6.6 (62.3%)
130	FURMAŃSKI Jakub	240		M1	76	02:50:12	03:33:12.55	03:33:21.50	+01:19:45 (37.4%)	9:04	6.6 (62.3%)
131	TARNAWSKI Jakub	177	KKB DYSTANS	M2	49	02:51:09	03:34:27.75	03:34:45.05	+01:21:09 (37.8%)	9:07	6.6 (62.3%)
132	KRZYŻOWSKI Grzegorz	51		M1	77	02:53:02	03:34:30.35	03:34:51.50	+01:21:15 (37.8%)	9:07	6.6 (62.3%)
133	ADRIAN Maciej	180		M1	78	02:55:49	03:34:58.95	03:35:16.65	+01:21:40 (37.9%)	9:08	6.6 (62.3%)
134	BZOWSKI Michał	129		M2	50	02:55:27	03:35:28.05	03:35:56.95	+01:22:21 (38.1%)	9:10	6.5 (61.3%)
135	WRÓBLEWSKI Łukasz	169	BLOK EKIPA	M2	51	02:58:03	03:36:34.00	03:36:41.25	+01:23:05 (38.3%)	9:12	6.5 (61.3%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	17.6km	Czas netto 23.5km	Czas brutto 23.5km	Różn	Tempo min/km	Tempo km/h
136	SZPILA Zbigniew	257		M2	52	02:43:41	03:37:16.35	03:37:23.65	+01:23:47 (38.5%)	9:14	6.5 (61.3%)
137	GŁOMBIK Krzysztof	224		M3	7	02:58:42	03:38:15.90	03:38:26.85	+01:24:50 (38.8%)	9:17	6.5 (61.3%)
138	BORCZYK Bartosz	309	DRUŻYNA PANA TRENERA	M2	53	02:58:51	03:39:08.50	03:39:24.70	+01:25:48 (39.1%)	9:19	6.4 (60.4%)
139	MILANOWSKI Kamil	71		M1	79	02:56:22	03:39:18.55	03:39:43.70	+01:26:07 (39.2%)	9:19	6.4 (60.4%)
140	JUSZKO Krzysztof	197		M2	54	02:57:04	03:39:39.45	03:39:48.40	+01:26:12 (39.2%)	9:20	6.4 (60.4%)
141	CZARNECKI Dariusz	227		M2	55	02:57:19	03:39:57.60	03:40:09.95	+01:26:34 (39.3%)	9:21	6.4 (60.4%)
142	DĄBEK Robert	104		M2	56	03:00:14	03:40:55.35	03:41:21.00	+01:27:45 (39.6%)	9:24	6.4 (60.4%)
143	KOCHANOWSKI Michał	56	NIGHT RUNNERS	M1	80	03:00:38	03:41:17.35	03:41:40.40	+01:28:04 (39.7%)	9:24	6.4 (60.4%)
144	FIJAK Maciej	127		M2	57	03:02:49	03:42:41.40	03:43:09.05	+01:29:33 (40.1%)	9:28	6.3 (59.4%)
145	GAAL Laszlo	7		M1	81	03:01:51	03:42:54.85	03:43:11.35	+01:29:35 (40.1%)	9:29	6.3 (59.4%)
146	KOWALSKI Michał	292	CARPE DIEM	M2	58	03:00:31	03:43:24.45	03:43:42.90	+01:30:06 (40.3%)	9:30	6.3 (59.4%)
147	KULAWIK Bartosz	266		M2	59	03:01:37	03:44:22.55	03:44:42.10	+01:31:06 (40.5%)	9:32	6.3 (59.4%)
148	CIOCZEK Konrad	116		M1	82	03:01:36	03:44:48.45	03:45:07.30	+01:31:31 (40.7%)	9:34	6.3 (59.4%)
149	ULATOWSKI Paweł	333		M2	60	03:02:09	03:46:14.90	03:46:41.05	+01:33:05 (41.1%)	9:37	6.2 (58.5%)
150	BIEGAŃSKI Przemysław	59	ŻTR	M1	83	03:01:55	03:46:44.90	03:46:52.20	+01:33:16 (41.1%)	9:38	6.2 (58.5%)
