



**Wydarzenie:**  
**Organizator:**  
**Data:**  
**Miejsce:**  
**Dystans:**

## 10. MARSZ NORDIC WALKING (WSZYSCY)

XXIV BIEG NIEPODLEGŁOŚCI - Białoteka 2021  
Urząd Dzielnicy Warszawa - Białoteka  
2021-11-11  
Warszawa  
1.918 km

B4SPORT

**B4SPORT**  
INTELIĞENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 1km	Czas brutto 1km	Różn	Tempo min/km	Tempo km/h
1	ZABŁOCKI Karol	1093	NW CZŁAPSKI TEAM	KX - Mężczyźni	1	00:00:19	00:13:19.70	00:13:39.55		13:19	4.5 (100%)
2	KAMIANOWSKI Jan	1028	NW CZŁAPSKI TEAM	KX - Mężczyźni	2	00:00:16	00:13:51.35	00:14:07.95	+00:00:31 (3.8%)	13:51	4.3 (95.6%)
3	OSAKOWICZ Jarosław	1097		KX - Mężczyźni	3	00:00:15	00:13:56.55	00:14:12.35	+00:00:36 (4.4%)	13:56	4.3 (95.6%)
4	FRANCZAK Dariusz	1008	NW CZŁAPSKI TEAM	KX - Mężczyźni	4	00:00:23	00:14:11.95	00:14:35.30	+00:00:52 (6.1%)	14:11	4.2 (93.3%)
5	KOSZNIRUK Elzbieta	1034	POZA SZLAKIEM	KX - Kobiety	1	00:00:14	00:14:17.65	00:14:31.80	+00:00:57 (6.8%)	14:17	4.2 (93.3%)
6	--	200		KX - Mężczyźni	5	00:00:13	00:14:28.25	00:14:42.10	+00:01:08 (7.9%)	14:28	4.1 (91.1%)
7	SARZAŁA Bartłomiej	1075	AKS POLONIA WARSZAWA	KX - Mężczyźni	6	00:00:16	00:14:34.85	00:14:51.15	+00:01:15 (8.6%)	14:34	4.1 (91.1%)
8	FURMANIK Teresa	1009	NW CZŁAPSKI TEAM	KX - Kobiety	2	00:00:12	00:14:39.50	00:14:51.55	+00:01:19 (9.1%)	14:39	4.1 (91.1%)
9	BAJOREK Jacek	991		KX - Mężczyźni	7	00:00:02	00:14:46.60	00:14:49.35	+00:01:26 (9.8%)	14:46	4.1 (91.1%)
10	JACZYNSKA Sylwia	1016	NW CZŁAPSKI TEAM	KX - Kobiety	3	00:00:13	00:14:51.90	00:15:05.00	+00:01:32 (10.3%)	14:51	4 (88.9%)
11	BELICA Beata	1096		KX - Kobiety	4	00:00:13	00:14:55.15	00:15:08.40	+00:01:35 (10.7%)	14:55	4 (88.9%)
12	CZERWIŃSKA Anna	1000	NW CZŁAPSKI TEAM	KX - Kobiety	5	00:00:19	00:15:04.65	00:15:24.00	+00:01:44 (11.6%)	15:04	4 (88.9%)
