

100 MILES OF BESKID WYSPOWY - 100 MIL

B4SPORT

Wydarzenie: 100 miles of Beskid Wyspowy 2022
Organizator: FUNDACJA MAŁOPOLSKA BIEGA
Data: 2022-04-30
Miejsce: Łącko
Dystans: 160.9 km

B4SPORT
 INTELIGENTNE ZAWODY SPORTOWE

Klasyfikacja: Wszyscy

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Cisowy | | | | | Jurków | | Czas netto 160.9km | Różn | Tempo min/km | Tempo km/h |
|-----|-----------------------------|------------|-----------------------------------|-----------|------|-----------------|--------------------|-----------------|--------------------|-------------|-------------------|--------------------|-----------------------|-------|-----------------|---------------|
| | | | | | | Dział 14.9km | Łukowica 24.9km | Zalesie 49km | Jurków I 77.2km | II 120km | Zbudza 143.9km | | | | | |
| 1 | WOJNAROWSKI Piotr | 444 | MOCNI. PL | Mężczyźni | 1 | 01:34:18 | 02:28:04 | 05:20:09 | 08:43:59 | 13:32:59 | 18:27:50 | 19:59:53.10 | | 7:27 | 8 (100%) | |
| 2 | WALASZCZYK Radosław | 441 | OIRP OPOLE/2PLUS2/CZEWKAUSTRASQAD | Mężczyźni | 2 | 01:42:40 | 02:49:44 | 06:01:10 | 09:52:57 | 15:26:48 | 21:11:23 | 23:35:20.00 | +03:35:26 (15.2%) | 8:47 | 6.8 (85.0%) | |
| 3 | SZCZUREK Dominik | 439 | KIA WADOWSCY | Mężczyźni | 3 | 01:35:50 | 02:31:51 | 05:53:00 | 09:52:59 | 16:27:01 | 21:54:51 | 23:56:18.50 | +03:56:25 (16.5%) | 8:55 | 6.7 (83.8%) | |
| 4 | MĘDRYKOWSKI Damian | 426 | | Mężczyźni | 4 | 01:35:03 | 02:39:26 | 05:55:44 | 09:52:58 | 15:30:03 | 21:36:16 | 24:21:40.25 | +04:21:47 (17.9%) | 9:05 | 6.6 (82.5%) | |
| 5 | MACKOJĆ Krzysztof | 423 | EL-MACKOJĆ | Mężczyźni | 5 | 01:44:12 | 02:55:25 | 06:27:00 | 10:41:57 | 16:29:13 | 22:23:22 | 24:48:57.75 | +04:49:04 (19.4%) | 9:15 | 6.5 (81.3%) | |
| 6 | PASTUCHA Silvester | 429 | | Mężczyźni | 6 | 01:35:35 | 02:40:58 | 06:07:52 | 10:35:01 | 16:42:19 | 22:50:14 | 24:59:10.95 | +04:59:17 (20.0%) | 9:19 | 6.4 (80.0%) | |
| 7 | SAMORAŃSKI Krzysztof | 432 | ULTRA-SZCZEŚCIE | Mężczyźni | 7 | 01:42:24 | 02:52:18 | 06:28:10 | 10:36:59 | 16:42:14 | 23:00:45 | 25:39:15.35 | +05:39:22 (22.0%) | 9:33 | 6.3 (78.8%) | |
| 8 | CZOSNOWSKI Tomasz | 404 | CZOSY SIĘ SZWENDAJĄ. | Mężczyźni | 8 | 01:49:00 | 03:02:45 | 06:39:54 | 10:55:57 | 17:40:41 | 24:13:37 | 26:21:36.75 | +06:21:43 (24.1%) | 9:49 | 6.1 (76.3%) | |
| 9 | ŽUFFOVÁ Jana | 446 | SUT | Kobiety | 1 | 01:52:47 | 03:12:57 | 07:02:09 | 11:23:01 | 18:09:29 | 24:13:51 | 26:58:57.15 | +06:59:04 (25.9%) | 10:03 | 6 (75.0%) | |
| 10 | MAZUREK Roman | 425 | SPARTANIE DZIECIOM | Mężczyźni | 9 | 01:43:51 | 02:52:53 | 06:32:10 | 10:52:54 | 17:58:53 | 24:35:13 | 26:59:26.15 | +06:59:33 (25.9%) | 10:03 | 6 (75.0%) | |
| 11 | FIGURA Marcin | 410 | KWIDZYN RUN | Mężczyźni | 10 | 02:01:07 | | 07:22:27 | 11:42:51 | 18:19:18 | 24:29:22 | 27:01:47.95 | +07:01:54 (26.0%) | 10:04 | 6 (75.0%) | |