151	SKOTNICKI Piotr	33	HTC HUSARIA	M1	84	03:04:35	03:47:05.40	03:47:15.10	+01:33:39 (41.2%)	9:39	6.2 (58.5%)
152	CZAJKOWSKI Wojciech	202	-	M2	61	03:07:31	03:47:38.00	03:48:04.95	+01:34:29 (41.4%)	9:41	6.2 (58.5%)
153	ANGELEIKO Artem	52		M1	85	03:02:00	03:48:34.95	03:48:38.75	+01:35:02 (41.6%)	9:43	6.2 (58.5%)
154	DZIAMSKI Ryszard	303	FUNDACJA ISKIERKA - BIEGAM DLA MIRKI	M2	62	03:11:19	03:49:32.45	03:50:00.90	+01:36:24 (41.9%)	9:46	6.1 (57.5%)
155	SZKUDLARZ Miłosz	55	OGÓRY	M1	86	03:06:03	03:50:35.75	03:50:47.60	+01:37:11 (42.1%)	9:48	6.1 (57.5%)
156	CHMIELEWSKI Tomasz	230	BWOTR.PL	M2	63	03:06:16	03:51:22.85	03:51:30.55	+01:37:54 (42.3%)	9:50	6.1 (57.5%)
157	STYRNA Janusz	128		M1	87	03:09:26	03:51:25.90	03:51:34.00	+01:37:58 (42.3%)	9:50	6.1 (57.5%)
158	JANUS Adrian	16		M1	88	03:10:14	03:52:06.95	03:52:36.35	+01:39:00 (42.6%)	9:52	6.1 (57.5%)

Msc	Zawodnik	Numer		Klub	Kategoria	Mkat	17.6km	Czas		Różn	Tempo min/km	Tempo km/h
								netto 23.5km	brutto 23.5km			
159	ZIELIŃSKI Paweł	235	BEBOKI		M2	64	03:09:11	03:53:02.45	03:53:15.15	+01:39:39 (42.7%)	9:55	6.1 (57.5%)
160	NOWAK Mariusz	335			M1	89	03:09:17	03:53:15.55	03:53:27.50	+01:39:51 (42.8%)	9:55	6 (56.6%)
161	FITAS Paweł	64	MEDIA MARKT KRAKÓW 1		M2	65	03:13:40	03:53:04.10	03:53:28.80	+01:39:52 (42.8%)	9:55	6 (56.6%)
162	LISZKA Damian	20			M2	66	03:07:07	03:53:17.30	03:53:42.45	+01:40:06 (42.8%)	9:55	6 (56.6%)
163	SZYMURA Przemysław	84			M1	90	03:07:44	03:53:44.05	03:53:59.05	+01:40:23 (42.9%)	9:56	6 (56.6%)
164	ZWOŹNY Daniel	301	DRUŻYNA PANA TRENERA		M2	67	02:58:51	03:54:39.35	03:54:55.40	+01:41:19 (43.1%)	9:59	6 (56.6%)
165	DANIELAK Roman	184			M2	68	03:11:33	03:56:15.40	03:56:36.25	+01:43:00 (43.5%)	10:03	6 (56.6%)
166	HOŁUJ Andrzej	242			M3	8	03:12:25	03:56:45.25	03:57:05.65	+01:43:29 (43.7%)	10:04	6 (56.6%)
167	MALINOWSKI Krzysztof	25			M1	91	03:09:38	03:57:42.85	03:58:00.10	+01:44:24 (43.9%)	10:06	5.9 (55.7%)
168	BIENIAS Piotr	326			M2	69	03:13:14	03:56:02.40	03:58:12.75	+01:44:36 (43.9%)	10:02	6 (56.6%)
169	LIPIŃSKI Piotr	90			M1	92	03:11:40	04:00:22.10	04:00:38.65	+01:47:02 (44.5%)	10:13	5.9 (55.7%)
170	ZIÓŁKOWSKI Michał	72			M1	93	03:13:53	04:00:56.35	04:01:22.50	+01:47:46 (44.7%)	10:15	5.9 (55.7%)
171	PÓŁTORZYCKI Piotr	119	STOPA SŁUPSK		M2	70	03:17:44	04:03:45.30	04:03:51.40	+01:50:15 (45.2%)	10:22	5.8 (54.7%)