13	DORSZ-DROŹDŹ Urszula	1098		KX - Kobiety	6	00:00:15	00:15:11.95	00:15:27.15	+00:01:52 (12.3%)	15:11	4 (88.9%)
14	JANKOWSKA Edyta	1018	NW CZŁAPSKI TEAM	KX - Kobiety	7	00:00:18	00:15:43.05	00:16:01.50	+00:02:23 (15.2%)	15:43	3.8 (84.4%)
15	BRODAWKA Olga	998	SZAKARON MAKARON	KX - Kobiety	8	00:00:20	00:15:45.50	00:16:05.95	+00:02:25 (15.4%)	15:45	3.8 (84.4%)
16	PACZUSKA Marta	1056	KIJKOWY TEAM	KX - Kobiety	9	00:00:22	00:15:50.85	00:16:13.30	+00:02:31 (15.9%)	15:50	3.8 (84.4%)
17	HEINE Michał	1015		KX - Mężczyźni	8	00:00:20	00:16:04.55	00:16:24.65	+00:02:44 (17.1%)	16:04	3.7 (82.2%)
18	JEZIERSKA Iwona	1023		KX - Kobiety	10	00:00:14	00:16:12.85	00:16:27.05	+00:02:53 (17.8%)	16:12	3.7 (82.2%)
19	FRANCZAK Anna	1007	NW CZŁAPSKI TEAM	KX - Kobiety	11	00:00:21	00:16:15.65	00:16:37.15	+00:02:55 (18.0%)	16:15	3.7 (82.2%)
20	MAJAK Wojciech	1042	NW CZŁAPSKI TEAM	KX - Mężczyźni	9	00:00:13	00:16:24.30	00:16:37.50	+00:03:04 (18.8%)	16:24	3.7 (82.2%)
21	CZŁAPSKI Krzysztof	1001	NW CZŁAPSKI TEAM	KX - Mężczyźni	10	00:00:11	00:16:25.90	00:16:37.60	+00:03:06 (18.9%)	16:25	3.7 (82.2%)
22	JEZIERSKA Danuta	1022		KX - Kobiety	12	00:00:13	00:16:28.20	00:16:42.10	+00:03:08 (19.1%)	16:28	3.6 (80.0%)
23	GÓRECKA-MAMLA Iwona	1013		KX - Kobiety	13	00:00:13	00:16:28.60	00:16:42.20	+00:03:08 (19.1%)	16:28	3.6 (80.0%)
24	RYBICKA Iwona	1074		KX - Kobiety	14	00:00:29	00:16:30.55	00:17:00.40	+00:03:10 (19.3%)	16:30	3.6 (80.0%)
25	FRANCZAK Małgorzata	1006	NW CZŁAPSKI TEAM	KX - Kobiety	15	00:00:21	00:16:43.40	00:17:04.95	+00:03:23 (20.3%)	16:43	3.6 (80.0%)
26	ŻYWICKI Michał	1094		KX - Mężczyźni	11	00:00:21	00:16:44.75	00:17:06.10	+00:03:25 (20.4%)	16:44	3.6 (80.0%)
27	MAJKOWSKA-HEINE Maria	1043		KX - Kobiety	16	00:00:20	00:16:50.05	00:17:10.90	+00:03:30 (20.8%)	16:50	3.6 (80.0%)
28	NIELIPIŃSKA Agata	1049		KX - Kobiety	17	00:00:28	00:16:54.00	00:17:22.85	+00:03:34 (21.1%)	16:54	3.6 (80.0%)