| 12 | STACHURA Damian | 435 | | Mężczyźni | 11 | 01:42:53 | 02:52:19 | 06:28:11 | 17:58:49 | | 24:35:19 | 27:02:02.95 | +07:02:09 (26.0%) | 10:04 | 6 (75.0%) | |
| 13 | GIBAŁA Marcin | 414 | BIEGAM DLA ALI I HANI | Mężczyźni | 12 | 01:42:59 | 02:59:08 | 06:49:28 | 11:18:50 | 18:12:18 | 24:57:50 | 27:27:41.05 | +07:27:47 (27.2%) | 10:14 | 5.9 (73.8%) | |
| 14 | GÓRECZNY Rafał | 415 | MKRAWCZYŃSKA TEAM | Mężczyźni | 13 | 01:43:31 | 03:02:23 | 06:42:08 | 11:31:57 | 18:39:21 | 25:25:22 | 28:10:54.70 | +08:11:01 (29.0%) | 10:30 | 5.7 (71.3%) | |
| 15 | CIEŚLAK Krzysztof | 402 | | Mężczyźni | 14 | 02:03:44 | 03:27:16 | 07:28:50 | 12:26:52 | 19:40:11 | 26:20:07 | 28:56:04.45 | +08:56:11 (30.9%) | 10:47 | 5.6 (70.0%) | |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Cisowy | | | Jurków | | | Czas | | Tempo min/km | Tempo km/h |
|-----|-------------------------------|------------|---------------------------|-----------|------|--------------|-----------------|--------------|-----------------|----------|-----------------|--------------------|-------------------|--------------|-------------|
| | | | | | | Dział 14.9km | Łukowica 24.9km | Zalesie 49km | Jurków I 77.2km | II 120km | Zbludza 143.9km | netto 160.9km | Różn | | |
| 16 | DRAGON Przemysław | 406 | | Mężczyźni | 15 | 01:46:02 | 03:05:23 | 07:20:12 | 12:32:58 | 19:58:39 | 26:53:15 | 29:16:14.60 | +09:16:21 (31.7%) | 10:54 | 5.5 (68.8%) |
| 17 | KORUS Marek | 418 | KORUSIKTEAM | Mężczyźni | 16 | 02:07:06 | 03:21:35 | 07:23:27 | 12:09:56 | 19:59:20 | 26:53:18 | 29:41:48.35 | +09:41:55 (32.7%) | 11:04 | 5.4 (67.5%) |
| 18 | SOJKA Adam | 433 | TEAM PROJEKT SOLARTECHNIK | Mężczyźni | 17 | 01:54:19 | 03:15:13 | 07:13:39 | 12:32:50 | 20:57:26 | 27:29:31 | 29:55:54.10 | +09:56:01 (33.2%) | 11:09 | 5.4 (67.5%) |
| 19 | LEWANDOWSKI Janusz | 422 | | Mężczyźni | 18 | 01:59:34 | 03:26:18 | 07:55:40 | 13:03:54 | 21:13:46 | 27:41:44 | 30:18:13.40 | +10:18:20 (34.0%) | 11:18 | 5.3 (66.3%) |
| 20 | GUDOWSKI Krystian | 416 | GOODRUN | Mężczyźni | 19 | 01:43:13 | 02:59:01 | 06:47:55 | 10:59:54 | 18:44:31 | 27:12:52 | 30:53:05.45 | +10:53:12 (35.2%) | 11:31 | 5.2 (65.0%) |
| 20 | WOJNA Mikołaj | 443 | MALIGNA | Mężczyźni | 19 | 01:42:05 | 03:01:59 | 06:45:49 | 11:22:54 | 18:44:26 | 27:12:47 | 30:53:05.45 | +10:53:12 (35.2%) | 11:31 | 5.2 (65.0%) |
| 22 | FRISCH László | 412 | LACKO TRAIL HEVESI SE | Mężczyźni | 21 | 02:01:56 | 03:24:55 | 07:37:16 | 12:38:36 | 20:39:21 | 27:53:14 | 30:56:41.55 | +10:56:48 (35.4%) | 11:32 | 5.2 (65.0%) |
| 23 | NOWICKI Artur | 428 | SPORTCZESNA RUNNING TEAM | Mężczyźni | 22 | 02:03:49 | 03:27:21 | 07:43:49 | 13:30:52 | 21:43:56 | 28:15:13 | 30:58:27.80 | +10:58:34 (35.4%) | 11:33 | 5.2 (65.0%) |
