



ФЕСТИВАЛЬ СКАНДИНАВСКОЙ ХОДЬБЫ В МИНСКЕ - 10 КМ

B4SPORT

Wydarzenie: ФЕСТИВАЛЬ NORDIC WALKING W MIŃSKU
Organizator: BFNW
Data: 2017-10-21
Miejsce: Mińsk
Dystans: 10 km

 **HERKULES**
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Klasyfikacja: Wszyscy

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Start_All 2.5km | Start_All 5km | Start_All 7.5km | Czas netto 10km | Różn | Tempo min/km | Tempo km/h |
|-----|---------------------|-------|------|-----------|------|--------------------|------------------|--------------------|-----------------------|-------------------|-----------------|---------------|
| 1 | ГОРДЕЕВ Юрий | 312 | | M50-59 | 1 | 00:14:56 | 00:30:07 | 00:45:50 | 01:01:45.65 | | 6:10 | 9.7 (100%) |
| 2 | РОВДО Алексей | 304 | | M40-49 | 1 | 00:15:32 | 00:31:15 | 00:47:29 | 01:04:02.05 | +00:02:16 (3.6%) | 6:24 | 9.4 (96.9%) |
| 3 | ШАЙДУЛИН Денис | 311 | | M30-39 | 1 | 00:16:01 | 00:32:38 | 00:50:03 | 01:07:34.75 | +00:05:49 (8.6%) | 6:45 | 8.9 (91.8%) |
| 4 | КРИШТАЛЬ Алексанлр | 356 | | M30-39 | 2 | 00:17:28 | 00:35:28 | 00:51:28 | 01:09:49.20 | +00:08:03 (11.5%) | 6:58 | 8.6 (88.7%) |
| 5 | КУЗИЧ Игорь | 319 | | M30-39 | 3 | 00:16:50 | 00:34:17 | 00:52:01 | 01:09:53.60 | +00:08:07 (11.6%) | 6:59 | 8.6 (88.7%) |
| 6 | ПАНАСЕВИЧ Евгений | 321 | | M18-29 | 1 | 00:17:12 | 00:34:38 | 00:52:11 | 01:09:58.90 | +00:08:13 (11.7%) | 6:59 | 8.6 (88.7%) |
| 7 | КУЦ Михаил | 323 | | M18-29 | 2 | 00:17:12 | 00:34:40 | 00:52:12 | 01:10:01.25 | +00:08:15 (11.8%) | 7:00 | 8.6 (88.7%) |
| 8 | ГУЛЯЙ Виталий | 320 | | M18-29 | 3 | 00:17:11 | 00:34:42 | 00:52:15 | 01:10:03.55 | +00:08:17 (11.8%) | 7:00 | 8.6 (88.7%) |
| 9 | ХРАМЧЕНКО Тимофей | 329 | | M18-29 | 4 | 00:17:15 | 00:34:55 | 00:52:16 | 01:10:14.10 | +00:08:28 (12.1%) | 7:01 | 8.5 (87.6%) |
| 10 | ПУХТИЙ Евгения | 301 | | Ж30-39 | 1 | 00:17:26 | 00:34:54 | 00:52:49 | 01:10:36.90 | +00:08:51 (12.5%) | 7:03 | 8.5 (87.6%) |
| 11 | ЕВТУХ Вераника | 322 | | Ж18-29 | 1 | 00:18:19 | 00:36:27 | 00:54:24 | 01:12:35.50 | +00:10:49 (14.9%) | 7:15 | 8.3 (85.6%) |
| 12 | ХАРИТОНЮК Михаил | 313 | | M50-59 | 2 | 00:17:43 | 00:36:01 | 00:54:03 | 01:12:44.20 | +00:10:58 (15.1%) | 7:16 | 8.2 (84.5%) |
| 13 | ВАЛЕЕВ Николай | 333 | | M60-69 | 1 | 00:17:47 | 00:36:03 | 00:54:40 | 01:13:20.65 | +00:11:35 (15.8%) | 7:20 | 8.2 (84.5%) |
| 14 | ПАСЫНКОВ Михаил | 305 | | M50-59 | 3 | 00:17:51 | 00:36:20 | 00:55:10 | 01:14:03.00 | +00:12:17 (16.6%) | 7:24 | 8.1 (83.5%) |
| 15 | САФОНОВА Яна | 330 | | Ж18-29 | 2 | 00:18:55 | 00:37:39 | 00:56:16 | 01:14:23.30 | +00:12:37 (17.0%) | 7:26 | 8.1 (83.5%) |
| 16 | ПИУТА Вероника | 303 | | Ж30-39 | 2 | 00:18:24 | 00:37:17 | 00:56:00 | 01:14:47.55 | +00:13:01 (17.4%) | 7:28 | 8 (82.5%) |
| 17 | ЕГОРОВ Алексей | 310 | | M40-49 | 2 | 00:18:13 | 00:37:52 | 00:57:47 | 01:17:23.70 | +00:15:38 (20.2%) | 7:44 | 7.8 (80.4%) |
| 18 | МИХНО Мария | 331 | | Ж18-29 | 3 | 00:19:00 | 00:38:20 | 00:58:05 | 01:17:57.75 | +00:16:12 (20.8%) | 7:47 | 7.7 (79.4%) |