Msc	Zawodnik	Numer	Klub	Kategoria	Mkat	Czas startu	Czas netto 1km	Czas brutto 1km	Różn	Tempo min/km	Tempo km/h
29	<b>JÓZWIAK Katarzyna</b>	<b>1025</b>		KX - Kobiety	18	00:00:29	<b>00:16:56.50</b>	<b>00:17:25.75</b>	+00:03:36 (21.3%)	16:56	3.5 (77.8%)
30	<b>JASTRZĘBSKA-MAJAK Agnieszka</b>	<b>1020</b>	NW CZŁAPSKI TEAM	KX - Kobiety	19	00:00:17	<b>00:17:03.30</b>	<b>00:17:20.70</b>	+00:03:43 (21.9%)	17:03	3.5 (77.8%)
31	<b>SZCZEPAŃSKA Sylwia</b>	<b>1083</b>	ŚPIEWAKÓW TEAM	KX - Kobiety	20	00:00:24	<b>00:17:07.05</b>	<b>00:17:31.60</b>	+00:03:47 (22.1%)	17:07	3.5 (77.8%)
32	<b>DZIEDZIC Paweł</b>	<b>1004</b>	NW CZŁAPSKI TEAM	KX - Mężczyźni	12	00:00:17	<b>00:17:07.40</b>	<b>00:17:24.90</b>	+00:03:47 (22.2%)	17:07	3.5 (77.8%)
33	<b>SZCZEPAŃSKI Kaudiusz</b>	<b>1084</b>		KX - Mężczyźni	13	00:00:23	<b>00:17:14.95</b>	<b>00:17:38.75</b>	+00:03:55 (22.7%)	17:14	3.5 (77.8%)
34	<b>GLIŃSKA Beata</b>	<b>1012</b>	STICKY STICKER'S AND MISO SOUP	KX - Kobiety	21	00:00:22	<b>00:17:15.00</b>	<b>00:17:37.45</b>	+00:03:55 (22.7%)	17:15	3.5 (77.8%)
35	<b>MAMLA Zbigniew</b>	<b>1044</b>		KX - Mężczyźni	14	00:00:14	<b>00:17:20.80</b>	<b>00:17:35.15</b>	+00:04:01 (23.2%)	17:20	3.5 (77.8%)
36	<b>PIERWOŁA Paweł</b>	<b>1058</b>	MARKOWI BIEGACZE	KX - Mężczyźni	15	00:00:30	<b>00:17:21.15</b>	<b>00:17:51.30</b>	+00:04:01 (23.2%)	17:21	3.5 (77.8%)
37	<b>PIERZCHAŁA-ŚLIWIŃSKA Ewa</b>	<b>1059</b>	NW CZŁAPSKI TEAM	KX - Kobiety	22	00:00:15	<b>00:17:23.75</b>	<b>00:17:39.25</b>	+00:04:04 (23.4%)	17:23	3.5 (77.8%)
38	<b>WAJSZCZAK Mariusz</b>	<b>1088</b>		KX - Mężczyźni	16	00:00:21	<b>00:17:26.40</b>	<b>00:17:47.70</b>	+00:04:06 (23.6%)	17:26	3.4 (75.6%)
39	<b>KOWALSKA Izabela</b>	<b>1036</b>	NW CZŁAPSKI	KX - Kobiety	23	00:00:22	<b>00:17:26.95</b>	<b>00:17:49.35</b>	+00:04:07 (23.6%)	17:26	3.4 (75.6%)
40	<b>JANKOWSKI Wincenty</b>	<b>1019</b>	NW CZŁAPSKI TEAM	KX - Mężczyźni	17	00:00:19	<b>00:17:41.90</b>	<b>00:18:01.00</b>	+00:04:22 (24.7%)	17:41	3.4 (75.6%)
41	<b>LIBERA Krzysztof</b>	<b>1040</b>	NW CZŁAPSKI TEAM	KX - Mężczyźni	18	00:00:15	<b>00:17:46.00</b>	<b>00:18:01.25</b>	+00:04:26 (25.0%)	17:46	3.4 (75.6%)
42	<b>OREŁKO Sylwia</b>	<b>1053</b>		KX - Kobiety	24	00:00:17	<b>00:17:50.25</b>	<b>00:18:08.05</b>	+00:04:30 (25.3%)	17:50	3.4 (75.6%)
43	<b>MOSAKOWSKA Małgorzata</b>	<b>235</b>		KX - Mężczyźni	19	00:00:14	<b>00:18:14.90</b>	<b>00:18:29.45</b>	+00:04:55 (27.0%)	18:14	3.3 (73.3%)
44	<b>RORATOWSKA Kinga</b>	<b>1070</b>	INDYWIDUALNIE	KX - Kobiety	25	00:00:31	<b>00:18:19.50</b>	<b>00:18:50.75</b>	+00:04:59 (27.3%)	18:19	3.3 (73.3%)
45	<b>BANACH Dorota</b>	<b>992</b>		KX - Kobiety	26	00:00:23	<b>00:18:23.70</b>	<b>00:18:47.20</b>	+00:05:04 (27.5%)	18:23	3.3 (73.3%)
46	<b>BARTOSIK Krystyna</b>	<b>993</b>		KX - Kobiety	27	00:00:18	<b>00:18:26.50</b>	<b>00:18:44.90</b>	+00:05:06 (27.7%)	18:26	3.3 (73.3%)
47	<b>DZIEDZIC Agnieszka</b>	<b>1005</b>	NW CZŁAPSKI TEAM	KX - Kobiety	28	00:00:17	<b>00:18:28.15</b>	<b>00:18:45.35</b>	+00:05:08 (27.8%)	18:28	3.2 (71.1%)