| 24 | CZICHY Barbara | 403 | WKB META LUBLINIEC | Kobiety | 2 | 02:03:02 | 03:30:53 | 07:56:34 | 13:24:52 | 21:48:59 | 28:15:58 | 30:59:57.00 | +11:00:03 (35.5%) | 11:33 | 5.2 (65.0%) |
| 25 | WARDAK Ewa | 442 | IMPULS KOMORÓW | Kobiety | 3 | 02:04:01 | 03:30:41 | 07:40:38 | 12:36:01 | 21:17:57 | 28:19:50 | 31:16:15.55 | +11:16:22 (36.0%) | 11:39 | 5.1 (63.8%) |
| 26 | BUKOWSKI Michał | 401 | DARK SIDE OSTROŁĘKA | Mężczyźni | 23 | 01:55:09 | 03:15:19 | 07:06:49 | 11:55:59 | 19:40:00 | 27:50:44 | 31:20:32.30 | +11:20:39 (36.2%) | 11:41 | 5.1 (63.8%) |
| 27 | KASZTELANIC Rafał | 417 | | Mężczyźni | 24 | 01:57:40 | 03:21:35 | | 12:59:51 | 21:34:14 | 28:42:07 | 31:25:54.45 | +11:26:01 (36.4%) | 11:43 | 5.1 (63.8%) |
| 28 | LAKOWSKI Sylwester | 421 | P&G RUNNING TEAM | Mężczyźni | 25 | 01:53:34 | 03:17:43 | 07:44:02 | 13:22:56 | 21:43:53 | 28:48:08 | 31:44:01.80 | +11:44:08 (37.0%) | 11:50 | 5.1 (63.8%) |
| 29 | KOSMALA Paweł | 419 | VAJRA TEAM | Mężczyźni | 26 | 02:03:36 | 03:28:53 | 07:51:29 | 13:02:49 | 21:48:06 | 29:33:26 | 32:19:47.10 | +12:19:54 (38.1%) | 12:03 | 5 (62.5%) |
| 30 | KRZYWDA Rafał | 420 | NIEPOŁOMICE BIEGAJĄ | Mężczyźni | 27 | 01:55:10 | 03:17:31 | 07:43:20 | 13:12:57 | 21:46:58 | 29:21:14 | 33:10:17.75 | +13:10:24 (39.7%) | 12:22 | 4.9 (61.3%) |
| 31 | MASZEWSKA-WACH Mariola | 424 | | Kobiety | 4 | 02:18:21 | 03:54:56 | 08:41:54 | 14:06:53 | 22:13:04 | 29:39:17 | 33:26:28.45 | +13:26:35 (40.2%) | 12:28 | 4.8 (60.0%) |
| 32 | DZISZKIEWICZ Grzegorz | 407 | | Mężczyźni | 28 | 02:18:29 | 03:55:05 | 08:41:57 | 14:06:53 | 22:13:00 | 29:38:20 | 33:26:35.70 | +13:26:42 (40.2%) | 12:28 | 4.8 (60.0%) |
| 33 | GAPIŃSKI Marcin | 413 | UMYSŁ ULTRASA | Mężczyźni | 29 | 01:56:25 | 03:26:05 | 07:57:04 | 13:23:54 | 22:08:27 | 30:11:26 | 33:28:32.45 | +13:28:39 (40.3%) | 12:28 | 4.8 (60.0%) |
| 34 | ZAJĄC Leszek | 445 | | Mężczyźni | 30 | 01:54:13 | 03:16:50 | 07:14:50 | 12:56:55 | 21:49:08 | 29:49:25 | 33:30:40.40 | +13:30:47 (40.3%) | 12:29 | 4.8 (60.0%) |
| 35 | ULATOWSKI Andrzej | 440 | RUNBEARDRUN | Mężczyźni | 31 | 02:01:50 | 03:30:38 | 07:55:35 | 13:25:53 | 22:08:20 | 30:50:47 | 34:07:42.80 | +14:07:49 (41.4%) | 12:43 | 4.7 (58.8%) |
| 36 | ESSI-EZINH Aleksander | 408 | SFORABMK | Mężczyźni | 32 | 01:57:31 | 03:21:57 | 08:14:40 | 13:46:54 | 22:58:08 | 31:00:09 | 34:25:53.05 | +14:25:59 (41.9%) | 12:50 | 4.7 (58.8%) |
| 37 | MISZCZAK Kornel | 427 | | Mężczyźni | 33 | 02:15:55 | 03:52:57 | 08:40:38 | 14:07:55 | 23:12:04 | 31:20:57 | 34:33:09.55 | +14:33:16 (42.1%) | 12:53 | 4.7 (58.8%) |
| 38 | STYSIEK Piotr | 436 | BIEGIEM RADOM! | Mężczyźni | 34 | 02:15:57 | 03:52:45 | 08:27:46 | 14:07:49 | 22:31:22 | 30:29:46 | 34:37:48.95 | +14:37:55 (42.3%) | 12:54 | 4.6 (57.5%) |