172	MOCEK Paweł	232	BWOTR.PL		M2	71	03:21:17	04:07:00.15	04:07:06.05	+01:53:30 (45.9%)	10:30	5.7 (53.8%)
173	RYDZYŃSKI Jacek	264	RYSIE		M1	94	03:23:02	04:10:09.00	04:10:23.20	+01:56:47 (46.6%)	10:38	5.6 (52.8%)
174	BIERNACKI Bartosz	222			M1	95	03:24:17	04:10:23.40	04:10:45.45	+01:57:09 (46.7%)	10:39	5.6 (52.8%)
175	ZWOLIŃSKI Przemysław	31	RUNNERSTRIP		M2	72	03:19:42	04:11:01.50	04:11:17.15	+01:57:41 (46.8%)	10:40	5.6 (52.8%)
176	MAZUR Sławomir	77	INIEMASLABYCH.PL		M2	73	03:25:59	04:14:54.20	04:15:09.30	+02:01:33 (47.6%)	10:50	5.5 (51.9%)
177	DYBKA Rafał	307	DRUŻYNA PANA TRENERA		M2	74	03:20:15	04:15:24.55	04:15:40.30	+02:02:04 (47.7%)	10:52	5.5 (51.9%)
178	DUTKIEWICZ Leszek	81			M1	96	03:24:21	04:15:28.70	04:15:57.30	+02:02:21 (47.8%)	10:52	5.5 (51.9%)
179	GÓRECKI Łukasz	172	BYDGOSKIE OKONIE		M1	97	03:23:58	04:16:54.15	04:17:00.55	+02:03:24 (48.0%)	10:55	5.5 (51.9%)
180	SZCZUREK Andrzej	126			M3	9	03:24:33	04:17:16.75	04:17:30.95	+02:03:55 (48.1%)	10:56	5.5 (51.9%)
181	BAKA Marcin	299	GTS TRADYCJA		M2	75	03:30:51	04:20:08.50	04:20:32.95	+02:06:57 (48.7%)	11:04	5.4 (50.9%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	17.6km	Czas		Różn	Tempo min/km	Tempo km/h
							netto 23.5km	brutto 23.5km			
182	WALCZAK Jakub	74	IMIO PW	M2	76	03:25:39	04:21:49.75	04:22:16.10	+02:08:40 (49.1%)	11:08	5.4 (50.9%)
183	MONETA Piotr	79	DRAMAT PANOWIE	M1	98	03:32:44	04:22:22.15	04:22:33.30	+02:08:57 (49.1%)	11:09	5.4 (50.9%)
184	HUDZIK Antoni	157	BLOK EKIPA	M1	99	03:26:14	04:22:49.90	04:23:00.70	+02:09:24 (49.2%)	11:11	5.4 (50.9%)
185	KAMIŃSKI Dariusz	175	XXX	M1	100	03:32:58	04:23:51.00	04:23:51.00	+02:10:15 (49.4%)	11:13	5.3 (50.0%)
186	ŚRODEK Mariusz	294	GFT RUNNING TEAM	M2	77	03:32:36	04:29:09.05	04:29:32.90	+02:15:56 (50.4%)	11:27	5.2 (49.1%)
187	BRODZIAK Arkadiusz	153		M2	78	03:36:23	04:29:20.95	04:29:39.65	+02:16:03 (50.5%)	11:27	5.2 (49.1%)
188	MAZUR Grzegorz	295		M1	101	03:31:10	04:29:31.80	04:30:01.40	+02:16:25 (50.5%)	11:28	5.2 (49.1%)
189	KULIBERDA Roman	66	NIGHT RUNNERS	M2	79	03:45:01	04:31:11.25	04:31:37.15	+02:18:01 (50.8%)	11:32	5.2 (49.1%)
190	CHMIELOWSKI Marcin	161	BLOK EKIPA	M1	102	03:32:47	04:33:09.10	04:33:17.75	+02:19:41 (51.1%)	11:37	5.2 (49.1%)
191	GRYLEWICZ Tomasz	221	RUN BYDGOSZCZ	M1	103	03:38:33	04:33:05.85	04:33:27.90	+02:19:51 (51.1%)	11:37	5.2 (49.1%)