48	<b>KALUPA Anna</b>	<b>1026</b>	OSTRÓW BIEGA	KX - Kobiety	29	00:00:26	<b>00:19:13.15</b>	<b>00:19:39.95</b>	+00:05:53 (30.7%)	19:13	3.1 (68.9%)
49	<b>JÓZWIAK Teresa</b>	<b>1024</b>		KX - Kobiety	30	00:00:28	<b>00:19:14.70</b>	<b>00:19:42.80</b>	+00:05:55 (30.7%)	19:14	3.1 (68.9%)
50	<b>KARPIŃSKA Danuta</b>	<b>1099</b>		KX - Kobiety	31	00:00:18	<b>00:19:15.20</b>	<b>00:19:33.20</b>	+00:05:55 (30.8%)	19:15	3.1 (68.9%)
51	<b>NIELIPIŃSKA Irena</b>	<b>1050</b>		KX - Kobiety	32	00:00:29	<b>00:19:19.80</b>	<b>00:19:49.05</b>	+00:06:00 (31.0%)	19:19	3.1 (68.9%)
52	<b>ROSZCZYK Natalia</b>	<b>1073</b>	NAPRZÓD MŁOCINY	KX - Kobiety	33	00:00:25	<b>00:19:21.45</b>	<b>00:19:46.60</b>	+00:06:01 (31.1%)	19:21	3.1 (68.9%)
53	<b>SUROWIEC Bożena</b>	<b>1079</b>		KX - Kobiety	34	00:00:15	<b>00:19:23.25</b>	<b>00:19:38.75</b>	+00:06:03 (31.3%)	19:23	3.1 (68.9%)
54	<b>WALECKA Wiktoria</b>	<b>1089</b>	BIEGAM NA TARCHOMINIE	KX - Kobiety	35	00:00:23	<b>00:19:35.55</b>	<b>00:19:58.60</b>	+00:06:15 (32.0%)	19:35	3.1 (68.9%)
55	<b>SKARADZINSKA Maria</b>	<b>1126</b>	OSIEDLE TARGOWEK	KX - Kobiety	36	00:00:28	<b>00:19:39.20</b>	<b>00:20:08.05</b>	+00:06:19 (32.2%)	19:39	3.1 (68.9%)
56	<b>ROCHMIŃSKA Marta</b>	<b>1069</b>		KX - Kobiety	37	00:00:25	<b>00:19:47.05</b>	<b>00:20:12.95</b>	+00:06:27 (32.6%)	19:47	3 (66.7%)
57	<b>ROCHMIŃSKA Karolina</b>	<b>1068</b>		KX - Kobiety	38	00:00:25	<b>00:19:47.10</b>	<b>00:20:12.95</b>	+00:06:27 (32.6%)	19:47	3 (66.7%)
58	<b>ROCHMIŃSKA Monika</b>	<b>1067</b>		KX - Kobiety	39	00:00:27	<b>00:19:53.75</b>	<b>00:20:20.75</b>	+00:06:34 (33.0%)	19:53	3 (66.7%)
59	<b>KOBYLARCZYK Anna</b>	<b>1033</b>		KX - Kobiety	40	00:00:26	<b>00:19:54.85</b>	<b>00:20:21.05</b>	+00:06:35 (33.1%)	19:54	3 (66.7%)
60	<b>KUCZBAJSKA Magdalena</b>	<b>1038</b>		KX - Kobiety	41	00:00:16	<b>00:20:04.40</b>	<b>00:20:20.55</b>	+00:06:44 (33.6%)	20:04	3 (66.7%)
61	<b>JANKOWSKA Honorata</b>	<b>1017</b>	NW CZŁAPSKI TEAM	KX - Kobiety	42	00:00:19	<b>00:21:01.00</b>	<b>00:21:20.35</b>	+00:07:41 (36.6%)	21:01	2.9 (64.4%)
62	<b>POGOŃSKI Aleksander</b>	<b>1061</b>	SP368	KX - Mężczyźni	20	00:00:22	<b>00:21:02.10</b>	<b>00:21:24.50</b>	+00:07:42 (36.6%)	21:02	2.9 (64.4%)
63	<b>POGOŃSKA Angelika</b>	<b>1060</b>		KX - Kobiety	43	00:00:22	<b>00:21:02.20</b>	<b>00:21:24.90</b>	+00:07:42 (36.6%)	21:02	2.9 (64.4%)
64	<b>PUC Anna</b>	<b>1063</b>	INDYWIDUALNIE	KX - Kobiety	44	00:00:32	<b>00:22:19.20</b>	<b>00:22:52.00</b>	+00:08:59 (40.3%)	22:19	2.7 (60.0%)
65	<b>SAPINSKA Zofia</b>	<b>1124</b>	NW CZŁAPSKI TEAM	KX - Kobiety	45	00:00:28	<b>00:23:18.40</b>	<b>00:23:47.20</b>	+00:09:58 (42.8%)	23:18	2.6 (57.8%)
66	<b>KLOCH Helena</b>	<b>1032</b>	NW CZŁAPSKI TEAM	KX - Kobiety	46	00:00:28	<b>00:23:28.30</b>	<b>00:23:56.80</b>	+00:10:08 (43.2%)	23:28	2.6 (57.8%)
67	<b>BOGUSIEWICZ Michał</b>	<b>996</b>		KX - Mężczyźni	21	00:00:29					(0.0%)

Znaleziono 67 wynik(ów)