| Msc | Zawodnik | Numer | Klub | Kategoria | Mkat | Cisowy | | | | | Jurków | | Czas | | Tempo min/km | Tempo km/h |
|-----|-----------------------------|------------|---------------|-----------|------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|--------------------|----------------------|-------|----------------|------------|
| | | | | | | Dział 14.9km | Łukowica 24.9km | Zalesie 49km | Jurków I 77.2km | Jurków II 120km | Zbludza 143.9km | netto 160.9km | Różn | | | |
| 39 | PAWŁOWSKI Robert | 430 | VEGE RUNNERS | Mężczyźni | 35 | 02:01:18 | | 08:19:43 | 13:56:55 | 23:12:13 | 31:30:40 | 35:34:29.55 | +15:34:36 (43.8%) | 13:15 | 4.5 (56.3%) | |
| 40 | SOKOŁOWSKA Adriana | 434 | VEGE RUNNERS | Kobiety | 5 | 02:01:21 | 03:25:56 | 08:19:17 | 13:55:55 | 23:12:09 | 31:30:58 | 35:34:31.85 | +15:34:38 (43.8%) | 13:15 | 4.5 (56.3%) | |
| | BIAŁEK Marcin | 400 | SWEET TRAVEL | Mężczyźni | | 01:48:42 DNF | 03:08:35 DNF | 07:00:07 DNF | 11:46:50 DNF | 19:39:57 DNF | DNF | DNF | | - | - (0.0%) | |
| | DONIEC Marek | 405 | PKB ENDORFINA | Mężczyźni | | 01:48:06 DNF | 03:08:43 DNF | 07:00:28 DNF | 11:46:56 DNF | 19:40:00 DNF | DNF | DNF | | - | - (0.0%) | |
| | FLORKIEWICZ Sławomir | 411 | | Mężczyźni | | 01:55:15 DNF | 03:25:38 DNF | 08:27:22 DNF | DNF | DNF | DNF | DNF | | - | - (0.0%) | |

Znaleziono 43 wynik(ów)