| 19 | КАШКЕВИЧ Екатерина | 314 | | Ж18-29 | 4 | 00:19:05 | 00:38:35 | 00:58:14 | 01:18:26.50 | +00:16:40 (21.3%) | 7:50 | 7.6 (78.4%) |
| 20 | ТУРОВЕЦ Ольга | 355 | | Ж30-39 | 3 | 00:19:51 | 00:39:41 | 00:59:39 | 01:19:06.85 | +00:17:21 (21.9%) | 7:54 | 7.6 (78.4%) |
| 21 | ОБИДИЕНТОВ Сергей | 317 | | M60-69 | 2 | 00:18:39 | 00:38:20 | 00:58:24 | 01:19:12.45 | +00:17:26 (22.0%) | 7:55 | 7.6 (78.4%) |
| 22 | ЕРЕМЕЕВА Ольга | 354 | | Ж50-59 | 1 | 00:19:48 | 00:39:38 | 00:59:23 | 01:19:12.65 | +00:17:27 (22.0%) | 7:55 | 7.6 (78.4%) |
| 23 | МАЛКОВА Валентина | 18 | | Ж50-59 | 2 | 00:19:45 | 00:39:37 | 00:59:36 | 01:19:49.45 | +00:18:03 (22.6%) | 7:59 | 7.5 (77.3%) |
| 24 | ШЕПОВАЛЕНКО Юрий | 308 | | M70+ | 1 | 00:20:14 | 00:40:36 | 01:01:21 | 01:23:00.70 | +00:21:15 (25.6%) | 8:18 | 7.2 (74.2%) |
| 25 | АГОРОДНИК Светлана | 351 | | Ж40-49 | 1 | 00:21:31 | 00:42:44 | 01:03:42 | 01:24:49.60 | +00:23:03 (27.2%) | 8:29 | 7.1 (73.2%) |
| 26 | ГОЛОДНЮК Ирина | 335 | | Ж40-49 | 2 | 00:21:10 | 00:42:39 | 01:04:34 | 01:26:14.85 | +00:24:29 (28.4%) | 8:37 | 7 (72.2%) |
| 27 | КОРЗУНОВА Валентина | 318 | | Ж60-69 | 1 | 00:21:44 | 00:43:37 | 01:05:15 | 01:27:13.30 | +00:25:27 (29.2%) | 8:43 | 6.9 (71.1%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Start_All 2.5km | Start_All 5km | Start_All 7.5km | Czas netto 10km | Różn | Tempo min/km | Tempo km/h |
|-----|----------------------------|------------|------|-----------|------|--------------------|------------------|--------------------|-----------------------|-------------------|-----------------|---------------|
| 28 | ФЕДОТОВА Ольга | 332 | | Ж30-39 | 4 | 00:21:40 | 00:43:39 | 01:05:16 | 01:27:15.95 | +00:25:30 (29.2%) | 8:43 | 6.9 (71.1%) |
| 29 | ШИДЛОВСКАЯ Ольга | 307 | | M50-59 | 4 | 00:20:21 | 00:43:17 | 01:05:49 | 01:28:47.00 | +00:27:01 (30.4%) | 8:52 | 6.8 (70.1%) |
| 30 | БЕГИНИНА Лидия | 316 | | Ж50-59 | 3 | 00:22:09 | 00:44:33 | 01:06:56 | 01:29:31.10 | +00:27:45 (31.0%) | 8:57 | 6.7 (69.1%) |
| 31 | ЯРКОВСКАЯ Галина | 327 | | Ж40-49 | 3 | 00:22:01 | 00:43:53 | 01:06:50 | 01:29:53.55 | +00:28:07 (31.3%) | 8:59 | 6.7 (69.1%) |
| 32 | ПРИХОДЬКО Татьяна | 352 | | Ж30-39 | 5 | 00:22:02 | 00:43:55 | 01:06:52 | 01:29:55.05 | +00:28:09 (31.3%) | 8:59 | 6.7 (69.1%) |
| 33 | РА Natalia | 357 | | Ж60-69 | 2 | 00:22:30 | 00:45:44 | 01:10:02 | 01:33:59.10 | +00:32:13 (34.3%) | 9:24 | 6.4 (66.0%) |
| 34 | СКРЕБЕЦ Мария | 334 | | Ж60-69 | 3 | 00:22:52 | 00:48:15 | 01:12:58 | 01:37:35.65 | +00:35:50 (36.7%) | 9:45 | 6.1 (62.9%) |
| 35 | ГАВРИЛОВА Наталья | 353 | | Ж50-59 | 4 | 00:24:20 | 00:48:52 | 01:14:00 | 01:39:52.30 | +00:38:06 (38.2%) | 9:59 | 6 (61.9%) |
| 36 | ШУСТОВА Наталья | 309 | | Ж50-59 | 5 | 00:25:24 | 00:51:28 | 01:17:29 | 01:43:33.95 | +00:41:48 (40.4%) | 10:21 | 5.8 (59.8%) |
| 37 | ЯРКОВСКИЙ Алексанлр | 328 | | M18-29 | 5 | 72:00:00 | 576:00:00 | | | +575:29:5 | 6912:00 | 0 (0.0%) |

Znaleziono 37 wynik(ów)