



10 KM NORDIC WALKING GLIWICKI

B4SPORT

Organizator: OTK Rzeźnik
Data: 2015-10-18
Miejsce: Gliwice
Dystans: 10 km

B4SPORT
INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: K Open

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 10km	Czas brutto 10km	Różn	Tempo min/km	Tempo km/h
1	CZUGA Malgorzata	1610	BŁYSKAWICA GLIWICE	K-50	1	00:02:12	01:11:07.95	01:13:20.25		7:06	8.4 (100%)
2	ROMAŃSKA Katarzyna	1639		K-30	1	00:02:16	01:16:28.20	01:18:45.15	+00:05:20 (7.0%)	7:38	7.8 (92.9%)
3	MAJEWSKA Dorota	1609		K-40	1	00:02:14	01:18:11.05	01:20:25.55	+00:07:03 (9.0%)	7:49	7.7 (91.7%)
4	TYCZEWSKA Teresa	1604		K-30	2	00:02:16	01:18:31.90	01:20:48.00	+00:07:23 (9.4%)	7:51	7.6 (90.5%)
5	PRZYBYLSKA Wanda	1617	WISLAŃSKA AKADEMIA BIEGOWA	K-60	1	00:02:09	01:18:44.20	01:20:53.20	+00:07:36 (9.7%)	7:52	7.6 (90.5%)
6	TLATLIK Dorota	1601		K-30	3	00:02:16	01:19:47.20	01:22:04.10	+00:08:39 (10.8%)	7:58	7.5 (89.3%)
7	STRASSBERGER Katarzyna	1620	SPORT-RELAKS GLIWICE	K-40	2	00:02:10	01:20:08.10	01:22:18.30	+00:09:00 (11.2%)	8:00	7.5 (89.3%)
8	ZIELIŃSKA Katarzyna	1613		K-30	4	00:02:17	01:20:17.35	01:22:34.90	+00:09:09 (11.4%)	8:01	7.5 (89.3%)
9	KRZEMIŃSKA Jadwiga	1623		K-40	3	00:02:07	01:20:58.55	01:23:06.05	+00:09:50 (12.2%)	8:05	7.4 (88.1%)
10	MAKSYSZ-ŁOBKO Marzena	1644	ARCH3D	K-30	5	00:02:09	01:23:12.70	01:25:22.00	+00:12:04 (14.5%)	8:19	7.2 (85.7%)
11	KONOPACKA Krystyna	1600		K-60	2	00:02:14	01:23:34.15	01:25:48.80	+00:12:26 (14.9%)	8:21	7.2 (85.7%)
12	ZIELIŃSKA Ines	1634		K-20	1	00:02:15	01:23:48.60	01:26:03.70	+00:12:40 (15.1%)	8:22	7.2 (85.7%)
13	BRODOWICZ Aleksandra	1624	PADŁ NA RYJ TEAM	K-30	6	00:01:50	01:24:26.10	01:26:16.15	+00:13:18 (15.8%)	8:26	7.1 (84.5%)
14	GARBALA Magdalena	1632		K-20	2	00:02:15	01:26:43.50	01:28:58.95	+00:15:35 (18.0%)	8:40	6.9 (82.1%)
15	MACHOWSKA - LAZAR Agnieszka	1616		K-30	7	00:02:12	01:27:00.05	01:29:12.90	+00:15:52 (18.2%)	8:42	6.9 (82.1%)
16	POSŁUSZNA Beata	1627		K-50	2	00:02:15	01:32:21.75	01:34:36.75	+00:21:13 (23.0%)	9:14	6.5 (77.4%)
17	FIOŁKA-KONICZEK Magdalena	1629		K-40	4	00:02:20	01:33:13.75	01:35:33.80	+00:22:05 (23.7%)	9:19	6.4 (76.2%)
18	MARZEC Janina	1605		K-50	3	00:02:10	01:33:32.35	01:35:42.80	+00:22:24 (24.0%)	9:21	6.4 (76.2%)
19	BIELECKA Ewa	1637		K-60	3	00:02:15	01:34:45.05	01:37:00.30	+00:23:37 (24.9%)	9:28	6.3 (75.0%)
20	FRYDRYK Irina	1645		K-50	4	00:02:15	01:36:24.95	01:38:40.60	+00:25:17 (26.2%)	9:38	6.2 (73.8%)
21	WIŚNIEWSKA Marzanna	1606		K-40	5	00:02:13	01:38:47.90	01:41:01.70	+00:27:39 (28.0%)	9:52	6.1 (72.6%)
22	KURKOWSKA Brygida	1638		K-50	5	00:02:17	01:53:02.10	01:55:19.95	+00:41:54 (37.1%)	11:18	5.3 (63.1%)

Znaleziono 22 wynik(ów)