192	WÓJTOWICZ Zbigniew	57		M2	80	03:40:35	04:34:47.00	04:34:47.00	+02:21:11 (51.4%)	11:41	5.1 (48.1%)
193	MAKARUK Tomasz	293		M2	81	03:45:39	04:36:40.60	04:37:11.30	+02:23:35 (51.8%)	11:46	5.1 (48.1%)
194	NIEDZIELA Andrzej	186		M1	104	03:51:49	04:39:47.40	04:40:12.60	+02:26:36 (52.3%)	11:54	5 (47.2%)
195	PYRĆ Piotr	217		M2	82	03:44:58	04:43:13.60	04:43:27.90	+02:29:51 (52.9%)	12:03	5 (47.2%)
196	SUWALD Andrzej	223	JACEKBIEGA RUNNING TEAM	M3	10	03:51:37	04:45:01.40	04:45:25.55	+02:31:49 (53.2%)	12:07	4.9 (46.2%)
197	ZIUBIŃSKI Paweł	88		M1	105	03:49:32	04:49:04.15	04:49:23.15	+02:35:47 (53.8%)	12:18	4.9 (46.2%)
198	SZPAK Krzysztof	298		M1	106	03:45:15	04:52:31.00	04:52:43.90	+02:39:07 (54.4%)	12:26	4.8 (45.3%)
199	WÓJCIK Bartłomiej	22	TIME4RUNING	M1	107	03:56:50	04:54:03.10	04:54:21.05	+02:40:45 (54.6%)	12:30	4.8 (45.3%)
200	LEWANDOWSKI Krzysztof	322		M3	11	03:54:41	04:54:03.80	04:54:23.65	+02:40:47 (54.6%)	12:30	4.8 (45.3%)
201	MILLER Marcin	160		M2	83	04:03:08	04:58:37.50	04:59:05.05	+02:45:29 (55.3%)	12:42	4.7 (44.3%)
202	STRZYŻ Ryszard	85	CHORZOWSKA GRUPA BIEGOWA	M2	84	03:57:45	04:59:33.55	04:59:42.65	+02:46:06 (55.4%)	12:44	4.7 (44.3%)
203	MATUSIEWICZ Karol	330		M2	85	03:37:29	05:04:46.00	05:05:15.70	+02:51:39 (56.2%)	12:58	4.6 (43.4%)
204	SZOKALSKI Kazimierz	219	KLUB FILIPKA	M3	12	04:03:36	05:05:02.50	05:05:24.25	+02:51:48 (56.3%)	12:58	4.6 (43.4%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	17.6km	Czas netto 23.5km	Czas brutto 23.5km	Różn	Tempo min/km	Tempo km/h
205	BEDNARCZYK Jan	209		M2	86	04:13:27	05:13:43.20	05:14:15.10	+03:00:39 (57.5%)	13:21	4.5 (42.5%)
206	WALCZAK Rafał	210		M2	87	04:13:25	05:13:51.30	05:14:22.95	+03:00:47 (57.5%)	13:21	4.5 (42.5%)
207	JANDZIOŁ Marcin	278		M1	108	03:52:14	05:17:34.90	05:17:53.75	+03:04:17 (58.0%)	13:30	4.4 (41.5%)
208	CABAJ Rafał	159	BIEGUSIEM.PL	M2	88	04:12:44	05:19:20.65	05:19:33.85	+03:05:57 (58.2%)	13:35	4.4 (41.5%)
209	MARTYNIUK Cezary	198	PMT	M3	13	04:03:02	05:20:17.35	05:20:44.40	+03:07:08 (58.3%)	13:37	4.4 (41.5%)
210	ROZYNEK Jacek	78		M3	14	04:33:28	05:41:34.25	05:42:01.80	+03:28:25 (60.9%)	14:32	4.1 (38.7%)
211	MARZEC Dominik	100		M1	109	04:39:27	05:42:42.30	05:43:11.25	+03:29:35 (61.1%)	14:35	4.1 (38.7%)
	STOBIERSKI Przemek	254	BENEFICJENCI REGENERACJI	M2		DNF	DNF	DNF		-	- (0.0%)

Znaleziono 212 wynik(ów)