



10 KM ATEST PZLA GLIWICKI 2016

B4SPORT

Organizator: Fundacja Bieg Rzeźnika
Data: 2016-10-23
Miejsce: Gliwice
Dystans: 10 km

B4SPORT
INTELIĞENTNE ZAWODY SPORTOWE

Klasyfikacja: M-50

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	JANOWSKI Piotr	2188		M-50	1	00:00:17	00:50:57.00	00:51:14.55		5:05	11.8 (100%)
2	ŻEROMSKI Stefan	2205		M-50	2	00:00:24	00:51:39.00	00:52:03.95	+00:00:42 (1.4%)	5:09	11.6 (98.3%)
3	MERMON Artur	2076		M-50	3	00:00:07	00:51:40.10	00:51:47.10	+00:00:43 (1.4%)	5:10	11.6 (98.3%)
4	ROSADA Zdzisław	2023		M-50	4	00:01:13	00:53:12.85	00:54:26.80	+00:02:15 (4.3%)	5:19	11.3 (95.8%)
5	KUBIT Janusz	2204		M-50	5	00:00:54	00:54:56.45	00:55:50.55	+00:03:59 (7.3%)	5:29	10.9 (92.4%)
6	BRYLIŃSKI Ryszard	2275		M-50	6	00:01:49	00:57:31.60	00:59:21.55	+00:06:34 (11.4%)	5:45	10.4 (88.1%)
7	SAMOL Grzegorz	2034		M-50	7	00:00:35	00:57:39.40	00:58:14.80	+00:06:42 (11.6%)	5:45	10.4 (88.1%)
8	PALEJ Leszek	2314	WARSZTAT KOSZULKOWY TESTING TEAM	M-50	8	00:01:32	00:59:18.10	01:00:50.15	+00:08:21 (14.1%)	5:55	10.1 (85.6%)
9	DENKOWSKI Wojciech	2320	SBRT GLIWICE	M-50	9	00:00:25	00:59:47.40	01:00:12.95	+00:08:50 (14.8%)	5:58	10 (84.7%)
10	PRUCHNIK Andrzej	2299		M-50	10	00:01:23	01:01:41.55	01:03:05.30	+00:10:44 (17.4%)	6:10	9.7 (82.2%)
11	GARNOWSKI Dariusz	2080		M-50	11	00:01:54	01:03:19.50	01:05:14.00	+00:12:22 (19.5%)	6:20	9.5 (80.5%)
12	KONICZEK Marek	2297		M-50	12	00:01:29	01:05:58.25	01:07:27.85	+00:15:01 (22.8%)	6:35	9.1 (77.1%)
13	MIŁKOWSKI Andrzej	2263		M-50	13	00:01:18	01:09:40.40	01:10:58.80	+00:18:43 (26.9%)	6:58	8.6 (72.9%)

Znaleziono 13 wynik(ów)