



10 KM NORDIC WALKING GLIWICKI

B4SPORT

Organizator: OTK Rzeźnik
Data: 2015-10-18
Miejsce: Gliwice
Dystans: 10 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	KŁYŚ Ryszard	1608	BŁYSKAWICA GLIWICE	M-50	1	00:02:10	01:04:47.15	01:06:58.00		6:28	9.3 (100%)
2	CYRUS Bogdan	1641	SILESIA NORDIC TIME	M-40	1	00:02:11	01:04:46.95	01:06:58.30	+ (0.0%)	6:28	9.3 (100%)
3	NIEDBAŁ Adam	1642	SILESIA NORDIC TIME	M-30	1	00:02:14	01:05:45.75	01:08:00.05	+00:00:58 (1.5%)	6:34	9.1 (97.8%)
4	POGODA Franciszek	1611	AEROMED GLIWICE	M-50	2	00:02:13	01:07:52.15	01:10:05.55	+00:03:05 (4.5%)	6:47	8.8 (94.6%)
5	CZUGA Małgorzata	1610	BŁYSKAWICA GLIWICE	K-50	1	00:02:12	01:11:07.95	01:13:20.25	+00:06:20 (8.9%)	7:06	8.4 (90.3%)
6	MROZOWSKI Krzysztof	1621	AKADEMICKI KLUB TURYSTYCZNY WATRA	M-30	2	00:02:18	01:15:16.35	01:17:34.65	+00:10:29 (13.9%)	7:31	8 (86.0%)
7	WIŚNIEWSKI Sławomir	1607		M-40	2	00:02:12	01:16:15.40	01:18:27.75	+00:11:28 (15.0%)	7:37	7.9 (84.9%)
8	ROMAŃSKA Katarzyna	1639		K-30	1	00:02:16	01:16:28.20	01:18:45.15	+00:11:41 (15.3%)	7:38	7.8 (83.9%)
9	SOBCZYK Grzegorz	1618		M-40	3	00:01:22	01:18:29.15	01:19:51.30	+00:13:42 (17.5%)	7:50	7.6 (81.7%)
10	MAJEWSKA Dorota	1609		K-40	1	00:02:14	01:18:11.05	01:20:25.55	+00:13:23 (17.1%)	7:49	7.7 (82.8%)
11	JAWORSKI Andrzej	1626		M-50	3	00:01:58	01:18:42.70	01:20:41.60	+00:13:55 (17.7%)	7:52	7.6 (81.7%)
12	TYCZEWSKA Teresa	1604		K-30	2	00:02:16	01:18:31.90	01:20:48.00	+00:13:44 (17.5%)	7:51	7.6 (81.7%)
13	PRZYBYLSKA Wanda	1617	WISLAŃSKA AKADEMIA BIEGOWA	K-60	1	00:02:09	01:18:44.20	01:20:53.20	+00:13:57 (17.7%)	7:52	7.6 (81.7%)
14	GĘBCZYK Władysław	1622	GLIWICKI KLUB KOLEKCJONERÓW	M-60	1	00:02:19	01:19:25.60	01:21:44.95	+00:14:38 (18.4%)	7:56	7.6 (81.7%)
15	TLATLIK Dorota	1601		K-30	3	00:02:16	01:19:47.20	01:22:04.10	+00:15:00 (18.8%)	7:58	7.5 (80.6%)
16	STRASSBERGER Katarzyna	1620	SPORT-RELAKS GLIWICE	K-40	2	00:02:10	01:20:08.10	01:22:18.30	+00:15:20 (19.2%)	8:00	7.5 (80.6%)
17	ZIELIŃSKA Katarzyna	1613		K-30	4	00:02:17	01:20:17.35	01:22:34.90	+00:15:30 (19.3%)	8:01	7.5 (80.6%)
18	KRZEMIŃSKA Jadwiga	1623		K-40	3	00:02:07	01:20:58.55	01:23:06.05	+00:16:11 (20.0%)	8:05	7.4 (79.6%)
19	KOLADO Daniel	1635		M-20	1	00:02:16	01:20:51.35	01:23:07.70	+00:16:04 (19.9%)	8:05	7.4 (79.6%)
20	WYSOCKI Łukasz	1633		M-20	2	00:02:17	01:21:05.00	01:23:22.75	+00:16:17 (20.1%)	8:06	7.4 (79.6%)
21	MAKSYSZ-ŁOBKO Marzena	1644	ARCH3D	K-30	5	00:02:09	01:23:12.70	01:25:22.00	+00:18:25 (22.1%)	8:19	7.2 (77.4%)
22	KONOPACKA Krystyna	1600		K-60	2	00:02:14	01:23:34.15	01:25:48.80	+00:18:47 (22.5%)	8:21	7.2 (77.4%)
23	ZIELIŃSKA Ines	1634		K-20	1	00:02:15	01:23:48.60	01:26:03.70	+00:19:01 (22.7%)	8:22	7.2 (77.4%)
24	BRODOWICZ Aleksandra	1624	PADŁ NA RYJ TEAM	K-30	6	00:01:50	01:24:26.10	01:26:16.15	+00:19:38 (23.3%)	8:26	7.1 (76.3%)
25	KOTYLAK Wojciech	1619	SPORT-RELAKS GLIWICE	M-50	4	00:02:10	01:24:18.70	01:26:29.65	+00:19:31 (23.2%)	8:25	7.1 (76.3%)
26	KIDAWA Marian	1630		M-60	2	00:02:17	01:25:25.60	01:27:43.45	+00:20:38 (24.2%)	8:32	7 (75.3%)
27	GARBALA Magdalena	1632		K-20	2	00:02:15	01:26:43.50	01:28:58.95	+00:21:56 (25.3%)	8:40	6.9 (74.2%)

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28	GRABIŃSKI Lech	1625		M-60	3	00:02:09	01:26:49.65	01:28:59.10	+00:22:02 (25.4%)	8:41	6.9 (74.2%)
29	MACHOWSKA - LAZAR Agnieszka	1616		K-30	7	00:02:12	01:27:00.05	01:29:12.90	+00:22:12 (25.5%)	8:42	6.9 (74.2%)
30	GROSS Mirosław	1640	UNISONO	M-60	4	00:02:20	01:28:01.85	01:30:22.80	+00:23:14 (26.4%)	8:48	6.8 (73.1%)
31	POSŁUSZNA Beata	1627		K-50	2	00:02:15	01:32:21.75	01:34:36.75	+00:27:34 (29.9%)	9:14	6.5 (69.9%)
32	LEŚ Michał	1614		M-40	4	00:02:18	01:32:56.85	01:35:15.75	+00:28:09 (30.3%)	9:17	6.5 (69.9%)
33	FIOŁKA-KONICZEK Magdalena	1629		K-40	4	00:02:20	01:33:13.75	01:35:33.80	+00:28:26 (30.5%)	9:19	6.4 (68.8%)
34	MARZEC Janina	1605		K-50	3	00:02:10	01:33:32.35	01:35:42.80	+00:28:45 (30.7%)	9:21	6.4 (68.8%)
35	WIEDERMANN Jerzy	1615		M-60	5	00:02:13	01:33:29.60	01:35:43.10	+00:28:42 (30.7%)	9:21	6.4 (68.8%)
36	HUZAREWICZ Marek	1643		M-40	5	00:02:20	01:33:55.60	01:36:16.10	+00:29:08 (31.0%)	9:23	6.4 (68.8%)
37	BIELECKA Ewa	1637		K-60	3	00:02:15	01:34:45.05	01:37:00.30	+00:29:57 (31.6%)	9:28	6.3 (67.7%)
38	FRYDRYK Irina	1645		K-50	4	00:02:15	01:36:24.95	01:38:40.60	+00:31:37 (32.8%)	9:38	6.2 (66.7%)
39	WIŚNIEWSKA Marzanna	1606		K-40	5	00:02:13	01:38:47.90	01:41:01.70	+00:34:00 (34.4%)	9:52	6.1 (65.6%)
40	KURKOWSKA Brygida	1638		K-50	5	00:02:17	01:53:02.10	01:55:19.95	+00:48:14 (42.7%)	11:18	5.3 (57.0%)

Znaleziono 40 wynik(ów)